

Exercise sheet 3**Hartle 7-14.**

Newton's law becomes in relativistic notation

$$\mathbf{F} = \frac{d\mathbf{p}}{d\tau}.$$

Calculate $\mathbf{F} \cdot \mathbf{u}$ taking into account that the mass m changes. Why do we set in general $m = \text{const.}$?

Hartle 7-14.

Consider the metric

$$ds^2 = -(1 - Ar^2)^2 dt^2 + (1 - Ar^2)^2 dr^2 + r^2(d\vartheta^2 + \sin^2 \vartheta d\phi^2)$$

- i) Calculate the proper distance from $r = 0$ to $r = R$.
- ii) Calculate the area of a sphere with coordinate radius R .
- iii) Calculate the three-volume of a sphere with coordinate radius R .
- iv) Calculate the four-volume of a sphere with coordinate radius R bounded by two $t = \text{const}$ planes separated by time difference T .

Spherical coordinates II.

Calculate for spherical coordinates $x = (r, \vartheta, \phi)$ in \mathbb{R}^3 the gradient, divergence, and the Laplace operator. Note that one uses usually normalized unit vectors in case of a diagonal metric: this corresponds to a rescaling of vector components $V^i \rightarrow V^i / \sqrt{g_{ii}}$ (no summation in i) or basis vectors.