Lecture Notes for FY3452
Gravitation and Cosmology

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Watch out for errors, most was written late in the evening.
Corrections, feedback and any suggestions always welcome!

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Preface

These notes summarise the lectures for FY3452 Gravitation and Cosmology I gave in 2009, 2010 and 2020. Asked to which of the three more advanced topics black holes, gravitational waves and cosmology more time should be devoted, students in 2009 voted for cosmology, while in 2010 and 2020 black holes and gravitational waves were their favourites. As a result, the notes contain probably more material than manageable in an one semester course.

I’m updating the notes throughout the semester. Compared to the last (2015) version, the order of topics is changed, some sections are streamlined to get space for new stuff (e.g. GW discovery), some like the one about Noether’s theorem improved, and conventions will be unified. At the moment, chapters 1–2, 4, 6–9 are updated.

There are various differing sign conventions in general relativity possible – all of them are in use. One can define these choices as follows

\[
\eta^{\alpha\beta} = S_1 \times [-1, +1, +1, +1],
\]

\[
R^{\alpha}_{\beta\rho\sigma} = S_2 \times [\partial_\rho \Gamma^{\alpha}_{\beta\sigma} - \partial_\sigma \Gamma^{\alpha}_{\beta\rho} + \Gamma^{\alpha}_{\kappa\rho} \Gamma^{\kappa}_{\beta\sigma} - \Gamma^{\alpha}_{\kappa\sigma} \Gamma^{\kappa}_{\beta\rho}],
\]

\[
G_{\alpha\beta} = S_3 \times 8\pi G T_{\alpha\beta},
\]

\[
R_{\alpha\beta} = S_2 S_3 \times R^\rho_{\alpha\rho\beta}.
\]

We choose these three signs as follows

\[
[S_1] = \{-, +, +, +\},
\]

\[
[S_2] = \{+, +, +, -\},
\]

\[
[S_3] = \{-, -, +, -\}.
\]

Some useful books:

H: J. B. Hartle. Gravity: An Introduction to Einstein’s General Relativity (Benjamin Cummings)


Finally: If you find typos (if not, you haven’t read carefully enough) in the part which is already updated, conceptional errors or have suggestions, send me an email!
1 Special relativity

1.1 Newtonian mechanics and gravity

Inertial frames and the principle of relativity  Newton presented his mechanics in an ax-iomatic form. His Lex Prima (or the Galilean law of inertia) states: Each force-less mass point stays at rest or moves on a straight line at constant speed. Distinguishing between straight and curved lines requires an affine structure of space, while measuring velocities relies on a metric structure that allows one to measure distances. In addition, we have to be able to compare time measurements made at different space points. Thus, in order to apply Newton’s first law, we have to add some assumptions on space and time. Implicitly, Newton assumed an Euclidean structure for space, and thus the distance between two points \( P_1 = (x_1, y_1, z_1) \) and \( P_2 = (x_2, y_2, z_2) \) in a Cartesian coordinate system is

\[
\Delta l_{12}^2 = (x_1 - x_2)^2 + (y_1 - y_2)^2 + (z_1 - z_2)^2
\]

or, for infinitesimal distances,

\[
dl^2 = dx^2 + dy^2 + dz^2.
\]

Moreover, he assumed the existence of an absolute time \( t \) on which all observers can agree.

In a Cartesian inertial coordinate system, Newton’s lex prima becomes then

\[
\frac{d^2x}{dt^2} = \frac{d^2y}{dt^2} = \frac{d^2z}{dt^2} = 0.
\]

Most often, we call such a coordinate system just an inertial frame. Newton’s first law is not just a trivial consequence of its second one, but may be seen as a practical definition of those reference frames for which his following laws are valid.

Which are the transformations which connect these inertial frames or, in other words, which are the symmetries of empty space and time? We know that translations \( a \) and rotations \( R \) are symmetries of Euclidean space: This means that using two different Cartesian coordinate systems, say a primed and an unprimed one, to label the points \( P_1 \) and \( P_2 \), their distance defined by Eq. (1.3) remains invariant, cf. with Fig. 1.1. The condition that the norm of the distance vector \( l_{12} \) is invariant, \( l_{12} = l'_{12} \), implies

\[
l'^T l' = l'^T R^T R l = l^T l
\]

or \( R^T R = R^T = 1 \). Thus rotations acting on a three-vector \( x \) are represented by orthogonal matrices, \( R \in O(3) \). All frames connected by \( x' = Rx + a \) to an inertial frame are inertial frames too.

In addition, there may be transformations which connect inertial frames which move with a given relative velocity. In order to determine them, we consider two frames with relative velocity \( v \) along the \( x \) direction: The most general linear\(^1\) transformation between these two

\(^1\)A non-linear transformation would destroy translation invariance, cf. with Ex.xx
1.1 Newtonian mechanics and gravity

Figure 1.1: The point $P$ is invariant, with the coordinates $(x, y)$ and $(x', y')$ in the two coordinate systems.

Frames is given by

$$
\begin{pmatrix}
  t' \\
x' \\
y' \\
z'
\end{pmatrix} =
\begin{pmatrix}
  At + Bx \\
  Dt + Ex \\
y \\
z
\end{pmatrix} =
\begin{pmatrix}
  At + Bx \\
  Dt + Ex \\
y \\
z
\end{pmatrix}.
$$

In the second step, we used that the transformation matrix depends only on two constants, as you should show in Ex. ??.

Newton assumed the existence of an absolute time, $t = t'$, and thus $A = 1$ and $B = 0$. Then proper Galilean transformations $x' = x + vt$ connect inertial frames moving with relative speed $v$. Taking a time derivative leads to the classical addition law for velocities, $\dot{x}' = \dot{x} + v$. Time differences $\Delta t_{12}$ and space differences $\Delta l_{12}$ are separately invariant under these transformations.

The Principle of Relativity states that identical experiments performed in different inertial frames give identical results. Galilean transformations keep (1.3) invariant, hence Newton’s first law does not allow to distinguish between different inertial frames. Before the advent of special relativity, it was thought that this principle applies only to mechanical experiments. In particular, it was thought that electrodynamic waves require a medium (the “aether”) to propagate: hence the rest frame of the aether could be used to single out a preferred frame.

Newton’s Lex Secunda states that observed from an inertial reference frame, the net force on a particle is proportional to the time rate of change of its linear momentum,

$$
F = \frac{dp}{dt}
$$

where $p = m \text{in} \cdot \text{v}$ and $m \text{in}$ denotes the inertial mass of the body.

Newtonian gravity Newton’s gravitational law as well as Coulomb’s law are examples for an instantaneous action,

$$
F(x) = \sum_i K_i \frac{x - x_i}{|x - x_i|^3}.
$$

9
The force $F(x,t)$ depends on the distance $x(t) - x_i(t)$ to all sources $i$ (electric charges or masses) at the same time $t$, i.e. the force needs no time to be transmitted from $x_i$ to $x$. The factor $K$ in Newton’s law is $-Gm_gM_g$, where we introduced analogue to the electric charge in the Coulomb law the gravitational “charge” $m_g$ characterizing the strength of the gravitational force between different particles. Surprisingly, one finds $m_{in} = m_g$ and we can drop the index.

Since the gravitational field is conservative, $\nabla \times F = 0$, we can introduce a potential $\phi$ via

$$F = -m \nabla \phi$$

with

$$\phi(x) = - \frac{GM}{|x - x'|}.$$  \hspace{1cm} (1.8)

Analogue to the electric field $E = -\nabla \phi$ we can introduce a gravitational field, $g = -\nabla \phi$. We then obtain $\nabla \cdot g(x) = -4\pi G\rho(x)$ and as Poisson equation,

$$\Delta \phi(x) = 4\pi G\rho(x),$$ \hspace{1cm} (1.10)

where $\rho$ is the mass density, $\rho = dm/d^3x$. Similarly as the full Maxwell equations reduce in the $v/c \to 0$ to the electrostatic Poisson equation, a relativistic generalisation of Newtonian gravity should exist.

### 1.2 Minkowski space

**Light cone and metric tensor**  A light-signal emitted at the $x_1$ at the time $t_1$ propagates along a cone defined by

$$(ct_1 - ct_2)^2 - (x_1 - x_2)^2 - (y_1 - y_2)^2 - (z_1 - z_2)^2 = 0.$$ \hspace{1cm} (1.11)

In special relativity, we postulate that the speed of light is universal, i.e. that all observers measure $c = c'$. A condition which guaranties this and resembles Eq. (1.1) is that the squared distance in an inertial frame

$$\Delta s^2 \equiv (ct_1 - ct_2)^2 - (x_1 - x_2)^2 - (y_1 - y_2)^2 - (z_1 - z_2)^2$$ \hspace{1cm} (1.12)

between two spacetime events $x_1^\mu = (ct_1, x_1)$ and $x_2^\mu = (ct_2, x_2)$ is invariant. Hence the symmetry group of space and time is given by all those coordinate transformations $x^\mu \to \tilde{x}^\mu = \Lambda^\mu_\nu x^\nu$ that keep $\Delta s^2$ invariant. Since these transformation mix space and time, we speak about spacetime or, to honor the inventor of this geometrical interpretation, about Minkowski space.

The distance of two infinitesimally close spacetime events is called the line-element $ds$ of the spacetime. In Minkowski space, it is given by

$$ds^2 = c^2 dt^2 - dx^2 - dy^2 - dz^2$$ \hspace{1cm} (1.13)

using a Cartesian inertial frame. More precisely, the line-element $ds$ is defined as norm of the displacement vector

$$ds = ds^\mu e_\mu$$ \hspace{1cm} (1.14)
Choosing as basis the coordinate vectors to \( x^\mu = (ct, \mathbf{x}) \), its components are
\[
d s^\mu = d x^\mu = (c d t, d \mathbf{x}).
\] (1.15)

We compare now our physical requirement on the distance of spacetime events, Eq. (1.13), with the general result for the scalar product of two vectors \( \mathbf{a} \) and \( \mathbf{b} \). If these vectors have the coordinates \( a^i \) and \( b^i \) in a certain basis \( e_i \), then we can write
\[
\mathbf{a} \cdot \mathbf{b} = \sum_{\mu, \nu=0}^3 (a^\mu e_\mu) \cdot (b^\nu e_\nu) = \sum_{\mu, \nu=0}^3 a^\mu b^\nu (e_\mu \cdot e_\nu).
\] (1.16)

Thus we can evaluate the scalar product between any two vectors, if we know the symmetric matrix \( g \) composed of the products of the basis vectors at all spacetime points \( x^\mu \),
\[
g_{\mu\nu}(x) = e_\mu(x) \cdot e_\nu(x) = g_{\mu\nu}(x).
\] (1.17)

This symmetric matrix \( g_{\mu\nu} \) is called the metric tensor.

Applying this now for the displacement vector, we obtain
\[
ds^2 = \mathbf{d} s \cdot \mathbf{d} s = \sum_{\mu, \nu=0}^3 g_{\mu\nu} d x^\mu d x^\nu = c^2 d t^2 - d x^2 - d y^2 - d z^2.
\] (1.18)

Hence the metric tensor \( g_{\mu\nu} \) becomes for the special case of a Cartesian inertial frame in Minkowski space diagonal with elements
\[
g_{\mu\nu} = \begin{pmatrix}
1 & 0 & 0 & 0 \\
0 & -1 & 0 & 0 \\
0 & 0 & -1 & 0 \\
0 & 0 & 0 & -1
\end{pmatrix} \equiv \eta_{\mu\nu}
\] (1.19)

Introducing Einstein’s summation convention (cf. the box for details), we can rewrite the scalar product of two vectors with coordinates \( a^\mu \) and \( b^\mu \) as
\[
a \cdot b \equiv \eta_{\mu\nu} a^\mu b^\nu = a_\mu b^\mu = a^\mu b_\mu.
\] (1.20)

In the last part of (1.20), we “lowered an index;” \( a_\mu = \eta_{\mu\nu} a^\nu \) or \( b_\mu = \eta_{\mu\nu} b^\nu \). Next we introduce the opposite operation of raising an index by \( a^\mu = \eta^{\mu\nu} a_\nu \). Since raising and lowering are inverse operations, we have \( \eta_{\mu\nu} \eta^{\nu\sigma} = \delta^\sigma_\mu \). Thus the elements of \( \eta_{\mu\nu} \) and \( \eta^{\mu\nu} \) form inverse matrices, which agree with (1.19) for a Cartesian inertial coordinate frame in Minkowski space.
1 Special relativity

\begin{figure}[h]
\centering
\includegraphics[width=0.5\textwidth]{light_cone}
\caption{Light-cone at the point \( y \) generated by light-like vectors. Contained in the light-cone are the time-like vectors, outside the space-like ones.}
\end{figure}

Einstein’s summation convention:

1. Two equal indices, of which one has to be an upper and one an lower index, imply summation. We use Greek letters for indices from zero to three, \( \mu = 0, 1, 2, 3 \), and Latin letters for indices from one to three, \( i = 1, 2, 3 \). Thus

\[ a_\mu b^\mu \equiv \sum_{\mu=0}^{3} a_\mu b^\mu = a^0b^0 - a^1b^1 - a^2b^2 - a^3b^3 = a^0b^0 - a \cdot b = a^0b^0 - a^ib^i. \]

2. Summation indices are dummy indices which can be freely exchanged; the remaining free indices of the LHS and RHS of an equation have to agree. Hence

\[ 8 = a_\mu c_\nu d^{\mu\nu} = c_\mu c_\sigma d^{\mu\sigma} \]

is okay, while \( a_\mu = b^\mu \) or \( a_\mu = b^{\mu\nu} \) compares apples to oranges.

Since the metric \( \eta_{\mu\nu} \) is indefinite, the norm of a vector \( a^\mu \) can be

\[ a_\mu a^\mu > 0, \quad \text{time-like}, \quad (1.21) \]
\[ a_\mu a^\mu = 0, \quad \text{light-like or null-vector}, \quad (1.22) \]
\[ a_\mu a^\mu < 0, \quad \text{space-like}. \quad (1.23) \]

The cone of all light-like vectors starting from a point \( P \) is called light-cone, cf. Fig. 1.2. The time-like region inside the light-cone consists of two parts, past and future. Only events inside the past light-cone can influence the physics at point \( P \), while \( P \) can influence only its future light-cone.

The line describing the position of an observer is called world-line. The proper-time \( \tau \) is the time displayed by a clock moving with the observer. How can we determine the correct definition of \( \tau \)? First, we ask that in the rest system of the observer, proper- and coordinate-time agree, \( d\tau = dt \). But for a clock at rest, it is \( ds^\mu/c = (dt, \mathbf{0}) \) and thus \( ds/c = dt \). Since the RHS of \( d\tau = ds/c \) is an invariant expression, it has to valid in any frame and thus also
for a moving clock. For finite times, we have to integrate the line-element,

$$
\tau_{12} = \int_1^2 d\tau = \int_1^2 [dt^2 - (dx^2 + dy^2 + dz^2)/c^2]^{1/2}
$$

(1.24)

$$
= \int_1^2 dt \left[ 1 - (1/c^2)((dx/dt)^2 + (dy/dt)^2 + (dz/dt)^2) \right]^{1/2}
$$

(1.25)

$$
= \int_1^2 dt \left[ 1 - v^2/c^2 \right]^{1/2} < t_2 - t_1.
$$

(1.26)

to obtain the proper-time. The last part of this equation, where we introduced the three-velocity \( v^i = dx^i/dt \) of the clock, shows explicitly the relativistic effect of time dilation, as well as the connection between coordinate time \( t \) and the proper-time \( \tau \) of a moving clock, \( d\tau = (1 - (v/c)^2)^{1/2} dt \equiv dt/\gamma \).

**Lorentz transformations** If we replace \( t \) by \(-it\) in \( \Delta s^2 \), the difference between two spacetime events becomes (minus) the normal Euclidean distance. Similarly, the identity \( \cos^2 \alpha + \sin^2 \alpha = 1 \) for an imaginary angle \( \eta = i \alpha \) becomes \( \cosh^2 \eta - \sinh^2 \eta = 1 \). Thus a close correspondence exists between rotations \( R_{ij} \) in Euclidean space which leave \( \Delta x^2 \) invariant and Lorentz transformations \( \Lambda^\mu_\nu \) which leave \( \Delta s^2 \) invariant. We try therefore as a guess for a boost along the \( x \) direction

$$
\tilde{c}t = ct \cosh \eta + x \sinh \eta, \tag{1.27}
$$

$$
\tilde{x} = ct \sinh \eta + x \cosh \eta, \tag{1.28}
$$

with \( \tilde{y} = y \) and \( \tilde{z} = z \). Direct calculation shows that \( \Delta s^2 \) is invariant as desired. Consider now in the system \( \tilde{K} \) the origin of the system \( K \). Then \( x = 0 \) and

$$
\tilde{x} = ct \sinh \eta \quad \text{and} \quad \tilde{c}t = ct \cosh \eta. \tag{1.29}
$$

Dividing the two equations gives \( \tilde{x}/\tilde{c}t = \tanh \eta \). Since \( \beta = \tilde{x}/\tilde{c}t \) is the relative velocity of the two systems measured in units of \( c \), the imaginary “rotation angle \( \eta \)” equals the rapidity

$$
\eta = \arctanh \beta. \tag{1.30}
$$

Note that the rapidity \( \eta \) is a more natural variable than \( v \) or \( \beta \) to characterise a Lorentz boost, because \( \eta \) is additive: Boosting a particle with rapidity \( \eta_1 \) by \( \eta \) leads to the rapidity \( \eta_2 = \eta_1 + \eta \). Using the following identities,

$$
\cosh \eta = \frac{1}{\sqrt{1 - \tanh^2 \eta}} = \frac{1}{\sqrt{1 - \beta^2}} \equiv \gamma \tag{1.31}
$$

$$
\sinh \eta = \frac{\tanh \eta}{\sqrt{1 - \tanh^2 \eta}} = \frac{\beta}{\sqrt{1 - \beta^2}} = \gamma \beta \tag{1.32}
$$

in (1.27) gives the standard form of the Lorentz transformations,

$$
\tilde{x} = \frac{x + ut}{\sqrt{1 - \beta^2}} = \gamma(x + \beta ct) \tag{1.33}
$$

$$
\tilde{c}t = \frac{ct + vx/c}{\sqrt{1 - \beta^2}} = \gamma(ct + \beta x). \tag{1.34}
$$

13
The inverse transformation is obtained by replacing \( v \rightarrow -v \) and exchanging quantities with and without tilde.

In addition to boosts parametrised by the rapidity \( \eta \), rotations parametrised by the angle \( \alpha \) keep the spacetime distance invariant and are thus Lorentz transformations. For the special case of a boost along and a rotation around the \( x^1 \) axis, they are given in matrix form by

\[
\Lambda^\mu_{\nu}(\eta_x) = \begin{pmatrix}
\cosh \eta & \sinh \eta & 0 & 0 \\
\sinh \eta & \cosh \eta & 0 & 0 \\
0 & 0 & 1 & 0 \\
0 & 0 & 0 & 1 \\
\end{pmatrix}, \quad \text{and} \quad \Lambda^\mu_{\nu}(\alpha_x) = \begin{pmatrix}
1 & 0 & 0 & 0 \\
0 & 1 & 0 & 0 \\
0 & 0 & \cos \alpha & \sin \alpha \\
0 & 0 & -\sin \alpha & \cos \alpha \\
\end{pmatrix}.
\]

### 1.3 Relativistic mechanics

From now on, we set \( c = \hbar = 1 \).
1.3 Relativistic mechanics

Four-velocity and four-momentum What is the relativistic generalization of the three-velocity \( v = \frac{dx}{dt} \)? The nominator \( dx \) has already the right behaviour to become part of a four-vector, if the denominator would be invariant. We use therefore instead of \( dt \) the invariant proper time \( d\tau \) and write

\[
 u^\alpha = \frac{dx^\alpha}{d\tau}.
\]

The four-velocity is thus the tangent vector to the world-line \( x^\alpha(\tau) \) parametrised by the proper-time \( \tau \) of a particle. Written explicitly, we have

\[
 u^0 = \frac{dt}{d\tau} = \frac{1}{\sqrt{1-v^2}} = \gamma
\]

and

\[
 u^i = \frac{dx^i}{d\tau} = \frac{dx^i}{dt} \frac{dt}{d\tau} = \frac{v^i}{\sqrt{1-v^2}} = \gamma v^i.
\]

Hence the four-velocity is \( u^\alpha = (\gamma, \gamma v) \) and its norm is

\[
 u \cdot u = u^0 u^0 - u^i u^i = \gamma^2 - \gamma^2 v^2 = \gamma^2(1 - v^2) = 1.
\]

The fact that its norm is constant confirms that \( u^\alpha \) is a four-vector.

Energy and momentum After having constructed the four-velocity, the simplest guess for the four-momentum is

\[
 p^\alpha = mu^\alpha = (\gamma m, \gamma mv) .
\]

For small velocities, \( v \ll 1 \), we obtain

\[
 p^i = \left( 1 + \frac{v^2}{2} - \ldots \right) mv^i
\]

\[
 p^0 = m + \frac{mv^2}{2} - \ldots = m + E_{\text{kin,nr}} + \ldots
\]

Thus we can interpret the components as \( p^\alpha = (E, p) \). The norm follows with (1.41) immediately as

\[
 p \cdot p = m^2
\]

Solving for the energy, we obtain

\[
 E = \pm \sqrt{m^2 + p^2}
\]

including the famous \( E = mc^2 \) as special case for a particle at rest. Note that (1.46) predicts the existence of solutions with negative energy—undermining the stability of the universe. According Feynman, we should view these negative energy solutions as positive energy solutions moving backward in time, \( \exp(-i(-\sqrt{m^2+p^2})t) = \exp[-i(\sqrt{m^2+p^2})(-t)] \).
Four-forces We postulate now that in relativistic mechanics Newton’s law becomes
\[ f^\alpha = \frac{dp^\alpha}{d\tau}, \] (1.47)
where we introduced the four-force \( f^\alpha \). Since both \( u^\alpha \) and \( p^\alpha \) consist of only three independent component, we expect that there exists also a constraint on the four-force \( f^\alpha \). We form the scalar product
\[ u \cdot f = u \cdot \left( \frac{d(mu)}{d\tau} \right) = u \cdot u \frac{dm}{d\tau} + m u \cdot \frac{du}{d\tau} = \frac{dm}{d\tau}. \] (1.48)
In the last step we used twice that \( u \cdot u = 1 \). Since all electrons ever observed have the same mass, no force should exist which changes \( m \). As a consequence, we have to ask that all physical acceptable force-laws satisfy \( u \cdot f = 0 \); such forces are called pure forces.

Observer The world-line \( x^\mu(\tau) \) of an observer, or of any massive particle, is time-like: With this we mean not that \( x^\mu \) as a vector is time-like (a statement not invariant under translations) but that the distance \( ds^2 \) between any two points of the world-line is time-like. Equivalently, the four-velocity \( u^\alpha \) of a massive particle is a time-like vector. At each instant, we can choose an instantaneous Cartesian inertial frame with the four basis vectors \( \{ e^\mu(\tau) \} = \{ e_0(\tau), e_1(\tau), e_2(\tau), e_3(\tau) \} \) in which the observer is at rest. Then the time-like basis vector \( e_0(\tau) \) agrees with the four-velocity \( u_{\text{obs}} \) of the observer. Moreover, the scalar product of the basis vectors satisfies \( e_\mu \cdot e_\nu = \eta_{\mu\nu} \). A measurement of a particle with four-momentum \( k^\mu = (\omega, k) \) performed by the observer at rest results in the energy \( \omega \) and the momenta \( k_i = -k \cdot e_i \). We can rewrite this as a tensor equation,
\[ \omega = k \cdot u_{\text{obs}} \quad \text{and} \quad k_i = -k \cdot e_i, \] (1.49)
and thus the RHSs are valid also for a moving observer.

1.A Appendix: Comments and examples on tensor and index notation

How to guess physical tensors Classical electrodynamics is typically taught using a formulation which is valid in a specific frame. Thus one uses scalars like the charge density \( \rho \), vectors like the electric and magnetic field strengths \( E \) and \( B \) and tensors like Maxwell’s stress tensor \( \sigma_{ij} \), defining their transformation properties with respect to rotations in three-dimensional space. This leads to the question how we can guess how the four-dimensional tensors are composed out of their three-dimensional relatives.

In the simplest cases, we may guess this by considering quantities which are related by a physical law. An example is current conservation,
\[ \partial_t \rho + \nabla \cdot j = 0. \] (1.50)
We know that any 4-vector \( a^\mu \) has \( 4 = 3 + 1 \) components, which transform as a scalar \( (a^0) \) and a vector \( (a) \) under rotations. This suggests to combine \( (\rho, j) = j^\mu \) and \( \partial_\mu = (\partial_0, \nabla) \) into four-vectors (consistent with our definition of the nabla operator), leading to \( \partial_\mu j^\mu = 0 \). Similarly, we combine the scalar potential \( \phi \) and the vector potential \( A^\mu \) into a four-vector \( A^\mu = (\phi, A) \). If we move to tensors of rank two, i.e. \( 4 \times 4 \) matrices, it is useful to formalise the splitting of such a tensor in components.
Reducible and irreducible tensors

An object which contains invariant subgroups with respect to a symmetry operation is called reducible. In our case at hand, we want to determine the reducible subgroups of a tensor of rank \( n \) with respect to spatial rotations. For a four-vector, the splitting is \( A^\mu = (A^0, A) \). Next, we consider the reducible subgroups of an arbitrary tensor \( T^{\mu\nu} \) of rank two. First, we note that we can split any tensor \( T^{\mu\nu} \) into a symmetric and antisymmetric piece, \( T^{\mu\nu} = S^{\mu\nu} + A^{\mu\nu} \) with \( S^{\mu\nu} = S^{\nu\mu} \) and \( A^{\mu\nu} = -A^{\nu\mu} \), writing

\[
T^{\mu\nu} = \frac{1}{2} (T^{\mu\nu} + T^{\nu\mu}) + \frac{1}{2} (T^{\mu\nu} - T^{\nu\mu}) = T_{\{\mu\nu\}} + T_{[\mu\nu]} = S^{\mu\nu} + A^{\mu\nu}. \tag{1.51}
\]

This splitting is invariant under general coordinate transformations, and thus also under rotations, Ex. ???. Physically this expected, since our equations tell us that some quantities are antisymmetric (e.g. the field-strength tensor \( F^{\mu\nu} \)), while others are symmetric (e.g. Maxwell’s stress tensor \( \sigma_{ij} \)) and all observers should agree on this.

Thus we can examine the symmetric and antisymmetric tensors separately, and we start with the former. We can split \( S^{\mu\nu} \) into a scalar \( S^{00} \), a vector \( S^{0i} \) and a tensor \( S^{ij} \),

\[
S^{\mu\nu} = \begin{pmatrix} S^{00} & S^{0i} & S^{ij} \end{pmatrix} . \tag{1.52}
\]

To show this, calculate the effect of a rotation, \( \tilde{S}_{\mu\nu} = \Lambda_\rho^\mu \Lambda_\sigma^\nu S_{\rho\sigma} \), or in matrix notation

\[
S' = \Lambda S \Lambda^T , \tag{1.53}
\]

The tensor \( S^{ij} \) is again reducible, since its trace is a scalar. Thus we can decompose \( S^{ij} \) into its trace \( s = S^{ii} \) and its traceless part \( S^{ij} - s\delta^{ij}/(d-1) \).

An antisymmetric tensor \( F_{\mu\nu} \) has \( 3 + 2 + 1 = 6 \) components, i.e. combines two 3-vectors, or more precisely a pure vector like \( E \) and an axial vector like \( B \),

\[
A^{\mu\nu} = \begin{pmatrix} 0 & -E_x & -E_y & -E_z \\ E_x & 0 & -B_z & B_y \\ E_y & B_z & 0 & -B_x \\ E_z & -B_y & B_x & 0 \end{pmatrix} . \tag{1.54}
\]

To show this, calculate again the effect of a rotation, and of a parity tranformation.

\( \text{(Anti-) symmetrisation} \)

Finally let us note some useful relations for contractions involving symmetric and antisymmetric tensors. First, they are “orthogonal” in the sense that the contraction of a symmetric tensor \( S_{\mu\nu} \) with an antisymmetric tensor \( A^{\mu\nu} \) gives zero,

\[
S_{\mu\nu} A^{\mu\nu} = 0. \tag{1.55}
\]

This allows one to (anti-) symmetrize the contraction of an arbitrary tensor \( C_{\mu\nu} \) with an (anti-) symmetric tensor: First split \( C_{\mu\nu} \) into symmetric and antisymmetric parts,

\[
C_{\mu\nu} = \frac{1}{2} (C_{\mu\nu} + C_{\nu\mu}) + \frac{1}{2} (C_{\mu\nu} - C_{\nu\mu}) = C_{\{\mu\nu\}} + C_{[\mu\nu]} . \tag{1.56}
\]

Then

\[
S_{\mu\nu} C^{\mu\nu} = S_{\mu\nu} C_{\{\mu\nu\}} \quad \text{and} \quad A_{\mu\nu} C^{\mu\nu} = A_{\mu\nu} C_{[\mu\nu]} . \tag{1.57}
\]
Index gymnastics  We are mainly concerned with vectors and tensors of rank two. In this case we can express all equations as matrix operations. For instance, lowering the index of a vector, $A_{\mu} = \eta_{\mu\nu} A^\nu$, becomes

$$ A_{\mu} = \begin{pmatrix} 1 & 0 & 0 & 0 \\ 0 & -1 & 0 & 0 \\ 0 & 0 & -1 & 0 \\ 0 & 0 & 0 & -1 \end{pmatrix} \begin{pmatrix} A^0 \\ A^1 \\ A^2 \\ A^3 \end{pmatrix} = \begin{pmatrix} A^0 \\ -A^1 \\ -A^2 \\ -A^3 \end{pmatrix}. $$

Raising and lowering indices is the inverse, and thus $\eta_{\mu\nu}\eta^{\nu\sigma} = \delta_{\mu}^{\sigma}$. In matrix notation,

$$ \eta^{-1} = \mathbf{1}. $$

We can view $\eta_{\mu\nu}\eta^{\nu\sigma} = \delta_{\mu}^{\sigma}$ as the operation of raising an index of $\eta_{\mu\nu}$ (or lowering an index of $\eta^{\mu\nu}$): in both cases, we see that the Kronecker delta corresponds to the metric tensor with mixed indices, $\delta_{\mu}^{\sigma} = \eta_{\mu}^{\sigma}$.

The expression for the line-element becomes

$$ ds^2 = \eta_{\mu\nu} dx^{\mu} dx^{\nu} = dx^{\mu} \eta_{\mu\nu} dx^{\nu} = (dx^0, dx^1, dx^2, dx^3) \begin{pmatrix} 1 & 0 & 0 & 0 \\ 0 & -1 & 0 & 0 \\ 0 & 0 & -1 & 0 \\ 0 & 0 & 0 & -1 \end{pmatrix} \begin{pmatrix} dx^0 \\ dx^1 \\ dx^2 \\ dx^3 \end{pmatrix} = (dx^0)^2 - (dx^1)^2 - (dx^2)^2 - (dx^3)^2. $$

For a second-rank tensor, raising one index gives

$$ T_{\mu\nu} = \eta_{\mu\rho} T_{\rho\nu} = T_{\rho\nu} \eta_{\mu\rho} \neq \eta_{\mu\rho} T_{\rho\nu} = T_{\nu\mu}. $$

Note that the order of tensors does not matter, but the order of indices does. If we move to matrix notation, we have to restore the right order. Raising next the second index,

$$ T_{\mu\nu} = \eta_{\mu\rho} \eta_{\sigma\nu} T_{\rho\sigma} $$

we have to re-order it as $T_{\mu\nu} = \eta_{\mu\rho} T_{\rho\sigma} \eta_{\sigma\nu}$ in matrix notation (using that $\eta$ is symmetric).

We apply this to the field-strength tensor: Starting from $F_{\mu\nu}^{\rho}$, we want to construct $F_{\mu\nu} = \eta_{\mu\rho} F_{\rho\sigma} \eta_{\sigma\nu}$.

$$ F_{\mu\nu} = \begin{pmatrix} 1 & 0 & 0 & 0 \\ 0 & -1 & 0 & 0 \\ 0 & 0 & -1 & 0 \\ 0 & 0 & 0 & -1 \end{pmatrix} \begin{pmatrix} 0 & -E_x & -E_y & -E_z \\ E_x & 0 & -B_z & B_y \\ E_y & B_z & 0 & -B_x \\ E_z & -B_y & B_x & 0 \end{pmatrix} \begin{pmatrix} 1 & 0 & 0 & 0 \\ 0 & -1 & 0 & 0 \\ 0 & 0 & -1 & 0 \\ 0 & 0 & 0 & -1 \end{pmatrix} = \begin{pmatrix} 0 & E_x & E_y & E_z \\ E_x & 0 & B_z & -B_y \\ E_y & -B_z & 0 & B_x \\ E_z & B_y & -B_x & 0 \end{pmatrix} \begin{pmatrix} 0 & E_x & E_y & E_z \\ -E_x & 0 & -B_z & B_y \\ -E_y & B_z & 0 & -B_x \\ -E_z & -B_y & B_x & 0 \end{pmatrix}. $$

Note the general behaviour: The $F^{00}$ element and the 3-tensor $F^{ik}$ are multiplied by $1^2$ and $(-1)^2$, respectively and do not change sign. The 3-vector $F^{0k}$ is multiplied by $(-1)(+1)$ and does change sign.
Next we want to construct a Lorentz scalar out of $F_{\mu\nu}$. A Lorentz scalar has no indices, so we contract the two indices, $\eta_{\mu\nu} F^{\mu\nu} = F_{\mu}^{\mu}$. This is invariant, but zero (and thus not useful) because $F^{\mu\nu}$ is antisymmetric. As next try, we construct a Lorentz scalar $S$ using two $F$’s: Multiplying the two matrices $F_{\mu\nu}$ and $F^{\mu\nu}$, and taking then the trace, gives

$$S = F_{\mu\nu} F^{\mu\nu} = -\text{tr}\{ F_{\mu\nu} F^{\nu\rho} \} = -\text{tr}\left( \begin{array}{ccc} E \cdot E & E_x^2 - B_y^2 - B_z^2 \\ E_x^2 - B_y^2 - B_z^2 & E_y^2 - B_x^2 - B_z^2 \\ E_y^2 - B_x^2 - B_z^2 & E_z^2 - B_x^2 - B_y^2 \end{array} \right)$$

i.e. $S = -2(E \cdot E - B \cdot B)$. Note the minus, since we have to change the order of indices in the second $F$.

Note also that $S$ has to be a bilinear in $E$ and $B$ and invariant under rotations. Thus the only possible terms entering $S$ are the scalar products $E \cdot E$, $B \cdot B$ and $E \cdot B$. Since $B$ is a polar (or axial) vector, $PB = B$, the last term is a pseudo-scalar and cannot enter the scalar $S$.

Now we become more ambitious, looking at a tensor with 4 indices, the Levi–Civita or completely antisymmetric tensor $\varepsilon^{\alpha\beta\gamma\delta}$ in four dimensions, with

$$\varepsilon_{0123} = +1,$$  \hspace{1cm} (1.59)

and all even permutations, $-1$ for odd permutations and zero otherwise. We lower its indices,

$$\varepsilon_{\alpha\beta\gamma\delta} = \varepsilon^{\alpha\beta\gamma\delta} \eta_{\alpha\alpha} \eta_{\beta\beta} \eta_{\gamma\gamma} \eta_{\delta\delta}$$

and consider the 0123 element using that the metric is diagonal,

$$\varepsilon_{0123} = +1 \eta_{00} \eta_{11} \eta_{22} \eta_{33} = -1.$$  \hspace{1cm} (1.60)

Thus in 4 dimensions, $\varepsilon^{\alpha\beta\gamma\delta}$ and $\varepsilon_{\alpha\beta\gamma\delta}$ have opposite signs.

We can use the Levi-Civita tensor to define the dual field-strength tensor

$$\tilde{F}^{\alpha\beta} = \frac{1}{2} \varepsilon^{\alpha\beta\gamma\delta} F_{\gamma\delta}.$$  

How to find the elements of this? Using simply the definitions,

$$\tilde{F}_{01} = \frac{1}{2} \left( \varepsilon_{0123} F_{23}^{23} + \varepsilon_{0132} F_{32}^{32} \right) = -B_x$$

$$\tilde{F}_{12} = \frac{1}{2} \left( \varepsilon_{1203} F^{03}_{03} + \varepsilon_{1230} F^{30}_{30} \right) = -E_z$$

etc., gives

$$\tilde{F}_{\mu\nu} = \begin{pmatrix} 0 & -B_x & -B_y & -B_z \\ B_x & 0 & -E_z & E_y \\ B_y & E_z & 0 & -E_x \\ B_z & -E_y & E_x & 0 \end{pmatrix} \quad \text{and} \quad \tilde{F}^{\mu\nu} = \begin{pmatrix} 0 & B_x & B_y & B_z \\ -B_x & 0 & -E_z & E_y \\ -B_y & E_z & 0 & -E_x \\ -B_z & -E_y & E_x & 0 \end{pmatrix}.$$  

The dual field-strength tensor is useful, because the homogeneous Maxwell equation

$$\partial_\alpha F_{\beta\gamma} + \partial_\beta F_{\gamma\alpha} + \partial_\gamma F_{\alpha\beta} = 0$$  \hspace{1cm} (1.61)
becomes simply
\[ \partial_\alpha \tilde{F}^{\alpha \beta} = 0. \]  
(1.62)

Inserting the potential, we obtain zero,
\[
\partial_\alpha \tilde{F}^{\alpha \beta} = \frac{1}{2} \varepsilon^{\alpha \beta \gamma \delta} \partial_\alpha F_{\gamma \delta} = \varepsilon^{\alpha \beta \gamma \delta} \partial_\alpha \partial_\gamma A_\delta = 0,  
\]  
(1.63)
because we contract a symmetric tensor \((\partial_\alpha \partial_\gamma)\) with an anti-symmetric one \((\varepsilon^{\alpha \beta \gamma \delta})\).

Having \(F^{\mu \nu}\) and \(\tilde{F}^{\mu \nu}\), we can form another (pseudo-) scalar, \(A = \tilde{F}^{\mu \nu} F_{\mu \nu}\). Multiplying the two matrices \(\tilde{F}^{\mu \nu}\) and \(F^{\mu \nu}\), and taking then the trace, gives
\[
\tilde{F}^{\mu \nu} F_{\mu \nu} = -\text{tr}\{\tilde{F}^{\mu \nu} F^{\nu \rho}\} = \text{tr} \begin{pmatrix} B \cdot E & B \cdot E \\ B \cdot E & B \cdot E \end{pmatrix}
\]
i.e. \(\tilde{F}^{\mu \nu} F_{\mu \nu} = 4 E \cdot B\). We know that \(E \cdot B\) is a pseudo-scalar. This tells us that including the Levi-Civita tensor converts a tensor into a pseudo-tensor, which does not change sign under a parity transformation \(Px = -x\). (This analogous to \(B_i = \varepsilon_{ijk} \partial_j A_k\), which converts two pure vectors into an axial one.)
2 Lagrangian mechanics and symmetries

We review briefly the Lagrangian formulation of classical mechanics and its connection to symmetries.

2.1 Calculus of variations

A map \( F[f(x)] \) from a certain space of functions \( f(x) \) into \( \mathbb{R} \) is called a functional. We will consider functionals from the space \( C^2[a : b] \) of (at least) twice differentiable functions between fixed points \( a \) and \( b \). Extrema of functionals are obtained by the calculus of variations. Let us consider as functional the action \( S \) defined by

\[
S[L(q^i, \dot{q}^i)] = \int_a^b dt \, L(q^i, \dot{q}^i, t),
\]

where \( L \) is a function of the \( 2n \) independent functions \( q^i \) and \( \dot{q}^i = dq^i/dt \) as well as of the parameter \( t \). In classical mechanics, we call \( L \) the Lagrange function of the system, \( q^i \) are its generalised coordinates, \( \dot{q}^i \) the corresponding velocities and \( t \) is the time. The extremum of this action gives the paths from \( a \) to \( b \) which are solutions of the equation of motions for the system described by \( L \). We discuss in the next section how one derives the correct \( L \) given a set of interactions and constraints.

The calculus of variations shows how one finds those paths that extremize such functionals: Consider an infinitesimal variation of the path, \( q^i(t) \rightarrow q^i(t) + \delta q^i(t) \) with \( \delta q^i(t) = \varepsilon \eta^i(t) \) that keeps the endpoints fixed, but is otherwise arbitrary. The resulting variation of the functional is

\[
\delta S = \int_a^b dt \, \delta L(q^i, \dot{q}^i, t) = \int_a^b dt \left( \frac{\partial L}{\partial q^i} \delta q^i + \frac{\partial L}{\partial \dot{q}^i} \delta \dot{q}^i \right).
\]

We can eliminate the variation \( \delta \dot{q}^i \) of the velocities, integrating the second term by parts using \( \delta (\dot{q}^i) = d dt (\delta q^i) \),

\[
\delta S = \int_a^b dt \left[ \frac{\partial L}{\partial q^i} - \frac{d}{dt} \left( \frac{\partial L}{\partial \dot{q}^i} \right) \right] \delta q^i + \left[ \frac{\partial L}{\partial \dot{q}^i} \delta q^i \right]_a^b.
\]

The boundary term vanishes, because we required that the variations \( \delta q^i \) are zero at the endpoints \( a \) and \( b \). Since the variations are otherwise arbitrary, the terms in the first bracket have to be zero for an extremal curve, \( \delta S = 0 \). Paths that satisfy \( \delta S = 0 \) are classically allowed. The equations resulting from the condition \( \delta S = 0 \) are called the Euler-Lagrange equations of the action \( S \),

\[
\frac{\delta S}{\delta q^i} = \frac{\partial L}{\partial q^i} - \frac{d}{dt} \left( \frac{\partial L}{\partial \dot{q}^i} \right) = 0,
\]

and give the equations of motion of the system specified by \( L \). Physicists call these equations often simply Lagrange equations or, especially in classical mechanics, Lagrange equations of the second kind.
The Lagrangian $L$ is not uniquely fixed: Adding a total time-derivative, $L' = L + df(q(t))/dt$ does not change the resulting Lagrange equations,

$$S' = S + \int_a^b dt \frac{df}{dt} = S + f(q(b), t_b) - f(q(a), t_a),$$

since the last two terms vanish varying the action with the restriction of fixed endpoints $a$ and $b$.

**Infinitesimal variations:** If you are worried about the meaning of “infinitesimal” variations, the following definition may help: Consider an one-parameter family of paths, $q^i(t, \varepsilon) = q_i(t, 0) + \varepsilon \eta^i(t)$. Then the “infinitesimal” variation corresponds to the change linear in $\varepsilon$,

$$\delta q \equiv \lim_{\varepsilon \to 0} \frac{q(t, \varepsilon) - q(t, 0)}{\varepsilon} = \left. \frac{\partial q(t, \varepsilon)}{\partial \varepsilon} \right|_{\varepsilon = 0}$$

and similarly for functions and functionals of $q$. Moreover, it is obvious from Eq. (2.6) that the assumption of time-independent $\varepsilon$ implies that the variation $\delta$ and the time-derivative $d/dt$ acting on $q$ commute,

$$\delta(\dot{q}) = \left. \frac{\partial \dot{q}(t, \varepsilon)}{\partial \varepsilon} \right|_{\varepsilon = 0} = \frac{d}{dt} (\delta q),$$

2.2 Hamilton’s principle and the Lagrange function

The observation that the solutions of the equation of motions can be obtained as the extrema of an appropriate functional (“the action $S$”) of the Lagrangian $L$ subject to the conditions $\delta q^i(a) = \delta q^i(b) = 0$ is called Hamilton’s principle or the principle of least action. Note that the last name is a misnomer, since the extremum can be also a maximum or saddle-point of the action.

We derive now the Lagrangian $L$ of a free non-relativistic particle from the Galilean principle of inertia. More precisely, we use that the homogeneity of space and time forbids that $L$ depends on $x$ and $t$, while the isotropy of space implies that $L$ depends only on the norm of the velocity vector, but not on its direction,

$$L = L(v^2).$$

Let us consider two inertial frames moving with the infinitesimal velocity $\varepsilon$ relative to each other. Then a Galilean transformation connects the velocities measured in the two frames as $v' = v + \varepsilon$. The Galilean principle of relativity requires that the laws of motion have the same form in both frames, and thus the Lagrangians can differ only by a total time-derivative. Expanding the difference $\delta L$ in $\varepsilon$ gives with $\delta v^2 = 2v\varepsilon$

$$\delta L = \left. \frac{\partial L}{\partial v^2} \delta v^2 \right|_{\varepsilon = 0} = 2v\varepsilon \left. \frac{\partial L}{\partial v^2} \right|_{\varepsilon = 0}.$$

The difference has to be a total time-derivative. Since $v = \dot{q}$, the derivative term $\partial L/\partial v^2$ has to be independent of $v$. Hence, $L \propto v^2$ and we call the proportionality constant $m/2$, and
2.2 Hamilton’s principle and the Lagrange function

the total expression kinetic energy $T$,

$$L = T = \frac{1}{2}mv^2.$$  \hfill (2.8)

**Example:** Check the relativity principle for finite relative velocities:

For

$$L' = \frac{1}{2}mv'^2 = \frac{1}{2}m(v + V)^2 = \frac{1}{2}mv^2 + mv \cdot V + \frac{1}{2}mV^2$$

or

$$L' = L + \frac{d}{dt} \left( mx \cdot V + \frac{1}{2}mV^2t \right).$$

Thus the difference is indeed a total time derivative.

We can write the velocity with $dl^2 = dx^2 + dy^2 + dz^2$ as

$$v^2 = \frac{dl^2}{dt^2} = g_{ik} \frac{dx^i}{dt} \frac{dx^k}{dt},$$

where the quadratic form $g_{ik}$ is the metric tensor. For instance, in spherical coordinates

$$dl^2 = dr^2 + r^2 \sin^2 \theta d\phi^2 + r^2 d\theta^2$$

and thus

$$T = \frac{1}{2}m \left( r^2 + r^2 \sin^2 \theta \dot{\phi}^2 + r^2 \dot{\theta}^2 \right).$$  \hfill (2.10)

Choosing the appropriate coordinates, we can account for constraints: The kinetic energy of a particle moving on sphere with radius $R$ would be simply given by

$$T = \frac{1}{2}mR^2 \left( \sin^2 \theta \dot{\phi}^2 + \dot{\theta}^2 \right).$$

For a system of non-interacting particles, $L$ is additive,

$$L = \sum_a \frac{1}{2}m_a v_a^2.$$  \hfill (2.11)

We can change from Cartesian coordinates to arbitrary (or “generalized”) coordinated for the $n$ particles,

$$L = \sum_{a=1}^n \frac{1}{2}m_a v_a^2 - V(r_1, r_2, \ldots, r_n).$$  \hfill (2.12)

We can derive the equations of motions for a system of $n$ interacting particles,

$$L = \sum_{a=1}^n \frac{1}{2}m_a v_a^2 - V(r_1, r_2, \ldots, r_n).$$  \hfill (2.13)

using the Lagrange equations,

$$m_a \frac{dv_a}{dt} = -\frac{\partial V}{\partial r_a} = F_a.$$  \hfill (2.14)

We can change from Cartesian coordinates to arbitrary (or “generalized”) coordinated for the $n$ particles,

$$x^a = f^a(q^1, \ldots, q^n), \quad \dot{x}^a = \frac{\partial f^a}{\partial q^k} \dot{q}^k.$$  \hfill (2.15)

Substituting gives

$$L = \frac{1}{2}a_{ik} \dot{q}^i \dot{q}^j - V(q_i),$$

where the matrix $a_{ik}(q)$ is a quadratic function of the velocities $\dot{q}^i$ that is apart from the factors $m_a$ identical to the metric tensor on the configuration space $q^n$. Finally, we define the canonically conjugated momentum $p_i$ as

$$p_i = \frac{\partial L}{\partial \dot{q}^i}.$$  \hfill (2.16)
A coordinate \( q_i \) that does not appear explicitly in \( L \) is called cyclic. The Lagrange equations imply then \( \partial L / \partial \dot{q}_i = \text{const.} \), so that the corresponding canonically conjugated momentum \( p_i = \partial L / \partial \dot{q}_i \) is conserved.

**Feynman’s approach to quantum theory:**
The whole information about a quantum mechanical system is contained in its time-evolution operator \( U(t, t') \). Its matrix elements \( K(x', t'; x, t) \) (propagator or Green’s function) in the coordinate basis connect wavefunctions at different times as

\[
\psi(x', t') = \int d^3x K(x', t'; x, t) \psi(x, t).
\]

Feynman proposed the following connection between the propagator \( K \) and the classical action \( S \),

\[
K(x', t'; x, t) = N \int_{q} \mathcal{D}q \exp(iS),
\]

where \( \mathcal{D}q \) denotes the “integration over all paths.” Hence the difference between the classical and quantum world is that in the former only paths extremizing the action \( S \) are allowed while in the latter all paths weighted by \( \exp(iS) \) contribute.


### 2.3 Symmetries and conservation laws

Quantities that remain constant during the evolution of a mechanical system are called integrals of motions. Seven of them that are connected to the fundamental symmetries of space and time are of special importance: These are the conserved quantities energy, momentum and angular momentum.

**Energy**  The Lagrangian of a closed system depends, because of the homogeneity of time, not on time. Its total time derivative is

\[
\frac{dL}{dt} = \frac{\partial L}{\partial \dot{q}^i} \dot{q}^i + \frac{\partial L}{\partial q^i} \ddot{q}^i. \tag{2.16}
\]

Replacing \( \partial L / \partial q^i \) by \( (d/dt) \partial L / \partial \dot{q}^i \), it follows

\[
\frac{dL}{dt} = \dot{q}^i \frac{d}{dt} \frac{\partial L}{\partial \dot{q}^i} + \frac{\partial L}{\partial q^i} \ddot{q}^i = \frac{d}{dt} \left( \dot{q}^i \frac{\partial L}{\partial \dot{q}^i} \right). \tag{2.17}
\]

Hence the quantity

\[
E \equiv \dot{q}^i \frac{\partial L}{\partial \dot{q}^i} - L \tag{2.18}
\]

remains constant during the evolution of a closed system. This holds also more generally, e.g. in the presence of static external fields, as long as the Lagrangian is not time-dependent.

We have still to show that \( E \) coincides indeed with the usual definition of energy. Using as \( L = T(q, \dot{q}) - U(q) \), where \( T \) is quadratic in the velocities, we have

\[
\dot{q}^i \frac{\partial L}{\partial \dot{q}^i} = \dot{q}^i \frac{\partial T}{\partial \dot{q}^i} = 2T \tag{2.19}
\]

and thus \( E = 2T - L = T + U \).
2.3 Symmetries and conservation laws

**Momentum** Homogeneity of space implies that an translation by a constant vector of a closed system does not change its properties. Thus an infinitesimal translation from \( r \) to \( r + \varepsilon \) should not change \( L \). Since velocities are unchanged, we have (summation over \( a \) particles)

\[
\delta L = \sum_a \frac{\partial L}{\partial r_a} \cdot \delta r_a = \varepsilon \cdot \sum_a \frac{\partial L}{\partial r_a}.
\]

The condition \( \delta L = 0 \) is true for arbitrary \( \varepsilon \), if

\[
\sum_a \frac{\partial L}{\partial r_a} = 0.
\]

(2.21)

Using again Lagrange’s equations, we obtain

\[
\sum_a \frac{d}{dt} \frac{\partial L}{\partial v_a} = \frac{d}{dt} \sum_a \frac{\partial L}{\partial v_a} = 0.
\]

(2.22)

Hence, in a closed mechanical system the momentum vector of the system

\[
p_{tot} = \sum_a \frac{\partial L}{\partial v_a} = \sum_a m_a v_a = \text{const.}
\]

(2.23)

is conserved.

The condition (2.21) signifies with \( \partial L/\partial r_a = -\partial V/\partial r_a \) that the sum of forces on all particles is zero, \( \sum_a F_a = 0 \). For the particular case of a two-particle system, \( F_a = -F_b \), we have thus derived Newton’s third law, the equality of action and reaction.

**Isotropy** We consider now the consequences of the isotropy of space, i.e. search the conserved quantity that follows from a Lagrangian invariant under rotations. Under an infinitesimal rotation by \( \delta \phi \) both coordinates and velocities change,

\[
\delta r = \delta \phi \times r, \quad \delta v = \delta \phi \times v.
\]

(2.24)

(2.25)

Inserting the expression into

\[
\delta L = \sum_a \left( \frac{\partial L}{\partial r_a} \delta r_a + \frac{\partial L}{\partial v_a} \delta v_a \right) = 0
\]

(2.26)

gives, using also the definition \( p_a = \partial L/\partial v_a \) as well as the Lagrange equation \( \dot{p}_a = \partial L/\partial r_a \),

\[
\delta L = \sum_a (\dot{p}_a \cdot \delta \phi \times r_a + p_a \cdot \delta \phi \times v_a) = 0.
\]

(2.27)

Permuting the factors and extracting \( \delta \phi \) gives

\[
\delta \phi \cdot \sum_a (r_a \times \dot{p}_a + v_a \times p_a) = \delta \phi \cdot \frac{d}{dt} \sum_a r_a \times p_a = 0.
\]

(2.28)

Thus the angular momentum

\[
M = \sum_a r_a \times p_a = \text{const.}
\]

(2.29)

is conserved.
2.4 Free relativistic particle

**Massive particles** We introduced the proper-time $\tau$ to measure the time along the worldline of a massive particle,

$$\tau_{12} = \int_1^2 d\tau = \int_1^2 [dt^2 - (dx^2 + dy^2 + dz^2)]^{1/2} = \int_1^2 [\eta_{\mu\nu} dx^\mu dx^\nu]^{1/2}. \quad (2.30)$$

If we use a different parameter $\sigma$, e.g. such that $\sigma(\tau = 1) = 0$ and $\sigma(\tau = 2) = 1$, then

$$\tau_{12} = \int_0^1 d\sigma \left[ \eta_{\mu\nu} \frac{dx^\mu}{d\sigma} \frac{dx^\nu}{d\sigma} \right]^{1/2}. \quad (2.32)$$

Note that $\tau_{12}$ is invariant under a reparameterisation $\sigma' = f(\sigma)$.

We check now if the choice

$$L = \eta_{\mu\nu} \frac{dx^\mu}{d\sigma} \frac{dx^\nu}{d\sigma} \quad (2.33)$$

is sensible for a free particle: $L$ is Lorentz-invariant with $x^\mu = (x, t)$ as dynamical variables, while $\sigma$ plays the role of the parameter time $t$ in the non-relativistic case. The Lagrange equations are

$$\frac{d}{d\sigma} \frac{\partial L}{\partial (dx^\alpha/d\sigma)} = \frac{\partial L}{\partial x^\alpha} \quad (2.34)$$

Consider e.g. the $x^1$ component, then

$$\frac{d}{d\sigma} \frac{\partial L}{\partial (dx^1/d\sigma)} = \frac{d}{d\sigma} \left( \frac{1}{L} \frac{dx^1}{d\sigma} \right) = 0. \quad (2.35)$$

Since $L = d\tau/d\sigma$, it follows after multiplication with $d\sigma/d\tau$

$$\frac{d^2 x^1}{d\tau^2} = 0 \quad (2.36)$$

and the same for the other coordinates.

An alternative which we use latter more often is

$$L = \eta_{\mu\nu} \dot{x}^\mu \dot{x}^\nu \quad (2.37)$$

with $\dot{x}^\mu = dx^\mu/d\tau$. Since this Lagrangian is the square-root of the one defined in Eq. (2.33) for the special choice $\sigma = \tau$, it is clear that the same equation of motion result. While this Lagrangian is more useful in calculations, it is invariant only under affine transformations, $\tau \rightarrow A\tau + B$.

**Massless particles** The energy-momentum relation of massless particles like the photon becomes $\omega = |k|$. Thus their four-velocity and four-momenta are light-like, $u^2 = p^2 = 0$, and light signals form the future light-cone of the emission point $P$. Since $ds = d\tau = 0$ on the light-cone, we cannot use the Lagrangians (2.33) or (2.37).
To find an alternative, consider how we can parametise the curve \( x = t \). Choosing \( u^\alpha = (1, 1, 0, 0) \), we can set
\[
x^\alpha(\lambda) = \lambda u^\alpha.
\] (2.38)

Then the four-velocity becomes the tangent vector \( u^\alpha = dx^\alpha(\lambda)/d\lambda \), similar to the definition (1.38) for massive particles. With the choice (2.38), the four-velocity for a massless particle satisfies
\[
\frac{du}{d\lambda} = 0.
\] (2.39)

Such parameters are called \textit{affine}, and the set of these parameters are invariant under affine transformations, \( \tau \rightarrow A\tau + B \). In this case, we can use the same equations of motion for massive and massless particles, only replacing \( u \cdot u = 1 \) with \( u \cdot u = 0 \).

Let us now show that a time-like geodesic \( C \) is a local maximum of the proper-time: We note first that the path of a light-ray satisfies \( ds^2 = 0 \), and thus the proper-time along a light-like geodesics is zero. Next we use that we can approximate \( C \) by the curve \( D \) using zig-zaging light-like paths, as shown in Fig. ??.. Increasing the number of these paths, the approximation becomes arbitrary precise, but \( \tau(D) = 0 < \tau(C) \). Thus the time-like geodesic \( C \) cannot be a minimize the proper-time.
3 Basic differential geometry

We motivate this chapter about differential geometry by giving some arguments why a relativistic theory of gravity should replace Minkowski space by a curved manifold. Let us start by reviewing three basic properties of gravitation.

1.) The idea underlying the equivalence principle emerged in the 16th century, when among others Galileo Galilei found experimentally that the acceleration $g$ of a test mass in a gravitational field is universal. Because of this universality, the gravitating mass $m_g = F/g$ and the inertial mass $m_i = F/a$ are identical in classical mechanics, a fact that puzzled already Newton. While $m_i = m_g$ can be achieved for one material by a convenient choice of units, there should be in general deviations for test bodies with differing compositions.

Knowing more forces, this puzzle becomes even stronger: Contrast the acceleration of a particle in a gravitational field to the one in a Coulomb field. In the latter case, two independent properties of the particle, namely its charge $q$ determining the strength of the electric force acting on it and its mass $m_i$, i.e. the inertia of the particle, are needed as input in the equation of motion. In the case of gravity, the “gravitational charge” $m_g$ coincides with the inertial mass $m_i$.

The equivalence of gravitating and inertial masses has been tested already by Newton and Bessel, comparing the period $P$ of pendula of different materials,

$$P = 2\pi \sqrt{\frac{m_i l}{m_g g}},$$

but finding no measurable differences. The first precision experiment giving an upper limit on deviations from the equivalence principle was performed by Loránd Eötvös in 1908 using a torsion balance. Current limits for departures from universal gravitational attraction for different materials are $|\Delta g_i/g| < 10^{-12}$.

2.) Newton’s gravitational law postulates as the latter Coulomb law an instantaneous interaction. Such an interaction is in contradiction to special relativity. Thus, as interactions of currents with electromagnetic fields replace the Coulomb law, a corresponding description should be found for gravity. Moreover, the equivalence of mass and energy found in special relativity requires that, in a loose sense, energy not only mass should couple to gravity: Imagine a particle-antiparticle pair falling down a gravitational potential well, gaining energy and finally annihilating into two photons moving the gravitational potential well outwards. If the two photons would not loose energy climbing up the gravitational potential well, a perpetuum mobile could be constructed. If all forms of energy act as sources of gravity, then the gravitational field itself is gravitating. Thus the theory is non-linear and its mathematical structure is much more complicated than the one of electrodynamics.
3.1 Manifolds and tensor fields

Gravity can be switched-off locally, just by cutting the rope of an elevator: Inside a freely falling elevator, one does not feel any gravitational effects except for tidal forces. The latter arise if the gravitational field is non-uniform and tries to stretch the elevator. Inside a sufficiently small freely falling system, also tidal effects play no role. This allows us to perform experiments like the growing of crystals in "zero-gravity" on the International Space Station which is orbiting only at an altitude of 300 km.

Motivated by 2.), Einstein used 1.), the principle of equivalence, and 3.) to derive general relativity, a theory that describes the effect of gravity as a deformation of the space-time known from special relativity.

In general relativity, the gravitational force of Newton’s theory that accelerates particles in an Euclidean space is replaced by a curved space-time in which particles move force-free along geodesic lines. In particular, photons move still as in special relativity along curves satisfying \( ds^2 = 0 \), while all effects of gravity are now encoded in the form of the line-element \( ds \). Thus all information about the geometry of a space-time is contained in the metric \( g_{\mu\nu} \).

3.1 Manifolds and tensor fields

**Manifolds**

A manifold \( \mathcal{M} \) is any set that can be continuously parametrized. The number of independent parameters needed to specify uniquely any point of \( \mathcal{M} \) is its dimension, the parameters are called coordinates. Examples are e.g. the group of rotations in \( \mathbb{R}^3 \) (with 3 Euler angles, \( \text{dim} = 3 \)) or the phase space \((q^i, p_i)\) of classical mechanics with \( \text{dim} = 2n \).

We require the manifold to be smooth: the transitions from one set of coordinates to another one, \( x^i = f(\tilde{x}^1, \ldots, \tilde{x}^n) \), should be \( C^\infty \). In general, it is impossible to cover all \( \mathcal{M} \) with one coordinate system that is well-defined everywhere. (Examples are spherical coordinates on a sphere \( S^2 \), where \( \phi \) is ill-defined at the poles.) Instead one has to use patches of different coordinates that (at least partially) overlap.

A *Riemannian manifold* is a differentiable manifold with a symmetric, positive-definite tensor-field \( g_{ij} \). Space-time in general relativity is a four-dimensional pseudo-Riemannian (also called Lorentzian) manifold, where the metric has the signature \((1,3)\).

**Covariant and contravariant tensors**

Consider two \( n \) dimensional coordinate systems \( x \) and \( \tilde{x} \) and assume that we can express the \( x^i \) as functions of the \( \tilde{x}^i \),

\[
x^i = f(\tilde{x}^1, \ldots, \tilde{x}^n)
\]

or more briefly \( x^j = x^j(\tilde{x}^i) \). Forming the differentials, we obtain

\[
dx^i = \frac{\partial x^i}{\partial \tilde{x}^j} d\tilde{x}^j.
\]

The transformation matrix

\[
a^i_j = \frac{\partial x^i}{\partial \tilde{x}^j}
\]

is a \( n \times n \) dimensional matrix with determinant ("Jacobian") \( J = \det(a) \). If \( J \neq 0 \) in the point \( P \), we can invert the transformation,

\[
d\tilde{x}^i = \frac{\partial \tilde{x}^i}{\partial x^j} (dx^j) = a^i_j \, dx^j.
\]
The transformation matrices are inverse to each other, \( \tilde{a}_i^j a_k^j = \delta_k^i \). According to the product rule of determinants, \( J(a) = 1/J(\tilde{a}) \).

A contravariant vector \( X \) (or contravariant tensor of rank one) has a \( n \)-tupel of components that transforms as

\[
\tilde{X}^i = \frac{\partial \tilde{x}^i}{\partial x^j} X^j.
\] (3.6)

This definition guarantees that the tensor itself is an invariant object, since the transformation of its components is cancelled by the transformation of the basis vectors,

\[
X = X_i dx^i = \tilde{X}_i d\tilde{x}^i = \tilde{X}
\] (3.7)

By definition, a scalar field \( \phi \) remains invariant under a coordinate transformation, i.e. \( \phi(x) = \phi(\tilde{x}) \) at all points. Consider now the derivative of \( \phi \),

\[
\frac{\partial \phi(x(\tilde{x}))}{\partial \tilde{x}^i} = \frac{\partial x^j}{\partial \tilde{x}^i} \frac{\partial \phi}{\partial x^j} .
\] (3.8)

This is the inverse transformation matrix and we call a covariant vector (or covariant tensor of rank one) any \( n \)-tupel transforming as

\[
\tilde{X}_i = \frac{\partial x^j}{\partial \tilde{x}^i} X_j .
\] (3.9)

More generally, we call an object \( T \) that transforms as

\[
\tilde{T}^i_{j,...,m} = \frac{\partial \tilde{x}^i}{\partial x^j} \cdots \frac{\partial \tilde{x}^n}{\partial x^m} \frac{\partial x^{j'}}{\partial \tilde{x}^{i'}} \cdots \frac{\partial x^{m'}}{\partial \tilde{x}^{m'}} T^{i'}_{j',...,m'}
\] (3.10)

a tensor of rank \( (n,m) \).

**Dual basis** We defined earlier \( g_{ij} = e_i \cdot e_j \). Now we define a dual basis \( e^i \) with metric \( g^{ij} \) via

\[
e_i \cdot e^j = \delta^i_j .
\] (3.11)

We want to determine the relation of \( g^{ij} \) with \( g_{ij} \). First we set

\[
e^i = \tilde{A}^{ij} e_j ,
\] (3.12)

multiply then with \( e^k \) and obtain

\[
g^{ik} = e^i \cdot e^k = \tilde{A}^{ij} e_j \cdot e^k = \tilde{A}^{ik} .
\] (3.13)

Hence the metric \( g^{ij} \) maps covariant vectors \( X_i \) into contravariants vectors \( X^i \), while \( g_{ij} \) provides a map into the opposite direction. In the same way, we can use \( g \) to raise and lower indices of any tensor.

Next we multiply \( e^i \) with \( e_k = g_{kl} e^l \),

\[
\delta^i_k = e^i \cdot e_k = e^l \cdot g_{kl} e^l = g_{kl} g^{il}
\] (3.14)

or

\[
\delta^i_k = g_{kl} g^{li} .
\] (3.15)
3.2 Tensor analysis

Thus the components of the covariant and the contravariant metric tensors, $g_{ij}$ and $g^{ij}$, are inverse matrices of each other.

**Example: Spherical coordinates 1:**
Calculate for spherical coordinates $x = (r, \vartheta, \phi)$ in $\mathbb{R}^3$,

$$
x'_1 = r \sin \vartheta \cos \phi, \\
x'_2 = r \sin \vartheta \sin \phi, \\
x'_3 = r \cos \vartheta,
$$

the components of $g_{ij}$ and $g^{ij}$, and $g \equiv \det(g_{ij})$.

From $e_i = \partial x'^j / \partial x' e_j$, it follows

$$
e_1 = \frac{x_1}{\partial r} e'_j = \sin \vartheta \cos \phi e'_1 + \sin \vartheta \sin \phi e'_2 + \cos \vartheta e'_3, \\
e_2 = \frac{x_2}{\partial \vartheta} e'_j = r \cos \vartheta \cos \phi e'_1 + r \cos \vartheta \sin \phi e'_2 - r \sin \vartheta e'_3, \\
e_3 = \frac{x_3}{\partial \phi} e'_j = -r \sin \vartheta \sin \phi e'_1 + r \sin \vartheta \cos \phi e'_2.
$$

Since the $e_i$ are orthogonal to each other, the matrices $g_{ij}$ and $g^{ij}$ are diagonal. From the definition $g_{ij} = e_i \cdot e_j$ one finds $g_{ij} = \text{diag}(1, r^2, r^2 \sin^2 \vartheta)$ Inverting $g_{ij}$ gives $g^{ij} = \text{diag}(1, r^{-2}, r^{-2} \sin^{-2} \vartheta)$. The determinant is $g = \det(g_{ij}) = r^4 \sin^2 \vartheta$. Note that the volume integral in spherical coordinates is given by

$$
\int d^3 x' = \int d^3 x J = \int d^3 x \sqrt{g} = \int dr d\vartheta d\phi r^2 \sin \vartheta,
$$

since $g_{ij} = \frac{\partial x'^{k'}}{\partial x^i} \frac{\partial x^l}{\partial x'^j} g_{kl}$ and thus $\det(g) = J^2 \det(g') = J^2$ with $\det(g') = 1$.

### 3.2 Tensor analysis

Doing analysis on a manifold requires an additional structure that makes it possible to compare e.g. tangent vectors living in tangent spaces at different points of the manifold: A prescription is required how a vector should be transported from point $P$ to $Q$ in order to calculate a derivative. Mathematically, many different schemes are possible (and sensible), but we should require the following:

- Any derivative has to be linear and satisfy the Leibniz rule. In addition, a derivative of a tensor should be again a tensor. This may require a modification of the usual partial derivative; this modification should however vanish for a flat space.

- These conditions define the affine connection and the corresponding derivative discussed in the appendix. However, they do not fix the connection uniquely. One may add therefore the following 2 additional constraints:
  - The length of a vector should remain constant being transported along the manifold. (Think about the four velocity $|u| = 1$ or $|p| = m$.)
  - A vector should not be twisted “unnecessarily” being transported along the manifold.
3.2.1 Metric connection and covariant derivative

Relations like $ds^2 = g_{ik}dx^i dx^j$ or $g_{ik}p^i p^j = m^2$ become invariant under parallel transport only, if the metric tensor is covariantly constant,

$$\nabla_c g_{ab} = \nabla_c g^{ab} = 0.$$ (3.16)

A connection satisfying Eq. (3.16) is called metric compatible and leaves lengths and angles invariant under parallel transport. This requirement guarantees that we can introduce locally in the whole space-time Cartesian inertial coordinate systems where the laws of special relativity are valid. Moreover, these local inertial systems can be consistently connected by parallel transport using an affine connection satisfying the constraint 3.16.

Now we want to build in this constraint into a new, more specific definition of the covariant derivative: We consider again how a vector $V$ and its components $V^a = e^a \cdot V$ transform under a coordinate change. The derivative of a vector $V$ transforms as a tensor,

$$\partial_a V \rightarrow \tilde{\partial}_a V = \partial_x^{b} \partial_a V,$$ (3.17)

since $V$ is an invariant object. If we consider however its components $V^a = e^a \cdot V$, then the moving coordinate basis in curved space-time, $\partial_a e^b \neq 0$, introduces an additional term

$$\partial_a V^b = e^b \cdot (\partial_a V) + V \cdot (\partial_a e^b)$$ (3.18)

in the derivative $\partial_a V^b$. The first term $e^b \cdot (\partial_a V)$ transforms as a tensor, since both $e^b$ and $\partial_a V$ are tensors. This implies that the combination of the two remaining terms has to transform as tensor too, which we define as (new) covariant derivative

$$\nabla_a V^b \equiv e^b \cdot (\partial_a V) = \partial_a V^b - V \cdot (\partial_a e^b).$$ (3.19)

The first relation tells us that we can view the covariant derivative $\nabla_a V^b$ as the projection of $\partial_a V$ onto the direction $e^b$. The Leibniz rule applied to $\phi = X_a X^a$ implies that

$$\nabla_a V_b \partial_a V_b + V \cdot (\partial_a e_b).$$ (3.20)

If we expand now the partial derivative of the basis vectors as a linear combination of the basis vectors,

$$\partial_t e^k = -\Gamma^k_{ij} e^j, \text{ and } \partial_h e_k = \Gamma^j_{kl} e^j,$$ (3.21)

and call the coefficients connection coefficients, our two definitions of the covariant derivative seem to agree. However, we did not differentiate in (3.18) the “dot”, i.e. the scalar product. As a consequence, the connection defined by (3.21) will be compatible to the metric, while for a general affine connection the covariant derivative in (3.19) would contain an additional term proportional to $\nabla_a g^b_{bc}$.

Now we differentiate the definition of the metric tensor, $g_{ab} = e_a \cdot e_b$, with respect to $x^c$,

$$\partial_c g_{ab} = (\partial_c e_a) \cdot e_b + e_a \cdot (\partial_c e_b) = \Gamma^d_{ac} e_d \cdot e_b + e_a \Gamma^d_{bc} e_d =$$

$$\Gamma^d_{ac} g_{db} + \Gamma^d_{bc} g_{ad}.$$ (3.22)

(3.23)

We obtain two equivalent expression by a cyclic permutation of the indices $a, b, c$,

$$\partial_c g_{ca} = \Gamma^d_{cb} g_{da} + \Gamma^d_{cb} g_{cd}$$ (3.24)

$$\partial_a g_{bc} = \Gamma^d_{ac} g_{bd} + \Gamma^d_{ac} g_{cd}.$$ (3.25)

We obtain two equivalent expression by a cyclic permutation of the indices $a, b, c$,
We add the first two terms and subtract the last one. Using additionally the symmetries $\Gamma_{bc}^a = \Gamma_{cb}^a$ and $g_{ab} = g_{ba}$, the underlined terms cancel, and dividing by two we obtain

$$\frac{1}{2}(\partial_c g_{ab} + \partial_b g_{ac} - \partial_a g_{bc}) = \Gamma_{cb}^d g_{ad}. \quad (3.26)$$

Multiplying by $g^{ea}$ and relabeling indices gives as final result

$$\Gamma_{bc}^a \equiv \{^a_{bc}\} \equiv \frac{1}{2} g^{ad}(\partial_b g_{dc} + \partial_c g_{bd} - \partial_d g_{bc}). \quad (3.27)$$

This equation defines the Christoffel symbols $\{^a_{bc}\}$ (aka Levi-Civita connection aka Riemannian connection): It is the unique connection on a Riemannian manifold which is metric compatible and torsion-free (i.e. symmetric). Admitting torsion, on the RHS of Eq. (3.27) three permutations of the torsion tensor $T_{bc}^a$ would appear. Such a connection would be still be a metric connection, but not torsion-free.

We now check our claim that the connection (3.27) is metric compatible. First, we define

$$\Gamma_{abc} = g_{ad} \Gamma_{db}^c. \quad (3.28)$$

Thus $\Gamma_{abc}$ is symmetric in the last two indices. Then it follows

$$\Gamma_{abc} = \frac{1}{2}(\partial_b g_{ac} + \partial_c g_{ba} - \partial_a g_{bc}). \quad (3.29)$$

Adding $2\Gamma_{abc}$ and $2\Gamma_{bac}$ gives

$$2(\Gamma_{abc} + \Gamma_{bac}) = \partial_b g_{ac} + \partial_c g_{ba} - \partial_a g_{bc} \quad (3.30)$$

or

$$\partial_c g_{ab} = \Gamma_{abc} + \Gamma_{bac}. \quad (3.32)$$

Applying the general rule for covariant derivatives, Eq. (3.47), to the metric,

$$\nabla_c g_{ab} = \partial_c g_{ab} - \Gamma_{ac}^d g_{db} - \Gamma_{bc}^d g_{ad} = \partial_c g_{ab} - \Gamma_{bac} - \Gamma_{abc} \quad (3.33)$$

and inserting Eq. (3.32) shows that

$$\nabla_c g_{ab} = \nabla_c g^{ab} = 0. \quad (3.34)$$

Hence $\nabla_a$ commutes with contracting indices,

$$\nabla_c (X^a X_a) = \nabla_c (g_{ab} X^a X^b) = g_{ab} \nabla_c (X^a X^b) \quad (3.35)$$

and “conserves” the norm of vectors. (Exercise: Repeat these steps including torsion.)

Since we can choose for a flat space an Cartesian coordinate system, the connection coefficients are zero and thus $\nabla_a = \partial_a$. This suggests as general rule that physical laws valid in Minkowski space hold in general relativity, if one replace ordinary derivatives by covariant ones and $\eta_{ij}$ by $g_{ij}$.

\(^1\text{We showed that } g \text{ can be used to raise or to lower tensor indices, but } \Gamma \text{ is not a tensor.}\)
3 Basic differential geometry

3.2.2 Geodesics

A geodesic curve is the shortest or longest curve between two points on a manifold. Such a curve extremizes the action \( S(L) \) of a free particle, \( L = g_{ab}\dot{x}^{a}\dot{x}^{b} \), (setting \( m = 2 \) and \( \dot{x} = dx/d\sigma \), along the path \( x^{a}(\sigma) \). The parameter \( \sigma \) plays the role of time \( t \) in the non-relativistic case, while \( t \) become part of the coordinates. The Lagrange equations are

\[
\frac{d}{d\sigma} \frac{\partial L}{\partial (\dot{x}^{c})} - \frac{\partial L}{\partial x^{c}} = 0
\]

(3.36)

Only \( g \) depends on \( x \) and thus \( \partial L/\partial x^{c} = g_{ab,c}\dot{x}^{a}\dot{x}^{b} \). With \( \partial x^{a}/\partial \dot{x}^{b} = \delta_{b}^{a} \) we obtain

\[
g_{ab,c}\dot{x}^{a}\dot{x}^{b} = 2\frac{d}{d\sigma} (g_{ac,b}\dot{x}^{a}\dot{x}^{b} + g_{ac}\dot{x}^{a})
\]

(3.37)

or

\[
g_{ac}\dot{x}^{a} + \frac{1}{2}(2g_{ac,b} - g_{ab,c})\dot{x}^{a}\dot{x}^{b} = 0
\]

(3.38)

Next we rewrite the second term as

\[
2g_{ca,b}\dot{x}^{a}\dot{x}^{b} = (g_{ca,b} + g_{cb,a})\dot{x}^{a}\dot{x}^{b}
\]

(3.39)

multiply everything by \( g^{dc} \) and obtain

\[
\ddot{x}^{d} + \frac{1}{2}g^{dc}(g_{ab,c} + g_{ac,b} - g_{ab,c})\dot{x}^{a}\dot{x}^{b} = 0.
\]

(3.40)

We recognize the definition of the Levi-Civita connection and rewrite the equation of a geodesics as

\[
\dddot{x}^{c} + \Gamma^{c}_{ab}\ddot{x}^{a}\ddot{x}^{b} = 0
\]

(3.41)

The connection entering the equation for an extremal curve is the Levi-Civita connection, because we used the Lagrangian of a classical spinless particle.

This result justifies the use of a torsionless connection which is metric compatible: Although a star consists of a collection of individual particles carrying spin \( s_{i} \), its total spin sums up to zero, \( \sum_{i}s_{i} \approx 0 \), because the \( s_{i} \) are uncorrelated. Thus we can describe macroscopic matter in general relativity as a classical spinless point particle (or fluid, if extended). In such a case, only the symmetric part of the connection influences the geodesic motion of the considered system.

Example: Sphere \( S^{2} \). Calculate the Christoffel symbols of the two-dimensional unit sphere \( S^{2} \).

The line-element of the two-dimensional unit sphere \( S^{2} \) is given by \( ds^{2} = d\vartheta^{2} + \sin^{2}\vartheta d\phi^{2} \). A faster alternative to the definition (3.27) of the Christoffel coefficients is the use of the geodesic equation: From the Lagrange function \( L = g_{ab}\dot{x}^{a}\dot{x}^{b} = \dot{\vartheta}^{2} + \sin^{2}\phi \dot{\varphi}^{2} \) we find

\[
\frac{\partial L}{\partial \varphi} = 0 , \quad \frac{d}{dt} \frac{\partial L}{\partial \dot{\varphi}} = \frac{d}{dt}(2\sin^{2}\varphi \dot{\phi}) = 2\sin^{2}\varphi \dot{\phi} + 4 \cos \varphi \sin \varphi \dot{\vartheta} \dot{\phi},
\]

\[
\frac{\partial L}{\partial \vartheta} = 2 \cos \vartheta \sin \vartheta \dot{\phi}^{2} , \quad \frac{d}{dt} \frac{\partial L}{\partial \ddot{\vartheta}} = \frac{d}{dt}(2\ddot{\vartheta}) = 2\ddot{\vartheta}
\]

and thus the Lagrange equations are

\[
\ddot{\varphi} + 2 \cot \varphi \dot{\vartheta} \dot{\varphi} = 0 \quad \text{and} \quad \ddot{\vartheta} - \cos \vartheta \sin \vartheta \ddot{\phi}^{2} = 0.
\]

Comparing with the geodesic equation \( \dddot{x}^{c} + \Gamma^{c}_{\mu\nu}\ddot{x}^{\mu}\ddot{x}^{\nu} = 0 \), we can read off the non-vanishing Christoffel symbols as \( \Gamma^{\varphi}_{\varphi\psi} = \Gamma^{\varphi}_{\varphi\psi} = \cot \vartheta \) and \( \Gamma^{\vartheta}_{\varphi\psi} = - \cos \vartheta \sin \vartheta \). (Note that \( 2 \cot \vartheta = \Gamma^{\varphi}_{\varphi\psi} + \Gamma^{\varphi}_{\varphi\psi} \))
3. A Appendix: a bit more...

3. A.1 Affine connection and covariant derivative

Consider how the partial derivative of a vector field, $\partial_c X^a$, transforms under a change of coordinates,

$$\partial'_c X'^a = \frac{\partial x'^a}{\partial x^e} \partial_e (\partial x^e X^b) = \frac{\partial x'^a}{\partial x^e} \frac{\partial}{\partial x^d} (\partial x^a X^b)$$

$$= \frac{\partial x'^a}{\partial x^b} \frac{\partial x'^d}{\partial x^c} \partial_d X^b + \frac{\partial^2 x'^a}{\partial x^b \partial x^d} \partial_d X^b.$$  \hspace{1cm} (3.42)

The first term transforms as desired as a tensor of rank (1,1), while the second term—caused by the in general non-linear change of the coordinate basis—destroys the tensorial behavior. If we define a covariant derivative $\nabla_c X^a$ of a vector $X^a$ by requiring that the result is a tensor, we should set

$$\nabla_c X^a = \partial_c X^a + \Gamma^a_{bc} X^b.$$  \hspace{1cm} (3.44)

The $n^3$ quantities $\Gamma^a_{bc}$ ("affine connection") transform as

$$\Gamma'^a_{bc} = \frac{\partial x'^a}{\partial x^d} \frac{\partial x'^d}{\partial x^e} \frac{\partial x'^f}{\partial x^c} \Gamma_{ef} + \frac{\partial^2 x'^a}{\partial x^b \partial x^d} \frac{\partial x'^a}{\partial x^e}.$$  \hspace{1cm} (3.45)

Using $\nabla_c \phi = \partial_c \phi$ and requiring that the usual Leibniz rule is valid for $\phi = X_a X^a$ leads to

$$\nabla_c X_a = \partial_c X_a - \Gamma^b_{ac} X_b.$$  \hspace{1cm} (3.46)

For a general tensor, the covariant derivative is defined by the same reasoning as

$$\nabla_c T_{b...c} = \partial_c T_{b...c} + \Gamma^a_{dc} T_{b...a} + \ldots - \Gamma^b_{ac} T_{b...c} - \ldots.$$  \hspace{1cm} (3.47)

Note that it is the last index of the connection coefficients that is the same as the index of the covariant derivative. The plus sign goes together with upper (superscripts), the minus with lower indices.

From the transformation law (3.45) it is clear that the inhomogeneous term disappears for an antisymmetric combination of the connection coefficients $\Gamma$ in the lower indices. Thus this combination forms a tensor, called torsion,

$$T_{bc}^a = \Gamma^a_{bc} - \Gamma^a_{cb}.$$  \hspace{1cm} (3.48)

We consider only symmetric connections, $\Gamma^a_{bc} = \Gamma^a_{cb}$, or torsionless manifolds. We will justify this choice later, when we consider the geodesic motion of a classical particle.

Parallel transport We say a tensor $T$ is parallel transported along the curve $x(\sigma)$, if its components $T_{b...c}$ stay constant. In flat space, this means simply

$$\frac{d}{d\sigma} T_{b...c} = \frac{dx^c}{d\sigma} \partial_c T_{b...c} = 0.$$  \hspace{1cm} (3.49)
In curved space, we have to replace the normal derivative by a covariant one. We define the directional covariant derivative along $x(\sigma)$ as

$$\frac{D}{d\sigma} = \frac{dx^c}{d\sigma} \nabla_c.$$

Then a tensor is parallel transported along the curve $x(\sigma)$, if

$$\frac{D}{d\sigma} T^a_{b...} = \frac{dx^c}{d\sigma} \nabla_c T^a_{b...} = 0.$$

### 3.A.2 Riemannian normal coordinates

In a (pseudo-) Riemannian manifold, one can find in each point $P$ a coordinate system, called (Riemannian) normal or geodesic coordinates, with the following properties,

$$\tilde{g}_{ab}(P) = \eta_{ab},$$

$$\partial_c \tilde{g}_{ab}(P) = 0,$$

$$\tilde{\Gamma}^a_{bc}(P) = 0.$$

We proof it by construction. We choose new coordinates $\tilde{x}^a$ centered at $P$,

$$\tilde{x}^a = x^a - x^a_P + \frac{1}{2} \Gamma^a_{bc}(x^b - x^b_P)(x^c - x^c_P).$$

Here $\Gamma^a_{bc}$ are the connection coefficients in $P$ calculated in the original coordinates $x^a$. We differentiate

$$\frac{\partial \tilde{x}^a}{\partial x^d} = \delta^a_d + \Gamma^a_{db}(x^b - x^b_P).$$

Hence $\partial \tilde{x}^a / \partial x^d = \delta^a_d$ at the point $P$. Differentiating again,

$$\frac{\partial^2 \tilde{x}^a}{\partial x^d \partial x^e} = \Gamma^a_{db} \delta^b_e = \Gamma^a_{de}.$$

Inserting these results into the transformation law (3.45) of the connection coefficients, where we swap in the second term derivatives of $x$ and $\tilde{x}$,

$$\tilde{\Gamma}^a_{bc} = \frac{\partial \tilde{x}^a}{\partial x^d} \frac{\partial x^f}{\partial \tilde{x}^b} \frac{\partial x^g}{\partial \tilde{x}^c} \Gamma^d_{fg} - \frac{\partial^2 \tilde{x}^a}{\partial x^d \partial x^f} \frac{\partial x^d}{\partial \tilde{x}^b} \frac{\partial x^f}{\partial \tilde{x}^c}$$

yields

$$\tilde{\Gamma}^a_{bc} = \delta^a_d \delta^f_b \delta^g_c \Gamma^d_{fg} - \Gamma^a_{df} \delta^b_c \delta^g_f = \Gamma^a_{bc} - \Gamma^a_{bc}$$

or

$$\tilde{\Gamma}^a_{dc}(P) = 0.$$

Thus we have found a coordinate system with vanishing connection coefficients at $P$. By a linear transformation (that does not affect $g_{ab}$) we can bring finally $g_{ab}$ into the form $\eta_{ab}$: As required by the equivalence principle, we can introduce in each spacetime point $P$ a free-falling coordinate system in which physics is described by the known physical laws in the absence of gravity.

Note that the introduction of Riemannian normal coordinates is in general only possible, if the connection is symmetric: Since the antisymmetric part of the connection coefficients, the
torsion, transforms as a tensor, it can not be eliminated by a coordinate change. This implies not necessarily a contradiction to the equivalence principle, as long as the torsion is properly generated by source terms in the equation of motions of the matter fields. In particular, the spin current of fermions leads to non-zero torsion. As the elementary spins in macroscopic bodys cancel, torsion is in all relevant astrophysical and cosmological applications negligible. This justifies our choice of a symmetric connection.
4 Schwarzschild solution

In the next three chapters, we investigate the solutions of Einstein’s field equations that describe the gravitational field outside a spherical mass distribution. The metric valid for a static mass distribution was found by Karl Schwarzschild in 1915, only one month after the publication of Einstein’s field equations. A real understanding of the physical significance of the singularities contained in the solution was obtained only in the 1960s. The solution for a rotating mass distribution was found by Kerr only in 1963.

4.1 Spacetime symmetries and Killing vectors

A spacetime possesses a symmetry if it looks the same moving from a point $P$ along a vector field $\xi$ to a different point $\tilde{P}$. More precisely, we mean with “looking the same” that the metric tensor transported along $\xi$ remains the same. Thus the shifted metric $\tilde{g}_{\mu\nu}(\tilde{x})$ at the new point $\tilde{P}$ has to be the same function of its argument $\tilde{x}$ as the original metric $g_{\mu\nu}(x)$ of its argument $x$,

$$\tilde{g}_{\mu\nu}(x) = g_{\mu\nu}(x) \quad \text{for all } x.$$  

(4.1)

Note the difference to the definition of a scalar, $\tilde{\phi}(\tilde{x}) = \phi(x)$. In the latter case, we require that a scalar field has the same value at a point $P$ which in turn changes coordinates from $x$ to $\tilde{x}$.

Mathematically, the transport of a tensor $T$ along a vector field $\xi$ is described by the Lie derivative $L_\xi T$. Instead of introducing this new derivative (which we do not use later), we consider the change of the metric under an infinitesimal coordinate transformation,

$$\tilde{x}^\mu = x^\mu + \varepsilon \xi^\mu(x^\nu) + \mathcal{O}(\varepsilon^2).$$  

(4.2)

Then we can identify the translation $\xi^\mu$ with the vector field $\xi$ at $x$. Next we connect the metric tensor at the two different points by an Taylor expansion,

$$g_{\mu\nu}(\tilde{x}) = g_{\mu\nu}(x + \varepsilon \xi) = g_{\mu\nu}(x) + \varepsilon \xi^\alpha \partial_\alpha g_{\mu\nu}(x) + \mathcal{O}(\varepsilon^2).$$  

(4.3)

On the other hand, we can use the usual transformation law for a tensor of rank two under an arbitrary coordinate transformation,

$$\tilde{g}_{\mu\nu}(\tilde{x}) = \frac{\partial x^\alpha}{\partial \tilde{x}^\mu} \frac{\partial x^\beta}{\partial \tilde{x}^\nu} g_{\alpha\beta}(x),$$  

(4.4)

or, exchanging tilted and untilted quantities,

$$g_{\mu\nu}(x) = \frac{\partial \tilde{x}^\alpha}{\partial x^\mu} \frac{\partial \tilde{x}^\beta}{\partial x^\nu} \tilde{g}_{\alpha\beta}(\tilde{x}).$$  

(4.5)
If the transformation (4.2) is a spacetime symmetry, then \( \tilde{g}_{\mu\nu}(x) = g_{\mu\nu}(x) \). Evaluating the transformation matrices and inserting the Taylor expansion, we obtain

\[
\tilde{g}_{\mu\nu}(x) = \partial_{\tilde{x}^\alpha} \sum_{\beta} \partial_{\tilde{x}^\alpha} g_{\alpha\beta}(x) + O(\varepsilon^2) \tag{4.6}
\]

\[
\tilde{g}_{\mu\nu}(x) + \varepsilon [\partial_{\mu} \xi_{\nu} + \partial_{\nu} \xi_{\mu} + \xi^\alpha \partial_\alpha g_{\mu\nu}(x)] + O(\varepsilon^2) \tag{4.7}
\]

Thus the metric is kept invariant, if the condition

\[
\delta g_{\mu\nu} = \partial_{\mu} \xi_{\nu} + \partial_{\nu} \xi_{\mu} + \xi^\alpha \partial_\alpha g_{\mu\nu} = 0 \tag{4.8}
\]

is satisfied. Inserting Eq. (3.32) for the partial derivative of the metric tensor, we can combine the Christoffel symbols with the partial derivatives into covariant derivatives of the vector field, obtaining the Killing equation

\[
\delta g_{\mu\nu} = \nabla_{\mu} \xi_{\nu} + \nabla_{\nu} \xi_{\mu} = 0 \tag{4.9}
\]

Its solutions \( \xi \) are the Killing vector fields of the metric. Moving along a Killing vector field, the metric is kept invariant.

Since Eq. (4.9) is tensor equation, the previous Eq. (4.8) is also invariant under arbitrary coordinate transformations, although it contains only partial derivatives. Is is the Lie derivative of a tensor of rank two.

**Example:** Killing vectors of \( \mathbb{R}^3 \):

Choosing Cartesian coordinates, \( dl^2 = dx^2 + dy^2 + dz^2 \), makes it obvious that translations correspond to Killing vectors \( \xi_1 = (1,0,0) \), \( \xi_2 = (0,1,0) \), and \( \xi_3 = (0,0,1) \). We find the Killing vectors describing rotational symmetry by writing for an infinitesimal rotation around, e.g., the \( z \) axis,

\[
x' = \cos \alpha x - \sin \alpha y \approx x - \alpha y ,
\]

\[
y' = \sin \alpha x + \cos \alpha y \approx y + \alpha x ,
\]

\[
z' = z .
\]

Hence \( \xi_z = (-y,x,0) \) and the other two follow by cyclic permutation. One of them, \( \xi_z \), we could have also identified by rewriting the line-element in spherical coordinates and noting that \( dl \) does not contain \( \phi \) dependent terms.

**Conserved quantities along geodesics** Assume that the metric is independent from one coordinate, e.g. \( x^0 \). Then there exists a corresponding Killing vector, \( \xi = (1,0,0,0) \), and \( x^0 \) is a cyclic coordinate, \( \partial L/\partial x^0 = 0 \). With \( L = d\tau/d\sigma \), the resulting conserved quantity \( \partial L/\partial \dot{x}^0 = \text{const.} \) can be written as

\[
\frac{\partial L}{\partial \dot{x}^0} = \frac{g_{00}}{L d\sigma} \dot{x}^\beta \frac{dx^\beta}{d\tau} = \frac{g_{00}}{L d\sigma} \dot{x}^\beta \frac{dx^\beta}{d\tau} = \xi \cdot u . \tag{4.10}
\]

Hence the quantity \( \xi \cdot u \) is conserved along the solutions \( x^\mu(\sigma) \) of the Lagrange equation, i.e. along geodetics.

---

1This equation is a much stronger constraint than it looks like: its solutions are uniquely determined by the value at a single point.
4 Schwarzschild solution

4.2 Schwarzschild metric

The metric outside of a radial-symmetric mass distribution is given in Schwarzschild coordinates as

\[ ds^2 = dt^2 \left( 1 - \frac{2M}{r} \right) - \frac{dr^2}{1 - 2M/r} - r^2(d\theta^2 + \sin^2 \theta d\phi^2). \]  

(4.11)

Its main properties are

- symmetries: The metric is time-independent and spherically symmetric. Hence two (out of the four) Killing vectors are \( \xi = (1, 0, 0, 0) \) and \( \eta = (0, 0, 0, 1) \), where we order coordinates as \( \{t, r, \phi, \theta\} \).
- asymptotically flat: we recover Minkowski space for \( M/r \to \infty \).
- the metric is diagonal.
- potential singularities at \( r = 2M \) and \( r = 0 \). The radius \( 2M \) is called Schwarzschild radius and has the value

\[ R_s = \frac{2GM}{c^2} = 3 \text{ km} \left( \frac{M}{M_\odot} \right) \]  

(4.12)

- At \( R_s \), the coordinate \( t \) becomes space-like, while \( r \) becomes time-like.

4.3 Gravitational redshift

**Redshift formula**  According to Eq. (1.49), an observer with four-velocity \( u_{\text{obs}} \) measures the frequency

\[ \omega = p \cdot u_{\text{obs}} \]  

(4.13)

of a photon with four-momentum \( p \). For an observer at rest,

\[ u_{\text{obs}} \cdot u_{\text{obs}} = 1 = g_{tt}(ut)^2. \]  

(4.14)

Hence

\[ u_{\text{obs}} = (1 - 2M/r)^{-1/2} \xi. \]  

(4.15)

Inserting this into (4.13), we find for the frequency measured by an observer at position \( r \),

\[ \omega(r) = (1 - 2M/r)^{-1/2} \xi \cdot p. \]  

(4.16)

Since \( \xi \cdot p \) is conserved and \( \omega_\infty = \xi \cdot p \), we obtain

\[ \omega_\infty = \omega(r) \sqrt{1 - \frac{2M}{r}}. \]  

(4.17)

Thus a photon climbing out of the potential wall of the mass \( M \) looses energy, in agreement with the principle of equivalence. The information sent towards an observer at infinity by a spaceship falling towards \( r = 2M \) will be more and more redshifted, with \( \omega \to 0 \) for \( r \to 2M \). This indicates that \( r = 2M \) is an event horizon hiding all processes inside from the outside.

If \( M/r \ll 1 \), we can expand the square root. Inserting also \( G \) and \( c \), we find

\[ \omega_\infty \approx \omega(r) \left( 1 - \frac{GM}{r c^2} \right) = \omega(r) \left( 1 - \frac{V_N}{c^2} \right), \]  

(4.18)

where \( V_N \) is the Newtonian potential.
4.4 Orbits of massive particles

Radial equation and effective potential for massive particles  Spherically symmetry means that the movement of a test particle is contained in a plane. We choose $\vartheta = \pi/2$ and $u_\vartheta = 0$. We replace in the normalization condition $u \cdot u = 1$ written out for the Schwarzschild metric,

$$1 = \left(1 - \frac{2M}{r}\right) \left(\frac{dt}{d\tau}\right)^2 - \left(1 - \frac{2M}{r}\right)^{-1} \left(\frac{dr}{d\tau}\right)^2 - r^2 \left(\frac{d\varphi}{d\tau}\right)^2,$$

(4.19)

the velocities $u_t$ and $u_r$ by the conserved quantities

$$e \equiv \xi \cdot u = \left(1 - \frac{2M}{r}\right) \frac{dt}{d\tau}$$

(4.20)

$$l \equiv -\eta \cdot u = r^2 \sin \vartheta \frac{d\varphi}{d\tau}.$$  (4.21)

Setting then $A = 1 - 2M/r$, we find

$$1 = \frac{e^2}{A} - \frac{1}{A} \left(\frac{dr}{d\tau}\right)^2 - \frac{l^2}{r^2}.  \quad (4.22)$$

We want to rewrite this equation in a form similar to the energy equation in the Newtonian case. Multiplying by $A/2$ makes the $dr/d\tau$ term similar to a kinetic energy term. Bringing also all constant terms on the LHS and calling them $E \equiv (e^2 - 1)/2$, we obtain

$$E \equiv \frac{e^2 - 1}{2} = \frac{1}{2} \left(\frac{dr}{d\tau}\right)^2 + V_{\text{eff}} \quad (4.23)$$

with

$$V_{\text{eff}} = -\frac{M}{r} + \frac{l^2}{2r^2} - \frac{Ml^2}{r^3} = V_0 - \frac{Ml^2}{r^3}. \quad (4.24)$$

Hence the energy\(^2\) of a test particle in the Schwarzschild metric can be, as in the Newtonian case, divided into kinetic energy and potential energy. The latter contains the additional term $Ml^2/r^3$, suppressed by $1/e^2$, that becomes important at small $r$.

The asymptotic behavior of $V_{\text{eff}}$ for $r \to 0$ and $r \to \infty$ is

$$V_{\text{eff}}(r \to \infty) \to -\frac{M}{r} \quad \text{and} \quad V_{\text{eff}}(r \to 0) \to -\frac{Ml^2}{r^3}, \quad (4.25)$$

while the potential at the Schwarzschild radius, $V(2M) = 1/2$, is independent of $M$.

We determine the extrema of $V_{\text{eff}}$ by solving $dV_{\text{eff}}/dr = 0$ and find

$$r_{1,2} = \frac{l^2}{2M} \left[1 \pm \sqrt{1 - \frac{12Ml^2}{l^2}}\right] \quad (4.26)$$

Hence the potential has no extrema for $M/l > \sqrt{12}$ and is always negative: A particle can reach $r = 0$ for small enough but finite angular momentum, in contrast to the Newtonian case. By the same argument, there exists a last stable orbit at $r = 6M$, when the two extrema $r_1$ and $r_2$ coincide for $M/l = \sqrt{12}$.

The orbits can be classified according the relative size of $E$ and $V_{\text{eff}}$ for a given $l$:

\(^2\)More precisely, $e$ and $l$ are the energy and the angular momentum per unit mass. Thus the -1 in $E$ corresponds to the rest mass of the test particle.
Bound orbit exists for \( E < 0 \). Two circular orbits, one stable at the minimum of \( V_{\text{eff}} \) and an unstable one at the maximum of \( V_{\text{eff}} \); orbits that oscillate between the two turning points.

Scattering orbit exists for \( E > 0 \): If \( E > \max\{V_{\text{eff}}\} \), the particle hits after a finite time the singularity \( r = 0 \). For \( 0 < E < \max\{V_{\text{eff}}\} \), the particle turns at \( E = \max\{V_{\text{eff}}\} \) and escapes to \( r \to \infty \).

We derive below a differential equation for \( r(\phi) \), from which the orbits in the Schwarzschild metric can be calculated. For the lazy student, several webpages exist where such orbits can be visualised, see e.g. http://www.fourmilab.ch/gravitation/orbits/.

**Radial infall** We consider the free fall of a particle that is at rest at infinity, \( dt/d\tau = 1 \), \( E = 0 \) and \( l = 0 \). The radial equation (4.23) simplifies to

\[
\frac{1}{2} \left( \frac{dr}{d\tau} \right)^2 = \frac{M}{r} \tag{4.27}
\]

and can be integrated by separation of variables,

\[
\int_r^0 dr r^{1/2} = \sqrt{2M} \int_{\tau_*}^\tau d\tau \tag{4.28}
\]

with the result

\[
\frac{2}{3} r^{3/2} = \sqrt{2M}(\tau_* - \tau). \tag{4.29}
\]

Hence a freely falling particle needs only a finite proper-time to fall from finite \( r \) to \( r = 0 \). In particular, it passes the Schwarzschild radius \( 2M \) in finite proper time.

We can answer the same question using the coordinate time \( t \) by combining Eqs. (4.20) [with \( E = 0 \) and thus \( e = 1 \)] and (4.27),

\[
\frac{dt}{dr} = - \left( \frac{2M}{r} \right)^{-1/2} \left( 1 - \frac{2M}{r} \right)^{-1}. \tag{4.30}
\]
Integrating gives

\[ t = \int \frac{dr}{\left(\frac{2M}{r}\right)^{1/2} \left(1 - \frac{2M}{r}\right)}^{-1} \]

\[ = t' + 2M \left\{ -\frac{2}{3} \left(\frac{r}{2M}\right)^{3/2} - 2 \left(\frac{r}{2M}\right)^{1/2} + \ln \left| \frac{\sqrt{r/2M} + 1}{\sqrt{r/2M} - 1} \right| \right\} \]  \hspace{1cm} (4.31)

\[ \rightarrow \infty \quad \text{for} \quad r \rightarrow 2M. \]

Since the coordinate time \( t \) equals the proper-time for an observer at infinity, a freely falling particle reaches the Schwarzschild radius \( r = 2M \) only for \( t \rightarrow \infty \) for such an observer.

The last result can be derived immediately for light-rays. Choosing a light-ray in radial direction with \( d\phi = d\theta = 0 \), the metric (4.11) simplifies with \( ds^2 = 0 \) to

\[ \frac{dr}{dt} = 1 - \frac{2M}{r}. \]  \hspace{1cm} (4.32)

Thus light travelling towards the star, as seen from the outside, will travel slower and slower as it comes closer to the Schwarzschild radius \( r = 2M \). The coordinate time is \( \propto \ln |1 - 2M/r| \) and thus for an observer at infinity the signal will reach \( r = 2M \) again only asymptotically for \( t \rightarrow \infty \).

**Perihelion precession** We recall first the derivation of the law of motion \( r = r(\phi) \) in the Newtonian case. We solve the Lagrange equations for \( L = (1/2)mr^2 + m\dot{r}^2 + GMm/r \), obtaining

\[ r^2\dot{\phi} = l, \]  \hspace{1cm} (4.33)

\[ \ddot{r} = \frac{l}{r^3} - \frac{GM}{r^2}. \]  \hspace{1cm} (4.34)

We eliminate \( t \) by

\[ \frac{dr}{dt} = \frac{dr}{d\phi} \frac{d\phi}{dt} = \frac{dr}{d\phi} \frac{l}{r^2} \equiv \frac{r'}{r^2} \]  \hspace{1cm} (4.35)

and introduce \( u = 1/r \),

\[ u'' + u = \frac{GM}{l^2}. \]  \hspace{1cm} (4.36)

The solution follows as

\[ u = \frac{GM}{l^2} (1 + e \cos \phi). \]  \hspace{1cm} (4.37)

We redo the same steps, starting from Eq. (4.23) for the Schwarzschild metric,

\[ \dot{r}^2 + \frac{l^2}{r^2} = e^2 - 1 + \frac{2M}{r} - \frac{2Ml^2}{r^3}. \]  \hspace{1cm} (4.38)

We eliminate first \( t \) and introduce then \( u = 1/r \),

\[ (u')^2 + u^2 = \frac{e^2 - 1}{l^2} + \frac{2Mu}{l^2} + 2Mu^3. \]  \hspace{1cm} (4.39)
We can transform this into a linear differential equation differentiating with respect to $\phi$. Thereby we eliminate also the constant $(e^2 - 1)/l^2$, and dividing\(^3\) by $2u'$ it follows

$$u'' + u = \frac{M}{l^2} + 3M u^2 = \frac{GM}{l^2} + \frac{3GM}{c^2} u^2.$$  \hspace{1cm} (4.40)

In the last step we reintroduced $c$ and $G$. Hence we see that the Newtonian limit corresponds to $c \to \infty$ ("instantaneous interactions") or $u/c \to 0$ ("static limit"). The latter statement becomes clear, if one uses the virial theorem: $GMu = GM/r \sim u^2$.

In most situations, the relativistic correction is tiny. We use therefore perturbation theory to determine an approximate solution, setting $u = u_0 + \delta u$, where $u_0$ is the Newtonian solution. Inserting $u$ into Eq. (4.40), we obtain

$$(\delta u)'' + \delta u = \frac{3(GM)^3}{c^2l^4}(u_0^2 + 2u_0\delta u + \delta u^2).$$ \hspace{1cm} (4.41)

Here we used that $u_0$ solves the Newtonian equation of motion (4.36). Keeping on the RHS only the leading term $u_0^2$ results in

$$(\delta u)'' + \delta u = \frac{3(GM)^3}{c^2l^4}(1 + 2e \cos \phi + e^2 \cos^2 \phi).$$ \hspace{1cm} (4.42)

Its solution is

$$\delta u = \frac{3(GM)^3}{c^2l^4} \left[1 + e \phi \sin \phi + e^2 \left(\frac{1}{2} - \frac{1}{6} \cos(2\phi)\right)\right].$$ \hspace{1cm} (4.43)

The solution of the linear inhomogeneous differential equation (4.42) is found by adding the particular solutions of the three inhomogeneous terms. With $A, B$ and $C$ being constant, it is

$$u'' + u = A \quad \Rightarrow \quad u = A,$$ \hspace{1cm} (4.44)

$$u'' + u = B \cos \phi \quad \Rightarrow \quad u = \frac{1}{2}B\phi \sin \phi,$$ \hspace{1cm} (4.45)

$$u'' + u = C \cos^2 \phi \quad \Rightarrow \quad u = \frac{1}{2}C - \frac{1}{6} \cos(2\phi).$$ \hspace{1cm} (4.46)

While the first and third term in the square bracket lead only to extremely tiny changes in the orbital parameters, the second term is linear in $\phi$ and its effect accumulates therefore with time. Thus we include only $\delta u \propto e\phi \sin \phi$ in the approximate solution. Introducing $\alpha = 3(GM)^2/(cl)^2 \ll 1$ and employing

$$\cos[\phi(1 - \alpha)] = \cos \phi \cos(\alpha \phi) + \sin \phi \sin(\alpha \phi) \simeq \cos \phi + \alpha \phi \sin \phi,$$ \hspace{1cm} (4.47)

we find

$$u = u_0 + \delta u \simeq \frac{GM}{l^2}[1 + e(\cos \phi + \alpha \sin \phi)] \simeq \frac{GM}{l^2}[1 + e \cos(\phi(1 - \alpha))].$$ \hspace{1cm} (4.48)

Hence the period is $\frac{2\pi}{1 - \alpha}$, and the ellipse processes with

$$\Delta \phi = \frac{2\pi}{1 - \alpha} - 2\pi \simeq 2\pi\alpha = \frac{6\pi(GM)^2}{(lc)^2} = \frac{6\pi GM}{a(1 - e^2)c^2}.$$ \hspace{1cm} (4.49)

\(^3\)The case $u' = 0$ corresponds to radial infall treated in the previous section.
The effect increases for orbits with small major axis $a$ and large eccentricity $e$. Urbain Le Verrier first recognized in 1859 that the precession of the Mercury’s perihelion deviates from the Newtonian prediction: Perturbations by other planets lead to $\Delta \phi = 532.3''$/century, compared to the observed value of $\Delta \phi = 574.1''$/century. The main part of the discrepancy is explaind by the effect of Eq. (4.49), predicting a shift of $\Delta \phi = 43.0''$/century. (Tiny additional corrections are induced by the quadrupole moment of the Sun (0.02$''$/century) and the Lens-Thirring effect (–0.002$''$/century)).

4.5 Orbits of photons

We repeat the discussion of geodesics for massive particle for massless ones by changing $u \cdot u = 1$ into $u \cdot u = 0$ and by using an affine parameter $\lambda$ instead of the proper-time $\tau$. Reordering gives

$$\frac{1}{b^2} = \frac{e^2}{l^2} = \frac{1}{l^2} \left( \frac{dr}{d\lambda} \right)^2 + W_{\text{eff}}$$

with the impact parameter $b = |l/e|$ and

$$W_{\text{eff}} = \frac{1}{r^2} \left( 1 - \frac{2M}{r} \right).$$

The radial equation (4.50) is invariant under reparametrisations of the affine parameter, $\lambda \rightarrow A\lambda + B$, since the change cancels both in $b$ and $l d\lambda$. Consequently, the orbit of a photon does not depend seperately on the energy $e$ and the angular momentum $l$, but only on the impact parameter $b$ of the photon.

The maximum of $W_{\text{eff}}$ is at $3M$ with height $1/27M^2$. For impact parameters $b > 27M$, photon orbits have a turning point and photons escape to infinity. For $b < 27M$, they hit $r = 0$, while for $b = 27M$ a (unstable) circular orbit is possible.

**Light deflection** We transform Eq. (4.50) as in the $m > 0$ case into a differential equation for $u(\phi)$. For small deflections, we use again perturbation theory. In zeroth order in $v/c$, we can set the RHS of

$$u'' + u = \frac{3GM}{c^2} u^2$$

(4.52)

to zero. The solution $u_0$ is a straight line,

$$u_0 = \frac{\sin \phi}{b}.$$

(4.53)

Inserting $u = u_0 + \delta u$ gives

$$(\delta u)'' + \delta u = \frac{3GM}{c^2} \frac{\sin^2 \phi}{b^2}.$$  

(4.54)

A particular solution is

$$\delta u = \frac{3GM}{2c^2b^2} \left( 1 + 1/3 \cos(2\phi) \right).$$

(4.55)

Thus the complete approximate solution is

$$u = u_0 + \delta u = \frac{\sin \phi}{b} + \frac{3GM}{2c^2b^2} \left( 1 + 1/3 \cos(2\phi) \right).$$

(4.56)
Considering the limit $r \to \infty$ or $u \to 0$ of this equation gives half of the deflection angle of a light-ray with impact parameter $b$ to a point mass $M$,

$$\Delta \phi = \frac{4GM}{c^2 b} = \frac{2R_s}{b}. \quad (4.57)$$

For a light-ray grazing the Solar surface, $b = R_\odot$, we obtain as numerical estimate

$$\Delta \phi_\odot = \frac{4GM_\odot}{c^2 R_\odot} = \frac{2R_s}{R_\odot} \approx 10^{-5} \approx 2''.$$

(4.58)


**Shapiro effect**

Shapiro suggested to use the time-delay of a radar signal as test of general relativity. Suppose we send a radar signal from the Earth to Venus where it is reflected back to Earth. The point $r_0$ of closest approach to the Sun is characterized by $\frac{dr}{dt}|_{r_0} = 0$.

Rewriting Eq. (4.50) as

$$\dot{r}^2 + \frac{l^2}{r^2} \left(1 - \frac{2M}{r}\right) = e^2$$

and introducing the Killing vector $e$ in $\dot{r}^2$,

$$\dot{r}^2 = \left(\frac{dr}{dt}\frac{d\lambda}{dt}\right)^2 = \frac{e^2}{(1 - 2M/r)^2} \left(\frac{dr}{dt}\right)^2,$$

we find

$$\frac{1}{(1 - 2M/r)^2} \left(\frac{dr}{dt}\right)^2 + \frac{l^2}{e^2 r^2} - \frac{1}{1 - 2M/r} = 0. \quad (4.61)$$

We now evaluate this equation at the point of closest approach, i.e. for $\frac{dr}{dt}|_{r_0} = 0$,

$$\frac{l^2}{e^2} = \frac{r_0^2}{1 - 2M/r}, \quad (4.62)$$

and use this equation to eliminate $l^2/e^2$ in (4.61). Then we obtain

$$\frac{dr}{dt} = \frac{1}{1 - 2M/r} \left[1 - \frac{r_0^2 (1 - 2M/r)}{r^2 (1 - 2M/r_0)}\right]^{1/2} \quad (4.63)$$

or

$$t(r, r_0) = \int_{r_0}^{r} \frac{dr}{1 - 2M/r} \left[1 - \frac{r_0^2 (1 - 2M/r)}{r^2 (1 - 2M/r_0)}\right]^{-1/2}. \quad (4.64)$$

Next we expand this expression in $M/r \ll 1$,

$$t(r, r_0) = \int_{r_0}^{r} \frac{dr}{(r^2 - r_0^2)^{1/2}} \left[1 - \frac{2M}{r} + \frac{Mr_0}{r(r + r_0)}\right] \quad (4.65)$$

$$= \left(\frac{r^2 - r_0^2}{c^3}\right)^{1/2} + \frac{2GM}{c^3} \ln \left[\frac{r + (r^2 - r_0^2)^{1/2}}{r_0}\right] + \frac{GM}{c^3} \left(\frac{r - r_0}{r + r_0}\right)^{1/2}, \quad (4.66)$$

where we restored also $G$ and $c$ in the last step. The first term corresponds to straight line propagation and thus the excess time $\Delta t$ is given by the second and third term. Finally, we
4.6 Post-Newtonian parameters

In order to search for deviations from general relativity one uses the post-Newtonian approximation, i.e. an expansion around the Minkowski space. Any spherically symmetric, static spacetime can be expressed as

\[ ds^2 = A(r)dt^2 - B(r)dr^2 - r^2(d\vartheta^2 + \sin^2\vartheta d\phi^2) \]  

with two unknown functions \( A(r) \) and \( B(r) \). Since the only available length is \( R_g \), \( A \) and \( B \) can be expanded as power series in \( r/R_g \),

\[
A(r) = 1 + a_1 r/R_g + a_2 (r/R_g)^2 + \ldots = 1 - \frac{2GM}{c^2 r} + 2(\beta - \gamma) \left( \frac{2GM}{c^2 r} \right)^2 + \ldots \quad (4.69)
\]

\[
B(r) = 1 + b_1 r/R_g + b_2 (r/R_g)^2 + \ldots = 1 + \gamma \frac{2GM}{c^2 r} + \ldots \quad (4.70)
\]

Agreement with Newtonian gravity is achieved, if the only non-zero expansion coefficient \( a_1 \) equals two, i.e. for \( A = 1 - 2GM/(rc^2) \) and \( B = 1 \). Searching for deviations from GR, one keeps therefore \( a_1 = 2 \) fixed and introduces the “post-Newtonian” parameter \( \beta \) and \( \gamma \) such that agreement with Einstein gravity is achieved for \( \gamma = 1 \) and \( \beta = 0 \). The predictions...
for the three classical tests of GR we have discussed can be redone using the metric (4.69). Alternative theories of gravity predict the numerical values of the post-Newtonian parameters and can thereby easily compared to experimental results.

4.A Appendix: General stationary isotropic metric
5 Gravitational lensing

One distinguishes three different cases of gravitational lensing, depending on the strength of the lensing effect:

1. Strong lensing occurs when the lens is very massive and the source is close to it: In this case light can take different paths to the observer and more than one image of the source will appear, either as multiple images or deformed arcs of a source. In the extreme case that a point-like source, lens and observer are aligned the image forms an “Einstein ring”.

2. Weak Lensing: In many cases the lens is not strong enough to form multiple images or arcs. However, the source can still be distorted and its image may be both stretched (shear) and magnified (convergence). If all sources were well known in size and shape, one could just use the shear and convergence to deduce the properties of the lens.

3. Microlensing: One observes only the usual point-like image of the source. However, the additional light bent towards the observer leads to brightening of the source. Thus microlensing is only observable as a transient phenomenon, when the lens crosses approximately the axis observer-source.

Lens equation  We consider the simplest case of a point-like mass $M$, the lens, between the observer $O$ and the source $S$ as shown in Fig. 5.1. The angle $\beta$ denotes the (unobservable) angle between the true position of the source and the direction to the lens, while $\vartheta_{\pm}$ are the angles between the image positions and the source. The corresponding distances $D_{OS}$, $D_{OL}$, and $D_{LS}$ are also depicted in Fig. 5.1 and, since $D_{OS}+D_{LS}=D_{OL}$ does not hold in cosmology, we keep all three distances. Finally, the impact parameter $b$ is as usual the smallest distance between the light-ray and the lens.

Then the lens equation in the “thin lens” ($b \ll D_{l}$) and weak deflection ($\alpha \ll 1$) limit follows from $\overline{AB} = \overline{OS} + \overline{SB}$ as

$$\vartheta D_{os} = \alpha D_{ls} + \beta D_{os}. \quad (5.1)$$

The thin lens approximation implies $\vartheta \ll 1$, and since $\beta < \vartheta$, also $\beta$ is small. Solving for $b$ and inserting for the deflection angle $\alpha = \frac{4GM}{c^2 b}$ as well as $b = \vartheta D_{ol}$, we find first

$$\beta = \vartheta - \frac{4GM}{c^2} \frac{D_{ls}}{D_{os} D_{ol} \vartheta}. \quad (5.2)$$

Multiplying by $\vartheta$, we obtain then a quadratic equation,

$$\vartheta^2 - \beta \vartheta - \vartheta E = 0, \quad (5.3)$$

where we introduced the Einstein angle

$$\vartheta E = \left(2R S \frac{D_{ls}}{D_{os} D_{ol}}\right)^{1/2}. \quad (5.4)$$
Figure 5.1: The source S that is off the optical axis OL by the angle $\beta$ appears as two images on opposite sides from the optical axis OL. The two images are separated by the angles $\vartheta_{\pm}$ from the optical axis O.

The two images of the source are deflected by the angles

$$\vartheta_{\pm} = \frac{1}{2}[\beta \pm (\beta^2 + 4\vartheta_E^2)^{1/2}]$$

(5.5)

from the line-of-sight to the lens. If we do not know the lens location, measuring the separation of two lenses images, $\vartheta_{+} + \vartheta_{-}$, provides only an upper bound on the lens mass. If observer, lens and source are aligned, then symmetry implies that $\vartheta_{+} = \vartheta_{-} = \vartheta_E$, i.e. the image becomes a circle with radius $\vartheta_E$. Deviations from this perfectly symmetric situations break the circle into arcs as shown in an image of the galaxy cluster Abell 2218 in Fig. 5.2.

For a numerical estimate of the Einstein angle in case of a stellar object in our own galaxy, we set $M = M_\odot$ and $D_{ls}/D_{ls} \approx 1/2$ and obtain

$$\vartheta_E = 0.64" \times 10^{-4} \left(\frac{M}{M_\odot} \frac{D_{ls}}{10 \text{ kpc}}\right)^{1/2}.$$

(5.6)

The numerical value of order $10^{-4}$ of an arc-second for the deflection led to the name “microlensing.”

**Magnification** Without scattering or absorption of photons, the conservation of photon number implies that the intensity along the trajectory of a light-ray stays constant,

$$\frac{2}{h^3} f(x, p) = \frac{dN}{d^3x \, d^3p} = \frac{dN}{dA \, dt \, d\Omega \, dE} = \frac{I}{h c p^2}.$$

(5.7)

In particular, we found that the observed intensity $I$ equals the surface brightness $B$ of the source: The $F \propto 1/r^2$ law follows since the solid angle $d\Omega$ seen by a detector of size $A$ decreases as $1/r^2$.

---

1 We define here intensity as connected to the energy flux $F$, while often the particle flux is used.
Gravity can affect this result in two ways: First, gravity can redshift the frequency of photons, $\nu_{sr} = \nu_{\text{obs}}(1 + z)$. This can be either the gravitational redshift as in Sec. (4.3) or a cosmological redshift due to the expansion of the universe (that will be discussed in Sec. 10.2). Thus the intensity $I_{\text{obs}}$ at the observed frequency photons $\nu_{\text{obs}}$ is the emitted intensity evaluated at $\nu_{\text{obs}}(1 + z)$ and reduced by $(1 + z)^3$,

$$I_{\text{obs}}(\nu_{\text{obs}}) = \frac{I(\nu_{sr})}{(1 + z)^3}.$$  

(5.8)

In both cases, this redshift depends only on the initial and the final point of the photon trajectory, but not on the actual path in-between. Thus the redshift cancels if one considers the relative magnification of a source by gravitational lensing.

Second, gravitational lensing affects the solid angle the source is seen in a detector of fixed size. As a result, the apparent brightness of a source increases proportionally to the increase of the visible solid angle, if the source cannot be resolved as a extended object (cf. Sec...). Hence we can compute the magnification of a source by calculating the ratio of the solid angle visible without and with lensing.

In Fig. 5.3, we sketch how the two lensed images are stretched: An infinitesimal small surface element $2\pi \sin \beta d\beta d\phi \approx 2\pi \beta d\beta d\phi$ of the unlensed source becomes in the lense plane $2\pi \vartheta_{\pm} d\vartheta_{\pm} d\phi$. Thus the images are tangentially stretched by $\vartheta_{\pm}/\beta$, while the radial size is changed by $d\vartheta_{\pm}/d\beta$. Thus the magnification $a_{\pm}$ of the source is

$$a_{\pm} = \frac{\vartheta_{\pm} d\vartheta_{\pm}}{\beta d\beta}.$$  

(5.9)

Differentiating Eq. (5.5) gives

$$\frac{d\vartheta_{\pm}}{d\beta} = \frac{1}{2} \left[ 1 \pm \frac{\beta}{(\beta^2 + 4\vartheta_E^2)^{1/2}} \right]$$  

(5.10)
5 Gravitational lensing

and thus

$$a_{\text{tot}} = a_+ + a_- = \frac{x^2 + 2}{x(x^2 + 4)^{1/2}} > 1 \quad (5.11)$$

with $x = \beta/\vartheta_E$. For large separation $x$, the magnification $a_{\text{tot}}$ goes to one, while the magnification diverges for $x \to 0$ as $a_{\text{tot}} \sim 1/x$: In this limit we would receive light from an infinite number of images on the Einstein circle. Physically, the approximation of a point source breaks down when $x$ reaches the extension of the source. Since $a_{\text{tot}}$ is larger than one, gravitational lensing always increases the total flux observed from a lensed source, facilitating the observation of very faint objects. As compensation, the source appears slightly dimmed to all those observers who do not see the source lensed.

Two important applications of gravitational lensing are the search for dark matter in the form of black holes or brown dwarfs in our own galaxy by microlensing and the determination of the value of the cosmological constant by weak lensing observations.

In microlensing experiments that have tried to detect dark matter in the form of MACHOs (black holes, brown dwarfs, ...) one observed stars of the LMC. If a MACHO with speed $v \approx 220 \text{ km/s}$ moves through the line-of-sight of a monitored star, its light-curve is magnified temporally. If $v$ is the perpendicular velocity of the source,

$$\beta(t) = \left[\beta_0^2 + \frac{v^2}{D_{\odot}^2} (t - t_0)^2 \right]^{1/2} \quad (5.12)$$

The magnification $a(t)$ is symmetric around $t_0$ and its shape can be determined inserting typical values for $D_{\odot}$, the MACHO mass.
6 Black holes

A black hole is a solution of Einstein’s equations containing a physical singularity which in turn is covered by an event horizon. Such a horizon acts classically as a perfect unidirectional membrane which any causal influence can cross only towards the singularity.

Some definitions: A conformal transformation of the metric,

\[ g_{\mu\nu}(x) \to \tilde{g}_{\mu\nu}(x) = \Omega^2(x)g_{\mu\nu}(x). \]  

(6.1)

changes distances, but keeps angles invariant. Thus the causal structure of two conformally related spacetimes is identical.

A spacetime is called conformally flat if it is connected by a conformal transformation to Minkowski space,

\[ g_{\mu\nu}(x) = \Omega^2(x)\eta_{\mu\nu}(x) = e^{2\omega(x)}\eta_{\mu\nu}(x). \]  

(6.2)

In particular, light-rays also propagate in conformally flat spacetimes along straight lines at ±45 degrees to the time axis.

We add two additional definitions for spacetimes with special symmetries. A stationary spacetime has a time-like Killing vector field. In appropriate coordinates, the metric tensor is independent of the time coordinate,

\[ ds^2 = g_{00}(x)dt^2 + 2g_{0i}(x)dtdx^i + g_{ij}(x)dx^i dx^j. \]  

(6.3)

A stationary spacetime is static if it is invariant under time reversal. Thus the off-diagonal terms \( g_{0i} \) have to vanish, and the metric simplifies to

\[ ds^2 = g_{00}(x)dt^2 + g_{ij}(x)dx^i dx^j. \]  

(6.4)

An example of a stationary spacetime is the metric around a spherically symmetric mass distribution which rotates with constant velocity. If the mass distribution is at rest then the spacetime becomes static.

6.1 Rindler spacetime and the Unruh effect

Rindler spacetime Recall from exercise 2.3 that the trajectory of an accelerated observer (suppressing the transverse coordinates \( y \) and \( z \)) is given by

\[ t(\tau) = \frac{1}{a}\sinh(a\tau) \quad \text{and} \quad x(\tau) = \frac{1}{a}\cosh(a\tau). \]  

(6.5)

It describes one branch of the hyperbola \( x^2 - t^2 = a^{-2} \). Introducing light-cone coordinates,

\[ u = t - x \quad \text{and} \quad v = t + x, \]  

(6.6)
it follows
\[ u(\tau) = -\frac{1}{a} \exp(-a\tau). \] (6.7)

Our aim is to determine how the uniformly accelerated observer experiences Minkowski space. As a first step, we try to find a frame \{\xi, \chi\} comoving with the observer. In this frame, the observer is at rest, \(\chi(\tau) = 0\), and the coordinate time \(\xi\) agrees with the proper time, \(\xi = \tau\). Introducing comoving light-cone coordinates,
\[ \tilde{u} = \xi - \chi \quad \text{and} \quad \tilde{v} = \xi + \chi, \] (6.8)
these conditions become
\[ \tilde{u}(\tau) = \tilde{v}(\tau) = \tau. \] (6.9)
Moreover, we can choose the comoving coordinates such that the metric is conformally flat,
\[ ds^2 = \Omega^2(\xi, \chi)(d\xi^2 - d\chi^2) = \Omega^2(\tilde{u}, \tilde{v})d\tilde{u}d\tilde{v}. \] (6.10)

Next we have to relate the comoving coordinates \{\tilde{u}, \tilde{v}\} to Minkowski coordinates \{t, x\}. Since \(d\tilde{u}^2\) and \(d\tilde{v}^2\) are missing in the line element, the functions \(u(\tilde{u}, \tilde{v})\) and \(v(\tilde{u}, \tilde{v})\) can depend only on one of their two arguments. We can set therefore \(u(\tilde{u})\) and \(v(\tilde{v})\). Expressing \(\dot{u}\) as
\[ \frac{du}{d\tau} = \frac{du}{d\tilde{u}}d\tilde{u}d\tau, \] (6.11)
inserting \(\dot{u} = -au\) and \(\dot{\tilde{u}} = 1\) we arrive at
\[ -au = \frac{du}{d\tilde{u}}. \] (6.12)
Separating variables and integrating we end up with \(u = C_1e^{-a\tilde{u}}\). In the same way, we find \(v = C_2e^{a\tilde{v}}\). Since the line element has to agree along the trajectory with the proper-time, \(ds^2 = d\tau^2 = dudv\), the two integration constants \(C_1\) and \(C_2\) have to satisfy the constraint \(-a^2C_1C_2 = 1\). Choosing \(C_1 = -C_2\), the desired relation between the two sets of coordinates becomes
\[ u = -\frac{1}{a} e^{-a\tilde{u}} \quad \text{and} \quad v = \frac{1}{a} e^{a\tilde{v}}, \] (6.13)
or using Cartesian coordinates,
\[ t = \frac{1}{a} e^{a\chi} \sinh(a\xi) \quad \text{and} \quad x = \frac{1}{a} e^{a\chi} \cosh(a\xi). \] (6.14)
The spacetime described by the coordinates defining the comoving frame of the accelerated observer,
\[ ds^2 = e^{2\alpha}(d\xi^2 - d\chi^2), \] (6.15)
is called Rindler spacetime. It is locally equivalent to Minkowski space but differs globally. If we vary the Rindler coordinates over their full range, \(\xi \in \mathbb{R}\) and \(\chi \in \mathbb{R}\), then we cover only the one quarter of Minkowski space with \(x > |t|\). Thus for an accelerated observer an event horizon exist: Evaluating on a hypersurface of constant comoving time, \(\xi = \text{const.}\), the physical distance from \(\chi = -\infty\) to the observer placed at \(\chi = 0\) gives
\[ d = \int_{-\infty}^{0} d\chi \sqrt{|g_{\chi\chi}|} = \frac{1}{a}. \] (6.16)
This corresponds to the coordinate distance between the observer and the horizon in Minkowski coordinates.

**definition::** The particle horizon is the maximal distance from which we can receive signals, while the event horizon defines the maximal distance to which we can send signals.
Exponential redshift Later we will discuss gravitational particle production as the effect of a non-trivial Bogolyubov transformation between different vacua. Before we apply this formalism, we will examine the basis of this physical phenomenon in a classical picture. As a starter, we want to derive the formula for the relativistic Doppler effect. Consider an observer who is moving with constant velocity \( v \) relative to the Cartesian inertial system \( x^\mu = (t, x) \) where we neglect the two transverse dimensions. We can parameterise the trajectory of the observer as

\[
x^\mu(\tau) = (t(\tau), x(\tau)) = (\tau \gamma, \tau \gamma v),
\]

(6.17)

where \( \gamma \) denotes its Lorentz factor. A monochromatic wave of a scalar, massless field \( \phi(k) \propto \exp[-i\omega(t - x)] \) will be seen by the moving observer as

\[
\phi(\tau) \equiv \phi(x^\mu(\tau)) \propto \exp[-i\omega \tau (\gamma - \gamma v)] = \exp[-i\omega \tau \sqrt{1 - v^2 / (1 + v)}].
\]

(6.18)

Thus this simple calculation reproduces the usual Doppler formula, where the frequency \( \omega \) of the scalar wave is shifted as

\[
\omega' = \sqrt{1 - v^2 / (1 + v)} \omega.
\]

(6.19)

Next we apply the same method to the case of an accelerated observer. Then \( t(\tau) = a^{-1} \sinh(a \tau) \) and \( x(\tau) = a^{-1} \cosh(a \tau) \). Inserting this trajectory again into a monochromatic wave with \( \phi(k) \propto \exp(-i\omega(t - x)) \) now gives

\[
\phi(\tau) \propto \exp\left[ -\frac{i\omega}{a} [\sinh(a \tau) - \cosh(a \tau)] \right] = \exp\left[ \frac{i\omega}{a} \exp(-a \tau) \right] \equiv e^{-i\theta}.
\]

(6.20)

Thus an accelerated observer does not see a monochromatic wave, but a superposition of plane waves with varying frequencies. Defining the instantaneous frequency by

\[
\omega(\tau) = \frac{d\theta}{d\tau} = \omega \exp(-a \tau),
\]

(6.21)

we see that the phase measured by the accelerated observer is exponentially redshifted. As next step, we want to determine the power spectrum \( P(\nu) = |\phi(\nu)|^2 \) measured by the observer, for which we have to calculate the Fourier transform \( \phi(\nu) \).
Determine the Fourier transform of the wave $\phi(\tau)$. Substituting $y = \exp(-a\tau)$ in

$$\phi(\nu) = \int_{-\infty}^{\infty} d\tau \phi(\tau) e^{i\nu \tau} = \int_{-\infty}^{\infty} d\tau \exp\left(\frac{i\omega}{a} \exp(-a\tau)\right) e^{i\nu \tau}$$

(6.22)
gives

$$\phi(\nu) = \frac{1}{a} \int_{0}^{\infty} dy \ y^{-i\nu/a-1} e^{i(\omega/a)y}.$$  

(6.23)

On the other hand, we can rewrite Euler’s integral representation of the Gamma function as

$$\int_{0}^{\infty} dt \ t^{z-1} e^{-bt} = b^{-z} \Gamma(z) = \exp(-z \ln b) \Gamma(z)$$

(6.24)

for $\Re(z) > 0$ and $\Re(b) > 0$. Comparing these two expressions, we see that they agree setting $z = -i\nu/a + \epsilon$ and $b = -i\omega/a + \epsilon$. Here we added an infinitesimal positive real quantity $\epsilon > 0$ to ensure the convergence of the integral. In order to determine the correct phase of $b^{-z}$, we have rewritten this factor as $\exp(-z \ln b)$ and have used

$$\ln b = \lim_{\epsilon \to 0} \ln \left(-\frac{i\omega}{a} + \epsilon\right) = \ln \left|\frac{i\omega}{a}\right| - \frac{i\pi}{2} \text{sign}(\omega/a).$$

(6.25)

Thus the Fourier transform $\phi(\nu)$ is given by

$$\phi(\nu) = \frac{1}{a} \left(\frac{\omega}{a}\right)^{i\nu/a} \Gamma(-i\nu/a) e^{\pi\nu/(2a)}.$$  

(6.26)

The Fourier transform $\phi(\nu)$ contains negative frequencies,

$$\phi(-\nu) = \phi(\nu) e^{-\pi\nu/a} = \frac{1}{a} \left(\frac{\omega}{a}\right)^{i\nu/a} \Gamma(-i\nu/a) e^{-\pi\nu/(2a)}.$$  

(6.27)

Using the reflection formula of the Gamma function for imaginary arguments,

$$\Gamma(ix)\Gamma(-ix) = \pi \frac{1}{x \sinh(\pi x)},$$

(6.28)

we find the power spectrum at negative frequencies as

$$P(-\nu) = \frac{\pi}{a^2} \frac{e^{-\pi\nu/a}}{(\nu/a) \sinh(\pi\nu/a)} = \frac{\beta}{\nu} \frac{1}{e^{\beta\nu} - 1}$$

(6.29)

with $\beta = 2\pi/a$. Remarkably, the dependence on the frequency $\omega$ of the scalar wave—still present in the Fourier transform $\phi(\nu)$—has dropped from the negative frequency part of the power spectrum $P(-\nu)$ which corresponds to a thermal Planck law with temperature $T = 1/\beta = a/(2\pi)$.

The occurrence of negative frequencies is the classical analogue for the mixing of positive and negative frequencies in the Bogolyubov method. Therefore we expect that on the quantum level a uniformly accelerated detector will measure a thermal Planck spectrum with temperature $T = 1/\beta = a/(2\pi)$. This phenomenon is called Unruh effect and $T = a/(2\pi)$ the Unruh temperature.
6.2 Schwarzschild black holes

Next, we recall our definition of an event horizon as a three-dimensional hypersurface which limits a region of a spacetime which can never influence an observer. The event horizon is formed by light-rays and is therefore a null surface. Hence we require that at each point of such a surface defined by \( f(x^\mu) = 0 \) a null tangent vector \( n^\mu \) exists that is orthogonal to two space-like tangent vectors. The normal \( n^\mu \) to this surface is parallel to the gradient along the surface, \( n^\mu = h \nabla^\mu f = h \partial^\mu f \), where \( h \) is an arbitrary non-zero function. From

\[
0 = n_\mu n^\mu = g_{\mu\nu} n^\mu n^\nu 
\] (6.30)

we see that the line element vanishes on the horizon, \( ds = 0 \). Hence the (future) light-cones at each point of an event horizon are tangential to the horizon.

Eddington–Finkelstein coordinates We next try to find new coordinates which are regular at \( r = 2M \) and valid in the whole range \( 0 < r < \infty \). Such a coordinate transformation has to be singular at \( r = 2M \), otherwise we cannot hope to cancel the singularity present in the Schwarzschild coordinates. We can eliminate the troublesome factor \( g_{r r} = (1 - 2M r)^{-1} \) introducing a new radial coordinate \( r^* \) defined by

\[
\text{d}r^* = \frac{\text{d}r}{1 - \frac{2M}{r}}. 
\] (6.31)

Integrating (6.31) results in

\[
r^*(r) = r + 2M \ln \left| \frac{r}{2M} - 1 \right| + A, 
\] (6.32)

with \( A \equiv -2Ma \) as integration constant. The coordinate \( r^*(r) \) is often called tortoise coordinate, because \( r^*(r) \) changes only logarithmically close to the horizon. This coordinate change maps the range \( r \in [2M, \infty] \) of the radial coordinate onto \( r^* \in [-\infty, \infty] \). A radial null geodesics satisfies \( \text{d}(t \pm r^*) = 0 \), and thus in- and out-going light-rays are given by

\[
\tilde{u} \equiv t - r^* = t - r - 2M \ln \left| \frac{r}{2M} - 1 \right| - A, \quad \text{outgoing rays}, \tag{6.33}
\]

\[
\tilde{v} \equiv t + r^* = t + r + 2M \ln \left| \frac{r}{2M} - 1 \right| + A, \quad \text{ingoing rays}. \tag{6.34}
\]

For \( r > 2M \), Eq. (4.32) implies that \( \text{d}r/\text{d}t > 0 \) so that \( r \) increases with \( t \). Therefore (6.33) describes outgoing light-rays, while (6.34) corresponds to ingoing light-rays for \( r > 2M \).

We can extend now the Schwarzschild metric using as coordinate the "advanced time parameter \( \tilde{v} \)" instead of \( t \). Forming the differential,

\[
\text{d}\tilde{v} = \text{d}t + \text{d}r + \left( \frac{r}{2M} - 1 \right)^{-1} \text{d}r = \text{d}t + \left( 1 - \frac{2M}{r} \right)^{-1} \text{d}r, \tag{6.35}
\]

we can eliminate \( \text{d}t \) from the Schwarzschild metric and find

\[
\text{d}s^2 = \left( 1 - \frac{2M}{r} \right) \text{d}\tilde{v}^2 - 2\text{d}\tilde{v}\text{d}r - r^2 \text{d}\Omega. \tag{6.36}
\]

This metric was found first by Eddington and was later rediscovered by Finkelstein. Although \( g_{\tilde{v}\tilde{v}} \) vanishes at \( r = 2M \), the determinant \( g = r^4 \sin^2 \theta \) is non-zero at the horizon and thus
the metric is invertible. Moreover, \( r^* \) was defined by (6.32) initially only for \( r > 2M \), but we can use this definition also for \( r < 2M \), arriving at the same expression (6.36). Therefore, the metric using the advanced time parameter \( \tilde{v} \) is regular at \( 2M \) and valid for all \( r > 0 \). We can view this metric hence as an extension of the \( r > 2M \) part of the Schwarzschild solution, similar to the process of analytic continuation of complex functions. The price we have to pay for a non-zero determinant at \( r = 2M \) are non-diagonal terms in the metric. As a result, the spacetime described by (6.36) is not symmetric under the exchange \( t \to -t \). We will see shortly the consequences of this asymmetry.

We now study the behaviour of radial light-rays, which are determined by \( ds^2 = 0 \) and \( d\theta = d\tilde{v} = 0 \). Thus radial light-rays satisfy \( A d\tilde{v}^2 - 2d\tilde{v}dr = 0 \), which is trivially solved by ingoing light-rays, \( d\tilde{v} = 0 \) and thus \( \tilde{v} = \text{const} \). The solutions for \( d\tilde{v} \neq 0 \) are given by (6.33). Additionally, the horizon \( r = 2M \) which is formed by stationary light-rays satisfies \( ds^2 = 0 \).

In order to draw a spacetime diagram, it is more convenient to replace the light-like coordinate \( \tilde{v} \) by a new time-like coordinate \( \tilde{t} \) by \( \tilde{t} = \tilde{v} - r \). Then the ingoing light-rays are straight lines at \( 45^\circ \) to the \( r \) axis. Radial light-rays which are outgoing for \( r > 2M \) and ingoing for \( r < 2M \) follow Eq. (6.34). A few future light-cones are indicated: they are formed by the intersection of light-rays, and they tilt towards \( r = 0 \) as they approach the horizon. At \( r = 2M \), one light-ray forming the light-cone becomes stationary and part of the horizon, while the remaining part of the cone lies completely inside the horizon.

Let us now discuss how Fig. 6.1 would like using the retarded Eddington–Finkelstein coordinate \( \tilde{u} \). Now the outgoing radial null geodesics are straight lines at \( 45^\circ \). They start from the singularity, crossing smoothly \( r = 2M \) and continue to spatial infinity. Such a situation, where the singularity is not covered by an event horizon is called a “white hole”. The cosmic censorship hypothesis postulates that singularities formed in gravitational collapse are always covered by event horizons. This implies that the time-invariance of the Einstein equations is
6.2 Schwarzschild black holes

broken by its solutions. In particular, only the BH solution using the retarded Eddington–Finkelstein coordinates should be realised by nature—otherwise we should expect causality to be violated. This behaviour may be compared to classical electrodynamics, where all solutions are described by the retarded Green function, while the advanced Green function seems to have no relevance.

Collapse to a BH After a star has consumed its nuclear fuel, gravity can be balanced only by the Fermi degeneracy pressure of its constituents. Increasing the total mass of the star remnant, the stellar EoS is driven towards the relativistic regime until the star becomes unstable. As a result, the collapse of its core to a BH seems to be inevitable for a sufficiently heavy star.

Let us consider a toy model for such a gravitational collapse. We describe the star by a spherically symmetric cloud of pressureless matter. While the assumption of negligible pressure is unrealistic, it implies that particles at the surface of the star follow radial geodesics in the Schwarzschild spacetime. Thus we do not have to bother about the interior solution of the star, where \( T_{\mu\nu} \neq 0 \) and our vacuum solution does not apply. In advanced Eddington–Finkelstein coordinates, the collapse is schematically shown in the right panel of Fig. 6.1. At the end of the collapse, a stationary Schwarzschild BH has formed. Note that in our toy model the event horizon forms before the singularity, as required by the cosmic censorship hypothesis. The horizon grows from \( r = 0 \) following the light-like geodesic \( a \) shown by the thin black line until it reaches its final size \( R_s = 2M \). What happens if we drop a lump of matter \( \delta M \) on a radial geodesics into the BH? Since we do not add angular momentum to the BH, the final stage is, according to the Birkhoff’s theorem, still a Schwarzschild BH. All deviations from spherical symmetry corresponding to gradient energy in the intermediate regime are being radiated away as gravitational waves. Thus in the final stage, the only change is an increase of the horizon, size \( R_s \to 2(M + \delta M) \). Therefore some light-rays (e.g. \( b \)) which we expected to escape to spatial infinity will be trapped. Similarly, light-ray \( a \), which we thought to form the horizon, will be deflected by the increased gravitational attraction towards the singularity. In essence, knowing only the spacetime up to a fixed time \( t \), we are not able to decide which light-rays form the horizon. The event horizon of a black hole is a global property of the spacetime: It is not only independent of the observer but also influenced by the complete spacetime.

How does the stellar collapse looks like for an observer at large distances? Let us assume that the observer uses a neutrino detector and is able to measure the neutrino luminosity \( L_\nu(r) = \frac{dE_\nu}{dt} = N_\nu \omega_\nu / dt \) emitted by a shell of stellar material at radius \( r \). In order to determine the luminosity \( L_\nu(r) \), we have to connect \( r \) and \( t \). Linearising Eq. (??) around \( r = 2M \) gives

\[
\frac{r - 2M}{r_0 - 2M} = e^{-(t - t_0)/2M}. \tag{6.37}
\]

For an observer at large distance \( r_0 \), the time difference between two pulses sent by a shell falling into a BH increases thus exponentially for \( r \to 2M \). As a result the energy \( \omega_\nu \) of an individual neutrino is also exponentially redshifted

\[
\omega_\nu(r) = \omega_\nu(r_0)e^{-(t - t_0)/2M}. \tag{6.38}
\]

A more detailed analysis confirms the expectation that then also the luminosity decreases exponentially. Thus an observer at infinity will not see shells which slow down logarithmically.
as they fall towards \( r \to 2M \), as suggested by Eq. (??). Instead the signal emitted by the shell will fade away exponentially, with the short characteristic time scale of \( M = Mt_{\text{Pl}}/M_{\text{Pl}} \approx 10^{-5} \text{ s} \) for a stellar-size BH.

**Kruskal coordinates** We have been able to extend the Schwarzschild solution into two different branches; a BH solution using the advanced time parameter \( \tilde{v} \) and a white hole solution using the retarded time parameter \( \tilde{u} \). The analogy with the analytic continuation of complex functions leads naturally to the question of whether we can combine these two branches into one common solution. Moreover, our experience with the Rindler metric suggests that an event horizon where energies are exponentially redshifted implies the emission of a thermal spectrum. If true, our BH would not be black after all. One way to test this suggestion is to relate the vacua as defined by different observers via a Bogolyubov transformation. In order to simplify this process, we would like to find new coordinates for which the Schwarzschild spacetime is conformally flat.

An obvious attempt to proceed is to use both the advanced and the retarded time parameters. For most of our discussion, it is sufficient to concentrate on the \( t, r \) coordinates in the line element \( ds^2 = ds^2 + r^2d\Omega \), and to neglect the angular dependence from the \( r^2d\Omega \) part. We start by eliminating \( r \) in favour of \( r^* \),

\[
ds^2 = \left( 1 - \frac{2M}{r(r^*)} \right) (dt^2 - dr^*{}^2),
\]

(6.39)

where \( r \) has to be expressed through \( r^* \). This metric is conformally flat but the definition of \( r(r^*) \) on the horizon contains the ill-defined factor \( \ln(2m/r - 1) \). Clearly, a new set of coordinates where this factor is exponentiated is what we are seeking.

This is achieved introducing both Eddington–Finkelstein parameters,

\[
\tilde{u} = t - r^*, \quad \tilde{v} = t + r^*,
\]

(6.40)

for which the metric simplifies to

\[
ds^2 = \left( 1 - \frac{2M}{r(\tilde{u}, \tilde{v})} \right) d\tilde{u}d\tilde{v}.
\]

(6.41)

From (6.32) and (6.40), it follows

\[
\frac{\tilde{v} - \tilde{u}}{2} = r^*(r) = r + 2M \ln \left| \frac{r}{2M} - 1 \right| - 2Ma,
\]

(6.42)

or

\[
1 - \frac{2M}{r} = \frac{2M}{r} \exp \left( \frac{\tilde{v} - \tilde{u}}{4M} \right) \exp \left( a - \frac{r}{2M} \right).
\]

(6.43)

This allows us to eliminate the singular factor \( 1 - 2M/r \) in (6.41), obtaining

\[
ds^2 = \frac{2M}{r} \exp \left( a - \frac{r}{2M} \right) \exp \left( -\frac{\tilde{u}}{4M} \right) d\tilde{u} \exp \left( \frac{\tilde{v}}{4M} \right) d\tilde{v}.
\]

(6.44)

Finally, we change to Kruskal light-cone coordinates \( u \) and \( v \) defined by

\[
u = -4M \exp \left( -\frac{\tilde{u}}{4M} \right) \quad \text{and} \quad v = 4M \exp \left( \frac{\tilde{v}}{4M} \right),
\]

(6.45)

arriving at

\[
ds^2 = \frac{2M}{r} \exp \left( a - \frac{r}{2M} \right) du dv + r^2d\Omega.
\]

(6.46)
6.2 Schwarzschild black holes

Kruskal diagram The coordinates \( \tilde{u}, \tilde{v} \) cover only the exterior \( r > 2M \) of the Schwarzschild spacetime, and thus \( u, v \) are initially only defined for \( r > 2M \). Since they are regular at the Schwarzschild radius, we can extend these coordinates towards \( r = 0 \). In order to draw the spacetime diagram of the full Schwarzschild spacetime shown in Fig. 6.2, it is useful to go back to time- and space-like coordinates via

\[
\begin{align*}
&u = T - R \quad \text{and} \quad v = T + R. \\
\end{align*}
\]

Then the connection between the pair of coordinates \( \{T, R\}, \{u, v\} \) and \( \{t, r\} \) is given by

\[
\begin{align*}
&uv = T^2 - R^2 = -16M^2 \exp \left( \frac{r_s}{2M} \right) = -16M^2 \left( \frac{r}{2M} - 1 \right) \exp \left( \frac{r}{2M} - a \right), \\
&\frac{u}{v} = \frac{T - R}{T + R} = \exp \left[ -t/(2M) \right].
\end{align*}
\]

Lines with \( r = \text{const.} \) are given by \( uv = T^2 - R^2 = \text{const.} \). They are thus parabola shown as dotted lines in Fig. 6.4. Lines with \( t = \text{const.} \) are determined by \( u/v = \text{const.} \) and are thus given by straight (solid) lines through zero. In particular, null geodesics correspond to straight lines with angle 45\(^\circ\) in the \( R - T \) diagram. The horizon \( r = 2M \) is given by to \( u = 0 \) or \( v = 0 \). Hence two separate horizons exist: a past horizon at \( t = -\infty \) (for \( v = 0 \) and thus \( T = -R \)) and a future horizon at \( t = +\infty \) (for \( u = 0 \) and thus \( T = R \)). Also, the singularity at \( r = 0 \) corresponds to two separate lines in the \( R - T \) Kruskal diagram\(^1\) and is given by

\[
T = \pm \sqrt{16M^2 + R^2}.
\]

\(^1\)Recall that we suppress two space dimension: Thus a point in the \( R - T \) Kruskal diagram correspond to a sphere \( S^2 \), and a line to \( \mathbb{R} \times S^2 \).
The horizon lines \( \{ t = -\infty, r = 2M \} \) and \( \{ t = \infty, r = 2M \} \) divide the spacetime in four parts. The future singularity is unavoidable in part II, while in region II’ all trajectories start at the past singularity. Region I corresponds to the original Schwarzschild solution outside the horizon \( r > 2M \), while region I and II encompass the advanced Eddington–Finkelstein solution. The regions I’ and II’ represent the retarded Eddington–Finkelstein solution, where II’ corresponds to a white hole. Note that I’ represents a new asymptotically flat Schwarzschild exterior solution.

The presence of a past horizon \( v = 0 \) at \( t = -\infty \) makes the complete BH solutions time-symmetric and corresponds to an eternal BH. If we model a realistic BH, that is, one that was created at finite \( t \) by a collapsing mass distribution, with Kruskal coordinates, then any effect induced by the past horizon should be considered as unphysical.

### 6.3 Reissner-Nordström black hole

The solution of the coupled Einstein-Maxwell equations for a point-like particle with mass \( M \) and electric charge \( Q \) was found by Reissner and Nordström. Its line-element is

\[
ds^2 = A(r)dt^2 - \frac{dr^2}{A(r)} - r^2(d\vartheta^2 + \sin^2 \vartheta d\phi^2) \tag{6.50}
\]

with

\[
A(r) = \left(1 - \frac{2GM}{r} + \frac{GQ^2}{4\pi r^2}\right). \tag{6.51}
\]

### 6.4 Kerr black holes

The stationary spacetime outside a rotating mass distribution can be derived by symmetry arguments similarly (but much more torturous...) to the case of the Schwarzschild metric. It was found first accidentally by R. Kerr in 1963. The black hole solution of this spacetime is fully characterised by two quantities, the mass \( M \) and the angular momentum \( L \) of the Kerr BH. Both parameters can be manipulated, at least in a gedankenexperiment, dropping material into the BH. Examining the response of a Kerr black hole to such changes was crucial for the discovery of “black hole thermodynamics”.

In Boyer–Lindquist coordinates, the metric outside of a rotating mass distribution is given by

\[
ds^2 = \left(1 - \frac{2M}{\rho^2}\right)dt^2 + \frac{4Mar}{\rho^2}d\phi dt - \frac{\rho^2}{\Delta}dr^2 - \rho^2d\vartheta^2 - \left(r^2 + a^2 + \frac{2Mra^2\sin^2 \vartheta}{\rho^2}\right)\sin^2 \vartheta d\phi^2, \tag{6.52}
\]

with the abbreviations

\[
a = L/M, \quad \rho^2 = r^2 + a^2\cos^2 \vartheta, \quad \Delta = r^2 - 2Mr + a^2. \tag{6.53}
\]

The metric is time-independent and axially symmetric. Hence two obvious Killing vectors are, as in the Schwarzschild case, \( \xi = (1, 0, 0, 0) \) and \( \eta = (0, 0, 0, 1) \), where we again order coordinates as \( \{ t, r, \vartheta, \phi \} \).
The presence of the mixed term $g_{t\phi}$ means that the metric is stationary, but not static—as one expects for a star or BH rotating with constant rotation velocity. Finally, the metric is asymptotically flat and the weak-field limit shows that $L$ is the angular momentum of the rotating black hole.

Its main properties are

- The metric is asymptotically flat.
- Potential singularities at $\rho = 0$ and $\Delta = 0$.
- The weak-field limit shows that $L$ is the angular momentum of the rotating black hole.
- The presence of the mixed term $g_{t\phi}$ means that infalling particles (and thus space-time) is dragged around the rotating black hole.

Orbits in the equatorial plane $\vartheta = \pi/2$ could be derived in the same way as for the Schwarzschild case, for $\vartheta \neq \pi/2$ the discussion becomes much more involved.

**Singularity** First we examine the potential singularities at $\rho = 0$ and $\Delta = 0$. The calculation of the scalar invariants formed from the Riemann tensor shows that only $\rho = 0$ is a physical singularity, while $\Delta = 0$ corresponds to a coordinate singularity. The physical singularity at $\rho^2 = 0 = r^2 + a^2 \cos \vartheta^2$ corresponds to $r = 0$ and $\vartheta = \pi/2$. Thus the value $r = 0$ is surprisingly not compatible with all $\vartheta$ values. To understand this point, we consider the $M \to 0$ limit of the Kerr metric (6.52) keeping $a = L/M$ fixed,

$$ds^2 = dt^2 - \frac{\rho^2}{r^2 + a^2} dr^2 - \rho^2 d\vartheta^2 - (r^2 + a^2) \sin^2 \vartheta d\phi^2.$$  \hfill (6.54)

The comparison with the Minkowski metric shows that

$$x = \sqrt{r^2 + a^2} \sin \vartheta \cos \phi, \quad z = r \cos \vartheta,$$
$$y = \sqrt{r^2 + a^2} \sin \vartheta \sin \phi,$$  \hfill (6.55)

Hence the singularity at $r = 0$ and $\vartheta = \pi/2$ corresponds to a ring of radius $a$ in the equatorial plane $z = 0$ of the Kerr black hole.

**Horizons** We have defined an event horizon as a three-dimensional hypersurface, $f(x^\mu) = 0$, that is null. In a stationary, axisymmetric spacetime the general equation of a surface, $f(x^\mu) = 0$, simplifies to $f(r, \vartheta) = 0$. The condition for a null surface becomes

$$0 = g^{\mu\nu} (\partial_{\mu} f)(\partial_{\nu} f) = g^{rr} (\partial_r f)^2 + g^{\vartheta\vartheta} (\partial_{\vartheta} f)^2.$$  \hfill (6.56)

In the case of the surface defined by the coordinate singularity $\Delta = r^2 - 2Mr + a^2 = 0$ that depends only on $r$,

$$r_\pm = M \pm \sqrt{M^2 - a^2},$$  \hfill (6.57)

the condition defining a horizons becomes simply $g^{rr} = 0$ or $g_{rr} = 1/g^{rr} = \infty$. Hence, $r_-$ and $r_+$ define an inner and outer horizon around a Kerr black hole.

The surface $A$ of the outer horizon follows from inserting $r_+$ together with $dr = dt = 0$ into the metric,

$$ds^2 = \rho_+^2 d\vartheta^2 + \left( r_+^2 + a^2 + \frac{2Mr_+a^2 \sin^2 \vartheta}{\rho_+^2} \right) \sin^2 \vartheta d\phi^2,$$  \hfill (6.58)
Figure 6.3: Structure of a Kerr black hole: The ergoregion (grey area) is bounded by the outer ergosurface \( r_+ = M + \sqrt{M^2 - a^2 \cos^2 \vartheta} \) and the outer event horizon \( r_h = M + \sqrt{M^2 - a^2} \), followed by the inner event horizon \( r_h = M - \sqrt{M^2 - a^2} \), the inner ergosurface \( r_- = M - \sqrt{M^2 - a^2 \cos^2 \vartheta} \) and the ring singularity \( \{x^2 + y^2 = a^2, z = 0\} \).

Using \( r^2_{\pm} + a^2 = 2Mr_{\pm} \), we obtain

\[
\rho^2 d\vartheta^2 + \left( \frac{2Mr_+}{\rho_+} \right)^2 \sin^2 \vartheta d\phi^2.
\]  

Hence the metric determinant \( g_2 \) restricted to the angular variables is given by \( \sqrt{g_2} = \sqrt{g_{\vartheta \vartheta}g_{\phi \phi}} = 2Mr_+ \sin \vartheta \) and integration gives the area \( A \) of the horizon as

\[
A = \int_0^{2\pi} d\phi \int_0^\pi d\vartheta \sqrt{g_2} = 8\pi Mr_+ = 8\pi M(M + \sqrt{M^2 - a^2}).
\]  

Note that the area depends on the angular momentum of the black hole that can in turn be manipulated by dropping material into the hole. The horizon area \( A \) for fixed mass \( M \) becomes maximal for a non-rotating black hole, \( A = 16\pi M^2 \), and decreases to \( A = 8\pi M^2 \) for a maximally rotating one with \( a = M \). For \( a > M \), the metric component \( g^{rr} = \Delta \) has no real zero and thus no event horizon exists.

(For an interpretation see the space-time diagram 6.4 that uses coordinates of the advanced Eddington-Finkelstein type.)

**Ergosphere and dragging of inertial frames** The Kerr metric is a special case of a metric with \( g_{t\phi} \neq 0 \). As result, both massive and massless particles with zero angular momentum falling into a Kerr black hole will acquire a non-zero angular rotation velocity \( \omega = d\phi/dt \) as seen by an observer from infinity.

We consider a light-ray with \( d\vartheta = dr = 0 \). Then the line element becomes

\[
g_{tt} dt^2 + 2g_{t\phi} dt d\phi + g_{\phi \phi} d\phi^2 = 0.
\]  

Dividing by \( g_{\phi \phi} dt^2 \), we obtain a quadratic equation for the angular rotation velocity \( \omega = d\phi/dt \),

\[
\omega^2 + 2 \frac{g_{t\phi}}{g_{\phi \phi}} \omega + \frac{g_{\phi \phi}}{g_{\phi \phi}} = 0
\]  

(6.62)
Figure 6.4: Space-time diagram in advanced Eddington-Finkelstein coordinates for a Kerr black hole with $a < M$. Between the two horizons $r_- < r < r_+$, light cones are oriented towards $r_-$, particles have to cross $r_-$. Inside the inner horizon, geodesics are possible that do not reach $r = 0$ in finite time. The behavior for $r \to 0$ (and $\vartheta \neq \pi/2$) suggests that one can extend the space-time to $r < 0$. 
with the two solutions
\[
\omega_{1/2} = \frac{g_{t\phi}}{g_{\phi\phi}} \pm \sqrt{\left(\frac{g_{t\phi}}{g_{\phi\phi}}\right)^2 - \frac{g_{tt}}{g_{\phi\phi}}}.
\] (6.63)

There are two interesting special cases of this equation. First, on the surface \(g_{tt} = 0\), the two possible solutions of \(\omega = d\phi/dt\) for light-rays satisfy
\[
\omega_1 = 0 \quad \text{and} \quad \omega_2 = -2 \frac{g_{t\phi}}{g_{\phi\phi}}.
\] (6.64)

Hence, the rotating black hole drags spacetime at \(g_{tt} = 0\) so strongly that even a photon can only co-rotate. Similarly, this condition specifies a surface inside which no stationary observers are possible. The normalisation condition \(u \cdot u = 1\) is inconsistent with \(u^a = (1, 0, 0, 0)\) and \(g_{tt} < 0\): however strong your rocket engines are, your space-ship will not be able to hover at the same point \((r, \vartheta, \phi)\) inside the region with \(g_{tt} < 0\). Therefore one calls a surface with \(g_{tt} = 0\) a stationary limit surface. Solving
\[
g_{tt} = 1 - \frac{2Mr}{\rho^2} = 0,
\] (6.65)
we find the position of the two stationary limit surfaces at
\[
r_{1/2} = M \pm \sqrt{M^2 - a \cos \vartheta}.
\] (6.66)

The ergosphere is the space bounded by these two surfaces.

The other interesting special case of Eq. (6.63) occurs when the allowed range of values, \(\omega_1 \leq \omega \leq \omega_2\), shrinks to a single value, i.e. when
\[
\omega^2 = \frac{g_{tt}}{g_{\phi\phi}} = \left(\frac{g_{t\phi}}{g_{\phi\phi}}\right)^2.
\] (6.67)

This happens at the outer horizon \(r_+\) and defines the rotation velocity \(\omega_H\) of the black hole. In the case of a Kerr black hole, we find
\[
\omega_H = \frac{a}{2Mr_+}.
\] (6.68)

Thus the rotation velocity of the black hole corresponds to the rotation velocity of the light-rays forming its horizon, as seen by an observer at spatial infinity.

**Extension of the Kerr metric** The behavior of geodesics for \(r \to 0\) (and \(\vartheta \neq \pi/2\)) suggests that one can extend the space-time to \(r < 0\). For \(r \to -\infty\), the extension becomes asymptotically flat, i.e. there exists a second Minkowski space that is connected to ours via the Kerr black hole. Since for negative \(r\), \(\Delta\) is always positive, \(\Delta = r^2 - 2Mr + a^2 > 0\), the singularity is not protected by an event horizon in the “other” Minkowski space. Moreover, there exist closed time-like curves: Consider a curve depending only on \(\phi\) in the equatorial plane, the line-element for small, negative \(r\) is
\[
ds^2 = \left(r^2 + a^2 + \frac{2Ma^2}{r}\right) d\phi^2 \sim \frac{2Ma^2}{r} d\phi^2 < 0
\] (6.69)

Note that \(\omega_1 < \omega_2\), because of \(g_{\phi\phi} < 0\). Hence photons (and thus also spacetime) is corotating, as expected.
time-like.

The cosmic censorship hypothesis postulates that singularities formed in gravitational collapse are always covered by event horizons. Thus we are in the “$r > 0$” Minkowski space of all Kerr black holes – and the $r < 0$ is simply a mathematical artefact of a highly symmetrical manifold, not showing up in real physical situations.

### Penrose process and the area theorem

The total energy of a Kerr BH consists of its rest energy and its rotational energy. These two quantities control the size of the event horizon and therefore it is important to understand how they change dropping matter into the BH.

The energy of any particle moving on a geodesics is conserved, $E = p \cdot \xi$. Inside the ergosphere, the Killing vector $\xi$ is space-like and the quantity $E$ is thus the component of a spatial momentum which can have both signs. This led Penrose to entertain the following gedankenexperiment: Suppose the spacecraft $A$ starts at infinity and falls into the ergosphere. There it splits into two parts: $B$ is dropped into the BH, while $C$ escapes to infinity. In the splitting process, four-momentum has to be conserved, $p_A = p_B + p_C$. We can now choose a time-like geodesics for $B$ falling into the BH such that $E_B < 0$. Then $E_C > E_A$ and the escaping part $C$ of the spacecraft has at infinity a higher energy than initially.

The Penrose process decreases both the mass and the angular momentum of the BH by an amount equal to that of the space craft $B$ falling into the BH. Now we want to show that the changes are correlated in such a way that the area of the BH increases. Let us first define a new Killing vector,

$$ K = \xi + \omega_H \eta. $$

This Killing vector is null on the horizon and time-like outside. It corresponds to the four-velocity with the maximal possible rotation velocity. Now we use $E_B = p_B \cdot \xi$ and $L_B = -p_B \cdot \eta$ and

$$ p_B \cdot K = p_B \cdot (\xi + \omega_H \eta) = E_B - \omega_H L_B > 0, \quad (6.70) $$

to obtain the bound $L_B < E_B/\omega_H$. Since $E_B < 0$, the added angular momentum is negative, $L_B < 0$.

The mass and the angular momentum of the BH change by $\delta M = E_B$ and $\delta L = L_B$, when particle $B$ drops into the BH. Thus

$$ \delta M > \omega_H \delta L = \frac{\alpha \delta L}{r_H^2 + a^2}. \quad (6.71) $$

Now we define the irreducible mass of BH as the mass of that Schwarzschild BH whose event horizon has the same area,

$$ M_{\text{irr}}^2 = \frac{1}{2} (M^2 + \sqrt{M^2 - L^2}) \quad (6.72) $$

or

$$ M^2 = M_{\text{irr}}^2 + \left( \frac{L}{2M_{\text{irr}}} \right)^2. \quad (6.73) $$

Thus we can interpret the total mass as the Pythagorean sum of the irreducible mass and a contribution related to the rotational energy. Differentiating the relation (6.72) results in

$$ \delta M_{\text{irr}} = \frac{\alpha}{4M_{\text{irr}} \sqrt{M^2 - a^2}} (\omega_H^{-1} \delta M - \delta L). \quad (6.74) $$

Our bound implies now $\delta M_{\text{irr}} > 0$ or $\delta A > 0$. Thus the surface of a Kerr BH can only increase, even when its mass decreases.
# 6.5 Black hole thermodynamics and Hawking radiation

**Bekenstein entropy** We have shown that classically the horizon of a black hole can only increase with time. The only other quantity in physics with the same property is the entropy, \( dS \geq 0 \). This suggests a connection between the horizon area and its entropy. To derive this relation, we apply the first law of thermodynamics \( dU = TdS - \omega dL + \ldots \) to a Kerr black hole. Its internal energy \( U \) is given by \( U = M \) and thus
\[
dU = dM = TdS - \omega dL,
\]
where \( \omega dL \) denotes the mechanical work done on a rotating macroscopic body.

Our experience with the thermodynamics of non-gravitating systems suggests that the entropy is an extensive quantity and thus proportional to the volume, \( S \propto V \). We now offer an argument that shows that the entropy \( S \) of a black hole is proportional to its area \( A \). We introduce the “rationalised area” \( \alpha = A/4\pi = 2Mr_+ \), cf. (6.60), or
\[
\alpha = 2M^2 + 2\sqrt{M^4 - L^2}. \tag{6.76}
\]
The parameters describing a Kerr black hole are its mass \( M \) and its angular momentum \( L \) and thus \( \alpha = \alpha(M, L) \). We form the differential \( d\alpha \) and find after some algebra (problem 25.)
\[
\frac{\sqrt{M^2 - a^2}}{2\alpha} d\alpha = dM + \frac{a}{\alpha} dL. \tag{6.77}
\]
Using now Eq. (6.60) and (6.68), we can rewrite the RHS as
\[
\frac{\sqrt{M^2 - a^2}}{2\alpha} d\alpha = dM + \omega_H dL. \tag{6.78}
\]
Thus the first law of black hole thermodynamics predicts the correct angular velocity \( \omega_H \) of a Kerr black hole. Including the term \( \Phi dq \) representing the work done by adding the charge \( dq \) to a black hole, the area law of a charged black hole together with the first law of BH thermodynamics reproduces the correct surface potential \( \Phi \) of a charged black hole.

The factor in front of \( d\alpha \) is positive, as its interpretation as temperature requires. We identify
\[
TdS = \frac{\sqrt{M^2 - a^2}}{2\alpha} d\alpha \tag{6.79}
\]
and thus \( S = f(A) \). The validity of the area theorem requires that \( f \) is a linear function, the proportionality coefficient between \( S \) and \( A \) can be only determined by calculating the temperature of black hole. Hawking could show 1974 that a black hole in vacuum emits black-body radiation ("Hawking radiation") with temperature
\[
T = \frac{2\sqrt{M^2 - a^2}}{A}. \tag{6.80}
\]
and thus
\[
S = \frac{k_v^4}{4\hbar G} A = \frac{A}{4L_{Pl}^2}. \tag{6.81}
\]
The entropy of a black hole is not extensive but is proportional to its surface. It is large, because its basic unit of entropy, \( 4L_{Pl}^2 \), is so tiny. The presence of \( \hbar \) in the first formula, where...
we have inserted the natural constants, signals that the black hole entropy is a quantum property.

The heat capacity $C_V$ of a Schwarzschild black hole follows with $U = M = 1/(8\pi T)$ from the definition

$$C_V = \frac{\partial U}{\partial T} = -\frac{1}{8\pi T^2} < 0. \tag{6.82}$$

As it is typical for self-gravitating systems, its heat capacity is negative. Thus a black hole surrounded by a cooler medium emits radiation, heats up the environment and becomes hotter.

**Hawking radiation**  
Hawking could show 1974 that a black hole in vacuum emits black-body radiation ("Hawking radiation") with temperature

$$T = \frac{2\sqrt{M^2 - a^2}}{A} \tag{6.83}$$

and thus

$$S = \frac{k c^3}{4 \hbar G} A = \frac{A}{4L_{Pl}^2}. \tag{6.84}$$

A black hole surrounded by a cooler medium emits radiation and heats up the environment. The entropy of a black hole is large, because its basic unit of entropy, $4L_{Pl}^2$, is so tiny.

We can understand this result considering an observer in the Schwarzschild metric. The acceleration of a stationary observer,

$$a \equiv (-\mathbf{a} \cdot \mathbf{a})^{1/2} = \left(1 - \frac{2M}{r}\right)^{-1/2} \frac{M}{r^2} = \left(1 - \frac{R_s}{r}\right)^{-1/2} \frac{R_s/2}{r^2}, \tag{6.85}$$

diverges approaching the horizon, $r \to R_s = 2M$. The acceleration $a$ close to the horizon, i.e. for $r_1 - R_s \ll R_s$, is thus much larger than the curvature $\propto 1/R_s$. We can use therefore the approximation of an accelerated observer in a flat space, who sees according to the Unruh effect a thermal spectrum with temperature $T = a_1/2\pi$ at $r_1$. Assume now that the observer moves from $r_1$ to $r_2 > r_1$. Then the spectrum is redshifted by $V_1/V_2$ with $V_i = \sqrt{1 - R_s/r_i}$. For $r_2 \to \infty$, it is $V_2 \to 1$ and thus $T_2 \to V_1 T_1$. Approaching also the horizon, the temperature becomes

$$T = \lim_{r_1 \to R_s} V_1 T_1 = \lim_{r_1 \to R_s} \sqrt{1 - R_s/r_1} \frac{1}{2\pi r_1^2} \frac{R_s/2}{\sqrt{1 - R_s/r_1}} = \frac{1}{4\pi R_s} = \frac{1}{8\pi M}. \tag{6.86}$$
7 Classical field theory

7.1 Lagrange formalism

A relativistic field associates to each spacetime point $x^\mu$ a set of values. The space of field values at each point can be characterized by its transformation properties under Lorentz transformations (a scalar $\phi$, vector $A^\mu$, tensor $g^{\mu\nu}$, or spinor $\psi_a$ field) and internal symmetry groups which are (typically) Lie groups like $U(1)$, $SU(n), \ldots$ Thus we have to generalize Hamilton’s principle to a collection of fields $\phi_a(x^\mu), a = 1, \ldots, k$, where the index $a$ includes both Lorentz and group indices. To ensure Lorentz invariance, we consider a scalar Lagrange density $L$ that may, analogously to $L(q, \dot{q})$, depend on the fields and its first derivatives $\partial_\mu \phi_a$.

There is no explicit time-dependence, since “everything” should be explained by the fields and their interactions. The Lagrangian $L(\phi_a, \partial_\mu \phi_a)$ is obtained by integrating $L$ over a given space volume $V$.

The action $S$ is thus the four-dimensional integral

$$S[L(\phi_a, \partial_\mu \phi_a)] = \int_a^b dt \ L(\phi_a, \partial_\mu \phi_a) = \int_{\Omega} d^4x \ L(\phi_a, \partial_\mu \phi_a),$$

(7.1)

where $\Omega = V \times [t_a : t_b]$. If the Lorentz scalar $L$ is in addition a local function, i.e. it is a function of the fields and their gradients at the same spacetime point $x^\mu$, we will obtain automatically Lorentz-invariant equations of motions.

A variation $\varepsilon \phi_a \equiv \delta \phi_a$ of the fields leads to a variation of the action,

$$\delta S = \int_{\Omega} d^4x \left( \frac{\partial L}{\partial \phi^a} \delta \phi^a + \frac{\partial L}{\partial (\partial_\mu \phi^a)} \delta (\partial_\mu \phi^a) \right),$$

(7.2)

where we have to sum over fields ($a = 1, \ldots, k$) and the Lorentz index $\mu = 0, \ldots, 3$. We eliminate again the variation of the field gradients $\partial_\mu \phi^a$ by a partial integration using Gauß’ theorem,

$$\delta S = \int_{\Omega} d^4x \left[ \frac{\partial L}{\partial \phi^a} - \partial_\mu \left( \frac{\partial L}{\partial (\partial_\mu \phi^a)} \right) \right] \delta \phi^a = 0.$$

(7.3)

The boundary term vanishes, since we require that the variation is zero on the boundary $\partial \Omega$. Thus the Lagrange equations for the fields $\phi^a$ are

$$\frac{\partial L}{\partial \phi^a} - \partial_\mu \left( \frac{\partial L}{\partial (\partial_\mu \phi^a)} \right) = 0.$$

(7.4)

If the Lagrange density $L$ is changed by a four–dimensional divergence, the same equations of motions result.
7.2 Noether’s theorem and conservation laws

Conservation laws  Let \( j^\mu \) be a conserved vector field in Minkowski space,
\[
\partial_\mu j^\mu = 0 .
\]  
(7.5)
Then
\[
\frac{d}{dt} \int_V d^3x j^0 = - \int_{\partial V} dS \cdot j
\]  
(7.6)
and
\[
Q = \int_V d^3x j^0
\]  
(7.7)
is a globally conserved quantity, if there is no outgoing flux \( j \) through the boundary \( \partial V \). To show that \( Q \) is a Lorentz invariant quantity, we have to rewrite Eq. (7.7) as a tensor equation.
Consider
\[
Q(t = 0) = \int d^4x j^\mu(x) \partial_\mu \vartheta(n \cdot x)
\]  
(7.8)
with \( \vartheta \) the step function and \( n \) a unit vector in time direction, \( n \cdot x = x^0 = t \). Then
\[
Q(t = 0) = \int d^4x j^0(x) \partial_0 \vartheta(x^0) = \int d^4x j^0(x) \delta(x^0) = \int d^3x j^0(x)
\]  
(7.9)
and hence Eqs. (7.7) and (7.8) are equivalent. Since one of them is a tensor equation, \( Q \) is Lorentz invariant.

In the same way, we can construct in Minkowski space globally conserved quantities \( Q \) for conserved tensors: If for instance \( \partial_\mu T^{\mu\nu} = 0 \), then
\[
P^\nu = \int d^3x T^{0\nu}
\]  
(7.10)
is a globally conserved vector, and similarly for higher-rank tensors.

Symmetries and Noether’s theorem  Noether’s theorem gives a formal connection between global, continuous symmetries of a physical system and the resulting conservation laws. Such symmetries can be divided into space-time and internal symmetries. We derive this theorem in two steps, considering in the first one only internal symmetries.

We assume that our collection of fields \( \phi_a \) has a continuous symmetry group. Thus we can consider an infinitesimal change \( \delta \phi_a \) that keeps \( \mathcal{L}(\phi_a, \partial_\mu \phi_a) \) invariant,
\[
0 = \delta \mathcal{L} = \frac{\delta \mathcal{L}}{\delta \phi_a} \delta_0 \phi_a + \frac{\delta \mathcal{L}}{\delta \partial_\mu \phi_a} \delta_0 \partial_\mu \phi_a .
\]  
(7.11)
Here, we used the notation \( \delta_0 \) to stress that we exclude variations due to the change of spacetime point. Now we exchange \( \delta \partial_\mu \) against \( \partial_\mu \delta \) in the second term and use then the Lagrange equations, \( \delta \mathcal{L}/\delta \phi_a = \partial_\mu (\delta \mathcal{L}/\delta \partial_\mu \phi_a) \), in the first term. Then we can combine the two terms using the Leibniz rule,
\[
0 = \delta \mathcal{L} = \partial_\mu \left( \frac{\delta \mathcal{L}}{\delta \partial_\mu \phi_a} \right) \delta_0 \phi_a + \frac{\delta \mathcal{L}}{\delta \partial_\mu \phi_a} \partial_\mu \delta_0 \phi_a = \partial_\mu \left( \frac{\delta \mathcal{L}}{\delta \partial_\mu \phi_a} \delta_0 \phi_a \right) .
\]  
(7.12)
Hence the invariance of $\mathcal{L}$ under the change $\delta_0 \phi_a$ implies the existence of a conserved current, $j^\mu = 0$, with

$$j^\mu = \frac{\delta \mathcal{L}}{\delta \partial_\mu \phi_a} \delta_0 \phi_a. \quad (7.13)$$

If the transformation $\delta_0 \phi_a$ leads to change in $\mathcal{L}$ that is a total four-divergence, $\delta_0 \mathcal{L} = \partial_\mu K^\mu$, and boundary terms can be dropped, then the equation of motions are still invariant. The conserved current is changed to $j^\mu = \delta \mathcal{L}/\delta \partial_\mu \phi_a \delta_0 \phi_a - K^\mu$.

In the second step, we consider in addition a variation of the coordinates, $x'_\mu = x_\mu + \delta x_\mu$. Such a variation implies a change of the fields

$$\phi'_a(x'_\mu) = \phi_a(x_\mu) + \delta \phi_a(x_\mu) \quad (7.14)$$

and thus also of the Lagrange density. Note that we compare now the field at different points. In order to be able to recycle our old result, we split the total variation $\delta \phi_a(x_\mu)$ as follows

$$\delta \phi_a(x_\mu) = \phi'_a(x'_\mu) - \phi_a(x_\mu) = \phi_a(x_\mu + \delta x^\mu) - \phi_a(x_\mu)$$

$$= \phi'_a(x_\mu) + \delta x^\mu \partial_\mu \phi'_a(x_\mu) - \phi_a(x_\mu) = \delta_0 \phi_0(x_\mu) + \delta x^\mu \partial_\mu \phi'_a(x_\mu)$$

$$= \delta_0 \phi_a(x_\mu) + \delta x^\mu \partial_\mu \phi_a(x_\mu). \quad (7.17)$$

Here we made in the second line first a Taylor expansion, and introduced then the local variation $\delta_0 \phi_a(x_\mu) = \phi'_a(x_\mu) - \phi_a(x_\mu)$ which we calculated previously. Since $\delta x^\mu$ is already a linear term, we could replace in the third line $\phi'_a(x_\mu) \simeq \phi_a(x_\mu)$, neglecting thereby only a quadratic term.

We consider now the variation of the action $S$ implied by the coordinate change $\tilde{x}_\mu = x_\mu + \delta x_\mu$. Such a variation implies not only a variation of $\mathcal{L}$ but also of the integration measure $d^4x$,

$$\delta S = \int_{\Omega} \left[d^4x(\delta \mathcal{L}) + (\delta d^4x)\mathcal{L}\right]. \quad (7.18)$$

The two integration measures $d^4x$ and $d^4\tilde{x}$ are connected by the Jacobian, i.e. the determinant of the transformation matrix

$$a_\nu^\mu = \frac{\partial \tilde{x}^\mu}{\partial x^\nu}. \quad (7.19)$$

Using again that the variation is infinitesimal, we find

$$J = \left|\frac{\partial \tilde{x}^\mu}{\partial x^\nu}\right| = \left|1 + \frac{\partial \delta x^\mu}{\partial x^\nu} \quad 1 + \frac{\partial \delta x^1}{\partial x^\nu} \quad \cdots \right| = 1 + \frac{\partial \delta x^\mu}{\partial x^\nu}. \quad (7.20)$$

Inserting first this result and using then Eq. (7.17) applied to $\mathcal{L}$ gives

$$\delta S = \int_{\Omega} d^4x \left[\delta \mathcal{L} + \mathcal{L} \frac{\partial \delta x^\mu}{\partial x^\nu}\right] = \int_{\Omega} d^4x \left[\delta_0 \mathcal{L} + \frac{\partial \mathcal{L}}{\partial x^\mu} \delta x_\mu + \mathcal{L} \frac{\partial \delta x^\mu}{\partial x^\nu}\right]. \quad (7.21)$$

We combine the last two terms using the Leibniz rule, and insert the known variation $\delta_0 \mathcal{L}$ at the same point from Eq. (7.12), obtaining

$$\delta S = \int_{\Omega} d^4x \frac{\partial}{\partial x_\mu} \left[\frac{\partial \mathcal{L}}{\partial (\partial^\mu \phi_a)} \delta_0 \phi_a + \mathcal{L} \delta x_\mu\right]. \quad (7.22)$$
7.2 Noether’s theorem and conservation laws

If the system is invariant under these transformations, the variation of the action is zero, \( \delta S = 0 \), and the square bracket represents a conserved current \( j^\mu \). As last step, we change from the local variation \( \delta_0 \) to the full variation \( \delta \) using Eq. (7.17), obtaining as final expression for the Noether current

\[
j^\mu = \frac{\partial \mathcal{L}}{\partial (\partial_\mu \phi_a)} \delta \phi_a - \left[ \frac{\partial \mathcal{L}}{\partial (\partial_\mu \phi_a)} \frac{\partial \phi_a}{\partial x^\nu} - \eta_{\mu\nu} \mathcal{L} \right] \delta x^\nu.
\] (7.23)

**Translations** Invariance under translations \( x'_\mu = x_\mu + \varepsilon_\mu \) means \( \phi'_a(x') = \phi_a(x) \) or \( \delta \phi_a = 0 \). Hence we obtain a conserved tensor

\[
\Theta_{\mu\nu} = \frac{\partial \mathcal{L}}{\partial (\partial_\mu \phi_a)} \frac{\partial \phi_a}{\partial x^\nu} - \eta_{\mu\nu} L
\] (7.24)
called the energy-momentum stress tensor or in short the stress tensor. We will see in the next chapter that this tensor sources gravity—being thus of crucial interest for us. If the stress tensor is derived via the Noether procedure (7.24), it is called canonical. In general, the canonical stress tensor is not symmetric, \( \Theta_{\mu\nu} \neq \Theta_{\nu\mu} \), as it should be as source of gravity in Einstein’s theory. Note however that the Noether procedure does not uniquely specify the stress tensor, because we can add any tensor \( \partial_\lambda f^{\lambda\mu\nu} \) which is antisymmetric in \( \mu \) and \( \lambda \): such a term drops out of the conservation law because of \( \partial_\mu \partial_\lambda f^{\lambda\mu\nu} = 0 \). This freedom allows us to obtain always a symmetric stress tensor. We will learn later a different method, leading directly to a symmetric energy-momentum tensor \( T_{\mu\nu} \) (called the dynamical energy-momentum tensor).

**Stress tensor**: The invention of the three-dimensional stress tensor \( \sigma_{ij} \) goes back to Pascal and Euler. Recall that \( \sigma_{ij} \) is determined via \( dF_i = \sigma_{ij} dA_j \) as the response of a material to the force \( F_i \) on its surface element \( A_j \). This implies that we can view the stress tensor also as an (anisotropic) pressure tensor. Moreover, it follows with \( f_i = dF_i/dV \) for the force density \( f_j = \partial_i \sigma_{ij} \) as equilibrium condition (or equation of motion) of the system. The relativistic stress tensor \( T_{\mu\nu} \) was introduced by Minkowski in 1908 for electrodynamics, combining Maxwell’s stress tensor (in vacuum)

\[
\sigma_{ij} = E_i E_j + B_i B_j - \frac{1}{2} (E^2 - B^2) \delta_{ij}
\]
with the energy density \( \rho = (E^2 - B^2)/2 \), the Poynting vector (or energy flux) \( S = E \times B \), and the momentum density \( \pi
\]

\[
T^{\mu\nu} = \begin{pmatrix}
\rho & S \\
\pi & \sigma_{ij}
\end{pmatrix}
\]
In a relativistic theory, the energy flux equals the momentum density. Then \( T^{0i} = T^{i0} \), what is sufficient to show the symmetry of the full tensor.

Integrating we obtain four conserved Noether charges,

\[
p^\nu = \int d^3 x \Theta^{0\nu}.
\] (7.25)

From the example, we know that \( \Theta^{00} \) corresponds to the energy density \( \rho \). Therefore \( p^0 \) is the energy, and thus \( p^\mu \) the four-momentum of the field. This is in line with the fact that translations are generated by the four-momentum operator.
Lorentz transformations Lorentz transformation, i.e., rotations and boosts, lead to a linear change of coordinates,
\[ \tilde{x}^\mu = x^\mu + \delta x^\mu x_\nu. \] (7.26)
They preserve the norm of vectors, implying that
\[ x^\mu x_\mu = \tilde{x}^\mu \tilde{x}_\mu = (x^\mu + \delta \omega^{\mu\nu} x_\nu)(x_\mu + \delta \omega_{\mu\tau} x^\tau) \]
\[ = x^\mu x_\mu + \delta \omega^{\mu\sigma} x_\nu x_\mu + \delta \omega_{\mu\tau} x^\mu x^\tau + O(\omega^2) \]
\[ = x^\mu x_\mu + (\delta \omega^{\mu\nu} + \delta \omega_{\mu\nu}) x_\nu x_\mu. \] (7.27)
(7.28)
(7.29)
Thus the matrix parameterising Lorentz transformations is antisymmetric,
\[ \omega^{\mu\nu} = -\omega^{\nu\mu}, \] (7.30)
and has six independent elements. For an infinitesimal transformation, the transformed fields \( \tilde{\phi}_a(\tilde{x}) \) depend linearly on \( \delta \omega^{\mu\nu} \) and \( \phi_a(x) \),
\[ \tilde{\phi}_a(\tilde{x}) = \phi_a(x) + \frac{1}{2} \delta \omega^{\mu\nu}(I^{\mu\nu})_{ab}\phi_b(x). \] (7.31)
The symmetric part of \( (I^{\mu\nu})_{ab} \) does not contribute, because of the antisymmetry of the \( \delta \omega^{\mu\nu} \). Hence we can choose also the \( (I^{\mu\nu})_{ab} \) as antisymmetric and thus there exists six generators \( (I^{\mu\nu})_{ab} \) corresponding to the three boosts and the three rotations. The explicit form of the generators \( I_{ab} \) (the “matrix representation of the Lorentz group” for spin \( s \)) depends on the spin of the considered field, as the known different transformation properties of scalar \( (s = 0) \), spinor \( (s = 1/2) \) and vector \( (s = 1) \) fields under rotations show.

We evaluate now the Noether current (7.23), inserting first the definition of the stress tensor,
\[ J_\mu = \frac{\partial L}{\partial (\partial_\nu \phi_a)} \delta \phi_a - \Theta_{\mu\nu} \delta x^\nu. \] (7.32)
Next we use \( \delta x^\mu = \delta \omega^{\mu\nu} x_\nu \) and \( \delta \phi_a = \frac{1}{2} \delta \omega^{\mu\nu}(I^{\mu\nu})_{ab}\phi_b(x) \) as well as the antisymmetry of \( \delta \omega^{\mu\nu} \), to obtain
\[ J_\mu = \frac{\partial L}{\partial (\partial_\nu \phi_a)} \frac{1}{2} \delta \omega^{\mu\lambda}(I_{\lambda\nu})_{ab}\phi_b(x) - \Theta_{\mu\nu} \delta x^\nu x_\lambda \]
\[ = \frac{1}{2} \delta \omega^{\mu\lambda} M_{\mu\nu\lambda} \] (7.33)
with the definition
\[ M_{\mu\nu\lambda} = \Theta_{\mu\nu} x_\lambda - \Theta_{\mu\nu\lambda} + \frac{\partial L}{\partial (\partial_\nu \phi_a)} (I_{\lambda\nu})_{ab}\phi_b. \] (7.34)
This tensor of rank three is antisymmetric in the index pair \( \nu\lambda \) and conserved with respect to the index \( \mu \). In order to understand its meaning, let us consider first a scalar field \( \phi(x) \). Then \( \tilde{\phi}(\tilde{x}) = \phi(x) \), the last term is thus absent, and the conservation law becomes
\[ 0 = \partial_\mu M^{\mu\nu\lambda} = \delta^{\mu\nu}_{\lambda} \Theta^{\mu\lambda} - \delta^{\mu\lambda}_{\nu} \Theta^{\nu\mu} = \Theta^{\nu\lambda} - \Theta^{\lambda\nu}. \] (7.35)
Hence for a scalar field, the canonical stress tensor is symmetric, \( \Theta^{\nu\lambda} = \Theta^{\lambda\nu} \), and agrees with the dynamical stress tensor, \( \Theta^{\mu\nu} = T^{\mu\nu} \). The corresponding Noether charges are
\[ M^{\mu\nu} = \int d^3 x M^{0\mu\nu} = \int d^3 x x^\nu \Theta^{0\mu} - x^\mu \Theta^{0\nu} \equiv L^{\mu\nu}. \] (7.36)

\footnote{We add a factor 1/2, because in the summation two terms contribute for each transformation parameter.}
Recalling Eq. (7.25), we see that these charges agree with the relativistic orbital angular momentum tensor $L^{\mu \nu}$. Since $L^{\mu \nu}$ is antisymmetric, Eq. (7.36) defines six conserved quantities, one for each of the generators of the Lorentz group. Choosing spatial indices, $L_{ij}$ agrees with the non-relativistic orbital angular momentum, while the conservation of $L^{0i}$ leads to the relativistic version of the constant center-of-mass motion.

For a field with non-zero spin, the last term in Eq. (7.34) does not vanish. It represents therefore the intrinsic or spin angular momentum density $S^{\mu \nu}$ of the field. In this case, only the total angular momentum $M^{\mu \nu}$ is conserved, not however the orbital and spin angular momentum individually. Moreover, the canonical stress tensor is not symmetric.

### 7.3 Perfect fluid

In cosmology, the various contributions to the energy content of the universe can be modelled as fluids, averaging over sufficiently large scales such that $N \gg 1$ particles (photons, dark matter particles, . . . , galaxies) are contained in a “fluid element”. In almost all cases, viscosity is negligible and the state of such an ideal or perfect fluid is fully parametrised by its energy density $\rho$ and pressure $P$.

We construct the stress tensor of a perfect fluid considering first the simplest case of pressureless matter, traditionally called dust. Consider now how the energy density $\rho$ of dust transforms. An observer moving relative to the rest frame of dust measures

$$\rho' = \frac{\gamma dm}{(\gamma - 1) dV} = \gamma^2 \rho.$$ 

Hence the energy density should be the 00 component of the stress tensor $T^{\alpha \beta}$, with $T^{00} = \rho$ in the rest frame. In order to find the expression valid in any frame we can use the tensor method: We express $T^{\alpha \beta}$ as a linear combination of all relevant tensors, which are in our case the four-velocity $u^\alpha$ plus the invariant tensors of Minkowski space, i.e. the metric tensor and the Levi-Civita symbol. Additionally, we impose the constraint that $T^{\alpha \beta}$ is symmetric, leading to

$$T^{\alpha \beta} = A \rho u^\alpha u^\beta + B \rho \eta^{\alpha \beta}. \quad (7.37)$$

In the rest-frame, $u^\alpha = (1, \mathbf{0})$, the condition $T^{00} = \rho$ leads $A - B = 1$, while $T^{11} = 0$ implies $B = 0$. Thus the stress tensor of dust is

$$T^{\alpha \beta} = \rho u^\alpha u^\beta. \quad (7.38)$$

Writing $u^\alpha = (\gamma, \gamma \mathbf{v})$, we can identify $T^{00} = \gamma^2 \rho$ with the energy density, $T^{0i} = \gamma^2 \rho v^i$ with the energy/momentum density flux in direction $i$, and $T^{ij} = \gamma^2 \rho v^i v^j$ with the flow of the momentum density component $i$ through the area with normal direction $j$.

Let us now check the consequences of $\partial_\alpha T^{\alpha \beta} = 0$, assuming for simplicity the non-relativistic limit. We look first at the $\alpha = 0$ component,

$$\partial_t \rho + \nabla \cdot (\rho \mathbf{u}) = 0. \quad (7.39)$$

This corresponds to the mass continuity equation and, because of $E = m$ for dust, at the same time to energy conservation. Next we consider the $\alpha = 1, 2, 3 = i$ components,

$$\partial_i (\rho u^i) + \partial_t (u^i u^j \rho) = 0 \quad (7.40)$$

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or
\[ u \partial_t \rho + \rho \partial_t u + u \nabla \cdot (\rho u) + (u \cdot \nabla) u \rho = 0. \] (7.41)

Taking the continuity equation into account, we obtain the Euler equation for a force-free fluid without viscosity,
\[ \rho \partial_t u + (u \cdot \nabla) u \rho = 0. \] (7.42)

Hence, as announced, the condition \( \partial_\mu T^{\mu \nu} = f^\nu \) gives the equations of motion.

Finally we include the effect of pressure. We know that the pressure tensor coincides with the \( \sigma_{ij} \) part of the stress tensor. Moreover, for a perfect fluid in its rest-frame, the pressure is isotropic \( P_{ij} = P \delta_{ij} \). This corresponds to \( P_{ij} = -P \eta_{ij} \) and adds \(-P\) to \( T^{00} \). Compensating for this gives
\[ T^{\alpha \beta} = (\rho + P) u^\alpha u^\beta - P \eta^{\alpha \beta}. \] (7.43)

### 7.4 Klein-Gordon field

#### Real field

The Klein-Gordon equation is a relativistic wave equation describing a scalar field. We first consider a real field \( \phi \). Similar as the free Schrödinger equation,
\[ i \partial_t \psi = \frac{p^2}{2m} \psi = \frac{\Delta}{2m} \psi, \] (7.44)

can be "derived" using the replacements
\[ E \rightarrow i \partial_t \quad p \rightarrow -i \nabla_x \] (7.45)

from the non-relativistic energy-momentum relation \( E = p^2/(2m) \), we obtain from the relativistic \( E^2 = m^2 + p^2 \)
\[ (\Box + m^2) \phi = 0 \quad \text{with} \quad \Box = \eta_{\mu \nu} \partial^\mu \partial^\nu. \] (7.46)

Translation invariance implys that we can choose the solutions as eigenstates of the momentum operator, \( \hat{p} \phi = \hat{p} \phi \). These states are plane waves with positive and negative energies \( \pm \sqrt{k^2 + m^2} \). Interpreting the Klein–Gordon equation as a relativistic wave equation for a single particle cannot therefore be fully satisfactory, since the energy of its solutions is not bounded from below.

How do we guess the correct Lagrange density \( \mathcal{L} \)? The correspondence \( \dot{q} \leftrightarrow \partial_\mu \phi \) means that the kinetic field energy is quadratic in the field derivatives. In contrast, the mass term \( m^2 \) is potential energy, \( V(\phi) \propto m^2 \). The relativistic energy-momentum relation \( E^2 = m^2 + p^2 \)
suggests that \( V(\phi) \) is also quadratic, with the same numerical coefficient as the kinetic energy. Therefore we try as Lagrange density
\[ \mathcal{L} = \frac{1}{2} \eta_{\mu \nu} (\partial^\mu \phi)(\partial^\nu \phi) - V(\phi) = \frac{1}{2} \eta_{\mu \nu} (\partial^\mu \phi)(\partial^\nu \phi) - \frac{1}{2} m^2 \phi^2 = \frac{1}{2} (\partial_\mu \phi)^2 - \frac{1}{2} m^2 \phi^2, \] (7.47)

where the factor 1/2 is convention: The kinetic energy of a canonically normalised real field carries the prefactor 1/2. With
\[ \frac{\partial}{\partial (\partial_\alpha \phi)} (\eta^{\mu \nu} \partial_\mu \phi \partial_\nu \phi) = \eta^{\mu \nu} (\delta^\mu_\alpha \partial_\nu \phi + \delta^\nu_\alpha \partial_\mu \phi) = \eta^{\alpha \nu} \partial_\nu \phi + \eta^{\mu \alpha} \partial_\mu \phi = 2 \partial^\alpha \phi, \] (7.48)
the Lagrange equation becomes
\[
\frac{\partial \mathcal{L}}{\partial \dot{\phi}} - \partial_\alpha \left( \frac{\partial \mathcal{L}}{\partial (\partial_\alpha \phi)} \right) = -m^2 \phi - \partial_\alpha \partial^\alpha \phi = 0. \tag{7.49}
\]
Thus the Lagrange density (7.47) leads to the Klein-Gordon equation. We can check if we have correctly chosen the signs by calculating the stress tensor,
\[
T^{\mu \nu} = \frac{\partial \mathcal{L}}{\partial (\partial_\mu \phi)} \phi^{\nu} - \eta^{\mu \nu} \mathcal{L} = \phi^{\mu} \phi^{\nu} - \eta^{\mu \nu} \mathcal{L}. \tag{7.50}
\]
that is already symmetric. The corresponding 00 component is
\[
T^{00} = \phi,_{0} \phi,_{0} - \mathcal{L} = \frac{1}{2} \left[ (\partial_t \phi)^2 + (\nabla \phi)^2 + m^2 \phi^2 \right] > 0 \tag{7.51}
\]
positiv definite. Thus the energy density of a scalar field is, in contrast to the energy of the single-particle solution, bounded from below.

**Complex field and internal symmetries** If two field exist with the same mass \(m\), one might wish to combine the two real fields into one complex field,
\[
\phi = \frac{1}{\sqrt{2}} (\phi_1 + i \phi_2). \tag{7.52}
\]
Then one can interprete \(\phi\) and \(\phi^\dagger\) as a particle and its antiparticle, which are Hermetian conjugated fields.

The resulting Lagrangian density is just the sum,
\[
\mathcal{L} = \partial_\mu \phi^\dagger \partial^\mu \phi - m^2 \phi^\dagger \phi \tag{7.53}
\]
The presence of two fields sharing some quantum numbers (here the mass) opens up the possibility of internal symmetries. The Lagrangian (7.53) is invariant under global phase transformations, \(\phi \rightarrow e^{i \delta} \phi\) and \(\phi^\dagger \rightarrow e^{-i \delta} \phi^\dagger\). With \(\delta \phi = i \phi\) and \(\delta \phi^\dagger = -i \phi^\dagger\), the conserved current follows as
\[
j^\mu = i \left[ \phi^\dagger \partial^\mu \phi - (\partial^\mu \phi^\dagger) \phi \right]. \tag{7.54}
\]
The conserved charge \(Q = \int d^3 x \, j^0\) can be also negative and thus we cannot interpret \(j^0\) as the probability density to observe a \(\phi\) particle. Instead, we should associate \(Q\) with a conserved additive quantum number as, for example, the electric charge.

Next we calculate the stress tensor,
\[
T^{00} = 2 \partial_t \phi^\dagger \partial_t \phi - \mathcal{L} = |\partial_t \phi|^2 + |\nabla \phi|^2 + m^2 |\phi|^2 > 0. \tag{7.55}
\]
We consider now plane-wave solutions to the Klein-Gordon equation,
\[
\phi = N e^{-ikx}. \tag{7.56}
\]
If we insert \(\partial_\mu \phi = ik_\mu \phi\) into \(\mathcal{L}\), we find \(\mathcal{L} = 0\) and thus
\[
T^{00} = 2 |N|^2 k^0 k^0. \tag{7.57}
\]
7 Classical field theory

Relativistic one-particle states are usually normalised as $N^{-2} = 2\omega V$. Thence the energy density $T^{00} = \omega/V$ agrees with the expectation for one particle with energy $\omega$ per volume $V$.

The other components are necessarily

$$T^{\mu\nu} = 2|N|^2 k^\mu k^\nu. \quad (7.58)$$

Since $T^{\mu\nu}$ is symmetric, we can find a frame in which $T^{\mu\nu}$ is diagonal with $T \propto \text{diag}(\omega, v_x k_x, v_y k_y, v_z k_z)/V)$. This agrees with the contribution of a single particle to the energy density and pressure of an ideal fluid. This holds also for other fields, and thus we can model as ideal fluids, distinguished only by their equation of state (E.o.S.), $w = P/\rho$.

7.5 Maxwell field

Field tensor  We start by considering a charged point particle interacting with an external electromagnetic described by the vector potential $A^\mu = (\phi, A)$. As Lagrangian for the free particle we use $L = -m ds$ or

$$S_0 = - \int_a^b ds \, m. \quad (7.59)$$

How can the interaction term charged particle with an electromagnetic field look like? The action should be a scalar and the simplest choice is

$$S_{em} = -q \int dx^\mu A_\mu(x) = -q \int d\sigma \frac{dx^\mu}{d\sigma} A_\mu(x). \quad (7.60)$$

Note that this choice for $S_{em}$ is invariant under a change of gauge,

$$A_\mu(x) \rightarrow A_\mu(x) + \partial_\mu \Lambda(x). \quad (7.61)$$

The resulting change in the action,

$$\delta \Lambda S_{em} = -q \int_1^2 d\sigma \frac{dx^\mu}{d\sigma} \partial \Lambda(x)/\partial x^\mu = -q \int_1^2 d\Lambda = q[\Lambda(2) - \Lambda(1)] \quad (7.62)$$

drops out from $\delta S$ for fixed endpoints, thus not affecting the resulting equation of motion.

With $ds = \sqrt{dx^\mu dx^\mu}$, the variation of the action is

$$\delta S = -\delta \int_a^b (mds + qA_\mu dx^\mu) = - \int_a^b \left( m \frac{dx^\mu}{ds} \delta x^\mu + qA_\mu d(\delta x^\mu) + q\delta A_\mu dx^\mu \right). \quad (7.63)$$

We use $\delta d = d\delta$ in the first term and integrate then the first two terms partially,

$$\delta S = \int_a^b \left( md \left( \frac{dx_\mu}{ds} \right) \delta x^\mu + q\delta x^\mu dA_\mu - q\delta A_\mu dx^\mu \right). \quad (7.64)$$

where we have uses as “always” that the boundary terms vanish. Next we introduce $u_\mu = dx_\mu/ds$ and use

$$\delta A_\mu = \frac{\partial A_\mu}{\partial x^\nu} \delta x^\nu, \quad dA_\mu = \frac{\partial A_\mu}{\partial x^\nu} dx^\nu. \quad (7.65)$$

Then

$$\delta S = \int_a^b \left( mdu_\mu \delta x^\mu + qA_\mu \frac{\partial A_\mu}{\partial x^\nu} \delta x^\nu - q\frac{\partial A_\mu}{\partial x^\nu} \delta x^\nu dx^\mu \right). \quad (7.66)$$
Finally, we rewrite in the first term \( \frac{d u_\alpha}{d s} = \frac{d u_\alpha}{d s} \), in the second and third \( dx^\alpha = u^\alpha d s \) and exchange the summation indices \( \mu \) and \( \nu \) in the third term. Then

\[
\delta S = \int_a^b \left[ m \frac{d u_\mu}{d s} - q \left( \frac{\partial A_\nu}{\partial x^\mu} - \frac{\partial A_\mu}{\partial x^\nu} \right) u^\nu \right] \delta x^\mu d s = 0.
\] (7.67)

For arbitrary variations, the brackets has to be zero and we obtain as equation of motion

\[
m \frac{d u_\mu}{d s} = f_\mu = q \left( \frac{\partial A_\nu}{\partial x^\mu} - \frac{\partial A_\mu}{\partial x^\nu} \right) u^\nu \equiv q F_{\mu \nu} u^\nu.
\] (7.68)

This is the relativistic form of the Lorentz force.

**Connection between 3- and 4-dim. formulation of electrodynamics**

The first raw of \( F_{\mu \nu} = \partial_\mu A_\nu - \partial_\nu A_\mu \) reads with \( A_\mu = (\phi, -A_k) \) and \( \partial_\nu = \partial / \partial x^\nu = (\partial / \partial t, \nabla) \) as

\[
F_{0k} = \partial_0 A_k - \partial_k A_0
\]

Setting \( F_{0k} = E^k \) gives

\[
E = - \nabla \phi - \partial_\nu A_\nu
\]

what agrees with the first row of \( F_{\mu \nu} \) given in Eq. (1.58). We go in the opposite direction for \( B = \nabla \times A \). In components, we have e.g.

\[
B^1 = \partial_2 A^3 - \partial_3 A^2 = \partial_3 A_2 - \partial_2 A_3 = F_{32}
\]

and similarly for the other components.

The force law \( f_\mu = e F_{\mu \nu} u^\nu \) becomes simplest in a frame with \( u_\alpha = (1, 0, 0, 0) \). Then \( f_\mu = e F_{\mu 0} \) or \( -F = -e E \).

Now we can rewrite the Maxwell equations as

\[
\partial_\alpha F^{\alpha \beta} = j^\beta
\] (7.69)

and

\[
\partial_\alpha F_{\beta \gamma} + \partial_\beta F_{\gamma \alpha} + \partial_\gamma F_{\alpha \beta} = 0.
\] (7.70)

The last equation is completely antisymmetric in all three indices, and contains therefore only four independent equations. It is equivalent to

\[
\partial_\alpha \tilde{F}^{\alpha \beta} = 0,
\] (7.71)

where

\[
\tilde{F}^{\alpha \beta} = \frac{1}{2} \epsilon^{\alpha \beta \gamma \delta} F_{\gamma \delta}
\] (7.72)

is the dual field-strength tensor.

The components of the electromagnetic field-strength tensor \( F^{\mu \nu} \) and its dual \( \tilde{F}_{\alpha \beta} = \frac{1}{2} \epsilon_{\alpha \beta \mu \nu} F^{\mu \nu} \) are given by (see also appendix to chapter 1)

\[
F^{\mu \nu} = \begin{pmatrix}
0 & -E_x & -E_y & -E_z \\
E_x & 0 & -B_z & B_y \\
E_y & B_z & 0 & -B_x \\
E_z & -B_y & B_x & 0
\end{pmatrix}
\]

and

\[
\tilde{F}^{\mu \nu} = \begin{pmatrix}
0 & -B_x & -B_y & -B_z \\
B_x & 0 & E_z & -E_y \\
B_y & -E_z & 0 & E_x \\
B_z & E_y & E_x & 0
\end{pmatrix}.
\]

They are connected to the electric and magnetic fields measured by an observer with four-velocity \( u_\alpha \) as \( E_\alpha = F_{\alpha \beta} u^\beta \) and \( B_\alpha = \tilde{F}_{\alpha \beta} u^\beta \).
Current conservation and gauge invariance  We take the divergence of Maxwells equation (7.69),
\[ \partial_\nu \partial_\mu F^{\mu\nu} = \partial_\nu j^\nu. \] (7.73)
Since \( \partial_\nu \partial_\mu \) is symmetric and \( F^{\mu\nu} \) antisymmetric, the summation of the two factors has to be zero,
\[ \partial_\nu \partial_\mu F^{\mu\nu} = -\partial_\nu \partial_\mu F^{\nu\mu} = -\partial_\mu \partial_\nu F^{\nu\mu} = -\partial_\nu \partial_\mu F^{\mu\nu}. \] (7.74)
Thus current conservation,
\[ \partial_\nu j^\nu = 0, \] (7.75)
follows from the antisymmetry of \( F \). The latter followed in turn from the assumed gauge-invariant action \( S_{\text{em}} = -q \int d^4x \text{A}_\mu \).
Consider next the transformation of \( F \) under a gauge transformation,\( A_\mu \rightarrow A'_\mu = A_\mu + \partial_\mu \chi \).
\[ F'_{\mu\nu} = \partial_\mu A'_\nu - \partial_\nu A'_\mu = F_{\mu\nu} + \partial_\mu \partial_\nu \chi - \partial_\nu \partial_\mu \chi = F_{\mu\nu}. \] (7.77)
Thus the gauge invariance of \( F \) is again closely connected to the fact that it is an antisymmetric tensor, formed by derivatives of \( \text{A} \).

Differential forms:
A surface in \( \mathbb{R}^3 \) can be described at any point either by its two tangent vectors \( e_1 \) and \( e_2 \) or by the normal \( n \). They are connected by a cross product, \( n = e_1 \times e_2 \), or in index notation,
\[ n^i = \varepsilon^{ijk} e_{1,j} e_{2,k}. \] (7.78)
In four dimensions, the \( \varepsilon \) tensor defines a map between 1-3 and 2-2 tensors. Since \( \varepsilon \) is antisymmetric, the symmetric part of tensors would be lost; Hence the map is suited for antisymmetric tensors.
Antisymmetric tensors of rank \( n \) can be seen also as differential forms: Functions are forms of order \( n = 0 \); differential of functions are an example of order \( n = 1 \),
\[ df = \frac{\partial f}{\partial x^i} dx^i. \] (7.79)
Thus the \( dx^i \) form a basis, and one can write in general
\[ A = A_i dx^i. \] (7.80)
For \( n > 1 \), the basis has to be antisymmetrized,
\[ F = \frac{1}{2} F_{\mu\nu} dx^\mu \wedge dx^\nu \] (7.81)
with \( dx^\mu \wedge dx^\nu = -dx^\nu \wedge dx^\mu \). Looking at \( df \), we can define a differentiation of a form \( \omega \) with coefficients \( w \) and degree \( n \) as an operation that increases its degree by one to \( n + 1 \),
\[ d\omega = dw_{\alpha,...,\beta} dx^{\alpha+1} \wedge dx^\alpha \wedge \ldots \wedge dx^\beta \] (7.82)
Thus we have \( F = dA \). Moreover, it follows \( d^2 \omega = 0 \) for all forms. Hence a gauge transformation \( F' = d(A + d\chi) = F \).
Wave equation  The Maxwell equation (7.69) consists of four equations for the six components of $F$. Thus we need either a second equation, i.e. Eq. (7.70), or we should transform Eq. (7.69) into an equation for the four components of the four-potential $A$. In this case, Eq. (7.70) is automatically satisfied. Let us do the latter and insert the definition of $A$,

$$
\partial_\mu F^{\mu\nu} = \partial_\mu (\partial^\mu A^\nu - \partial^\nu A^\mu) = \square A^\nu - \partial_\mu \partial^\nu A^\mu = j^\nu. 
$$

Gauge invariance allows us to choose a potential $A^\mu$ such that $\partial_\mu A^\mu = 0$. Such a choice is called fixing the gauge, and the particular case $\partial_\mu A^\mu = 0$ is denoted as the Lorenz gauge. In this gauge, the wave equation simplifies to

$$
\square A^\mu = j^\mu.
$$

Inserting then a plane wave $A^\mu \propto \varepsilon^\mu e^{i k x}$ into the free wave equation, $\square A^\nu = 0$, we find that $k$ is a light-like vector, while the Lorenz gauge condition $\partial_\mu A^\mu = 0$ results in $\varepsilon^\mu k_\mu = 0$. Imposing the Lorenz gauge, we can still add to the potential $A^\mu$ any function $\partial_\mu \chi$ satisfying $\square \chi = 0$. We can use this freedom to set $A^0 = 0$, obtaining thereby $\varepsilon^\mu k_\mu = -\varepsilon \cdot k = 0$. Thus the photon propagates with the speed of light, is transversely polarised and has two polarisation states as expected for a massless particle.

Let us discuss now why gauge invariance is necessary for a massless spin-1 particle. First we consider a linearly polarised photon with polarisation vectors $\varepsilon^{(r)}_\mu$ lying in the plane perpendicular to its momentum vector $k$. If we perform a Lorentz boost on $\varepsilon^{(r)}_\mu$, we will find

$$
\varepsilon^{(r)}_\mu = \Lambda^\nu_\mu \varepsilon^{(r)}_\nu = a_1 \varepsilon^{(1)}_\mu + a_2 \varepsilon^{(2)}_\mu + a_3 k_\mu,
$$

where the coefficients $a_i$ depend on the direction $\beta$ of the boost. Thus, in general the polarisation vector will not be anymore perpendicular to $k$. Similarly, if we perform a gauge transformation

$$
A_\mu(x) \rightarrow A'_\mu(x) = A_\mu(x) - \partial_\mu \Lambda(x)
$$

with

$$
\Lambda(x) = -i \lambda \exp(-i k x) + \text{h.c.},
$$

then

$$
A'_\mu(x) = (\varepsilon_\mu + \lambda k_\mu) \exp(-i k x) + \text{h.c.} = \varepsilon'_\mu \exp(-i k x) + \text{h.c.}
$$

Choosing, for example, a photon propagating in $z$ direction, $k^\mu = (\omega, 0, 0, \omega)$, we see that the gauge transformation does not affect the transverse components $\varepsilon_1$ and $\varepsilon_2$. Thus only the components of $\varepsilon^\mu$ transverse to $k$ can have physical significance. On the other hand, the time-like and longitudinal components depend on the arbitrary parameter $\lambda$ and are therefore unphysical. In particular, they can be set to zero by a gauge transformation. First, $\varepsilon'_\mu k^{\mu} = 0$ implies (again for a photon propagating in $z$ direction) $\varepsilon'_0 = -\varepsilon'_3$. From $\varepsilon'_3 = \varepsilon_3 + \lambda \omega$, we see that $\lambda = -\varepsilon_3/\omega$ sets $\varepsilon'_3 = -\varepsilon'_0 = 0$. Thus the transformation law (7.85) for the polarisation vector of a massless spin-1 particle requires the existence of the gauge symmetry (7.86). The gauge symmetry in turn implies that the massless spin-1 particle couples only to conserved currents.
Lagrange density  The free field equation is
\[ \partial_\mu F^{\mu \nu} = 0. \] (7.89)

In order to find \( \mathcal{L} \), we multiply by a variation \( \delta A_\nu \) that vanishes on the boundary \( \partial \Omega \). Then we integrate over \( \Omega = V \times [t_a : t_b] \), and perform a partial integration,
\[ \int_\Omega d^4x \partial_\mu F^{\mu \nu} \delta A_\nu = - \int_\Omega d^4x F^{\mu \nu} \delta(\partial_\mu A_\nu) = 0. \] (7.90)

Next we note that
\[ (A_{\alpha,\beta} - A_{\beta,\alpha})(A^{\alpha,\beta} - A^{\beta,\alpha}) = 2(A_{\alpha,\beta} - A_{\beta,\alpha})A^{\alpha,\beta} \] (7.91)
and thus
\[ F^{\mu \nu} \delta(\partial_\mu A_\nu) = \frac{1}{2} F^{\mu \nu} \delta F^{\mu \nu}. \] (7.92)

Applying the product rule, we obtain as final result
\[ -\frac{1}{4} \delta \int_\Omega d^4x F^{\mu \nu} F^{\mu \nu} = 0 \] (7.93)
and
\[ \mathcal{L} = -\frac{1}{4} F^{\mu \nu} F^{\mu \nu}. \] (7.94)

Note that we expressed \( \mathcal{L} \) through \( F \), but \( \mathcal{L} \) should be viewed nevertheless as function of \( A \): We are varying the action with respect to \( A_\mu \), giving us the a second-order (wave) equation. This is in accordance with the fact that \( A_\mu \) determines the interaction (7.60) with charged particles.

Stress tensor  According to Eq. (7.24) we have
\[ \Theta_\mu^\nu = \frac{\partial A_\sigma}{\partial x^\mu} \frac{\partial \mathcal{L}}{\partial(\partial A_\sigma/\partial x^\nu)} - \delta_\mu^\nu \delta \mathcal{L}. \] (7.95)

Since \( \mathcal{L} \) depends only on the derivatives \( A^{\mu}_\nu \), we can use the following short-cut: We know already that
\[ \delta \mathcal{L} = -\frac{1}{4} \delta(F^{\mu \nu} F^{\mu \nu}) = F^{\mu \nu} \delta(\partial_\nu A_\mu). \] (7.96)
Thus
\[ \frac{\partial \mathcal{L}}{\partial(\partial A_\sigma/\partial x^\nu)} = F^{\sigma \nu} = -F^{\nu \sigma} \] (7.97)
and
\[ \Theta_\mu^\nu = -\frac{\partial A_\sigma}{\partial x^\mu} F^{\nu \sigma} + \frac{1}{4} \delta_\mu^\nu F_{\sigma \tau} F^{\sigma \tau}. \] (7.98)

Raising the index \( \mu \) and rearranging \( \sigma \), we have
\[ \Theta^{\mu \nu} = -\frac{\partial A_\sigma}{\partial x_\mu} F_{\sigma}^\nu + \frac{1}{4} \eta^{\mu \nu} F_{\sigma \tau} F^{\sigma \tau}. \] (7.99)
This result in neither gauge invariant (contains $A$) nor symmetric. To symmetrize it, we should add
\[
\frac{\partial A^\mu}{\partial x_\sigma} F^{\nu}_\sigma = \frac{\partial}{\partial x_\sigma} (A^\mu F^{\nu}_\sigma).
\] (7.100)

The last step is possible for a free electromagnetic field, $\partial_\sigma F^{\mu\sigma} = 0$, and shows that we are allowed to add the LHS. Then the two terms combine to $F$, and we get
\[
\Theta^{\mu\nu} = -F^{\mu\sigma} F^{\nu}_\sigma + \frac{1}{4} \eta^{\mu\omega} F_{\sigma\tau} F^{\sigma\tau}.
\] (7.101)

In this form, the stress tensor is symmetric and gauge invariant. We can thus identify the expression (7.101) with the dynamical stress tensor, $\Theta^{\mu\nu} = T^{\mu\nu}$. Note that its trace is zero, $T^{\mu}_\mu = 0$. 
8 Einstein’s field equation

Up to now, we have investigated the behaviour of test-particles and light-rays in a given curved spacetime determined by the metric tensor $g_{\mu\nu}$. The transition from point mechanics to field theory means that the role of the mass $m$ as the source of gravity should be taken by the mass density $\rho$, or in the relativistic case, by the stress tensor $T_{\mu\nu}$. Thus we expect field equations of the type

$$G_{\mu\nu} = \kappa T_{\mu\nu},$$

where $\kappa$ is proportional to Newton’s constant $G$ and $G_{\mu\nu}$ is a function of $g_{\mu\nu}$ and its derivatives.

Riemann tensor via area... analogue to non-abelian field-strength tensor... equation of geodesic deviation

8.1 Curvature and the Riemann tensor

We are looking for an invariant characterisation of an manifold curved by gravity. As the discussion of normal coordinates showed, the first derivatives of the metric can be (at one point) always chosen to be zero. Hence this quantity will contain second derivatives of the metric, i.e. first derivatives of the Christoffel symbols.

The commutator of covariant derivatives will in general not vanish,

$$(\nabla_\alpha \nabla_\beta - \nabla_\beta \nabla_\alpha)T_{\mu\nu\ldots} = [\nabla_\alpha, \nabla_\beta]T_{\mu\nu\ldots} \neq 0,$$

(8.1)

(think at the parallel transport from A first along $e_a$, then along $e_b$ to B and then back to A along $-e_a$ and $-e_b$ on a sphere), is obviously a tensor and contains second derivatives of the metric. The statement $[\nabla_\alpha, \nabla_\beta]T_{\mu\nu\ldots} = 0$ is coordinate independent, and can thus be used to characterize in an invariant way, if a manifold is flat.

For the special case of a vector $V^\alpha$ we obtain with

$$\nabla_\rho V^\alpha = \partial_\rho V^\alpha + \Gamma^\alpha_{\beta\rho} V^\beta$$

(8.2)

first

$$\nabla_\sigma \nabla_\rho V^\alpha = \partial_\sigma (\partial_\rho V^\alpha + \Gamma^\alpha_{\beta\rho} V^\beta) + \Gamma^\alpha_{\gamma\sigma} (\partial_\rho V^\gamma + \Gamma^\gamma_{\beta\rho} V^\beta) - \Gamma^\alpha_{\rho\sigma} (\partial_\gamma V^\alpha + \Gamma^\alpha_{\beta\gamma} V^\beta).$$

(8.3)

The second part of the commutator follows relabelling $\sigma \leftrightarrow \rho$ as

$$\nabla_\rho \nabla_\sigma V^\alpha = \partial_\rho (\partial_\sigma V^\alpha + \Gamma^\alpha_{\beta\sigma} V^\beta) + \Gamma^\alpha_{\gamma\rho} (\partial_\sigma V^\gamma + \Gamma^\gamma_{\beta\sigma} V^\beta) - \Gamma^\alpha_{\rho\sigma} (\partial_\gamma V^\alpha + \Gamma^\alpha_{\beta\gamma} V^\beta).$$

(8.4)

Now we subtract the two equations using that $\partial_\rho \partial_\sigma = \partial_\sigma \partial_\rho$ and $\Gamma^\alpha_{\beta\rho} = \Gamma^\alpha_{\rho\beta}$, to get

$$[\nabla_\rho, \nabla_\sigma]V^\alpha = [\partial_\rho \Gamma^\alpha_{\beta\sigma} - \partial_\sigma \Gamma^\alpha_{\beta\rho} + \Gamma^\alpha_{\gamma\rho} \Gamma^\gamma_{\beta\sigma} - \Gamma^\alpha_{\gamma\sigma} \Gamma^\gamma_{\beta\rho}] V^\beta \equiv R^\alpha_{\beta\rho\sigma} V^\beta.$$  

(8.5)

The tensor $R^\alpha_{\beta\rho\sigma}$ is called Riemann or curvature tensor.
Its symmetry properties imply that we can construct out of the Riemann tensor only one non-zero tensor of rank two, contracting $\alpha$ either with the third or fourth index, $R^{\mu}_{\alpha \beta \rho} = -R^{\mu}_{\alpha \beta \rho}$. We define the Ricci tensor by

$$R_{\alpha \beta} = R^{\mu}_{\alpha \beta \mu} = -R^{\mu}_{\alpha \beta \mu} = \partial_\mu \Gamma^\rho_{\alpha \beta} - \partial_\beta \Gamma^\rho_{\alpha \rho} + \Gamma^\rho_{\alpha \beta} \Gamma^\sigma_{\rho \sigma} - \Gamma^\rho_{\beta \rho} \Gamma^\sigma_{\alpha \sigma}. \quad (8.6)$$

A further contraction gives the curvature scalar,

$$R = R_{\alpha \beta} g^{\alpha \beta}. \quad (8.7)$$

**Symmetry properties** Inserting the definition of the Christoffel symbols and using normal coordinates, the Riemann tensor becomes

$$R_{\alpha \beta \rho \sigma} = \frac{1}{2} \{ \partial_\sigma \partial_\beta g_{\alpha \rho} + \partial_\rho \partial_\alpha g_{\beta \sigma} - \partial_\sigma \partial_\alpha g_{\beta \rho} - \partial_\rho \partial_\beta g_{\alpha \sigma} \}. \quad (8.8)$$

The tensor is antisymmetric in the indices $\rho \leftrightarrow \sigma$, antisymmetric in $\alpha \leftrightarrow \beta$ and symmetric against an exchange of the index pairs $(\alpha \beta) \leftrightarrow (\rho \sigma)$. Moreover, there exists one algebraic identity,

$$R_{\alpha \beta \rho \sigma} + R_{\alpha \sigma \beta \rho} + R_{\alpha \rho \sigma \beta} = 0. \quad (8.9)$$

Since each pair of indices $(\alpha \beta)$ and $(\rho \sigma)$ can take six values, we can combine the antisymmetrized components of $R_{(\alpha \beta)[\rho \sigma]}$ in a symmetric six-dimensional matrix. The number of independent components of this matrix is thus for $d = 4$ space-time dimensions

$$n \times (n + 1) \over 2 - 1 = 6 \times 7 \over 2 - 1 = 20,$$

where we accounted also for the constraint (8.9). In general, the number $n$ of independent components is in $d$ space-time dimensions given by $n = d^2(d^2 - 1)/12$, while the number $m$ of field equations is $m = d(d + 1)/2$. Thus we find

<table>
<thead>
<tr>
<th>$d$</th>
<th>1</th>
<th>2</th>
<th>3</th>
<th>4</th>
</tr>
</thead>
<tbody>
<tr>
<td>$n$</td>
<td>0</td>
<td>1</td>
<td>6</td>
<td>20</td>
</tr>
<tr>
<td>$m$</td>
<td>-</td>
<td>3</td>
<td>6</td>
<td>10</td>
</tr>
</tbody>
</table>

This implies that an one-dimensional manifold is always flat (ask yourself why?). Moreover, the number of independent components of the Riemann tensor is smaller or equals the number of field equations for $d = 2$ and $d = 3$. Hence the Riemann tensor vanishes in empty space, if $d = 2, 3$. Starting from $d = 4$, already an empty space can be curved and gravitational waves exist.

The Bianchi identity is a differential constraint,

$$\nabla_\kappa R_{\alpha \beta \rho \sigma} + \nabla_\rho R_{\alpha \beta \sigma \kappa} + \nabla_\sigma R_{\alpha \beta \kappa \rho} = 0, \quad (8.10)$$

that is checked again simplest using normal coordinates. In the context of general relativity, the Bianchi identities are necessary consequence of the Einstein-Hilbert action and the requirement of general covariance.
Example: Sphere $S^2$. Calculate the Ricci tensor $R_{ij}$ and the scalar curvature $R$ of the two-dimensional unit sphere $S^2$.

We have already determined the non-vanishing Christoffel symbols of the sphere $S^2$ as $\Gamma^{\varphi}_{\varphi\varphi} = \cot \vartheta$ and $\Gamma^{\varphi}_{\vartheta\varphi} = -\cos \vartheta \sin \vartheta$. We will show later that the Ricci tensor of a maximally symmetric space as a sphere satisfies $R_{ab} = Kg_{ab}$. Since the metric is diagonal, the non-diagonal elements of the Ricci tensor are zero too, $R_{a\vartheta} = R_{\vartheta a} = 0$. We calculate with

$$R_{ab} = R^{c}_{acb} = \partial_{b} \Gamma^{c}_{ab} - \partial_{a} \Gamma^{c}_{bc} + \Gamma^{c}_{ad} \Gamma^{d}_{bc} - \Gamma^{d}_{bd} \Gamma^{c}_{ad} \tag{8.11}$$

the $\vartheta \vartheta$ component, obtaining

$$R_{\vartheta\vartheta} = 0 - \partial_{\vartheta} (\Gamma^{\varphi}_{\varphi\varphi} + \Gamma^{\varphi}_{\vartheta\varphi}) + 0 - \Gamma^{d}_{d\vartheta} \Gamma^{c}_{\vartheta c} = 0 + \partial_{\vartheta} \cot \vartheta - \Gamma^{\varphi}_{\varphi\varphi} \Gamma^{\varphi}_{\varphi\varphi} = 0 - \partial_{\vartheta} \cot \vartheta - \cot^{2} \vartheta = 1.$$ 

From $R_{ab} = Kg_{ab}$, we find $R_{\vartheta\vartheta} = K g_{\vartheta\vartheta}$ and thus $K = 1$. Hence $R_{\vartheta\vartheta} = g_{\vartheta\vartheta} = \sin^{2} \vartheta$.

The scalar curvature is (diagonal metric with $g^{\varphi\varphi} = 1/\sin^{2} \vartheta$ and $g^{\vartheta\vartheta} = 1$)

$$R = g^{ab} R_{ab} = g^{\varphi\varphi} R_{\varphi\varphi} + g^{\vartheta\vartheta} R_{\vartheta\vartheta} = \frac{1}{\sin^{2} \vartheta} \sin^{2} \vartheta \times 1 = 1 = 2.$$ 

Note that our definition of the Ricci tensor guaranties that the curvature of a sphere is also positive, if we consider it as subspace of a four-dimensional space-time.

### 8.2 Integration, metric determinant $g$, and differential operators

In special relativity, Lorentz transformations left the volume element $d^{4}x$ invariant, $d^{4}x' = dt' d^{2}x' = (\gamma dt) d^{2}x \times (dx/\gamma) = dx'$. We allow now for arbitrary coordinate transformation for which the Jacobi determinant can deviate from one. Thus the action of a field with Lagrange density $\mathcal{L}'$ becomes

$$S = \int_{\Omega} d^{4}x \sqrt{|g|} \mathcal{L}' = \int_{\Omega} d^{4}x \mathcal{L}, \tag{8.11}$$

where $g$ denotes the determinant of the metric tensor $g_{\mu\nu}$. Often, as in the second step, we prefer to include the factor $\sqrt{|g|}$ into the definition of $\mathcal{L}'$. In order to find the equations of motion, we have to determine the variation of the metric determinant $g$.

In $\mathcal{L}_m$, the effects of gravity are accounted for by the replacements $\{\partial_{\alpha}, \eta_{ab}\} \rightarrow \{\nabla_{\alpha}, g_{ab}\}$. Note that this transition is not unique: For instance, in the case of a scalar field we can add a term $\xi R^{2} \phi^{2}$ to the usual Lagrangian. Since this term vanishes in Minkowski space, we have no way to determine the value of $\xi$ from experiments in flat space.

#### Variation of the metric determinant $g$

We consider a variation of a matrix $M$ with elements $m_{ij}(x)$ under an infinitesimal change of the coordinates, $\delta x^{a} = \varepsilon x^{a}$,

$$\delta \ln \det M = \ln \det (M + \delta M) - \ln \det (M) = \ln \det (M^{-1}(M + \delta M)) = \ln \det (1 + M^{-1} \delta M) = \ln (1 + \text{tr}(M^{-1} \delta M)) + O(\varepsilon^{2}) = \text{tr}(M^{-1} \delta M) + O(\varepsilon^{2}). \tag{8.12c}$$

In the last step, we used $\ln (1 + \varepsilon) = \varepsilon + O(\varepsilon^{2})$. Expressing now both the LHS and the RHS as $\delta f = \partial_{\mu} f \delta x^{\mu}$ and comparing then the coefficients of $\delta x^{\mu}$ gives

$$\partial_{\mu} \ln \det M = \text{tr}(M^{-1} \partial_{\mu} M). \tag{8.13}$$
8.2 Integration, metric determinant \( g \), and differential operators

**Useful formula for derivatives**  
Applied to derivatives of \( \sqrt{|g|} \), we obtain
\[
\frac{1}{2} g^{\mu\nu} \partial_\lambda g_{\mu\nu} = \frac{1}{2} \partial_\lambda \ln g = \frac{1}{\sqrt{|g|}} \partial_\lambda (\sqrt{|g|}).
\]  
(8.14)

while we find for contracted Christoffel symbols
\[
\Gamma^\mu_{\mu\nu} = \frac{1}{2} g^{\mu\tau}(\partial_\mu g_{\tau\nu} + \partial_\nu g_{\tau\mu} - \partial_\tau g_{\mu\nu}) = \frac{1}{2} g^{\mu\nu} \partial_\tau g_{\mu\nu} = \frac{1}{2} \partial_\nu \ln g = \frac{1}{\sqrt{|g|}} \partial_\nu (\sqrt{|g|}).
\]  
(8.15)

Next we consider the divergence of a vector field, 
\[
\nabla V^\mu = \partial_\mu V^\mu + \Gamma^\mu_{\lambda\mu} V^\lambda = \partial_\mu V^\mu + \frac{1}{\sqrt{|g|}}(\partial_\mu (\sqrt{|g|})V^\mu) = \frac{1}{\sqrt{|g|}}\partial_\mu (\sqrt{|g|}V^\mu).
\]  
(8.16)

and of antisymmetric tensors of rank 2, 
\[
\nabla_{\mu} A^{\mu\nu} = \partial_\mu A^{\mu\nu} + \Gamma^\mu_{\lambda\mu} A^{\lambda\nu} + \Gamma^\nu_{\lambda\mu} A^{\mu\lambda} = \frac{1}{\sqrt{|g|}}\partial_\mu (\sqrt{|g|}A^{\mu\nu}).
\]  
(8.17)

In the latter case, the third term \( \Gamma^\nu_{\lambda\mu} A^{\mu\lambda} \) vanishes because of the antisymmetry of \( A^{\mu\lambda} \) so that we could combine the first two as in the vector case. This generalises to completely anti-symmetric tensors of all orders. For a symmetric tensor, we find
\[
\nabla_\mu S^{\mu\nu} = \partial_\mu S^{\mu\nu} + \Gamma^\mu_{\lambda\mu} S^{\lambda\nu} + \Gamma^\nu_{\lambda\mu} S^{\mu\lambda} =
\]  
(8.18)

We can express \( R^b_{\ a} \) as derivative of the metric tensor, 
\[
\nabla_\mu S^{\mu\nu} = \frac{1}{\sqrt{|g|}} \partial_\mu (\sqrt{|g|}S^{\mu\nu}) + \Gamma^\nu_{\lambda\mu} S^{\mu\lambda}.
\]  
(8.19)

Thus we can perform the covariant derivative of \( S^{\mu\nu} \) without the need to know the Christoffel symbols.

**Example: Spherical coordinates 3:**

Calculate for spherical coordinates \( x = (r, \theta, \phi) \) in \( \mathbb{R}^3 \) the gradient, divergence, and the Laplace operator. Note that one uses normally normalized unit vectors in case of a diagonal metric: this corresponds to a rescaling of vector components \( V^\iota \rightarrow V^\iota/\sqrt{g_{ii}} \) (no summation in \( i \)) or basis vectors. (Recall the analogue rescaling in the exercise “acceleration of a stationary observer in SW BH.)

We express the gradient of a scalar function \( f \) first as 
\[
\partial^j f e_i = g^{ij} \frac{\partial f}{\partial x^j} e_i = \frac{\partial f}{\partial r} e_r + \frac{1}{r} \frac{\partial f}{\partial \theta} e_\theta + \frac{1}{r \sin \theta} \frac{\partial f}{\partial \phi} e_\phi,
\]
and rescale then the basis, \( e_i^* = e_i/\sqrt{g_{ii}} \), or \( e_i^* = e_r, e_\theta^* = r e_\theta, \) and \( e_\phi^* = r \sin \theta e_\phi. \) In this new (“physical”) basis, the gradient is given by 
\[
\partial^j f e_i^* = \frac{\partial f}{\partial r} e_r^* + \frac{1}{r} \frac{\partial f}{\partial \theta} e_\theta^* + \frac{1}{r \sin \theta} \frac{\partial f}{\partial \phi} e_\phi^*.
\]

The covariant divergence of a vector field with rescaled components \( X^i/\sqrt{g_{ii}} \) is with \( \sqrt{\bar{g}} = r^2 \sin \theta \) given by 
\[
\nabla_i X^i = \frac{1}{\sqrt{|g|}} \partial_i (\sqrt{|g|}X^i) = \frac{1}{r^2 \sin \theta} \left( \frac{\partial(r^2 \sin \theta X_r)}{\partial r} + \frac{\partial(r^2 \sin \theta X_\theta)}{r \partial \theta} + \frac{\partial(r^2 \sin \theta X_\phi)}{r \sin \theta \partial \phi} \right)
\]  
\[
= \frac{1}{r^2} \frac{\partial(r^2 X_r)}{\partial r} + \frac{1}{r \sin \theta} \frac{\partial(\sin \theta X_\theta)}{\partial \theta} + \frac{1}{r \sin \theta} \frac{\partial X_\phi}{\partial \phi}
\]  
\[
= \left( \frac{\partial}{\partial r} + \frac{2}{r} \right) X_r + \left( \frac{\partial}{\partial \theta} \sin \theta \right) X_\theta + \frac{1}{r \sin \theta} \frac{\partial X_\phi}{\partial \phi}.
\]
Global conservation laws  An immediate consequence of Eq. (8.16) is a covariant form of Gauß’ theorem for vector fields. In particular, we can conclude from local current conservation, \( \nabla_\mu j^\mu = 0 \), the existence of a globally conserved charge. If the conserved current \( j^a \) vanishes at infinity, then we obtain also in a general space-time

\[
\int \Omega \, d^4 x \sqrt{|g|} \nabla_\mu j^\mu = \int \Omega \, d^4 x \partial_\mu (\sqrt{|g|} j^\mu) = \int_{\partial \Omega} dS_\mu \sqrt{|g|} j^\mu = 0.
\]  

(8.20)

For a non-zero current, the volume integral over the charge density \( j^0 \) remains constant,

\[
\int \Omega \, d^4 x \sqrt{|g|} \nabla_\mu j^\mu = \int V_{(t_2)} d^3 x \sqrt{|g|} j^0 - \int V_{(t_2)} d^3 x \sqrt{|g|} j^0 = 0.
\]  

(8.21)

Thus the conservation of Noether charges of internal symmetries as the electric charge, baryon number, etc., is not affected by an expanding universe.

Next we consider the stress tensor as example for a locally conserved symmetric tensors of rank two. Now, the second term in Eq. (8.19) prevents us to convert the local conservation law into a global one. If the space-time admits however a Killing field \( \xi^\nu \), then we can form the vector field \( P_\mu = T^\mu{}_{\nu} \xi^\nu \) with

\[
\nabla_\mu P_\mu = \nabla_\mu (T^\mu{}_{\nu} \xi^\nu) = \xi^\nu \nabla_\mu T^\mu{}_{\nu} + T^\mu{}_{\nu} \nabla_\mu \xi^\nu = 0.
\]  

(8.22)

Here, the first term vanishes since \( T^\mu{}_{\nu} \) is conserved and the second because \( T^\mu{}_{\nu} \) is symmetric, while \( \nabla_\mu \xi^\nu \) is antisymmetric. Therefore the vector field \( P_\mu = T^\mu{}_{\nu} \xi^\nu \) is also conserved, \( \nabla_\mu P_\mu = 0 \), and we obtain thus the conservation of the component of the energy-momentum vector in the direction of \( \xi \).

In summary, global energy conservation requires the existence of a time-like Killing vector field. Moving along such a Killing field, the metric would be invariant. Since we expect in an expanding universe a time-dependence of the metric, a time-like Killing vector field does not exist and the energy contained in a “comoving” volume changes with time.

8.3 Einstein-Hilbert action

Einstein equation in vacuum  Our main guide in choosing the appropriate action for the gravitational field is simplicity. A Lagrange density has mass dimension four (or length \(-4\)) such that the action is dimensionless. In the case of gravity, we have to account for the dimensionful coupling, Newton’s constant \( G \), and require therefore that the Lagrange density without coupling has mass dimension two. Among the possible terms we can select are

\[
\mathcal{L} = \sqrt{|g|} \left\{ \Lambda + b R + c \nabla_a \nabla_b R^{ab} + d (\nabla_a \nabla_b R^{ab})^2 + \ldots \right\}
\]  

(8.23)

Note that the terms in the first line are ordered according to the number of derivatives: \( \Lambda : \partial^0 \), \( b : \partial^2 \), \( c : \partial^4 \). Choosing only the first term, a constant, will not give dynamical equations. The next simplest possibility is to pick out only the second term, as it was done originally.
by Hilbert. The following term will be suppressed relative to $b$ by dimensional reasons as $\nabla_a \nabla_b/M^2 \sim E^2/M^2$. Here, $E$ is the characteristic energy of the process considered, while we expect $1/M^2 \sim G_N$ for a theory of gravity. Thus at low energies, the first two terms should dominate the gravitational interactions. In contrast, a term like $f(R)$ in the second line is a modification of the simple $R$ term—the allowed size of this modification has to be constrained by experiments. We will see later that, if we do not include a constant term $\Lambda$ in the gravitational action, it will pop up on the matter side. Thus we add $\Lambda$ right from the start and define as the Einstein-Hilbert Lagrange density for the gravitational field

$$L_{EH} = -\sqrt{|g|}(R + 2\Lambda).$$

(8.24)

The Lagrangian is a function of the metric, its first and second derivatives,$^{1}$ $L_{EH}(g_{\mu\nu}, \partial_\rho g_{\mu\nu}, \partial_\rho \partial_\sigma g_{\mu\nu})$. The resulting action

$$S_{EH}[g_{\mu\nu}] = -\int_\Omega d^4x \sqrt{|g|} \{R + 2\Lambda\}$$

(8.25)

is a functional of the metric tensor $g_{\mu\nu}$, and a variation of the action with respect to the metric gives the field equations for the gravitational field. We allow for variations of the metric $g_{\mu\nu}$ restricted by the condition that the variation of $g_{\mu\nu}$ and its first derivatives vanish on the boundary $\partial \Omega$. Asking that variation is zero, we obtain

$$0 = \delta S_{EH} = -\delta \int_\Omega d^4x \sqrt{|g|}(R + 2\Lambda) =$$

$$= -\delta \int_\Omega d^4x \sqrt{|g|} (g^{\mu\nu} R_{\mu\nu} + 2\Lambda)$$

(8.26a)

$$= -\int_\Omega d^4x \left\{\sqrt{|g|} g^{\mu\nu} \delta R_{\mu\nu} + \sqrt{|g|} R_{\mu\nu} \delta g^{\mu\nu} + (R + 2\Lambda) \delta \sqrt{|g|}\right\}.$$ 

(8.26b)

Our task is to rewrite the first and third term as variations of $\delta g^{\mu\nu}$ or to show that they are equivalent to boundary terms. Let us start with the first term. Choosing inertial coordinates, the Ricci tensor at the considered point $P$ becomes

$$R_{\mu\nu} = \partial_\rho \Gamma^\rho_{\mu\nu} - \partial_\nu \Gamma^\rho_{\mu\rho}.$$ 

(8.27)

Hence

$$g^{\mu\nu} \delta R_{\mu\nu} = g^{\mu\nu} (\partial_\rho \delta \Gamma^\rho_{\mu\nu} - \partial_\nu \delta \Gamma^\rho_{\mu\rho}) = g^{\mu\nu} \partial_\rho \delta \Gamma^\rho_{\mu\nu} - g^{\mu\rho} \partial_\rho \partial_\nu \Gamma^\rho_{\mu\nu},$$

(8.28)

where we exchanged the indices $\nu$ and $\rho$ in the last term. Since $\partial_{\rho} g_{\mu\nu} = 0$ at $P$, we can rewrite the expression as

$$g^{\mu\nu} \delta R_{\mu\nu} = \partial_\rho (g^{\mu\nu} \delta \Gamma^\rho_{\mu\nu} - g^{\mu\rho} \delta \Gamma^\rho_{\mu\nu}) = \partial_\rho V^\rho.$$ 

(8.29)

The quantity $V^\rho$ is a vector, since the difference of two connection coefficients transforms as a tensor. Replacing in Eq. (8.29) the partial derivative by a covariant one promotes it therefore in a valid tensor equation,

$$g^{\mu\nu} \delta R_{\mu\nu} = \nabla_\nu V^\mu = \frac{1}{\sqrt{|g|}} \partial_\mu (\sqrt{|g|} V^\mu).$$

(8.30)

---

1Recall that the Lagrange equations are modified in the case of higher derivatives which is one reason why we directly vary the action in order to obtain the field equations.
Thus this term corresponds to a surface term which we assume to vanish. Next we rewrite the third term using

$$\delta \sqrt{|g|} = \frac{1}{2 \sqrt{|g|}} \delta |g| = \frac{1}{2 \sqrt{|g|}} g^{\mu\nu} \delta g_{\mu\nu} = -\frac{1}{2 \sqrt{|g|}} g_{\mu\nu} \delta g^{\mu\nu}$$

(8.31)

and obtain

$$\delta S_{\text{EH}} = -\int_{\Omega} d^4x \sqrt{|g|} \left\{ R_{\mu\nu} - \frac{1}{2} g_{\mu\nu} R - \Lambda g_{\mu\nu} \right\} \delta g^{\mu\nu} = 0.$$  

(8.32)

Hence the metric fulfills in vacuum the equation

$$-\frac{1}{\sqrt{|g|}} \frac{\delta S_{\text{EH}}}{\delta g^{\mu\nu}} = R_{\mu\nu} - \frac{1}{2} R g_{\mu\nu} - \Lambda g_{\mu\nu} \equiv G_{\mu\nu} - \Lambda g_{\mu\nu} = 0,$$

(8.33)

where we introduced the Einstein tensor $G_{\mu\nu}$. The constant $\Lambda$ is called the cosmological constant. It has the dimension of a length squared: If the cosmological constant is non-zero, empty space is curved with a curvature radius $\Lambda^{-1/2}$.

**Einstein equation with matter** We consider now the combined action of gravity and matter, as the sum of the Einstein-Hilbert Lagrange density $\mathcal{L}_{\text{EH}}/2\kappa$ and the Lagrange density $\mathcal{L}_m$ including all relevant matter fields,

$$\mathcal{L} = \frac{1}{2\kappa} \mathcal{L}_{\text{EH}} + \mathcal{L}_m = -\frac{1}{2\kappa} \sqrt{|g|} (R + 2\Lambda) + \mathcal{L}_m.$$  

(8.34)

In $\mathcal{L}_m$, the effects of gravity are accounted for by the replacements $\{\partial_\mu, \eta_{\mu\nu}\} \rightarrow \{\nabla_\mu, g_{\mu\nu}\}$, while we have to adjust later the constant $\kappa$ such that we reproduce Newtonian dynamics in the weak-field limit. We expect that the source of the gravitational field is the energy-momentum tensor. More precisely, the Einstein tensor ("geometry") should be determined by the matter, $G_{\mu\nu} = \kappa T_{\mu\nu}$. Since we know already the result of the variation of $S_{\text{EH}}$, we conclude that the variation of $S_m$ should give

$$\left(\frac{2}{\sqrt{|g|}} \frac{\delta S_m}{\delta g^{\mu\nu}} = T_{\mu\nu}\right).$$

(8.35)

The tensor $T_{\mu\nu}$ defined by this equation is called dynamical energy-momentum stress tensor. In order to show that this definition makes sense, we have to prove that $\nabla^\nu T_{\mu\nu} = 0$ and we have to convince ourselves that this definition reproduces the standard results we know already. Einstein’s field equation follows then as

$$G_{\mu\nu} - \Lambda g_{\mu\nu} = \kappa T_{\mu\nu}.$$  

(8.36)

**Alternative form of the Einstein equation** We can rewrite the Einstein equation such that the only geometrical term on the LHS is the Ricci tensor. Because of

$$R^{\mu}_\mu - \frac{1}{2} g^{\mu}_\mu (R + 2\Lambda) = R - 2(R + 2\Lambda) = -R - 4\Lambda = \kappa T^{\mu}_\mu$$

(8.37)

we can perform with $T \equiv T^{\mu}_\mu$ the replacement $R = -4\Lambda - \kappa T$ in the Einstein equation and obtain

$$R_{\mu\nu} = \kappa (T_{\mu\nu} - \frac{1}{2} g_{\mu\nu} T) - g_{\mu\nu} \Lambda.$$  

(8.38)
8.4 Dynamical stress tensor

We start by proving that the dynamical stress tensor defined by Eq. (8.35) is conserved. We consider the change of the matter action under variations of the metric,

\[ \delta S_m = \frac{1}{2} \int_{\Omega} d^4x \sqrt{|g|} T_{\alpha\beta} \delta g^{\alpha\beta}. \]  

(8.39)

We allow infinitesimal but otherwise arbitrary coordinate transformations,

\[ \tilde{x}^\alpha = x^\alpha + \xi^\alpha(x^\beta). \]  

(8.40)

For the resulting change in the metric \( \delta g_{\alpha\beta} \) we can use the Killing Eq. (4.9),

\[ \delta g_{\alpha\beta} = \nabla_{[\alpha} \xi_{\beta]} + \nabla_{\beta} \xi_{\alpha}. \]  

(8.41)

We use that \( T^{\alpha\beta} \) is symmetric and that general covariance guarantees that \( \delta S_m = 0 \) for a coordinate transformation,

\[ \delta S_m = -\int_{\Omega} d^4x \sqrt{|g|} \nabla_\alpha T^{\alpha\beta} \xi_\beta. \]  

(8.42)

Next we apply the product rule,

\[ \delta S_m = -\int_{\Omega} d^4x \sqrt{|g|} \left( \nabla_\alpha T^{\alpha\beta} \right) \xi_\beta + \int_{\Omega} d^4x \sqrt{|g|} \nabla_\alpha \left( T^{\alpha\beta} \xi_\beta \right) = 0. \]  

(8.43)

The second term is a four-divergence and thus a boundary term that we can neglect. The remaining first term vanishes for arbitrary \( \xi \), if the stress tensor is conserved,

\[ \nabla_\alpha T^{\alpha\beta} = 0. \]  

(8.44)

Hence the local conservation of energy-momentum is a consequence of the general covariance of the gravitational field equations, in the same way as current conservation follows from gauge invariance in electromagnetism.

We now evaluate the dynamical stress tensor for the examples of the Klein-Gordon and the photon field. Note that the replacements \( \eta_{\alpha\beta} \rightarrow g_{\alpha\beta} \) requires also that we have to express summation indices as contractions with the metric tensor, i.e. we have to replace e.g. \( A_\alpha B_\beta \) by \( g^{\alpha\beta} A_\alpha B_\beta \). Thus we rewrite Eq. (7.47) including a potential \( V(\phi) \), that could be also a mass term, \( V(\phi) = m^2\phi^2/2 \), as

\[ \mathcal{L} = \frac{1}{2} g^{\alpha\beta} \nabla_\alpha \phi \nabla_\beta \phi - V(\phi). \]  

(8.45)

With \( \nabla_\alpha \phi = \partial_\alpha \phi \) for a scalar field, the variation of the action gives

\[ \delta S_{\text{KG}} = \frac{1}{2} \int_{\Omega} d^4x \left\{ \sqrt{|g|} \nabla_\alpha \phi \nabla_\beta \phi \delta g^{\alpha\beta} + [g^{\alpha\beta} \nabla_\alpha \phi \nabla_\beta \phi - 2V(\phi)] \delta \sqrt{|g|} \right\} \]

\[ = \int_{\Omega} d^4x \sqrt{|g|} g^{\alpha\beta} \left\{ \frac{1}{2} \nabla_\alpha \phi \nabla_\beta \phi - \frac{1}{2} g_{\alpha\beta} \mathcal{L} \right\}. \]  

(8.46a)
and thus
\[ T_{\alpha\beta} = \frac{2}{\sqrt{|g|}} \frac{\delta S_m}{\delta g^{\alpha\beta}} = \nabla_\alpha \phi \nabla_\beta \phi - g_{\alpha\beta} \mathcal{L} \, . \tag{8.47} \]

Next we consider the free electromagnetic action,
\[ S_{\text{em}} = -\frac{1}{4} \int_{\Omega} d^4 x \sqrt{|g|} F_{ab} F^{ab} = -\frac{1}{4} \int_{\Omega} d^4 x \sqrt{|g|} g^{ac} g^{bd} F_{ab} F_{cd} \, . \tag{8.48} \]

Noting that
\[ F_{\alpha\beta} = \nabla_\alpha A_\mu - \nabla_\nu A_\mu = \partial_\alpha A_\mu - \partial_\nu A_\mu, \]
we obtain
\[ \delta S_{\text{em}} = -\frac{1}{4} \int_{\Omega} d^4 x \left\{ (\delta \sqrt{|g|}) F_{\rho\sigma} F^{\rho\sigma} + \sqrt{|g|} \delta (g^{\alpha\rho} g^{\beta\sigma}) F_{\alpha\beta} F_{\rho\sigma} \right\} \]
\[ = -\frac{1}{4} \int_{\Omega} d^4 x \sqrt{|g|} \delta g^{\alpha\beta} \left\{ -\frac{1}{2} g_{\alpha\beta} F_{\rho\sigma} F^{\rho\sigma} + 2 g^{\rho\sigma} F_{\rho\alpha} F_{\beta\sigma} \right\} \, . \tag{8.49a} \]

Hence the dynamical stress tensor is
\[ T_{\alpha\beta} = -F_{\alpha\rho} F^\rho_{\,\beta} + \frac{1}{4} g_{\alpha\beta} F_{\rho\sigma} F^{\rho\sigma} \, . \tag{8.50} \]

Thus we reproduced in both cases the (symmetrised) canonical stress tensor.

### 8.4.1 Cosmological constant

To understand better the meaning of the constant \( \Lambda \), we ask now if one of know energy-matter tensors could mimick a term \( g_{\alpha\beta} \Lambda \). First we consider a scalar field. The constancy of \( \Lambda \) requires clearly \( \nabla_\alpha \phi = 0 \) and thus
\[ T_{\alpha\beta} = g_{\alpha\beta} V_0(\phi) \, , \tag{8.51} \]
where \( V_0 \) is the minimum of the potential \( V(\phi) \). Hence a scalar field with a non-zero minimum of its potential acts as a cosmological constant.

Next we consider a perfect fluid described by the two parameters density \( \rho \) and pressure \( P \). We know already that \( T^{\alpha\beta} = \text{diag}\{\rho, P, P, P\} \) for a perfect fluid in its rest frame. Hence and a fluid with \( P = -\rho \), i.e. marginally fulfilling the strong energy condition, has the same property as a cosmological constant.

Is it possible to distinguish a term like \( T_{ab} = g_{ab} V_0(\phi) \) in \( S_m \) from a non-zero \( \Lambda \) in \( S_{\text{EH}} \) ? In principle yes, since a cosmological constant fulfills \( P = -\rho \) exactly and independently of all external parameters like temperature or density. The latter change with time in the universe and therefore there may be detectable differences to a fluid with \( P = P(\rho, T, \ldots) \) and a scalar field with potential \( V = V(\rho, T, \ldots) \), even if they mimick today very well a cosmological constant with \( P = -\rho \).

### 8.4.2 Equations of motion

We show now that Einstein’s equation imply that particles move along geodesics. By analogy with a pressureless fluid, \( T^{\alpha\beta} = \rho u^\alpha u^\beta \), we postulate\(^2\)
\[ T^{\alpha\beta}(\tilde{x}) = \frac{m}{\sqrt{|g|}} \int d\tau \frac{dx^\alpha}{d\tau} \frac{dx^\beta}{d\tau} \delta^{(4)}(\tilde{x} - x(\tau)) \tag{8.52} \]

\(^2\)Note the delta function is accompanied by a factor \( 1/\sqrt{|g|} \) such that \( \int d^4 x \sqrt{|g|} f(x) \delta(x - x_0)/\sqrt{|g|} = f(x_0) \).
for a point-particle moving along $x(\tau)$ with proper time $\tau$. Inserting this into
\[ \nabla_\alpha T^{\alpha\beta} = \partial_\alpha T^{\alpha\beta} + \Gamma^\alpha_{\sigma\alpha} T^{\sigma\beta} + \Gamma^\beta_{\sigma\alpha} T^{\alpha\sigma} = \frac{1}{\sqrt{|g|}} \partial_\alpha (\sqrt{|g|} T^{\alpha\beta}) + \Gamma^\beta_{\sigma\alpha} T^{\alpha\sigma} = 0 \] (8.53)
gives
\[ \int d\tau \dot{x}^\alpha \dot{x}^\beta \frac{\partial}{\partial \dot{x}^\alpha} \delta^{(4)}(\tilde{x} - x(\tau)) + \Gamma^\beta_{\sigma\alpha} \int d\tau \dot{x}^\alpha \dot{x}^\sigma \delta^{(4)}(\tilde{x} - x(\tau)) = 0. \] (8.54)
We can replace $\partial / \partial \tilde{x}^\alpha = -\partial / \partial x^\alpha$ acting on $\delta^{(4)}(\tilde{x} - x(\tau))$ and use moreover
\[ \dot{x}^\alpha \frac{\partial}{\partial x^\alpha} \delta^{(4)}(\tilde{x} - x(\tau)) = \frac{d}{d\tau} \delta^{(4)}(\tilde{x} - x(\tau)) \] (8.55)
to obtain
\[ -\int d\tau \dot{x}^\beta \frac{d}{d\tau} \delta^{(4)}(\tilde{x} - x(\tau)) + \Gamma^\beta_{\sigma\alpha} \int d\tau \dot{x}^\alpha \dot{x}^\sigma \delta^{(4)}(\tilde{x} - x(\tau)) = 0. \] (8.56)
Integrating the first term by parts we obtain
\[ \int d\tau \left( \ddot{x}^\beta + \Gamma^\beta_{\sigma\alpha} \dot{x}^\alpha \dot{x}^\sigma \right) \delta^{(4)}(\tilde{x} - x(\tau)) = 0. \] (8.57)
The integral vanishes only, when the word-line $x^\alpha(\tau)$ is a geodesics. Hence Einstein’s equation implies already the equation of motion of a point particle, in contrast to Maxwell’s theory, where the Lorentz force law has to be postulated separately.

### 8.5 Alternative theories

The Einstein-Hilbert action (8.24) is most likely only the low-energy limit of either the “true” action of gravity or of an unified theory of all interactions. It is therefore interesting to examine modifications of the Einstein-Hilbert action and to compare their predictions to observations.

**Tensor-scalar theories**  The field equations for a purely scalar theory of gravity would be
\[ \Box \phi = -4\pi G T^a_a. \] (8.58)
It predicts no coupling between photons and gravitation, since $T^a_a = 0$ for the electromagnetic field. A purely vector theory for gravity fails, since it predicts not attraction but repulsion for two masses.

However, it may well be that gravity is a mixture of scalar, vector and tensor exchange, dominated by the later. An important example for a tensor-scalar theory is the Brans-Dicke theory. Here one use $g_{\mu\nu}$ to describe gravitational interactions but assumes that the strength, $G$, is determined by a scalar field $\phi$,
\[ S = \int d^4x \sqrt{|g|} \left\{ -\frac{1}{2} \phi^2 R + \alpha (\partial_\mu \phi)^2 + \mathcal{L}_m(g_{\mu\nu}, \psi) \right\}, \] (8.59)
where $\psi$ represents all matter fields. Rescaling the metric by
\[ \tilde{g}_{\mu\nu} = g_{\mu\nu} \frac{\kappa}{\phi^2} \]
we are back to Einstein gravity, but now $\phi$ couples universally to all matter fields $\psi$. 

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Another important class of modified gravity models are the so-called $f(R)$ gravity models, which generalise the Einstein–Hilbert action replacing $R$ by a general function $f(R)$. Thus the action of $f(R)$ gravity coupled to matter has the form

$$S = \int d^4x \sqrt{|g|} \left\{ -\frac{1}{2\kappa} f(R) + \mathcal{L}_m \right\}, \quad (8.60)$$

where $S_m$ may contain both non-relativistic matter and radiation. Note that for $f(R) \neq R$, the gravitational constant $\kappa = 8\pi\tilde{G}$ deviates from Newton’s constant $G$ measured in a Cavendish experiment. The field equations can be derived from the action (8.60) either by a variation w.r.t. the metric or the connection. The dynamics and the number of the resulting degrees of freedom differ in the two treatments. Following the first approach, generalising our old derivation one obtains

$$F(R) R_{\mu\nu} - \frac{1}{2} f(R) g_{\mu\nu} - \nabla_\mu \nabla_\nu F(R) + g_{\mu\nu} \Box F(R) = \kappa T_{\mu\nu} \quad (8.61)$$

with $F \equiv df/dR$. Taking the trace of this expression, we find

$$F(R) R - 2 f(R) g_{\mu\nu} + 3 \Box F(R) = \kappa T. \quad (8.62)$$

The term $\Box F(R)$ acts as a kinetic term so that these models contain an additional propagating scalar degree of freedom, $\phi = F(R)$.

**Extra dimensions and Kaluza-Klein theories** String theory suggests that we live in a world with $d = 10$ spacetime dimensions. There are two obvious answers to this result: first, one may conclude that string theory is disproven by nature or, second, one may adjust reality. Consistency of the second approach with experimental data could be achieved, if the $d - 4$ dimensions are compactified with a sufficiently small radius $R$, such that they are not visible in experiments sensible to wavelengths $\lambda \gg R$.

Let us check what happens to a scalar particle with mass $m$, if we add a fifth compact dimension $y$. The Klein–Gordon equation for a scalar field $\phi(x^\mu, y)$ becomes

$$(\Box_5 + m^2)\phi(x^\mu, y) = 0 \quad (8.63)$$

with the five-dimensional d’Alembert operator $\Box_5 = \Box - \partial_y^2$. The equation can be separated, $\phi(x^\mu, y) = \phi(x^\mu) f(y)$, and since the fifth dimension is compact, the spectrum of $f$ is discrete. Assuming periodic boundary conditions, $f(x) = f(x + R)$, gives

$$\phi(x^\mu, y) = \phi(x^\mu) \cos(n\pi y/R). \quad (8.64)$$

The energy eigenvalues of these solutions are $\omega_{k,n}^2 = k^2 + m^2 + (n\pi/R)^2$. From a four-dimensional point of view, the term $(n\pi/R)^2$ appears as a mass term, $m_n^2 = m^2 + (n\pi/R)^2$. Since we usually consider states with different masses as different particles, we see the five-dimensional particle as a tower of particles with mass $m_n$ but otherwise identical quantum numbers. Such theories are called Kaluza–Klein theories, and the tower of particles Kaluza–Klein particles. If $R \ll \lambda$, where $\lambda$ is the length-scale experimentally probed, only the $n = 0$ particle is visible and physics appears to be four-dimensional.

Since string theory includes gravity, one often assumes that the radius $R$ of the extra-dimensions is determined by the Planck length, $R = 1/M_{Pl} = (8\pi G_N)^{1/2} \sim 10^{-34}$ cm. In this
case it is difficult to imagine any observational consequences of the additional dimensions. Of
greater interest is the possibility that some of the extra dimensions are large,
\[ R_{1,...,\delta} \gg R_{\delta+1,...,6} = 1/M_{\text{Pl}}. \]
Since the $1/r^2$ behaviour of the gravitational force is not tested below $d_* \sim \text{mm}$ scales, one can imagine that large extra dimensions exist that are only visible to gravity: Relating the $d = 4$ and $d > 4$ Newton’s law $F \sim \frac{m_1 m_2}{r^2 \delta}$ at the intermediate scale $r = R$, we can derive the “true” value of the Planck scale in this model: Matching of Newton’s law in $4$ and $4 + \delta$ dimensions at $r = R$ gives
\[ F(r = R) = G_N \frac{m_1 m_2}{R^2} = \frac{1}{M_D^{2+\delta}} \frac{m_1 m_2}{R^{2+\delta}}. \]
(8.65)
This equation relates the size $R$ of the large extra dimensions to the true fundamental scale $M_D$ of gravity in this model,
\[ G_N^{-1} = 8\pi M_{\text{Pl}}^2 = R^\delta M_D^{\delta+2}, \]
while Newton’s constant $G_N$ becomes just an auxiliary quantity useful to describe physics at $r \gtrsim R$. (You may compare this to the case of weak interactions where Fermi’s constant $G_F \propto g^2/m_W^2$ is determined by the weak coupling constant $g$ and the mass $m_W$ of the $W$-boson.) Thus in such a set-up, gravity is much weaker than weak interaction because the gravitational field is diluted into a large volume.

Next we ask, if $M_D \sim \text{TeV}$ is possible, what would allow one to test such theories at accelerators as LHC. Inserting the measured value of $G_N$ and $M_D = 1 \text{TeV}$ in Eq. (8.66) we find the required value for the size $R$ of the large extra dimension as $10^{13} \text{ cm}$ and $0.1 \text{ cm}$ for $\delta = 1$ and $2$, respectively, Thus the case $\delta = 1$ is excluded by the agreement of the dynamics of the solar system with four-dimensional Newtonian physics. The cases $\delta \geq 2$ are possible, because Newton’s law is experimentally tested only for scales $r \gtrsim 1 \text{ mm}$.
9 Linearized gravity and gravitational waves

In any relativistic theory of gravity, the effects of an accelerated point mass on the surrounding spacetime can propagate maximally with the speed of light. Thus one expects that, in close analogy to electromagnetic waves, gravitational waves exist. Such waves correspond to ripples in spacetime which lead to local stresses and transport energy. Although gravitational waves were already predicted by Einstein in 1916, their existence was questioned until the 1950s: Since locally the effects of gravity can be eliminated, it was doubted that they cause any measurable effects. Similarly, the non-existence of a stress tensor for the gravitational field raised the question how, e.g., the momentum and energy flux of gravitational waves can be properly defined. Only in 1957, at the now famous “Chapell Hill Conference”, this controversy was decided: First, Pirani presented a formalism how coordinate independent effects of a gravitational wave could be deduced. Second, Feynman suggested the following simple gedankenexperiment: A gravitational wave passing a rod with sticky beads would move the beads along the rod; friction would then produce heat, implying that the gravitational wave had done work. Soon after that the first gravitational wave detectors were developed, but only in 2015 the first detection was accomplished.

9.1 Linearized gravity

In electrodynamics, the photon is uncharged and the Maxwell equations are thus linear. In contrast, gravitational fields carry energy, are thus self-interacting and in turn the Einstein equations are non-linear. In order to derive a wave equation, we have therefore to linearize the field equations as first step.

9.1.1 Metric perturbations as a tensor field

We are looking for small perturbations $h_{\mu\nu}$ around the Minkowski\(^1\) metric $\eta_{\mu\nu}$.

$$g_{\mu\nu} = \eta_{\mu\nu} + h_{\mu\nu}, \quad \text{with} \quad |h_{\mu\nu}| \ll 1. \quad (9.1)$$

These perturbations may be caused either by the propagation of gravitational waves or by the gravitational potential of a star. In the first case, current experiments show that we should not hope for $h$ larger than $O(h) \sim 10^{-22}$. Keeping only terms linear in $h$ is therefore an excellent approximation. Choosing in the second case as application the final phase of the spiral-in of a neutron star binary system, deviations from Newtonian limit can become large. Hence one needs a systematic “post-Newtonian” expansion or even a numerical analysis to describe properly such cases.

We choose a Cartesian coordinate system $x^\mu$ and ask ourselves which transformations are compatible with the splitting (9.1) of the metric. If we consider global Lorentz transformations\(^1\) the same analysis could be performed for small perturbations around an arbitrary metric $g_{\mu\nu}^{(0)}$, adding however considerable technical complexity.

\(^1\)The same analysis could be performed for small perturbations around an arbitrary metric $g_{\mu\nu}^{(0)}$, adding however considerable technical complexity.
Table 9.1: Comparison of basic formulas for electromagnetic and gravitational radiation.

\[ A^\alpha(x) = \int d^3x' J^\alpha(t', x') |x-x'| \]

\[ \bar{h}^{\alpha\beta}(x) = \int d^3x' T^{\alpha\beta}(t', x') |x-x'| \]

\[ L_{em} = -\frac{2}{3} \ddot{d}_a \ddot{d}^a \]

\[ L_{gr} = -\frac{1}{2} \Gamma_{ab}^{\alpha} I^{ab} - \frac{1}{2} \eta_{ab} I^{ab} \]

\[ \Lambda^\nu_\mu, \text{ then } \tilde{x}^\nu = \Lambda^\nu_\mu x^\mu, \text{ and the metric tensor transforms as} \]

\[ \tilde{g}_{\alpha\beta} = \Lambda^\rho_\alpha \Lambda^\sigma_\beta g_{\rho\sigma} = \Lambda^\rho_\alpha \Lambda^\sigma_\beta (\eta_{\rho\sigma} + h_{\rho\sigma}) = \eta_{\alpha\beta} + \Lambda^\rho_\alpha \Lambda^\sigma_\beta h_{\rho\sigma} = \tilde{\eta}_{\alpha\beta} + \Lambda^\rho_\alpha \Lambda^\sigma_\beta h_{\rho\sigma}. \]

Since \( \tilde{h}_{\alpha\beta} = \Lambda^\rho_\alpha \Lambda^\sigma_\beta h_{\rho\sigma} \), we see that global Lorentz transformations respect the splitting (9.1). Thus \( h_{\mu\nu} \) transforms as a rank-2 tensor under global Lorentz transformations. We can view therefore the perturbation \( h_{\mu\nu} \) as a symmetric rank-2 tensor field defined on Minkowski space that satisfies as wave equation the linearized Einstein equation, similar as the photon field fulfills a wave equation derived from Maxwell’s equations.

The splitting (9.1) is however clearly not invariant under general coordinate transformations, as they allow, for example, the finite rescaling \( g_{\mu\nu} \rightarrow \Omega g_{\mu\nu} \). We restrict therefore ourselves to infinitesimal coordinate transformations,

\[ \tilde{x}^\mu = x^\mu + \xi^\mu(x') \]

with \( |\xi^\mu| \ll 1 \). Then the Killing equation (4.8) simplifies to

\[ \tilde{h}_{\mu\nu} = h_{\mu\nu} + \partial_\mu \xi_\nu + \partial_\nu \xi_\mu, \]

because the term \( \xi^\rho \partial_\rho h_{\mu\nu} \) is quadratic in the small quantities \( h_{\mu\nu} \) and \( \xi^\mu \) and can be neglected. Recall that the \( \xi^\rho \partial_\rho h_{\mu\nu} \) term appeared, because we compared the metric tensor at different points. In its absence, it is more fruitful to view Eq. (9.4) not as a coordinate but as a gauge transformation analogous to Eq. (7.88). In this interpretation, we stay in Minkowski space and the fields \( \tilde{h}_{\mu\nu} \) and \( h_{\mu\nu} \) describe the same physics, since the gravitational field equations do not fix uniquely \( h_{\mu\nu} \) for a given source.

**Comparison with electromagnetism** In Table 9.1, basic properties of electromagnetic and gravitational waves are compared.

### 9.1.2 Linearized Einstein equation in vacuum

From \( \partial_\nu \eta_{\rho\nu} = 0 \) and the definition

\[ \Gamma^\mu_{\nu\lambda} = \frac{1}{2} g^{\mu\nu}(\partial_\nu g_{\rho\lambda} + \partial_\lambda g_{\rho\nu} - \partial_\rho g_{\nu\lambda}) \]

we find for the change of the connection linear in \( h_{\mu\nu} \)

\[ \delta \Gamma^\mu_{\nu\lambda} = \frac{1}{2} g^{\mu\nu}(\partial_\nu h_{\rho\lambda} + \partial_\lambda h_{\rho\nu} - \partial_\rho h_{\nu\lambda}) = \frac{1}{2}(\partial_\nu h^\mu_{\lambda} + \partial_\lambda h^\mu_{\nu} - \partial^\mu h_{\nu\lambda}). \]
Note that we used $\eta^{\mu \nu}$ to lower indices which is appropriate in the linear approximation. Remembering the definition of the Riemann tensor,

$$R^\mu{}_{\nu \lambda \kappa} = \partial_\lambda \Gamma^\mu{}_{\nu \kappa} - \partial_\kappa \Gamma^\mu{}_{\nu \lambda} + \Gamma^\mu{}_{\rho \lambda} \Gamma^\rho{}_{\nu \kappa} - \Gamma^\mu{}_{\rho \kappa} \Gamma^\rho{}_{\nu \lambda},$$

(9.7)

we see that we can neglect the terms quadratic in the connection terms. Thus we find for the change

$$\delta R^\mu{}_{\nu \lambda \kappa} = \partial_\lambda \delta \Gamma^\mu{}_{\nu \kappa} - \partial_\kappa \delta \Gamma^\mu{}_{\nu \lambda}$$

(9.8a)

$$= \frac{1}{2} \left\{ \partial_\lambda \partial_\rho h^\rho_{\mu \kappa} + \partial_\lambda \partial_\kappa h^\rho_{\nu \rho} - \partial_\kappa \partial_\rho h^\rho_{\mu \lambda} - \partial_\rho \partial_\lambda h^\rho_{\nu \kappa} - \partial_\kappa \partial_\rho h^\rho_{\mu \lambda} \right\}$$

(9.8b)

$$= \frac{1}{2} \left\{ \partial_\lambda \partial_\rho h^\rho_{\mu \kappa} + \partial_\kappa \partial_\rho h^\rho_{\nu \lambda} - \partial_\lambda \partial_\rho h^\rho_{\nu \kappa} - \partial_\kappa \partial_\rho h^\rho_{\lambda \mu} \right\}.$$  

(9.8c)

The change in the Ricci tensor follows by contracting $\mu$ and $\lambda$,

$$\delta R^\lambda{}_{\nu \lambda \kappa} = \frac{1}{2} \left\{ \partial_\lambda \partial_\rho h^\rho_{\mu \kappa} + \partial_\kappa \partial_\rho h^\rho_{\nu \lambda} - \partial_\lambda \partial_\rho h^\rho_{\nu \kappa} - \partial_\kappa \partial_\rho h^\rho_{\lambda \mu} \right\}.$$  

(9.9)

Next we introduce $h \equiv h^\mu_{\mu}$, $\Box = \partial_\mu \partial^\mu$, and relabel the indices,

$$\delta R_{\mu \nu} = \frac{1}{2} \left\{ \partial_\mu \partial_\nu h^\rho_{\mu \rho} + \partial_\nu \partial_\mu h^\rho_{\rho \mu} - \Box h_{\mu \nu} - \partial_\mu \partial_\nu h \right\}.$$  

(9.10)

We now rewrite all terms apart from $\Box h_{\mu \nu}$ as derivatives of the vector

$$\xi_\mu = \partial_\nu h^\nu_{\mu} - \frac{1}{2} \partial_\mu h,$$

(9.11)

obtaining

$$\delta R_{\mu \nu} = \frac{1}{2} \left\{ - \Box h_{\mu \nu} + \partial_\mu \xi_\nu + \partial_\nu \xi_\mu \right\}.$$  

(9.12)

Looking back at the properties of $h_{\mu \nu}$ under gauge transformations, Eq. (9.4), we see that we can gauge away the second and third term. Thus the linearised Einstein equation in vacuum, $\delta R_{\mu \nu} = 0$, becomes simply

$$\Box h_{\mu \nu} = 0,$$

(9.13)

if the harmonic gauge\(^2\)

$$\xi_\mu = \partial_\nu h^\nu_{\mu} - \frac{1}{2} \partial_\mu h = 0$$

(9.14)

is chosen. Hence the familiar wave equation holds for all independent components of $h_{\mu \nu}$, and the perturbations propagate with the speed of light. Inserting plane waves $h_{\mu \nu} = \epsilon_{\mu \nu} \exp(-ikx)$ into the wave equation, one finds immediately that $k$ is a null vector.

The characteristic property of gravity that we can introduce in each point an inertial coordinate system implies that we can set the perturbation $h_{\mu \nu}$ equal to zero in a single point. This ambiguity was one of the reasons that the existence of gravitational waves was doubted for long time. In Section 8.1, we introduced therefore the Riemann tensor as an unambiguous signature for the non-zero curvature of space-time. The derivation of a wave equation for the Riemann tensor,

$$\Box R^\mu{}_{\nu \lambda \kappa} = 0,$$

(9.15)

by Pirani in 1956 (which follows by using (9.13) in (9.8c)), can be therefore seen as the theoretical proof for the existence of gravitational waves in Einstein gravity: Ripples in spacetime, or more formally perturbations of the curvature tensor, propagate with the speed of light.

\(^2\)Alternatively, this gauge is called Hilbert, Loren(t)z, de Donder,\ldots, gauge.
9.1 Linearized gravity

9.1.3 Linearized Einstein equation with sources

We found $2\delta R_{\mu\nu} = -\Box h_{\mu\nu}$. By contraction it follows $2\delta R = -\Box h$. Combining then both terms gives

$$\Box \left( h_{\mu\nu} - \frac{1}{2}\eta_{\mu\nu}h \right) = -2\left( \delta R_{\mu\nu} - \frac{1}{2}\eta_{\mu\nu}\delta R \right) = -2\kappa \delta T_{\mu\nu}. \quad (9.16)$$

Since we assumed an empty universe in zeroth order, $\delta T_{\mu\nu}$ is the complete contribution to the stress tensor. We omit therefore in the following the $\delta$ in $\delta T_{\mu\nu}$. Next we introduce as useful short-hand notation the “trace-reversed” amplitude as

$$\bar{h}_{\mu\nu} \equiv h_{\mu\nu} - \frac{1}{2}\eta_{\mu\nu}h. \quad (9.17)$$

The harmonic gauge condition becomes then

$$\partial^\mu \bar{h}_{\mu\nu} = 0 \quad (9.18)$$

and the linearised Einstein equation in the harmonic gauge follows as

$$\Box \bar{h}_{\mu\nu} = -2\kappa \bar{T}_{\mu\nu}. \quad (9.19)$$

Because of $\bar{h}_{\mu\nu} = h_{\mu\nu}$ and Eq. (8.38), we can rewrite this wave equation also as

$$\Box h_{\mu\nu} = -2\kappa \bar{T}_{\mu\nu} \quad (9.20)$$

with the trace-reversed stress tensor $\bar{T}_{\mu\nu} \equiv T_{\mu\nu} - \frac{1}{2}\eta_{\mu\nu}T$.

**Newtonian limit** We are now in the position to fix the value of the constant $\kappa$, comparing the wave equation (9.19) with the Schwarzschild metric in the Newtonian limit. This limit corresponds to $v/c \rightarrow 0$ and thus the only non-zero element of the stress tensor becomes $T^{00} = \rho$. Moreover, the d’Alembert operator can be approximated by minus the Laplace operator, $\Box \rightarrow -\Delta$. The Schwarzschild metric in the weak-field limit is

$$ds^2 = (1 + 2\Phi)dt^2 - (1 - 2\Phi) (dx^2 + dy^2 + dz^2) \quad (9.21)$$

with $\Phi = -GM/r$ as the Newtonian gravitational potential. Comparing this metric to Eq. (9.1), we find as (static) metric perturbations

$$h_{00} = 2\Phi, \quad h_{ij} = 2\delta_{ij}\Phi, \quad h_{0i} = 0. \quad (9.22)$$

With $h^i_j = -h_{ij}$ and thus $h = -4\Phi$, it follows

$$-\Delta \left( h_{00} - \frac{1}{2}\eta_{00}h \right) = -4\Delta \Phi = -2\kappa \rho. \quad (9.23)$$

Hence the linearised Einstein equation has in the Newtonian limit the same form as the Poisson equation $\Delta \Phi = 4\pi G\rho$, and the constant $\kappa$ equals $\kappa = 8\pi G$. 
9 Linearized gravity and gravitational waves

9.1.4 Polarizations states

**TT gauge** We consider a plane wave \( h_{\mu \nu} = \varepsilon_{\mu \nu} \exp(-ikx) \). The symmetric matrix \( \varepsilon_{ab} \) is called polarization tensor. Its ten independent components are constrained both by the wave equation and the gauge condition. The harmonic gauge \( \partial^\mu h_{\mu \nu} = 0 \) corresponds to four constraints and reduces thereby the number of independent polarization states from ten to six. Even after fixing the harmonic gauge \( \partial^\mu h_{\mu \nu} = 0 \), we can still perform a gauge transformation using four functions \( \xi_\mu \) satisfying \( \Box \xi_\mu = 0 \). We can choose them such that four additional components of \( h_{\mu \nu} \) vanish. In the transverse traceless (TT) gauge, we set \( (i = 1, 2, 3) \)

\[
h_{0i} = 0, \quad \text{and} \quad h = 0.
\]

(9.24)

The harmonic gauge condition becomes \( \xi_\alpha = \partial_\beta h_\beta^\alpha = 0 \) or

\[
\xi_0 = \partial_\beta h_0^\beta = \partial_0 h_0^0 = -i\omega \varepsilon_{00} e^{-ikx} = 0,
\]

(9.25a)

\[
\xi_a = \partial_\beta h_a^\beta = \partial_0 h_a^0 = ik^b \varepsilon_{ab} e^{-ikx} = 0.
\]

(9.25b)

Thus \( \varepsilon_{00} = 0 \) and the polarisation tensor is transverse, \( k^a \varepsilon_{ab} = k^b \varepsilon_{ab} = 0 \). If we choose the plane wave propagating in the \( z \) direction, \( k = ke_z \), the last row and column of the polarisation tensor vanish too. Accounting for \( h = 0 \) and \( \varepsilon_{\alpha \beta} = \varepsilon_{\beta \alpha} \), only two independent elements are left,

\[
\varepsilon_{\alpha \beta} = \begin{pmatrix} 0 & 0 & 0 & 0 \\
0 & \varepsilon_{11} & \varepsilon_{12} & 0 \\
0 & \varepsilon_{12} & -\varepsilon_{11} & 0 \\
0 & 0 & 0 & 0 \end{pmatrix}.
\]

(9.26)

In general, one can construct the polarisation tensor in the TT gauge by first setting the non-transverse part to zero and then subtracting the trace. The resulting two independent elements are (again for \( k = ke_z \)) then \( \varepsilon_{11} = (\varepsilon_{xx} - \varepsilon_{yy})/2 \) and \( \varepsilon_{12} \).

Let us re-discuss the procedure of determining the physical polarisation states of a gravitational wave following the same approach that we used for the photon in Eqs. (7.86)-(7.88). We consider first as gauge transformation

\[
\xi^\mu(x) = -i\lambda^\mu \exp(-ikx),
\]

(9.27)

obtaining\(^3\)

\[
\tilde{h}^{\mu \nu} = h^{\mu \nu} + \partial^\mu \xi^\nu + \partial^\nu \xi^\mu = (\varepsilon^{\mu \nu} + \lambda^\mu k^\nu + \lambda^\nu k^\mu) \exp(-ikx) = \tilde{\varepsilon}^{\mu \nu} \exp(-ikx).
\]

(9.28)

Choosing again a photon propagating in \( z \) direction, \( k^\mu = (\omega, 0, 0, \omega) \), it follows

\[
\lambda^\mu k^\nu + \lambda^\nu k^\mu = \omega \begin{pmatrix} 2\lambda^0 & \lambda^1 & \lambda^2 & \lambda^0 \lambda^3 \\
\lambda^1 & \lambda^1 & 0 & 0 \\
\lambda^2 & 0 & \lambda^2 & \lambda^1 \\
\lambda^0 \lambda^3 & \lambda^1 & \lambda^2 & 2\lambda^3 \end{pmatrix}.
\]

(9.29)

Thus the gauge transformation does not affect the non-zero components in the TT gauge, which are therefore the only physical ones. On the other hand, the arbitrariness of \( \lambda^\mu \) allows

\(^3\)Simpler to consider trace-reversed \( \tilde{h}^{\mu \nu} \).
9.1 Linearized gravity

us to set all other elements of the polarisation tensor to zero. To see this, we note that the harmonic gauge implies

\[ k^\mu \varepsilon_{\mu\nu} = \frac{1}{2} k^\nu \varepsilon_{\mu}^{\nu}. \]  

(9.30)

Then it follows for \( \nu = \{1, 2\} \)

\[ \varepsilon_{01} + \varepsilon_{31} = \varepsilon_{02} + \varepsilon_{32} = 0, \]  

(9.31)

while the \( \nu = \{0, 3\} \) components result with \( \varepsilon_{ij} = -\varepsilon_{ji}^{\dagger} \) and \( k_\mu = (\omega, 0, 0, -\omega) \) in

\[ \varepsilon_{00} + \varepsilon_{30} = \frac{1}{2}(\varepsilon_{00} - \varepsilon_{11} - \varepsilon_{22} - \varepsilon_{33}) = -(\varepsilon_{03} + \varepsilon_{33}). \]  

(9.32)

Thus we can eliminate four elements of the polarisation tensor. We choose to eliminate \( \varepsilon_{0i} \), using first \( \varepsilon_{01} = -\varepsilon_{31} \) and \( \varepsilon_{02} = -\varepsilon_{32} \). Next we combine the LHS and the RHS of Eq. (9.32) using \( \varepsilon_{30} = \varepsilon_{03} \), obtaining

\[ \varepsilon_{03} = -\frac{1}{2}(\varepsilon_{00} + \varepsilon_{33}). \]  

(9.33)

Finally, we use this relation to eliminate \( \varepsilon_{03} \) in the \( \nu = 3 \) equation,

\[ \frac{1}{2}\varepsilon_{00} - \frac{1}{2}\varepsilon_{33} = \frac{1}{2}(\varepsilon_{00} - \varepsilon_{11} - \varepsilon_{22} - \varepsilon_{33}). \]  

(9.34)

and thus \( \varepsilon_{11} = -\varepsilon_{22} \). Apart from the invariant physical elements, \( \tilde{\varepsilon}_{11} = \varepsilon_{11} \) and \( \tilde{\varepsilon}_{12} = \varepsilon_{12} \), the remaining four elements of the polarisation tensor transform as

\[ \varepsilon_{13}^{\prime} = \varepsilon_{13} + \omega \lambda^1, \quad \varepsilon_{23}^{\prime} = \varepsilon_{23} + \omega \lambda^2, \]  

\[ \varepsilon_{33}^{\prime} = \varepsilon_{33} + 2 \omega \lambda^3, \quad \varepsilon_{00}^{\prime} = \varepsilon_{00} + 2 \omega \lambda^0, \]  

(9.35)

(9.36)

Since each of the four elements depends on a different \( \lambda^\mu \), they can be set to zero choosing

\[ \lambda^0 = -\frac{\varepsilon_{00}}{2\omega}, \quad \lambda^1 = -\frac{\varepsilon_{13}}{\omega}, \quad \lambda^2 = -\frac{\varepsilon_{23}}{\omega}, \quad \lambda^3 = -\frac{\varepsilon_{33}}{2\omega}. \]  

(9.37)

**Helicity** We determine now how a metric perturbation \( h_{ab} \) transforms under a rotation with the angle \( \alpha \). We choose the wave propagating in \( z \) direction, \( k = ke_z \), the TT gauge, and the rotation in the \( xy \) plane. Then the general Lorentz transformation \( \Lambda \) becomes

\[
\Lambda^\nu_\mu = \begin{pmatrix}
1 & 0 & 0 & 0 \\
0 & \cos \alpha & \sin \alpha & 0 \\
0 & -\sin \alpha & \cos \alpha & 0 \\
0 & 0 & 0 & 1
\end{pmatrix}.
\]  

(9.38)

Since \( k = ke_z \) and thus \( \Lambda^\nu_\mu k_\nu = k_\mu \), the rotation affects only the polarisation tensor. We rewrite \( \varepsilon'_{\mu\nu} = \Lambda^\nu_\rho \Lambda^\rho_\sigma \varepsilon_{\mu\sigma} \) in matrix notation, \( \varepsilon' = \Lambda \varepsilon \Lambda^T \). It is sufficient to perform the calculation for the \( xy \) sub-matrices. The result after introducing circular polarisation states \( \varepsilon_{\pm} = \varepsilon_{11} \pm i\varepsilon_{12} \) is

\[ \varepsilon'_{\pm} = \exp(\mp 2i\alpha)\varepsilon_{\pm}. \]  

(9.39)

The same calculation for a circularly polarised photon gives \( \varepsilon'_{\pm} = \exp(\mp i\alpha)\varepsilon_{\pm} \). Any plane wave \( \psi \) which is transformed into \( \psi' = e^{-ih\alpha}\psi \) by a rotation of an angle \( \alpha \) around its propagation axis is said to have helicity \( h \). Thus if we say that a photon has spin 1 and a graviton
has spin 2, we mean more precisely that electromagnetic and gravitational plane waves have helicity 1 and 2, respectively. Doing the same calculation in an arbitrary gauge, one finds that the remaining, unphysical degrees of freedom transform as helicity 1 and 0 (problem 9.??).

In general, a massive tensor field of rank $n$ contains states with helicity $h = -n, \ldots, n$, containing thus $2n + 1$ polarisation states. In contrast, a massless tensor field of rank $n$ contains only the two polarisation states with maximal helicity, $h = -n$ and $h = n$.

**Detection principle of gravitational waves** Let us consider the effect of a gravitational wave on a free test particle that is initially at rest, $u^\alpha = (1, 0, 0, 0)$. Then the geodesic equation simplifies to $\dot{u}^\alpha = -\Gamma^\alpha_{00}$. The four relevant Christoffel symbols are in the linearised approximation, cf. Eq. (9.6),

$$\Gamma^\alpha_{00} = \frac{1}{2} \left( \partial_0 h^\alpha_0 + \partial_0 h^0_\alpha - \partial^\alpha h_{00} \right).$$

We are free to choose the TT gauge in which all component of $h_{\alpha\beta}$ appearing on the RHS are zero. Hence the acceleration of the test particle is zero and its coordinate position is unaffected by the gravitational wave: the TT gauge defines a comoving coordinate system. The physical distance $l$ between two test particles is given by integrating

$$dl^2 = g_{ab} d\xi^a d\xi^b = (h_{ab} - \delta_{ab}) d\xi^a d\xi^b,$$

where $g_{ab}$ is the spatial part of the metric and $d\xi$ the spatial coordinate distance between infinitesimal separated test particles. Hence the passage of a gravitational wave, $h_{\alpha\beta} \propto \varepsilon_{\alpha\beta} \cos(\omega t)$, results in a periodic change of the separation of freely moving test particles. Figure 9.1 shows that a gravitational wave exerts tidal forces, stretching and squashing test particles in the transverse plane. The relative size of the change, $\Delta L/L$, is given by the amplitude $h$ of the gravitational wave. It is this tiny periodic change, $\Delta L/L \lesssim 10^{-21} \cos(\omega t)$, which gravitational wave experiments aim to detect. There are two basic types of gravitational wave experiments. In the first, one uses the fact that the tidal forces of a passing gravitational wave excite lattice vibrations in a solid state. If the wave frequency is resonant with a lattice mode, the vibrations might be amplified to detectable levels. In the second type of experiment, the free test particles are replaced by mirrors. Between the mirrors, a laser beam is reflected multiple times, thereby increasing the effective length $L$ and thus $\Delta L$, before two beams at $90^\circ$ are brought to interference.
9.2 Stress pseudo-tensor for gravity

A collection of potential gravitational wave sources is compared to the sensitivity of present and future experiments in Fig. 9.2. As the most promising gravitational wave source the inspiral of binary systems composed of neutron stars or black holes has been suggested. In September 2015, the Advanced Laser Interferometer Gravitational-Wave Observatory (Advanced LIGO) detected such a signal for the first time [1, 2]. Since then, such merger have been observed on a regular basis: Currently, 47 compact binary mergers have been detected. Other, weaker sources in the frequency range $\sim 100$ Hz are supernova explosions. The coalescence of supermassive black holes during the merger of two galaxies proceeds on much longer time scales. Correspondingly, the frequency of these events is much lower, and experiments searching for them a space-based interferometers. Additionally, a stochastic background of gravitational waves might be produced during inflation and phase transitions in the early universe.

9.2 Stress pseudo-tensor for gravity

**Stress pseudo-tensor** We consider again the splitting (9.1) of the metric, but we take into account now terms of second order in $h_{ab}$. We rewrite the Einstein equation by bringing the Einstein tensor on the RHS and adding the linearized Einstein equation,

$$R^{(1)}_{\alpha\beta} - \frac{1}{2} R^{(1)} \eta_{\alpha\beta} = -\kappa T_{\alpha\beta} + \left( -R_{\alpha\beta} + \frac{1}{2} R g_{\alpha\beta} + R^{(1)}_{\alpha\beta} - \frac{1}{2} R^{(1)} \eta_{\alpha\beta} \right). \quad (9.42)$$
9 Linearized gravity and gravitational waves

The LHS of this equation is the LHS of the usual gravitational wave equation, while the RHS now includes as source not only matter but also the gravitational field itself. It is therefore natural to define

\[ R^{(1)}_{\alpha\beta} - \frac{1}{2} R^{(1)} \eta_{\alpha\beta} = -\kappa (T_{\alpha\beta} + t_{\alpha\beta}) \quad (9.43) \]

with \( t_{\alpha\beta} \) as the stress pseudo-tensor for gravity. If we expand all quantities,

\[ g_{\alpha\beta} = \eta_{\alpha\beta} + h^{(1)}_{\alpha\beta} + h^{(2)}_{\alpha\beta} + \mathcal{O}(h^3), \quad R_{\alpha\beta} = R^{(1)}_{\alpha\beta} + R^{(2)}_{\alpha\beta} + \mathcal{O}(h^3), \quad (9.44) \]

we can set, assuming \( h_{\alpha\beta} \ll 1 \), \( R_{\alpha\beta} - R^{(1)}_{\alpha\beta} = R^{(2)}_{\alpha\beta} + \mathcal{O}(h^3) \), etc. Hence we find as stress pseudo-tensor for the metric perturbations \( h^{(1)}_{\alpha\beta} \) at \( \mathcal{O}(h^3) \)

\[ t_{\alpha\beta} = -\frac{1}{\kappa} \left( R^{(2)}_{\alpha\beta} - \frac{1}{2} R^{(2)} \eta_{\alpha\beta} \right). \quad (9.45) \]

This tensor is symmetric, quadratic in \( h^{(1)}_{\alpha\beta} \) and conserved because of the Bianchi identity. Moreover, it transforms as a tensor in Minkowski space. This implies that one can derive global conservation laws for the energy and the angular momentum of the gravitational field, if we assume \( |h_{\alpha\beta}| \to 0 \) for \( x \to \infty \). However, \( t_{\alpha\beta} \) does not transform as a tensor under general coordinate transformation, since it can be made at each point identically to zero by a suitable coordinate transformation. In the case of gravitational waves we may expect that averaging \( t_{\alpha\beta} \) over a volume large compared to the wave-length considered solves this problem. Moreover, such an averaging simplifies the calculation of \( t_{\alpha\beta} \), since all terms odd in \( k x \) cancel. Nevertheless, the calculation is extremly messy. We will use therefore a short-cut via the following two digressions.

**Quadratic Einstein-Hilbert action** We construct the action of gravity quadratic in \( h_{\mu\nu} \) from the wave equation (9.19), following the same logic as in the Maxwell case. We multiply by a variation \( \delta h_{\mu\nu} \) and integrate, obtaining

\[ 0 = \delta S_{\text{harm}}^{\text{EH}} + \delta S_{\text{m}}^{\text{harm}} = \int d^4 x \sqrt{|g|} \left[ \frac{1}{4\kappa} \delta h_{\mu\nu} \Box h_{\mu\nu} + \frac{1}{2} \delta h_{\mu\nu} T_{\mu\nu} \right]. \quad (9.46) \]

Here, we divided by two such that we obtain the correctly normalised stress tensor of matter using (8.35). Next, we massage the first term into a form similar to the kinetic energy of a scalar field in Minkowski space: We insert first the definition of \( \bar{h}_{\mu\nu} \), use then the product rule and perform finally a partial integration,

\[ \delta h_{\mu\nu} \Box \bar{h}_{\mu\nu} = \delta h_{\mu\nu} \Box h_{\mu\nu} - \frac{1}{2} \delta h_{\mu\nu} \eta_{\mu\nu} \Box h = \delta h_{\mu\nu} \Box h_{\mu\nu} - \frac{1}{2} \delta h \Box h \]

\[ = \delta \left[ \frac{1}{2} \delta h_{\mu\nu} \Box h_{\mu\nu} - \frac{1}{4} \delta h \Box h \right] = -\delta \left[ \frac{1}{2} (\partial_{\rho} h_{\mu\nu})^2 - \frac{1}{4} (\partial_{\rho} h)^2 \right]. \quad (9.47a) \]

Thus the quadratic Einstein-Hilbert action in the harmonic gauge becomes

\[ S_{\text{harm}}^{\text{EH}} = -\frac{1}{32\pi G} \int d^4 x \left[ \frac{1}{2} (\partial_{\rho} h_{\mu\nu})^2 - \frac{1}{4} (\partial_{\rho} h)^2 \right]. \quad (9.48) \]
Specializing (9.48) to the TT gauge, we obtain

\[ S_{TT}^{\text{EH}} = -\frac{1}{32\pi G} \int d^4x \left( \frac{1}{2} (\partial_\mu h_\mu) \right)^2. \]  

(9.49)

We can express an arbitrary polarisation state as the sum over the polarisation tensors for circular polarised waves,

\[ h_{\mu\nu} = \sum_{a=+, -} h^{(a)}_{\mu\nu} \varepsilon^{(a)}_{\mu\nu}. \]  

(9.50)

Inserting this decomposition into (9.49) and using \( \varepsilon^{(a)}_{\mu\nu} \varepsilon^{(b)}_{\mu\nu} = \delta^{ab} \), the action becomes

\[ S_{TT}^{\text{EH}} = -\frac{1}{32\pi G} \sum_a \int d^4x \left( \frac{1}{2} (\partial_\mu h^{(a)}_{\mu})^2. \right. \]  

(9.51)

Thus the gravitational action in the TT gauge consists of two degrees of freedom, \( h^+ \) and \( h^- \), which determine the contribution of left- and right-circular polarised waves. Apart from the pre-factor, the action is the same as the one of two scalar fields. This means that we can shortcut many calculations involving gravitational waves by using simply the corresponding results for scalar fields. We can understand this equivalence by recalling that the part of the action action quadratic in the fields just enforces the relativistic energy–momentum relation via a Klein–Gordon equation for each field component. The remaining content of (9.48) is just the rule how the unphysical components in \( h_{\mu\nu} \) have to be eliminated. In the TT gauge, we have already applied this information, and thus the two scalar wave equations for \( h^{(\pm)} \) summarise the Einstein equation at \( \cal{O}(h^2) \).

**Averaged stress tensor** The stress tensor of a scalar field is in general given by

\[ T_{\alpha\beta} = \frac{2}{\sqrt{|g|}} \delta S_m \delta g^{\alpha\beta} = \partial_\alpha \phi \partial_\beta \phi - g_{\alpha\beta} \mathcal{L}. \]  

(9.52)

We consider now a free field, i.e. set now \( V(\phi) = 0 \), and take the average over a volume \( \Omega \) large compared to the typical wavelength of the field,

\[ \langle T_{\alpha\beta} \rangle = \frac{1}{\Omega} \int d^4x T_{\alpha\beta} = \langle \partial_\alpha \phi \partial_\beta \phi \rangle - \frac{1}{2} \partial_\alpha \partial_\beta \langle (\partial_\mu \phi)^2 \rangle. \]  

(9.53)

Performing a partial integration of the second term, we can drop the surface term, and use then the equation of motions,

\[ \langle (\partial_\mu \phi)^2 \rangle = -\langle \phi \Box \phi \rangle = 0. \]  

(9.54)

Hence \( \langle T_{\alpha\beta} \rangle = \langle \partial_\alpha \phi \partial_\beta \phi \rangle \). Comparing now \( S_{\text{KG}} \) and \( S_{\text{EH}} \) in the TT gauge suggests that the averaged stress pseudo-tensor of the gravitational field is given in this gauge by

\[ \langle t_{\alpha\beta} \rangle = \frac{1}{32\pi G} \partial_\alpha h_{ij} \partial_\beta h^{ij}. \]  

(9.55)

**Bootstrap** Bootstrap of full Einstein equation out of linear ansatz.
9.3 Emission of gravitational waves

The first, indirect, evidence for gravitational waves has been the observation of close neutron star-neutron star binaries showing that such systems lose energy, leading to a shrinkage of their orbit with time. These observations are consistent with the prediction for the energy loss by the emission of gravitational waves.

The steps in deriving this energy loss formula are similar to the corresponding derivation for the dipole emission formula of electromagnetic radiation. Step one, the derivation of the Green function for the wave equation (9.19) is exactly the same, after having fixed the gauge freedom. In the second step, we have to connect the amplitude of the field at large distances (“in the wave zone”) to the source, i.e. the current $j^a$ and the stress tensor $T^{ab}$, respectively. Finally, we use the connection between the field and its (pseudo) stress tensor $(T^{em}_{ab}$ or $t^{ab}$) to derive the energy flux through a sphere around the source.

**Quadrupol formula** Gravitational waves in the linearized approximation fulfill the superposition principle. Hence, if the solution for a point source is known,

$$-\Box_x G(x - x') = \delta(x - x'),$$

(9.56)

the general solution can be obtained by integrating the Green function over the sources,

$$\bar{h}_{\alpha\beta}(x) = -2\kappa \int d^4x' G(x - x') T_{\alpha\beta}(x').$$

(9.57)

The Green function $G(x - x')$ is not completely specified by Eq. (9.56): We can add solutions of the homogeneous wave equation and we have to specify how the poles of $G(x - x')$ are treated. In classical physics, one chooses the retarded Green function $G^r(x - x')$ defined by

$$G^r(x - x') = -\frac{1}{4\pi|x - x'|} \delta(\{x - x'\} - (t - t')) \theta(t - t'),$$

(9.58)

picking up the contributions along the past light-cone; for a derivation see appendix 9.B.

Inserting the retarded Green function into Eq. (9.57), we can perform the time integral using the delta function and obtain

$$\bar{h}_{\alpha\beta}(x) = 4G \int d^3x' \frac{T_{\alpha\beta}(t - |x - x'|, x')}{|x - x'|}.$$  

(9.59)

The retarded time $t_r \equiv t - |x - x'|$ denotes the emission time $t_r$ of a signal emitted at $x'$ that reaches $x$ at time $t$ propagating with the speed of light.

We perform now a Fourier transformation from time to angular frequency,

$$\bar{h}_{\alpha\beta}(\omega, x) = \frac{1}{\sqrt{2\pi}} \int dt e^{i\omega t} \bar{h}_{\alpha\beta}(t, x) = \frac{4G}{\sqrt{2\pi}} \int dt \int d^3x' e^{i\omega t} \frac{T_{\alpha\beta}(t_r, x')}{|x - x'|}.$$  

(9.60)

Next we change from the integration variable $t$ to $t_r$,

$$\bar{h}_{\alpha\beta}(\omega, x) = \frac{4G}{\sqrt{2\pi}} \int dt_r \int d^3x' e^{i\omega t_r} e^{i\omega |x - x'|} \frac{T_{\alpha\beta}(t_r, x')}{|x - x'|}.$$  

(9.61)
and introduce the Fourier transformed $T_{\alpha\beta}(\omega, x')$, 

$$\bar{h}_{\alpha\beta}(\omega, x) = 4G \int d^3x' e^{i\omega|x-x'|} T_{\alpha\beta}(\omega, x'). \quad (9.62)$$

We proceed using the same approximations as in electrodynamics: We restrict ourselves to slowly moving, compact sources observed in the wave zone and choose the coordinate system such that $|x'| \ll |x|$. Then most radiation is emitted at frequencies such that $|x-x'| \simeq |x| \equiv r$ and thus 

$$\bar{h}_{\alpha\beta}(\omega, x) = 4G e^{i\omega r} \int d^3x' T_{\alpha\beta}(\omega, x'). \quad (9.63)$$

Finally, we Fourier transform back to the retarded time $t_r = t-r$,

$$\bar{h}_{\alpha\beta}(t, x) = \frac{1}{\sqrt{2\pi}} \int dt e^{-i\omega t} \bar{h}_{\alpha\beta}(\omega, x) \quad (9.64a)$$

$$= \frac{4G}{\sqrt{2\pi} r} \int dt e^{-i\omega(t-r)} \int d^3x' T_{\alpha\beta}(\omega, x') \quad (9.64b)$$

$$= \frac{4G}{r} \int d^3x' T_{\alpha\beta}(t_r, x'). \quad (9.64c)$$

Next we want to eliminate all elements of $T_{\alpha\beta}$ except $T_{00}$. We use first (flat-space) energy-momentum conservation,

$$\frac{\partial}{\partial t} T^{00} + \frac{\partial}{\partial x^b} T^{0b} = 0, \quad (9.65a)$$

$$\frac{\partial}{\partial t} T^{a0} + \frac{\partial}{\partial x^b} T^{ab} = 0. \quad (9.65b)$$

Then we differentiate Eq. (9.65a) with respect to time and use Eq. (9.65b), obtaining 

$$\frac{\partial^2}{\partial t^2} T^{00} = -\frac{\partial^2}{\partial x^a \partial x^b} T^{0b} = \frac{\partial^2}{\partial x^a \partial x^b} T^{ab}. \quad (9.66)$$

Multiplying with $x^a x^b$ and integrating gives thus

$$\frac{\partial^2}{\partial t^2} \int d^3x x^a x^b T^{00} = \int d^3x x^a x^b \frac{\partial^2}{\partial x^a \partial x^b} T^{ij} = 2 \int d^3x T^{ab}. \quad (9.67)$$

Here we dropped also surface terms, using that the source is compact. In the harmonic gauge, we need to calculate only the components $h^{ij}(t_r, x)$. We define as quadrupole moment of the source stress tensor

$$I^{ab}(t_r) = \int d^3x x^a x^b T^{00}(t_r, x). \quad (9.68)$$

Then the quadrupole formula for the emission of gravitational waves results,

$$\bar{h}_{ab}(t, x) = \frac{2G}{c^5 r} I_{ab}(t_r). \quad (9.69)$$

where we added also $c$. Since $h^{\alpha\beta}$ is traceless, the trace of $I^{\alpha\beta}$ does not produce gravitational waves: It is connected to the dipole moment and its time derivative vanishes because of
conservation of linear momentum. Thus it is more convenient to replace $I^{\alpha\beta}$ by the reduced (trace-less, irreducible) quadrupole moment

$$Q^{\alpha\beta} = \int d^3x \left[ x^a x^b - \frac{1}{3} \delta^{ab} r^2 \right] T^{00}(x).$$  \hfill (9.70)

Our derivation neglected perturbations of flat space and seems therefore not applicable to a self-gravitating system. However, our final result depends only on the motion of the particles, not how it is produced. An analysis at next order in perturbation theory shows indeed that our result applies to self-gravitating systems like binary stars.

Note the following peculiarity of a gravitational wave experiment: Such an experiment measures the amplitude $h^{ab} \propto 1/r$ of a metric perturbation, while the sensitivity of all other experiments (light, neutrinos, cosmic rays, . . . ) is proportional to the energy flux $\propto 1/r^2$ of radiation. This difference is connected to the fact that a gravitational wave is caused by the coherent motion of the source, and can be thus observed as a coherent wave over time. In particular, one can measure the phase of $h_{ab}$ as function of time. In contrast, light observed from an astrophysical source is an incoherent superposition of individual photons. As a result, increasing the sensitivity of a gravitational wave detector by a factor ten increases the number of potential sources by a factor 1000, in contrast to a factor $10^{3/2}$ for other detectors.

One may wonder if this behavior contradicts the fact that also the energy flux of a gravitational wave follows as $1/r^2$ law. However, the energy dissipated from a gravitational wave crossing the Earth (including our experimental set-up) is extremely tiny, while the energy density of gravitational wave with amplitude as small as $h \sim 10^{-22}$ is surprisingly large (check it e.g. with (9.75)).

**Energy loss** We evaluate now Eq. (9.55) for a plane-wave

$$h_{ij} = A_{ij} \cos(kx)$$  \hfill (9.71)

with amplitudes $A_{ij}$ which we choose to be real. Using $\langle \sin^2(kx) \rangle = 1/2$, we obtain

$$\langle t_{\alpha\beta} \rangle = \frac{1}{64\pi G} k_\alpha k_\beta A_{ij} A^{ij}. $$  \hfill (9.72)

The energy-flux $\mathcal{F}$, i.e. the energy crossing an unit area per unit time, in the direction $n_i$ is in general $\mathcal{F} = ct^{0i} n_i$. For a plane-wave with wave-vector $k^\mu$, it follows

$$\mathcal{F} = t^{0i} \hat{k}_i = \frac{1}{64\pi G} k^0 k^i \hat{k}_i A_{ij} A^{ij} = ct^{00},$$  \hfill (9.73)

where we used $k^0 = -k^i \hat{k}_i$. Thus we got the reasonable result that the energy-flux is simply the energy-density $t^{00}$ multiplied with the wave-speed $c$. Expressing as the sum over linearly polarised waves,

$$h_{\mu\nu} = \sum_{a=+,-} h^{(a)} \epsilon^{(a)}_{\mu\nu}.$$  \hfill (9.74)

it follows with $a = h^{(+)}$ and $b = h^{(\times)}$

$$\mathcal{F} = \frac{\omega^2}{32\pi G} (a^2 + b^2),$$  \hfill (9.75)
In the case of a spherical wave emitted from the origin, we choose \( n = e_r \). Then

\[
\mathcal{F}(e_r) = \frac{1}{64\pi G} \langle \delta^{ij} n_i \rangle = \frac{1}{64\pi G} \langle (\partial_t h_{ij}) (n \cdot \nabla) h_{ij} \rangle = \frac{c^5}{64\pi G} \langle (\partial_t h_{ij}) (\partial_r h_{ij}) \rangle .
\]  

(9.76)

Inserting the quadrupole formula, one finds (cf. the appendix for details)

\[
L_{gr} = -\frac{dE}{dt} = -\int \! d\Omega r^2 \mathcal{F}(e_r) = \frac{G}{5c^5} \dot{Q}_{ij} \dddot{Q}_{ij} ,
\]  

(9.77)

where we added \( c \).

### 9.4 Gravitational waves from binary systems

#### 9.4.1 Weak field limit

The emission of gravitational radiation is negligible for all systems where Newtonian gravity is a good approximation. One of the rare examples where general relativistic effects can become important are close binary systems of compact stars. The first such example was found 1974 by Hulse and Taylor who discovered a pulsar in a binary system via the Doppler-shift of its radio pulses. The extreme precision of the periodicity of the pulsar signal makes this binary system to an ideal laboratory to test various effect of special and general relativity:

- The pulsar’s orbital speed changes by a factor of four during its orbit and allows us to test the usual (special relativistic) Doppler effect.
- At the same time, the gravitational field alternately strengthens at periastron and weakens at apastron, leading to a periodic gravitational redshift of the pulse.
- The small size of the orbit leads to a precession of the Perihelion by \( 4.2^\circ/\text{yr} \).
- The system emits gravitational waves and looses thereby energy. As a result the orbit of the binary shrinks by \( 4 \text{mm}/\text{yr} \).

In the following, we will derive some of these predictions.

**Kepler problem** We start recalling the basic formulae from the Kepler problem For a system of two stars with masses \( M = m_1 + m_2 \) we introduce the reduced mass

\[
\mu = \frac{m_1 m_2}{m_1 + m_2}
\]  

(9.78)

and c.m. coordinates.

\[
u'' + u = \frac{GM\mu^2}{L^2}.
\]  

(9.79)

Inserting as trial solution the equation of a conic section,

\[
u = \frac{1}{r} = \frac{1 + e \cos \vartheta}{a(1 - e^2)}
\]  

(9.80)

we find

\[
u'' + u = \frac{1 - e \cos \vartheta + e \cos \vartheta}{a(1 - e^2)} = \frac{GM\mu^2}{L^2}.
\]  

(9.81)

Thus we obtain as constraint for the angular momentum

\[
L = \mu \sqrt{GMa(1 - e^2)} .
\]  

(9.82)
**Gravitational wave emission**  In the first step, we derive the instantaneous energy loss of the binary system due to gravitational wave emission. Since we assume that the losses are small, we can treat the orbital parameters $a$ and $e$ as constant. The quadrupole moments follow as

\begin{align}
I_{xx} &= m_1^2 + m_2^2 = \mu r^2 \cos^2 \phi, \\
I_{yy} &= \mu r^2 \sin^2 \phi, \\
I_{xy} &= \mu r^2 \cos \phi \sin \phi, \\
I &\equiv I_{xx} + I_{yy} = \mu r^2.
\end{align}

In order to find the derivatives of $I_{ik}$, we have to determine first $\dot{r}$ and $\dot{\phi}$. Eliminating $L$ using Eq. (9.82) we obtain

\[ \dot{\phi} = \frac{L}{\mu r^2} = \frac{[a(1 - e^2)M]^{1/2}}{r^2}. \]

Differentiating then Eq. (9.80) and inserting $\dot{\phi}$, we find

\[ \dot{r} = \frac{a(1 - e^2)e \sin \phi \dot{\phi}}{(1 + e \cos \phi)^2} = \left( \frac{M}{a(1 - e^2)} \right)^{1/2} e \sin \phi. \]

We are now in the position to calculate, e.g.,

\[ \dot{I}_{xx} = 2\mu \cos \phi \left( r \dot{r} \cos \phi - r^2 \dot{\phi} \sin \phi \right). \]

With

\[ r^2 \dot{\phi} = [a(1 - e^2)M]^{1/2} \equiv A \]

and

\[ r \dot{r} = A \frac{e \sin \phi}{1 + e \cos \phi}, \]

it follows

\[ r \dot{r} \cos \phi - r^2 \dot{\phi} \sin \phi = A \sin \phi \left( \frac{e \sin \phi}{1 + e \cos \phi} - 1 \right) = -\frac{Mr}{[a(1 - e^2)]^{1/2}} \sin \phi. \]

Thus we obtain

\[ \dot{I}_{xx} = -\frac{2m_1 m_2 r}{[a(1 - e^2)M]^{1/2}} \cos \phi \sin \phi. \]
The calculation of the other elements and the higher derivatives proceeds in the same way, leading to

\[
\begin{align*}
\ddot{I}_{xx} &= -\frac{2m_1 m_2}{a(1 - e^2)} \left( \cos 2\phi + e \cos^3 \phi \right), \\
\dddot{I}_{xx} &= \frac{2m_1 m_2}{a(1 - e^2)} \left( 2 \sin 2\phi + 3e \cos^2 \phi \sin \phi \right), \\
\dot{I}_{yy} &= \frac{2m_1 m_2}{a(1 - e^2)} \left( \cos 2\phi + e \cos \phi + e^3 \phi + e^2 \right), \\
\ddot{I}_{yy} &= \frac{2m_1 m_2}{a(1 - e^2)} \left( 2 \sin 2\phi + e \sin \phi + 3e \cos^2 \phi \sin \phi \right), \\
\dot{I}_{xy} &= \frac{m_1 m_2}{a(1 - e^2)^{3/2}} \left( \cos^2 \phi - \sin^2 \phi + e \cos \phi \right), \\
\ddot{I}_{xy} &= \frac{2m_1 m_2}{a(1 - e^2)} \left( 2 \cos 2\phi - e \cos \phi + 3e \cos^3 \phi \right), \\
\dddot{I} &= \dddot{I}_{xx} + \dddot{I}_{yy} = -\frac{2m_1 m_2}{a(1 - e^2)} e \sin \phi \dot{\phi}.
\end{align*}
\]  

Inserting these expressions into

\[
L_{gr} = -\frac{dE}{dt} = \frac{G}{5} \mathcal{Q}_{ij} \dddot{Q}^{ij} = \frac{G}{5} \left( \dddot{I}_{xx} + 2 \dddot{I}_{xy} + \dddot{I}_{yy} - \frac{1}{3} \dddot{I} \right)
\]

results in

\[
-\frac{dE}{dt} = \frac{8m_1^2 m_2^2}{15a(1 - e^2)^2} \left[ 12(1 + e \cos \phi)^2 + e^2 \sin^2 \phi \right] \dot{\phi}^2.
\]

for the instantaneous energy loss. In order to obtain the average energy loss, we have to average this expression over one period,

\[
-\left\langle \frac{dE}{dt} \right\rangle = -\frac{1}{T} \int_0^T \frac{dE}{dt} \, dt = -\frac{1}{T} \int_0^{2\pi} \frac{d\phi}{\dot{\phi}} \frac{dE}{\dot{\phi}} = \frac{32}{5} \frac{m_1^2 m_2^2}{a^5} f(e)
\]

with

\[
f(e) = 1 + \frac{73}{27} e^2 + \frac{37}{90} e^4
\]

\textbf{Time evolution} Now we can determine how the orbital parameters change over time. The major axis \(a\) decreases with time as

\[
\frac{da}{dt} = \frac{m_1 m_2}{2E^2} \frac{dE}{dt} = \frac{2a^3}{m_1 m_2} \frac{dE}{dt},
\]

or averaged over one period,

\[
-\left\langle \frac{da}{dt} \right\rangle = \frac{64}{5} \frac{m_1^2 m_2^2}{a^5} f(e).
\]
The orbital period changes as
\[ \frac{\dot{P}}{P} = \frac{3}{2} \frac{\dot{E}}{E} = -3 \frac{\dot{a}}{2a} = -\frac{96}{5} \frac{m_1^2 m_2^2 M}{a^4} f(e). \] (9.98)

What remains to do is to work out the change of the eccentricity,
\[ \frac{de}{dt} = \frac{M}{m_1^3 m_2^3 e} \left( L^2 \frac{dE}{dt} + 2EL \frac{dL}{dt} \right). \] (9.99)

Determining the loss of angular momentum \( L \) due to gravitational wave emission is more involved than the energy loss: Since \( L = r \times p \) contains a factor \( r \), we have to take into account terms \( h \propto 1/r^2 \) what requires to include term of \( O(h^3) \) in \( \langle t_{\mu\nu} \rangle \). Therefore we simply cite the result obtained by Peters 1964 \[3, 4\],
\[ -\frac{dL}{dt} = \frac{2G}{5} \varepsilon^{3ij} \ddot{Q}^i_\bot \dot{Q}^j_\bot. \] (9.100)

Then the instantaneous loss of angular momentum follows as
\[ -\frac{dL}{dt} = \frac{G}{5} \left[ \ddot{I}_{xy}(\ddot{I}_{yy} - \ddot{I}_{xx}) + \ddot{I}_{xy}(\ddot{I}_{xx} - \ddot{I}_{yy}) \right], \] (9.101)
leading to
\[ -\left\langle \frac{de}{dt} \right\rangle = \frac{304}{15} \frac{m_1 m_2 M e}{a^4} g(e) \] (9.102)
with
\[ g(e) = 1 + \frac{121}{304} e^2 \frac{1}{(1 - e^2)^{7/2}}. \] (9.103)

**Hulse-Taylor pulsar** The binary system found by Hulse and Taylor consists of a pulsar with mass \( m_1 = 1.44M_\odot \) and a companion with mass \( m_2 = 1.34M_\odot \). Their orbital period is \( P = 7h40\text{min} \) on an orbit with rather strong eccentricity, \( e = 0.617 \). In this case, the emission of gravitational radiation is strongly enhanced compared to a circular orbit. Let us now compare the observed change in the orbit of the binary with the prediction of general relativity. The prediction of Einstein’s general relativity,
\[ \dot{P}(e)_{\text{th}} = f(e) \dot{P}(0) \simeq 11.7 \times \dot{P}(0) \simeq (-2.403 \pm 0.002) \times 10^{-12}, \] (9.104)
is in excellent agreement with the observed value,
\[ \dot{P}(e)_{\text{obs}} \simeq (-2.40 \pm 0.05) \times 10^{-12} \] (9.105)
A comparison of the predicted and observed accumulated shift in the period is shown in Fig. 9.4.

**9.4.2 Strong field limit and binary merger**

**Post-Newtonian approximation and beyond** In the previous section, we used the orbits obtained in the Newtonian limit. This approximation corresponds to the limit \( e \to \infty \) and neglects all retardation effects. Since the energy loss due the gravitational wave emission is of order \( O(1/e^5) \), cf. with (Eq. 9.77), we should be able to improve this approximation using
9.4 Gravitational waves from binary systems

a Lagrange function only of coordinates and velocities but including post-Newtonian (PN) corrections up to order \((v/c)^4\). The first relativistic terms, at the 1PN order, were derived in 1937–39, the 2PN approximation was tackled by Ohta et al. in 1973–74, while results for the 3PN order were obtained starting from 1998. Alternatives to this brute-de-force approach such as the effective one-body theory have been developed where one maps the two-body problem of GR onto an one-body problem in an effective metric. However, all these approaches are restricted to the inspiral phase of a merger. In contrast, numerical simulations of the merging phase of binaries give accurate results, but can take months even on super-computers. Thus their extension towards early times of the inspiral phase is restricted, and the set of parameters \(\{m_1, m_2, s_1, s_2, e, \ldots\}\) for which simulations exist is sparse. For instance, simulations for large mass ratios \(m_1/m_2\) are numerically still prohibitive. As a result, a combination of the different approaches is needed to describe the coalescence of binaries of binary system accurately.

**Qualitative discussion**  Let us now discuss qualitatively the final stage in the time evolution of a close binary system. We can assume that the emission of GWs has lead to a circularisation of the orbits. Then

\[
L_{gw} = \frac{32 G^4 \mu^2 M^3}{a^5}. \tag{9.106}
\]

Next we can relate the relative changes per time in the orbital period \(P\), the separation \(a\) and the energy \(E\) using \(E \propto 1/a\) and \(P \propto a^{3/2}\) as

\[
\frac{\dot{E}}{E} = -\frac{\dot{a}}{a} = 2 \frac{\dot{P}}{3 P}. \tag{9.107}
\]

Solving first for the change in the period,

\[
\dot{P} = -\frac{3 L_{gw}}{2 E} P = \frac{96 G^3 \mu M^2}{5 a^4} P, \tag{9.108}
\]

and eliminating then \(a\) gives

\[
\dot{P} = -\frac{96}{5} (2\pi)^8 G^{5/3} \mu M^{2/3} P^{-5/3} \tag{9.109}
\]

Combining (9.107) and (9.108), we obtain

\[
\dot{a} = \frac{2 \dot{P}}{3 P} a = -\frac{64 G^3 \mu M^2}{3} \frac{a^4}{a^3}. \tag{9.110}
\]

Separating variables and integrating, we find

\[
a^4 = \frac{256}{5} G^3 \mu M^2 (t - t_c). \tag{9.111}
\]

Here, \(t_c\) denotes the (theoretical) coalescence time for point-like stars. With the initial condition \(a(t = 0) = a_0\), it follows

\[
a(t) = a_0 \left(1 - \frac{t}{t_c}\right)^{1/4} \tag{9.112}
\]

and

\[
t_c = \frac{5}{256} \frac{a_0^4}{G^3 \mu M^2}. \tag{9.113}
\]
As a rule of thumb, our approximations (slow velocities and weak fields) break down at $r \approx r_{\text{ISCO}}$. Since the last stage of the merger is fast, the estimate (9.13) is quite reliable.

From the exercise, we know that the amplitude is

$$h_{ij} = \frac{4G\mu M}{ar} A_{ij} = \frac{h}{r} A_{ij},$$

(9.114)

where the non-zero amplitudes are $A_{ij} \propto \sin(2\omega t + \phi)$. Thus the emitted gravitational wave is monochromatic, with frequency twice the orbital frequency of the binaries,

$$\nu_{\text{GW}} = \frac{2\omega}{2\pi} = \frac{2\alpha^{3/2}}{(GM)^{1/2}} = \nu_0 \left(1 - \frac{t}{t_c}\right)^{-3/8}.$$  

(9.115)

Moreover, the amplitude of the gravitational wave signal increases with time as

$$h(t) \propto \frac{1}{a} \propto (t - t_c)^{-1/4}.$$  

(9.116)

Expressed as function of the frequency $\nu_{\text{GW}}$, the amplitude becomes

$$h(t) = \frac{4G\mu M}{a} = 4G\mu M \frac{\alpha^{2/3}}{(GM)^{1/3}} \equiv 4\pi^{2/3} G^{5/3} M^{5/3} \nu_{\text{GW}}^{2/3}.$$  

(9.117)

In the last step, we introduced the chirp mass,

$$M \equiv \mu^{3/5} M^{2/5} = \frac{(m_1m_2)^{3/5}}{(m_1 + m_2)^{1/5}}.$$  

(9.118)
which is the combination of the masses \( m_1 \) and \( m_2 \) easiest to extract from the gravitational wave signal. Finally, we have to replace the instantaneous phase in the polarisation tensor by the time-integrated phase, since \( \omega \) depends on time,

\[
\Phi(t) = \int dt \; 2\omega = \left( \frac{t-t_c}{5G\mathcal{M}} \right)^{-5/8} + \phi_0.
\] (9.119)

Thus both the amplitude and the phase evolution of the gravitational wave signal provide information on the chirp mass \( \mathcal{M} \).

A typical wave-form of the merger of a black hole binary is shown in the upper panel of Fig. 9.3. It consists of the waves emitted during the inspiral (“the chirp”), the merger, and the ring-down. In this last phase, oscillations of the BH formed during the merger are damped by the emission of GWs and decay exponentially, leading to standard Kerr BH. The frequencies and the damping times of the eigenmodes of a BH can be calculated, and thus the ring-down provides additional opportunities to test GR. The lower panel of Fig. 9.3 shows a typical wave-form of a neutron star merger: When tidal interactions start to deform the neutron stars, the gravitational wave signal is not monochromatic anymore and the structure of the stars has to be accounted for.

9.A Appendix: Projection operator

We want to find the trace-less transverse part of an arbitrary tensor \( M_{ik}^{TT} \). We start by searching for an operator which projects any tensor on the two-dimensional subspace orthogonal to the unit vector \( n \). Any projection operator should satisfy

\[
P_{\pm}^2 = P_{\pm}, \quad P_{\pm}P_{\mp} = 0, \quad \text{and} \quad P_{+} + P_{-} = 1,
\]

In our case, the desired projection operator is

\[
P_i^j = \delta_i^j - n_i n^j.
\] (9.120)

First, we show that this operator satisfies \( P^2 = P \),

\[
P_i^j P_j^k = (\delta_i^j - n_i n^j)(\delta_j^k - n_j n^k) = \delta_i^k - n_i n^k = P_i^k.
\] (9.121)

Moreover, it is \( n_i P_j^j v_j = 0 \) for all vectors \( v \); Thus \( P \) projects indeed any vector on the subspace orthogonal to \( n \). Since a tensor is a multi-linear map, we have to apply a projection operator on each of its indices,

\[
M_{ik}^{TT} = P_i^k P_j^j M_{ij}.
\] (9.122)

The tensor \( M_{ik}^T \) is transverse, \( n^k M_{ik}^T = n^i M_{ik}^T = 0 \), but in general not traceless

\[
M_{ik}^{Tk} = P_i^k P_j^j M_{ij} = P_i^i M_{ik}.
\] (9.123)

Subtracting the trace, we obtain the transverse, traceless part of \( M \),

\[
M_{ik}^{TT} = \left( P_i^j P_j^j - \frac{1}{2} P_{kl} P^{ij} \right) M_{ij}.
\] (9.124)
Next we insert this projection operator into Eq. (9.77),

\[
L_{\text{gr}} = \frac{G}{8\pi} \int d\Omega \hat{Q}^\mu_{ij} \hat{Q}^{\mu ij}.
\]

(9.125)

We have to find the projection onto the radial unit vector \(\hat{e}_r\), whose Cartesian components we denote as \((\hat{x}^1, \hat{x}^2, \hat{x}^3)\). Then

\[
\hat{Q}_{ij}^{TT} \hat{Q}^{TT \; ij} = \hat{Q}_{ij} \hat{Q}^{ij} - 2 \hat{Q}_{ij} \hat{Q}^{ik} \hat{x}_j \hat{x}_l + \frac{1}{2} \hat{Q}^{ij} \hat{Q}^{kl} \hat{x}_i \hat{x}_j \hat{x}_k \hat{x}_l.
\]

(9.126)

Since \(Q_{ij}\) is an integral over space, it does not depend on \(\hat{e}_r\) and can be taken out of the integral. Then it follows

\[
\int d\Omega \hat{x}^i \hat{x}^j = \frac{4\pi}{3} \delta^{ij} \quad \text{and} \quad \int d\Omega \hat{x}^i \hat{x}^j \hat{x}^k \hat{x}^l = \frac{4\pi}{15} \left( \delta^{ij} \delta^{kl} + \delta^{ik} \delta^{jl} + \delta^{il} \delta^{jk} \right).
\]

(9.127)

To see the first result, we note that the only available symmetric tensor of rank two is \(\delta^{ij}\). Contracting the indices in \(\int d\Omega \hat{x}^i \hat{x}^j = A \delta^{ij}\), it follows \(A = 1/3\). Using the same line of argument, the integral with four \(\hat{x}^i\) is evaluated. Combining everything, we obtain the quadrupole formula (9.77) for the emission of gravitational waves.

**9.B Appendix: Derivation of the retarded Green function**

We want to find the Green function for the gravitational wave equation (9.13). Starting from Eq. (9.56),

\[
- \left( \frac{\partial^2}{\partial t^2} - \Delta \right) G(x - x') = \delta(x - x') \delta(t - t'),
\]

(9.128)

we introduce relative coordinates, \(r = x - x'\), and perform an (asymmetric) Fourier transformation in the time \(t\),

\[
\int dt \left( \Delta - \frac{\partial^2}{\partial t^2} \right) G(r, t) e^{i\omega t} = \delta(r) \int dt \delta(t - t') e^{i\omega t}.
\]

(9.129)

The integral on the RHS is trivial, and the one on the LHS defines \(G(r, \omega)\). Next we perform the time derivatives, obtaining

\[
(\Delta + \omega^2) G(r, \omega) = \delta(r) e^{i\omega t}.
\]

(9.130)

Thus the time dependence of the Green function is

\[
G(r, \omega) = G_\omega(r) e^{i\omega t}.
\]

(9.131)

We are interested in spherically symmetric solutions, emitted by a source at \(r = |r| = 0\). Then

\[
\frac{1}{r} \frac{d^2 |r G_\omega(r)|}{dr^2} + \omega^2 G_\omega(r) = \delta(r).
\]

(9.132)

For \(r > 0\), the solution of

\[
\frac{d^2 |r G_\omega(r)|}{dr^2} + \omega^2 r G_\omega(r) = 0
\]

(9.133)
9.B Appendix: Derivation of the retarded Green function

is

\[ G_\omega(r) = \frac{Ae^{ikr}}{r} + \frac{Be^{-ikr}}{r} \equiv AG_\omega^+(r) + BG_\omega^-(r). \] (9.134)

Thus the solution consists of out- and in-going spherical waves. Next we consider the limit \( r \to 0 \) (or the static limit) of the wave equation. Integrating over a small sphere of radius \( r \), we obtain

\[ \int d^3x \Delta G(r, \omega) = \int dS_i \partial_i G(r, \omega) = 4\pi r^2 \partial_r G(r, \omega) = 1. \] (9.135)

Here, we used Gauss’ theorem to convert the volume into a surface integral, while we could neglect \( \int d^3x \omega^2 G(r, \omega) \propto r^3 \) for \( r \to 0 \). Moreover, we used that the integral over the delta function on the RHS gives one. Thus the Green function for small \( r \) satisfies

\[ G(r, \omega) = -\frac{1}{4\pi r} + C. \] (9.136)

Comparing this to Eq. (9.134) fixes \( A + B = -1 \) and \( C = 0 \). Finally, we transform back to time,

\[ G^{(+)}(r, t) = \int \frac{d\omega}{2\pi} G^{(+)}(r, \omega)e^{-i\omega r} = -\frac{1}{4\pi r} \int \frac{d\omega}{2\pi} e^{-i\omega(\tau \mp r)}, \] (9.137)

where we used \( \omega = |k| \). Then it follows

\[ G^{(+)}(r, t) = -\frac{\delta(\tau \mp r)}{4\pi r}. \] (9.138)

The delta function enforces \( \tau = \pm r \). Since \( r > 0 \), the Green function \( G^{(+)} \) includes only sources with \( \tau > 0 \), i.e. along the past light-cone of the observer at \( \{t, \vec{x}\} \), while the Green function \( G^{(-)} \) includes only sources with \( \tau < 0 \), i.e. along the past light-cone.

Finally, we comment on the differences between the classical and the quantum case:

- In classical physics, we use only positive energy solutions and the causal propagator is the retarded one, which propagates these solutions forward in time. A relativistic quantum theory contains in addition negative energy solutions. The causal or Feynman propagates then positive energy solutions (particles) forward, and negative energy solutions (antiparticles) backward in time, in a way consistent with the CPT theorem.

- In the classical case, one eliminates the gauge freedom completely such that only physical degrees of freedom propagate. Then it is sufficient to use a scalar Green function, which propagates the physical polarisation states in the same way. Such gauges (like the Coulomb or TT gauge) are however valid only in a specific frame. Therefore one prefers in the quantum case a covariant (like the Lorenz or harmonic) gauge. These gauges include also the instantaneous Coulomb or Newtonian interactions. The Green function of a tensor of rank \( n \) becomes then a tensor of rank \( 2n \).

- Spherical versus plane waves.
10 Cosmological models for an homogeneous, isotropic universe

10.1 Friedmann-Robertson-Walker metric for an homogeneous, isotropic universe

**Einstein’s cosmological principle**  Einstein postulated that the Universe is homogeneous and isotropic at each moment of its evolution. Note that a space isotropic around at least two points is also homogeneous, while a homogeneous space is not necessarily isotropic. The CMB provides excellent evidence that the universe is isotropic around us. Baring suggestions that we live at a special place, the universe is also homogeneous.

**Weyl’s postulate**  In 1923, Hermann Weyl postulated the existence of a privileged class of observers in the universe, namely those following the “average” motion of galaxies. He postulated that these observers follow time-like geodesics that never intersect. They may however diverge from a point in the (finite or infinite) past or converge towards such a point in the future.

Weyl’s postulate implies that we can find coordinates such that galaxies are at rest. These coordinates are called *comoving coordinates* and can be constructed as follows: One chooses first a space-like hypersurface. Through each point in this hypersurface lies a unique worldline of a privileged observer. We choose the coordinate time such that it agrees with the proper-time of all observers, $g_{00} = 1$, and the spatial coordinate vectors such that they are constant and lie in the tangent space $T$ at this point. Then $u^a = \delta_0^a$ and for $n \in T$ it follows $n^a = (0, n)$ and

$$0 = u_a n^a = g_{ab} u^a n^b = g_{0\beta} n^\beta. \quad (10.1)$$

Since $n$ is arbitrary, it follows $g_{0\beta} = 0$. Hence as a consequence of Weyl’s postulate we may choose the metric as

$$ds^2 = dt^2 - dr^2 = dt^2 - g_{ab} dx^a dx^b. \quad (10.2)$$

The cosmological principle constrains further the form of $dl^2$: Homogeneity requires that the $g_{\alpha\beta}$ can depend on time only via a common factor $S(t)$, while isotropy requires that only $x \cdot x$, $dx \cdot x$, and $dx \cdot dx$ enter $dl^2$. Hence

$$dl^2 = C(r) (x \cdot dx)^2 + D(r) (dx \cdot dx)^2 = C(r) r^2 dr^2 + D(r) [dr^2 + r^2 d\vartheta^2 + r^2 \sin^2 \vartheta d\phi^2] \quad (10.3)$$

We can eliminate the function $D(r)$ by the rescaling $r^2 \rightarrow Dr^2$. Thus the line-element becomes

$$dl^2 = S(t) [B(r) dr^2 + r^2 d\Omega] \quad (10.4)$$

with $d\Omega = d\vartheta^2 + \sin^2 \vartheta d\phi^2$, while $B(r)$ is a function that we have still to specify.
Maximally symmetric spaces are spaces with constant curvature. Hence the Riemann tensor of such spaces can depend only on the metric tensor and a constant $K$ specifying the curvature. The only form that respects the (anti-)symmetries of the Riemann tensor is

$$R_{abcd} = K(g_{ac}g_{bd} - g_{ad}g_{bc}).$$

(10.5)

Contracting $R_{abcd}$ with $g^{ac}$, we obtain in three dimensions for the Ricci tensor

$$R_{bd} = g^{ac}R_{abcd} = K(g_{ac}g_{bd} - g_{ad}g_{bc}) = K(3g_{bd} - g_{bd}) = 2Kg_{bd}.$$

(10.6)

A final contraction gives as curvature $R$ of a three-dimensional maximally symmetric space

$$R = g^{ab}R_{ab} = 2K\delta^a_a = 6K.$$

(10.7)

A comparison of Eq. (10.6) with the Ricci tensor for the metric (10.4) will fix the still unknown function $B(r)$. We proceed in the standard way: Calculation of the Christoffel symbols with the help of the geodesic equations, then use of the definition (8.6) for the Ricci tensor,

$$R_{rr} = \frac{1}{rB} \frac{dB}{dr} = 2Kg_{rr} = 2KB$$

(10.8)

$$R_{\phi\phi} = 1 + \frac{r}{2B^2} \frac{dB}{dr} - \frac{1}{B} = 2Kg_{\phi\phi} = 2Kr^2.$$

(10.9)

(The $\phi\phi$ equation contains no additional information.) Integration of (10.8) gives

$$B = \frac{1}{A - Kr^2}$$

(10.10)

with $A$ as integration constant. Inserting the result into (10.9) determines $A$ as $A = 1$. Thus we have determined the line-element of a maximally symmetric 3-space with curvature $K$ as

$$dl^2 = \frac{dr^2}{1 - Kr^2} + r^2(sin^2 \vartheta d\phi^2 + d\vartheta^2).$$

(10.11)

Going over to the full four-dimensional line-element, we rescale for $K \neq 0$ the $r$ coordinate by $r \rightarrow |K|^{1/2}r$. Then we absorb the factor $1/|K|$ in front of $dl^2$ by defining the scale factor $R(t)$ as

$$R(t) = \begin{cases} \frac{S(t)}{|K|^{1/2}}, & K \neq 0 \\ S(t), & K = 0 \end{cases}$$

(10.12)

As result we obtain the Friedmann-Robertson-Walker (FRW) metric for an homogeneous, isotropic universe

$$ds^2 = dt^2 - R^2(t) \left[ \frac{dr^2}{1 - kr^2} + r^2(sin^2 \vartheta d\phi^2 + d\vartheta^2) \right].$$

(10.13)

with $k = \pm 1$ (positive/negative curvature) or $k = 0$ (flat three-dimensional space). Finally, we give two alternatives forms of the FRW metric that are also often used. The first one uses the conformal time $d\eta = dt/R$,

$$ds^2 = R^2(\eta) [d\eta^2 - dt^2].$$

(10.14)
and gives for \( k = 0 \) a conformally flat metric. In the second one, one introduces \( r = \sin \chi \) for \( k = 1 \). Then

\[
dr = \cos \chi d\chi = (1 - r^2)^{1/2} d\chi
\]

and

\[
ds^2 = dt^2 - R^2(t) \left[ d\chi^2 + S^2(\chi)(\sin^2 \vartheta d\phi^2 + d\vartheta^2) \right]
\]

with \( S(\chi) = \sin \chi = r \). Defining

\[
S(\chi) = \begin{cases} 
\sin \chi & \text{for } k = 1, \\
\chi & \text{for } k = 0, \\
\sinh \chi & \text{for } k = -1.
\end{cases}
\]

(10.16)

the metric (10.15) is valid for all three values of \( k \).

Note that the rescaling \( r \to |K|^{1/2} r \) makes \( r \) dimensionless, while \( R \) has the dimension of a length. Therefore one often introduces additionally a dimensionless scale factor \( a(t) \equiv R(t)/R_0 \).

### 10.2 Geometry of the Friedmann-Robertson-Walker metric

**Geometry of the FRW spaces** Let us consider a sphere of fixed radius at fixed time, \( dr = dt = 0 \). The line-element \( ds^2 \) simplifies then to \( R^2(t) r^2 (\sin^2 \vartheta d\phi^2 + d\vartheta^2) \), which is the usual line-element of a sphere \( S^2 \) with radius \( r R(t) \). Thus the area of the sphere is \( A = 4\pi (r R(t))^2 = 4\pi [S(\chi) R(t)]^2 \) and the circumference of a circle is \( L = 2\pi r R(t) \), while \( r R(t) \) has the physical meaning of a length.

By contrast, the radial distance between two points \( (r, \vartheta, \phi) \) and \( (r + dr, \vartheta, \phi) \) is \( dl = R(t) dr / \sqrt{1 - kr^2} \). Thus the radius of a sphere centered at \( r = 0 \) is

\[
l = R(t) \int_0^r \frac{dr'}{\sqrt{1 - kr'^2}} = R(t) \times \begin{cases} 
\arcsin(r) & \text{for } k = 1, \\
r & \text{for } k = 0, \\
\arcsinh(r) & \text{for } k = -1.
\end{cases}
\]

(10.17)

Using \( \chi \) as coordinate, the same result follows immediately

\[
l = R(t) \int_0^{\chi(r)} d\chi = R(t) \chi.
\]

(10.18)

Hence for \( k = 0 \), i.e. a flat space, one obtains the usual result \( L/l = 2\pi \), while for \( k = 1 \) (spherical geometry) \( L/l = 2\pi r/\arcsin(r) < 2\pi \) and for \( k = -1 \) (hyperbolic geometry) \( L/l = 2\pi r/\arcsinh(r) > 2\pi \).

For \( k = 0 \) and \( k = -1 \), \( l \) is unbounded, while for \( k = +1 \) there exists a maximal distance \( l_{\text{max}}(t) \). Hence the first two case correspond to open spaces with an infinite volume, while the latter is a closed space with finite volume.

**Hubble’s law** Hubble found empirically that the spectral lines of “distant” galaxies are redshifted, \( z = \Delta \lambda / \lambda_0 > 1 \), with a rate proportional to their distance \( d \),

\[
 cz = H_0 d.
\]

(10.19)
If this redshift is interpreted as Doppler effect, \( z = \Delta \lambda / \lambda_0 = v_r / c \), then the recession velocity of galaxies follows as

\[
v = H_0 d.
\]  

(10.20)

The restriction “distant galaxies” means more precisely that \( H_0 d \gg v_{\text{pec}} \approx \text{few} \times 100 \text{ km/s} \). In other words, the peculiar motion of galaxies caused by the gravitational attraction of nearby galaxy clusters should be small compared to the Hubble flow \( H_0 d \). Note that the interpretation of \( v \) as recession velocity is problematic. The validity of such an interpretation is certainly limited to \( v \ll c \).

The parameter \( H_0 \) is called Hubble constant and has the value \( H_0 \approx 71^{+4}_{-3} \text{ km/s/Mpc} \). We will see soon that the Hubble law Eq. (10.20) is an approximation valid for \( z \ll 1 \). In general, the Hubble constant is not constant but depends on time, \( H = H(t) \), and we will call it therefore Hubble parameter for \( t \neq t_0 \).

We can derive Hubble’s law by a Taylor expansion of \( R(t) \),

\[
R(t) = R(t_0) + (t - t_0) \dot{R}(t_0) + \frac{1}{2} (t - t_0)^2 \ddot{R}(t_0) + \ldots
\]  

(10.21)

and

\[
H_0 \equiv \frac{\dot{R}(t_0)}{R(t_0)} \quad \text{and} \quad q_0 \equiv -\frac{\ddot{R}(t_0)R(t_0)}{R^2(t_0)}
\]  

(10.22)

is called deceleration parameter: If the expansion is slowing down, \( \ddot{R} < 0 \) and \( q_0 > 0 \).

Hubble’s law follows now as an approximation for small redshift: For not too large time-differences, we can use the expansion Eq. (10.21) and write

\[
1 - z \approx \frac{1}{1+z} = \frac{R(t)}{R_0} \approx 1 + (t - t_0)H_0.
\]  

(10.24)

Hence Hubble’s law, \( z = (t_0 - t)H_0 = d/cH_0 \), is valid as long as \( z \approx H_0(t_0 - t) \ll 1 \). Deviations from its linear form arises for \( z \gtrsim 1 \) and can be used to determine \( q_0 \).

**Hubble’s law as consequence of homogeneity** Consider Hubble’s law as a vector equation with us at the center of the coordinate system,

\[
v = H d.
\]  

(10.25)

What sees a different observer at position \( d' \)? He has the velocity \( v' = H d' \) relative to us. We are assuming that velocities are small and thus

\[
v'' = v - v' = H(d - d') = H d'',
\]  

(10.26)

where \( v'' \) and \( d'' \) denote the position relative to the new observer. A linear relation between \( v \) and \( d \) as Hubble law is the only relation compatible with homogeneity and thus the “cosmological principle”.

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Figure 10.1: An observer at position $d'$ sees the galaxy $G$ recessing with the speed $H(d - d') = Hd''$, if the Hubble relation is linear.

Figure 10.2: World lines of a galaxy emitting light and an observer at comoving coordinates $r = 0$ and $r$, respectively.
10.2 Geometry of the Friedmann-Robertson-Walker metric

Lemaitre’s redshift formula

A light-ray propagates with $v = c$ or $ds^2 = 0$. Assuming a galaxy at $r = 0$ and an observer at $r$, i.e. light rays with $d\phi = d\theta = 0$, we rewrite the FRW metric as

$$\frac{dt}{R} = \frac{dr}{\sqrt{1 - kr^2}}.$$  \hspace{1cm} (10.27)

We integrate this expression between the emission and absorption times $t_1$ and $t_2$ of the first light-ray,

$$\int_{t_1}^{t_2} \frac{dt}{R} = \int_0^r \frac{dr}{\sqrt{1 - kr^2}}$$ \hspace{1cm} (10.28)

and between $t_1 + \delta t_1$ and $t_2 + \delta t_2$ for the second light-ray (see also Fig. 10.2),

$$\int_{t_1 + \delta t_1}^{t_2 + \delta t_2} \frac{dt}{R} = \int_0^r \frac{dr}{\sqrt{1 - kr^2}}.$$ \hspace{1cm} (10.29)

The RHS’s are the same and thus we can equate the LHS’s,

$$\int_{t_1}^{t_2} \frac{dt}{R} = \int_{t_1 + \delta t_1}^{t_2 + \delta t_2} \frac{dt}{R}.$$ \hspace{1cm} (10.30)

We change the integration limits, subtracting the common interval $[t_1 + \delta t_1 : t_2]$ and obtain

$$\int_{t_1}^{t_1 + \delta t_1} \frac{dt}{R} = \int_{t_2}^{t_2 + \delta t_2} \frac{dt}{R}.$$ \hspace{1cm} (10.31)

Now we choose the time intervals $\delta t_i$ as the time between two wave crests separated by the wave lengths $\lambda_i$ of an electromagnetic wave. Since these time intervals are extremely short compared to cosmological times, $\delta t_i = \lambda_i/c \ll t_i$, we can assume $R(t)$ as constant performing the integrals and obtain

$$\frac{\delta t_1}{R_1} = \frac{\delta t_2}{R_2} \quad \text{or} \quad \frac{\lambda_1}{R_1} = \frac{\lambda_2}{R_2}.$$ \hspace{1cm} (10.32)

The redshift $z$ of an object is defined as the relative change in the wavelength between emission and detection,

$$z = \frac{\lambda_2 - \lambda_1}{\lambda_1} = \frac{\lambda_2}{\lambda_1} - 1$$ \hspace{1cm} (10.33)

or

$$1 + z = \frac{\lambda_2}{\lambda_1} = \frac{R_2}{R_1}.$$ \hspace{1cm} (10.34)

Typically, the observation happens at the present epoch, and thus we set $1 + z = R_0/R(t)$.

This result is intuitively understandable, since the expansion of the universe stretches all lengths including the wave-length of a photon. For a massless particle like the photon, $\nu = c\lambda$ and $E = cp$, and thus its frequency (energy) and its wave-length (momentum) are affected in the same way. By contrast, the energy of a non-relativistic particle with $E \approx mc^2$ is nearly fixed.

A similar calculation as for the photon can be done for massive particles. Since the geodesic equation for massive particles leads to a more involved calculation, we use in this case however a different approach. We consider two comoving observer separated by the proper distance
A massive particle with velocity \( v \) needs the time \( \delta t = \delta l / v \) to travel from observer one to observer two. The relative velocity of the two observer is

\[
\delta u = \frac{\dot{R}}{R} \delta l = \frac{\dot{R}}{R} v \delta t = v \frac{\delta R}{R}.
\]  

Since we assume that the two observers are separated only infinitesimally, we can use the addition law for velocities from special relativity for the calculation of the velocity \( v' \) measured by the second observer,

\[
v' = \frac{v - \delta u}{1 - v \delta u} = v - (1 - v^2) \delta u + \mathcal{O}(\delta u^2) = v - (1 - v^2) v \frac{\delta R}{R}.
\]  

Introducing \( \delta v = v - v' \), we obtain

\[
\frac{\delta v}{v(1 - v^2)} = \frac{\delta R}{R}.
\]  

and integrating this equation results in

\[
p = \frac{mv}{\sqrt{1 - v^2}} = \text{const.} \frac{R}{R}.
\]  

Thus not the energy but the momentum \( p = \hbar / \lambda \) of massive particles is red-shifted: The kinetic energy of massive particles goes quadratically to zero, and hence peculiar velocities relative to the Hubble flow are strongly damped by the expansion of the universe.

**Luminosity and angular diameter distance**

In an expanding universe, the distance to an object depends on the expansion history, the behaviour of the scale factor \( R(t) \), between the time of emission \( t \) of the observed light and its reception at \( t_0 \). From the metric (10.15) we can define the (radial) coordinate distance

\[
\chi = \int_t^{t_0} \frac{dt}{R(t)}
\]  

as well as the proper distance \( d = g_{\chi \chi} \chi = R(t) \chi \). The proper distance is however only for a static metric a measurable quantity and cosmologists use therefore other, operationally defined measures for the distance. The two most important examples are the luminosity and the angular diameter distances.

**Luminosity distance** The luminosity distance \( d_L \) is defined such, that the inverse-square law between luminosity \( L \) of a source at distance \( d \) and the received energy flux \( F \) is valid,

\[
d_L = \left( \frac{L}{4 \pi F} \right)^{1/2}.
\]  

Assume now that a (isotropically emitting) source with luminosity \( L(t) \) and comoving coordinate \( \chi \) is observed at \( t_0 \) by an observer at \( O \). The cut at \( O \) through the forward light cone of the source emitted at \( t_e \) defines a sphere \( S^2 \) with proper area

\[
A = 4 \pi R^2(t_0) S^2(\chi).
\]
Two additional effects are that the frequency of a single photon is redshifted, $\nu_0 = \nu_e/(1 + z)$, and that the arrival rate of photons is reduced by the same factor due to time-dilation. Hence the received flux is

$$F(t_0) = \frac{1}{(1 + z)^2} \frac{L(t_e)}{4\pi R_0^2 S^2(\chi)}$$ (10.42)

and the luminosity distance in a FRW universe follows as

$$d_L = (1 + z) R_0 S(\chi).$$ (10.43)

Note that $d_L$ depends via $\chi$ on the expansion history of the universe between $t_e$ and $t_0$.

Observe are not the coordinates $\chi$ or $r$, but the redshift $z$ of a galaxy. Differentiating $1 + z = R_0 / R(t)$, we obtain

$$dz = -\frac{R_0}{R^2} dR = -\frac{R_0}{R^2} \frac{dR}{dt} dt = -(1 + z) H dt$$ (10.44)

or

$$t_0 - t = \int_t^{t_0} dt = \int_z^0 \frac{dz}{H(z)(1 + z)}.$$ (10.45)

Inserting the relation (10.44) into Eq. (10.39), we find the coordinate $\chi$ of a galaxy at redshift $z$ as

$$\chi = \int_t^{t_0} \frac{dt}{R(t)} = \frac{1}{R_0} \int_0^z \frac{dz}{H(z)}$$ (10.46)

For small redshift $z \ll 1$, we can use the expansion (10.22)

$$\chi = \int_t^{t_0} \frac{dt}{R(t)} [1 - (t - t_0) H_0 + \ldots]^{-1}$$

$$\approx \frac{1}{R_0} [(t - t_0) + \frac{1}{2} (t - t_0)^2 H_0 + \ldots] = \frac{1}{R_0 H_0} [z - \frac{1}{2} (1 + q_0) z^2 + \ldots]$$ (10.47)

In practise, one observes only the luminosity within a certain frequency range instead of the total (or bolometric) luminosity. A correction for this effect requires the knowledge of the intrinsic source spectrum.

Angular diameter distance Instead of basing a distance measurement on standard candles, one may use standard rods with known proper length $l$ whose angular diameter $\Delta \vartheta$ can be observed. Then we define the angular diameter distance as

$$d_A = \frac{l}{\Delta \vartheta}.$$ (10.49)

or

$$d_A = \frac{R_0 S(\chi)}{1 + z}.$$ (10.50)

Thus at small distances, $z \ll 1$, the two definitions agree by construction, while for large redshift the differences increase as $(1 + z)^2$. 

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10.3 Friedmann equations

The FRW metric together with a perfect fluid as energy-momentum tensor gives for the

time-time component of the Einstein equation

\[ \dddot{R} = -\frac{4\pi G}{3} (\rho + 3P) R, \]  

(10.51)

for the space-time components

\[ R\dddot{R} + 2\dot{R}^2 + 2K = 4\pi G (\rho - P), \]  

(10.52)

and 0 = 0 for the space-space components. Eliminating \( \dddot{R} \) and showing explicitly the

contribution of a cosmological constant to the energy density \( \rho \), the usual Friedmann equation

follows as

\[ H^2 = \left( \frac{\dot{R}}{R} \right)^2 = \frac{8\pi}{3} G \rho - \frac{k}{R^2} + \frac{\Lambda}{3}. \]  

(10.53)

while the “acceleration equation” is

\[ \frac{\dddot{R}}{R} = \frac{\Lambda}{3} - \frac{4\pi G}{3} (\rho + 3P). \]  

(10.54)

This equation determines the (de-) acceleration of the Universe as function of its matter and

energy content. “Normal” matter is characterized by \( \rho > 0 \) and \( P \geq 0 \). Thus a static solution

is impossible for a universe with \( \Lambda = 0 \). Such a universe is decelerating and since today \( \dot{R} > 0 \),

\( \dddot{R} \) was always negative and there was a “big bang”.

We define the critical density \( \rho_{cr} \) as the density for which the spatial geometry of the

universe is flat. From \( k = 0 \), it follows

\[ \rho_{cr} = \frac{3H_0^2}{8\pi G} \]  

(10.55)

and thus \( \rho_{cr} \) is uniquely fixed by the value of \( H_0 \). One “hides” this dependence by introducing

\( h \),

\[ H_0 = 100 \ h \ km/(s \ Mpc). \]

Then one can express the critical density as function of \( h \),

\[ \rho_{cr} = 2.77 \times 10^{11} h^2 M_\odot/Mpc^3 = 1.88 \times 10^{-29} h^2 g/cm^3 = 1.05 \times 10^{-5} h^2 GeV/cm^3. \]

Thus a flat universe with \( H_0 = 100 h \ km/s/Mpc \) requires an energy density of \( \sim 10 \) protons

per cubic meter. We define the abundance \( \Omega_i \) of the different players in cosmology as their

energy density relative to \( \rho_{cr} \), \( \Omega_i = \rho_i/\rho_{cr} \).

In the following, we will often include \( \Lambda \) as other contributions to the energy density \( \rho \) via

\[ \frac{8\pi}{3} G \rho_\Lambda = \frac{\Lambda}{3}. \]  

(10.56)

Thereby one recognizes also that the cosmological constant acts as a constant energy density

\[ \rho_\Lambda = \frac{\Lambda}{8\pi G} \quad \text{or} \quad \Omega_\Lambda = \frac{\Lambda}{3H_0^2}. \]  

(10.57)
We can understand better the physical properties of the cosmological constant by replacing \( \Lambda \) by \( (8\pi G)\rho_\Lambda \). Now we can compare the effect of normal matter and of the \( \Lambda \) term on the acceleration,

\[
\frac{\ddot{R}}{R} = \frac{8\pi G}{3} \rho_\Lambda - \frac{4\pi G}{3} (\rho + 3P) \tag{10.58}
\]

Thus \( \Lambda \) is equivalent to matter with an E.o.S. \( w_\Lambda = P/\rho = -1 \). This property can be checked using only thermodynamics: With \( P = -\langle \partial U/\partial V \rangle_S \) and \( U_\Lambda = \rho_\Lambda V \), it follows \( P = -\rho \).

The borderline between an accelerating and decelerating universe is given by \( \rho = -3P \) or \( w = -1/3 \). The condition \( \rho < -3P \) violates the so-called strong energy condition for “normal” matter in equilibrium. An accelerating universe requires therefore a positive cosmological constant or a dominating form of matter that is not in equilibrium.

Note that the energy contribution of relativistic matter, photons and possibly neutrinos, is today much smaller than the one of non-relativistic matter (stars and cold dark matter). Thus the pressure term in the acceleration equation can be neglected at the present epoch. Measuring \( \ddot{R}/R \), \( \dot{R}/R \) and \( \rho \) fixes therefore the geometry of the universe.

**Thermodynamics**  
The first law of thermodynamics becomes for a perfect fluid with \( dS = 0 \) simply

\[
dU = TdS - PdV = -PdV \tag{10.59}
\]

or

\[
d(\rho R^3) = -Pd(R^3). \tag{10.60}
\]

Dividing by \( dt \),

\[
R\dot{\rho} + 3(\rho + P)\dot{R} = 0, \tag{10.61}
\]

we obtain our old result,

\[
\dot{\rho} = -3(\rho + P)H. \tag{10.62}
\]

This result could be also derived from \( \nabla_a T^{ab} = 0 \). Moreover, the three equations are not independent.

### 10.4 Scale-dependence of different energy forms

The dependence of different energy forms as function of the scale factor \( R \) can derived from energy conservation, \( dU = -PdV \), if an E.o.S. \( P = P(\rho) = w\rho \) is specified. For \( w = \text{const.} \), it follows

\[
d(\rho R^3) = -3PR^2 dR \tag{10.63}
\]

or eliminating \( P \)

\[
\frac{d\rho}{dR} R^3 + 3\rho R^2 = -3w\rho R^2. \tag{10.64}
\]

Separating the variables,

\[
-3(1+w) \frac{dR}{R} = \frac{d\rho}{\rho}, \tag{10.65}
\]

we can integrate and obtain

\[
[\rho \propto R^{-3(1+w)}] = \begin{cases} 
R^{-3} & \text{for matter \ (w = 0)}, \\
R^{-4} & \text{for radiation \ (w = 1/3)}, \\
\text{const.} & \text{for } \Lambda \ (w = -1).
\end{cases} \tag{10.66}
\]
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This result can be understood also from heuristic arguments:

- (Non-relativistic) matter means that $kT \ll m$. Thus $\rho = nm \gg nT = P$ and non-relativistic matter is pressure-less, $w = 0$. The mass $m$ is constant and $n \propto 1/R^3$, hence $\rho$ is just diluted by the expansion of the universe, $\rho \propto 1/R^3$.

- Radiation is not only diluted but the energy of each single photon is additionally redshifted, $E \propto 1/R$. Thus the energy density of radiation scales as $\propto 1/R^4$. Alternatively, one can use that $\rho = aT^4$ and $T \propto \langle E \rangle \propto 1/R$.

- Cosmological constant $\Lambda$: From $\frac{8\pi}{3}G\rho_{\Lambda} = \frac{\Lambda}{3}$ one obtains that the cosmological constant acts as an energy density $\rho_{\Lambda} = \frac{\Lambda}{8\pi G}$ that is constant in time, independent from a possible expansion or contraction of the universe.

- Note that the scaling of the different energy forms is very different. It is therefore surprising that “just today”, the energy in matter and due to the cosmological constant is of the same order (“coincidence problem”).

Let us rewrite the Friedmann equation for the present epoch as

$$\frac{k}{R_0^2} = H_0^2 \left( \frac{8\pi G}{3H_0^2} \rho_0 + \frac{\Lambda}{3H_0^2} - 1 \right) = H_0^2 (\Omega_{\text{tot},0} - 1).$$

(10.67)

We express the curvature term for arbitrary times through $\Omega_{\text{tot},0}$ and the redshift $z$ as

$$\frac{k}{R^2} = \frac{k}{R_0^2}(1+z)^2 = H_0^2 (\Omega_{\text{tot},0} - 1)(1+z)^2.$$  

(10.68)

Dividing the Friedmann equation (10.53) by $H_0^2 = \frac{8\pi G \rho_{\text{cr}}}{3}$, we obtain

$$\frac{H^2(z)}{H_0^2} = \sum \Omega_i(z) - (\Omega_{\text{tot},0} - 1)(1+z)^2 = \Omega_{\text{rad},0}(1+z)^4 + \Omega_{\text{m},0}(1+z)^3 + \Omega_{\Lambda} - (\Omega_{\text{tot},0} - 1)(1+z)^2.$$  

(10.69)

This expression allows us to calculate the age of the universe (10.45), distances (10.43), etc. for a given cosmological model, i.e. specifying the energy content $\Omega_i,0$ and the Hubble parameter $H_0$ at the present epoch.

10.5 Cosmological models with one energy component

We consider a flat universe, $k = 0$, with one dominating energy component with E.o.S $w = P/\rho = \text{const.}$. With $\rho = \rho_{\text{cr}} (R/R_0)^{-3(1+w)}$, the Friedmann equation becomes

$$\dot{R}^2 = \frac{8\pi}{3}G\rho R^2 = H_0^2 R_0^{3+3w} R^{-(1+3w)},$$

(10.70)

where we inserted the definition of $\rho_{\text{cr}} = 3H_0^2/(8\pi G)$. Separating variables we obtain

$$R_0^{-(3+3w)/2} \int_0^{R_0} dR R^{(1+3w)/2} = H_0 \int_0^{t_0} dt = t_0 H_0.$$  

(10.71)
and hence the age of the Universe follows as

\[
t_0H_0 = \frac{2}{3 + 3w}
\]

\[
\begin{cases}
  \frac{2}{3} & \text{for matter (} w = 0 \text{)}, \\
  \frac{1}{2} & \text{for radiation (} w = 1/3 \text{)}, \\
  \to \infty & \text{for } \Lambda \ (w = -1).
\end{cases}
\]

(10.72)

Models with \( w > -1 \) needed a finite time to expand from the initial singularity \( R(t = 0) = 0 \) to the current size \( R_0 \), while a Universe with only a \( \Lambda \) has no “beginning”. In models with a hot big-bang, \( \rho, T \to \infty \) for \( t \to 0 \), and we should expect that classical gravity breaks down at some moment \( t^* \). As long as \( R \propto t^\alpha \) with \( \alpha < 1 \), most time elapsed during the last fractions of \( t_0H_0 \). Hence our result for the age of the universe does not depend on unknown physics close to the big-bang as long as \( w > -1/3 \).

If we integrate (10.71) to the arbitrary time \( t \), we obtain the time-dependence of the scale factor,

\[
R(t) \propto t^{2/(3+3w)}
\]

\[
\begin{cases}
  t^{2/3} & \text{for matter (} w = 0 \text{)}, \\
  t^{1/2} & \text{for radiation (} w = 1/3 \text{)}, \\
  \exp(t) & \text{for } \Lambda \ (w = -1).
\end{cases}
\]

(10.73)

**Age problem of the universe.** The age of a matter-dominated universe is (expanded around \( \Omega_0 = 1 \))

\[
t_0 = \frac{2}{3H_0} \left[ 1 - \frac{1}{5}(\Omega_0 - 1) + \ldots \right].
\]

(10.74)

Globular cluster ages require \( t_0 \geq 13 \) Gyr. Using \( \Omega_0 = 1 \) leads to \( H_0 \leq 2/3 \times 13 \) Gyr = 1/19.5 Gyr or \( h \leq 0.50 \). Thus a flat universe with \( t_0 = 13 \) Gyr without cosmological constant requires a too small value of \( H_0 \). Choosing \( \Omega_m \approx 0.3 \) increases the age by just 14%.

We derive the age \( t_0 \) of a flat Universe with \( \Omega_m + \Omega_\Lambda = 1 \) in the next section as

\[
\frac{3t_0H_0}{2} = \frac{1}{\sqrt{\Omega_\Lambda}} \ln \frac{1 + \sqrt{\Omega_\Lambda}}{\sqrt{1 - \Omega_\Lambda}}.
\]

(10.75)

Requiring \( H_0 \geq 65 \) km/s/Mpc and \( t_0 \geq 13 \) Gyr means that the function on the RHS should be larger than \( 3 \times 13 \) Gyr \( \times 0.65/(2 \times 9.8 \) Gyr \( \approx 1.3 \) or \( \Omega_\Lambda \geq 0.55 \).

### 10.6 The ΛCDM model

We consider a flat Universe containing as its only two components pressure-less matter and a cosmological constant, \( \Omega_m + \Omega_\Lambda = 1 \). Then the curvature term in the Friedmann equation and the pressure term in the deceleration equation play no role and we can hope to solve these equations for \( a(t) \). Multiplying the deceleration equation (10.54) by two and adding it to the Friedmann equation (10.53), we eliminate \( \rho_m \),

\[
2 \frac{\ddot{a}}{a} + \left(\frac{\dot{a}}{a}\right)^2 = \Lambda.
\]

(10.76)

(We denote the scale factor in this section with \( a \).) Next we rewrite first the LHS and then the RHS as total time derivatives: With

\[
\frac{d}{dt}(aa^2) = \dot{a}^3 + 2a\ddot{a} = \dot{a}a^2 \left[ \left(\frac{\dot{a}}{a}\right)^2 + 2 \frac{\ddot{a}}{a} \right],
\]

(10.77)
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Figure 10.3: The product $t_0 H_0$ for an open universe containing only matter (dotted blue line) and for a flat cosmological model with $\Omega_\Lambda + \Omega_m = 1$ (solid red line).

we obtain

$$\frac{d}{dt}(aa^2) = \dot{a}a^2 = \frac{1}{3} \frac{d}{dt}(a^3)\Lambda.$$  \hspace{1cm} (10.78)

Integrating is now trivial,

$$a\dot{a} = \frac{\Lambda}{3} a^3 + C.$$  \hspace{1cm} (10.79)

The constant $C$ can be determined most easily by setting $a(t_0) = 1$ and comparing the Friedmann equation (10.53) with (10.79) for $t = t_0$ as $C = 8\pi G \rho_{m,0}/3$.

Next we introduce the new variable $x = a^{3/2}$. Then

$$\frac{da}{dt} = \frac{dx}{dt} \frac{da}{dx} = \frac{dx}{dt} \frac{2x^{-1/3}}{3},$$  \hspace{1cm} (10.80)

and we obtain as new differential equation

$$\dot{x}^2 - \Lambda x^2/4 + C/3 = 0.$$  \hspace{1cm} (10.81)

Inserting the solution $x(t) = A \sinh(\sqrt{\Lambda}t/2)$ of the homogeneous equation fixes the constant $A$ as $A = \sqrt{3C/\Lambda}$. We can express $A$ also by the current values of $\Omega_i$ as $A = \Omega_m/\Omega_\Lambda = (1 - \Omega_\Lambda)/\Omega_\Lambda$. Hence the time-dependence of the scale factor is

$$a(t) = A^{1/3} \sinh^{2/3}(\sqrt{3\Lambda}t/2).$$  \hspace{1cm} (10.82)

The time-scale of the expansion is set by $t_\Lambda = 2/\sqrt{3\Lambda}$.

The present age $t_0$ of the universe follows by setting $a(t_0) = 1$ as

$$t_0 = t_\Lambda \arctanh(\sqrt{\Omega_\Lambda}).$$  \hspace{1cm} (10.83)

The deceleration parameter $q = -\ddot{a}/aH^2$ is an important quantity for observational tests of the $\Lambda$CDM model. We calculate first the Hubble parameter

$$H(t) = \frac{\dot{a}}{a} = \frac{2}{3t_\Lambda} \coth(t/t_\Lambda)$$  \hspace{1cm} (10.84)
10.7 Determining $\Lambda$ and the curvature $R_0$ from $\rho_{m,0}$, $H_0$, $q_0$

General discussion: We apply now the Friedmann and the acceleration equation to the present time. Thus $\dot{R}_0 = R_0 H_0$, $\ddot{R} = - q_0 H_0^2 R_0$ and we can neglect the pressure term in Eq. (10.54),

$$\frac{\ddot{R}_0}{R_0} = - q_0 H_0^2 = \frac{\Lambda}{3} - \frac{4\pi G}{3} \rho_{m,0}.$$  

(10.86)

Thus we can determine the value of the cosmological constant from the observables $\rho_{m,0}$, $H_0$ and $q_0$ via

$$\Lambda = 4\pi G \rho_{m,0} - 3 q_0 H_0^2.$$  

(10.87)

Solving next the Friedmann equation (10.53) for $k/R_0^2$,

$$\frac{k}{R_0^2} = \frac{8\pi G}{3} \rho_{m,0} + \frac{\Lambda}{3} - H_0^2,$$  

(10.88)

we write $\rho_{m,0} = \Omega_m \rho_{\text{cr}}$ and insert Eq. (10.87) for $\Lambda$. Then we obtain for the curvature term

$$\frac{k}{R_0^2} = \frac{H_0^2}{2} (3\Omega_m - 2q_0 - 2).$$  

(10.89)
Hence the sign of $3\Omega_m - 2q_0 - 2$ decides about the sign of $k$ and thus the curvature of the universe. For a universe without cosmological constant, $\Lambda = 0$, equation (10.87) gives $\Omega_m = 2q_0$ and thus

$$
\begin{align*}
  k &= -1 \quad \Leftrightarrow \quad \Omega_m < 1 \quad \Leftrightarrow \quad q_0 < 1/2, \\
  k &= 0 \quad \Leftrightarrow \quad \Omega_m = 1 \quad \Leftrightarrow \quad q_0 = 1/2, \\
  k &= +1 \quad \Leftrightarrow \quad \Omega_m > 1 \quad \Leftrightarrow \quad q_0 > 1/2.
\end{align*}
$$

(10.90)

For a flat universe with $\Lambda = 0$, $\rho_{m,0} = \rho_{cr}$ and $k = 0$,

$$
0 = 4\pi G \frac{3H_0^2}{8\pi G} + H_0^2(q_0 - 1) = H_0^2\left(\frac{3}{2} + q_0 - 1\right),
$$

(10.91)

and thus $q_0 = 1/2$. In this special case, $q_0 < 1/2$ means $k = -1$ and thus an infinite space with negative curvature, while a finite space with positive curvature has $q > 1/2$.

**Example:** Comparison with observations: Use the Friedmann equations applied to the present time to derive central values of $\Lambda$ and $k_0/R_0$ from the observables $H_0 \approx (71 \pm 4)$ km/s/Mpc and $\rho_0 = (0.27 \pm 0.04)\rho_{cr}$, and $q_0 = -0.6$. Discuss the allowed range and significance of the values.

We evaluate first

$$
H_0^2 \approx \left(\frac{7.1 \times 10^6 \text{cm}}{3.1 \times 10^{23} \text{cm}}\right)^2 \approx 5.2 \times 10^{-36} \text{s}^{-2}.
$$

The value of the cosmological constant $\Lambda$ follows as

$$
\Lambda = 4\pi G \rho_{m,0} - 3q_0H_0^2 = 3H_0^2\left(\frac{\rho}{2\rho_{cr}} - 3q_0\right) \approx 3H_0^2 \times (\frac{1}{2} \times 0.27 + 0.6) \approx 0.73 \times 3H_0^2
$$

or $\Omega_\Lambda = 0.73$. The curvature radius $R$ follows as

$$
\frac{k}{R_0^2} = 4\pi G \rho_{m,0} - H_0^2(q_0 + 1) = 3H_0^2\left(\frac{\rho}{2\rho_{cr}} - \frac{q_0 + 1}{3}\right) = 3H_0^2 (0.135 \pm 0.02 - 0.4/3) = 3H_0^2 (0.002 \pm 0.02)
$$

(10.93)

thus a flat universe $(k = 0)$ is consistent with observations.

### 10.8 Particle horizons

The particle horizon $l_H$ is defined as distance out to which one can observe a particle by exchange of a light signal, i.e. it is the border of the region causally connected to the observer. Without expansion, $l_H = ct_0$, where $t_0$ is the age of the universe. In an expanding universe, the path the light has to travel will be stretched, $dl_H = R_0/R(t)dt$, and thus

$$
l_H = cR_0 \int \frac{dt'}{R(t')}
$$

For a matter- or radiation-dominated universe $R(t) = R_0(t/t_0)^\alpha$ with $\alpha = 2/3$ and $1/2$, respectively. Both models start with an initial singularity $t = 0$, and thus

$$
l_H(t_0) = c \int_0^{t_0} dt \left(\frac{t}{t_0}\right)^{-\alpha} = \frac{ct_0}{1 - \alpha}.
$$
The ratio

\[
\frac{\ell_H(t)}{R(t)} \propto \frac{t}{t^\alpha} \propto t^{1-\alpha}
\]

gives the fraction of the Hubble horizon that was causally connected at time \( t < t_0 \). Since \( 0 < \alpha < 1 \), this fraction decreases going back in time.

For an universe dominated by a cosmological constant \( \Lambda > 0 \), \( R(t) = R_0 \exp(\sqrt{\Lambda/3t}) = R_0 \exp (Ht) \) and thus

\[
l_H(t_2) = cR_0 \int_t^{t_0} \frac{dt'}{\exp (Ht')} = \frac{cR_0}{H} \left[ \exp (-Ht) - \exp (-Ht_0) \right]
\]

With \( R(t_0) = R_0 \) and thus \( t_0 = 0 \),

\[
\frac{l_H(t)}{R_0} = \frac{c}{H} \left[ \exp (-Ht) - 1 \right].
\]

Since \( t < t_0 = 0 \), the expression in the bracket is always larger than one and the causally connected region is larger than the Hubble horizon. If exponential expansion would have persisted for all times, then \( l_H(t) \to \infty \) for \( t \to -\infty \) and thus the whole universe would be causally connected.
11 Cosmic relics

11.1 Time-line of important dates in the early universe

Different energy form today. Let us summarize the relative importance of the various energy forms today. The critical density $\rho_{cr} = 3H_0^2/(8\pi G)$ has with $h = 0.7$ today the numerical value $\rho_{cr} \approx 7.3 \times 10^{-6}$ GeV/cm$^3$. This would corresponds to roughly 8 protons per cubic meter. However, main player today is the cosmological constant with $\Omega_{\Lambda} \approx 0.73$. Next comes (pressure-less) matter with $\Omega_m \approx 0.27$ that consists mostly of non-baryonic dark matter, while only $\Omega_b = 4\%$ of the total energy density of the universe consists of matter that we know. The energy density of cosmic microwave background (CMB) photons with temperature $T = 2.7K = 2.3 \times 10^{-4}$ eV is $\rho_\gamma = aT^4 = 0.4 eV/cm^3$ or $\Omega_\gamma \approx 5 \times 10^{-5}$.

The contribution of the three neutrino flavors to the energy density depends on the unknown absolute neutrino mass scale, $5 \times 10^{-5} \lesssim \Omega_\nu \lesssim 0.05$. The lower bound corresponds to three (effectively) massless neutrinos, the upper to one massive neutrino flavor with $m_\nu \sim 0.3 eV$.

Different energy forms as function of time The scaling of $\Omega_i$ with redshift $z$, $1+z = R_0/R(t)$ is given by

$$H^2(z)/H^2_0 = \Omega_{m,0}(1+z)^3 + \Omega_{rad,0}(1+z)^4 + \Omega_{\Lambda} - (\Omega_{tot,0} - 1)(1+z)^2. \quad (11.1)$$

Thus the relative importance of the different energy forms changes: Going back in time, one enters first the matter-dominated and then the radiation-dominated epoch.

The cosmic triangle shown in Fig. 11.1 illustrates the evolution in time of the various energy components and the resulting coincidence problem: Any universe with a non-zero positive cosmological constant will be driven with time to a fix-point with $\Omega_m, \Omega_k \to 0$. The only other non-evolving state is a flat universe containing only matter—however, this solution is unstable. Hence, the question arises why we live in an epoch where all energy components have comparable size.

Temperature increase as $T \sim 1/R$ has three main effects: Firstly, bound states like atoms and nuclei are dissolved when the temperature reaches their binding energy, $T \gtrsim E_b$. Secondly, particles with mass $m_X$ can be produced, when $T \gtrsim 2m_X$, in reactions like $\gamma\gamma \to XX$. Thus the early Universe consists of a plasma containing more and more heavier particles that are in thermal equilibrium. Finally, most reaction rates $\Gamma = n\sigma v$ increase faster than the expansion rate of the universe for $t \to 0$, since $n \propto T^3$ for relativistic particles, while $H \propto \rho_{rad}^{1/2} \propto T^2$. Therefore, reactions that have became ineffective today were important in the early Universe.

Matter-radiation equilibrium $z_{eq}$: The density of matter decreases slower than the energy density of radiation. Going backward in time, there will be therefore a time when the density
11.1 Time-line of important dates in the early universe

of matter and radiation were equal. Before that time with redshift $z_{eq}$, the universe was radiation-dominated,

$$\Omega_{rad,0}(1 + z_{eq})^4 = \Omega_{m,0}(1 + z_{eq})^3$$

or

$$z_{eq} = \frac{\Omega_{m,0}}{\Omega_{rad,0}} - 1 \approx 5400.$$  (11.3)

This time is important, because i) the time-dependence of the scale factor changes from $R \propto t^{2/3}$ for a matter to $R \propto t^{1/2}$ for a radiation dominated universe, ii) the E.o.S. and thus the speed of sound changed from $w \approx 1/3$, $v_s^2 = (\partial P/\partial \rho)_S = c^2/3$ to $w \approx 0$, $v_s^2 = 5kT/(3m) \ll c^2$. The latter quantity determines the Jeans length and thus which structures in the Universe can collapse.

Recombination $z_{rec}$: Today, most hydrogen and helium in the interstellar and intergalactic medium is neutral. Increasing the temperature, the fraction of ions and free electron increases, i.e. the reaction $H + \gamma \leftrightarrow H^+ + e^-$ that is mainly controlled by the factor $\exp(-E_b/kT)$ will be shifted to the right. By definition, we call recombination the time when 50% of all atoms are ionized. A naive estimate gives $kT \approx E_b \approx 13.6 \text{ eV} \approx 160.000 K$ or $z_{rec} = 60.000$. However, there are many more photons than hydrogen atoms, and therefore recombination happens latter: A more detailed calculation gives $z_{rec} \sim 1000$.

Since the interaction probability of photons with neutral hydrogen is much smaller than with electrons and protons, recombination marks the time when the Universe became transparent to light.

Figure 11.1: The cosmic triangle showing the time evolution of the various energy components.
11 Cosmic relics

**Big Bang Nucleosynthesis** At $T_{ns} \sim \Delta \equiv m_n - m_p \approx 1.3$ MeV or $t \sim 1$ s, part of protons and neutrons forms nuclei, mainly $^4$He. As in the case of recombination, the large number of photons delays nucleosynthesis relative to the estimate $T_{ns} \approx \Delta$ to $T_{ns} \approx 0.1$ MeV.

**Quark-hadron or QCD transition** Above $T \sim m_\pi \sim 100$ MeV, hadrons like protons, neutrons or pions dissolve into their fundamental constituents, quarks $q$ and gluons $g$.

**Baryogenesis** All the matter observed in the Universe consists of matter (protons and electrons), and not of anti-matter (anti-protons an positrons). Thus the baryon-to-photon ratio is

$$\eta = \frac{n_b - n_\bar{b}}{n_\gamma} = \frac{n_b}{n_\gamma} = \frac{\Omega_b \rho_{cr}}{2\zeta(3)T_\gamma^3/\pi^2} \approx 7 \times 10^{-10}. \quad (11.4)$$

The early plasma of quarks $q$ and anti-quarks $\bar{q}$ contained a tiny surplus of quarks. After all anti-matter annihilated with matter, only the small surplus of matter remained. The tiny asymmetry can be explained by interactions in the early Universe that were not completely symmetric with respect to an exchange of matter-antimatter.

### 11.2 Equilibrium statistical physics in a nut-shell

The distribution function $f(p)$ of a free gas of fermions or bosons in *kinetic equilibrium* are

$$f(p) = \frac{1}{\exp[\beta(E - \mu)] \pm 1} \quad (11.5)$$

where $\beta = 1/T$ denotes the inverse temperature, $E = \sqrt{m^2 + p^2}$, and $+1$ refers to fermions and -1 to bosons, respectively. As we will see later, photons as massless particles stay also in an expanding universe in equilibrium and may serve therefore as a thermal bath for other particles. A species $X$ stays in kinetic equilibrium, if e.g. in the reaction $X + \gamma \rightarrow X + \gamma$ the energy exchange with photons is fast enough.

The chemical potential $\mu$ is the average energy needed, if an additional particle is added, $dU = \sum_i \mu dN_i$. If $\mu$ is zero, If the species $X$ is also in *chemical equilibrium* with other species, e.g. via the reaction $X + \bar{X} \leftrightarrow \gamma + \gamma$ with photons, then their chemical potentials are related by $\mu_X + \mu_{\bar{X}} = 2\mu_\gamma = 0$.

The number density $n$, energy density $\rho$ and pressure $P$ of a species $X$ follows as

$$n = \frac{g}{(2\pi)^3} \int d^3p f(p), \quad (11.6)$$

$$\rho = \frac{g}{(2\pi)^3} \int d^3p Ef(p), \quad (11.7)$$

$$P = \frac{g}{(2\pi)^3} \int d^3p \frac{p^2}{3E} f(p). \quad (11.8)$$

The factor $g$ takes into account the internal degrees of freedom like spin or color. Thus for a photon, a massless spin-1 particle $g = 2$, for an electron $g = 4$, etc.
11.2 Equilibrium statistical physics in a nutshell

Derivation of the pressure integral for free quantum gas:

Comparing the 1st law of thermodynamics, \(dU = TdS - PdV\), with the total differential \(dU = \left(\frac{\partial U}{\partial S}\right)_V dS + \left(\frac{\partial U}{\partial V}\right)_S dV\) gives \(P = -\left(\frac{\partial U}{\partial V}\right)_S\).

Since \(U = V f(p)\) and \(S \propto \ln(V f(p))\), differentiating \(U\) keeping \(S\) constant means \(P = -\frac{V}{3} \int dV \left(\frac{\partial E}{\partial V}\right) f(p)\).

We write \(\frac{\partial E}{\partial V} = \left(\frac{\partial E}{\partial p}\right) \frac{\partial p}{\partial L} \frac{\partial L}{\partial V}\). To evaluate this we note that \(\frac{\partial E}{\partial p} = \frac{p}{2E}\), that from \(V = L^3\) it follows \(\frac{\partial L}{\partial V} = \frac{1}{3L^2}\) and that finally the quantization conditions of free particles, \(p_k = 2\pi k/L\) implies \(\frac{\partial p}{\partial L} = -\frac{p}{L}\). Combined this gives \(\frac{\partial E}{\partial V} = -\frac{p^2}{3EV}\).

In the non-relativistic limit \(T \ll m\), \(e^{\beta(m-\mu)} \gg 1\) and thus differences between bosons and fermions disappear,

\[
n = \frac{g}{2\pi^2} e^{-\beta(m-\mu)} \int_0^\infty dp \, p^2 e^{-\beta p^2/2m} = g \frac{(mT)}{2\pi} \exp[-\beta(m-\mu)],
\]

\[
\rho = mn,
\]

\[
P = nT \ll \rho.
\]

These expressions correspond to the classical Maxwell-Boltzmann statistics\(^1\). The number of non-relativistic particles is exponentially suppressed, if their chemical potential is small. Since the number of protons per photons is indeed very small in the universe, cf. Eq. (11.4), and therefore also the number of electron (the universe should be neutral), the chemical potential \(\mu\) can be neglected in cosmology at least for protons and electron.

In the relativistic limit \(T \gg m\) with \(T \gg \mu\) all properties of a gas are determined by its temperature \(T\),

\[
n = \frac{g T^3}{2\pi^2} \int_0^\infty dx \frac{x^2}{e^x \pm 1} = \varepsilon_1 \frac{\zeta(3)}{\pi^2} gT^3,
\]

\[
\rho = \frac{g T^4}{2\pi^2} \int_0^\infty dx \frac{x^3}{e^x \pm 1} = \varepsilon_2 \frac{\pi^2}{30} gT^4,
\]

\[
P = \rho/3,
\]

where for bosons \(\varepsilon_1 = \varepsilon_2 = 1\) and for fermions \(\varepsilon_1 = 3/4\) and \(\varepsilon_2 = 7/8\), respectively.

Since the energy density and the pressure of non-relativistic species is exponentially suppressed, the total energy density and the pressure of all species present in the universe can be well-approximated including only relativistic ones,

\[
\rho_{\text{rad}} = \frac{\pi^2}{30} g_* T^4,
\]

\[
P_{\text{rad}} = \rho_{\text{rad}}/3 = \frac{\pi^2}{90} g_* T^4,
\]

where

\[
g_* = \sum_{\text{bosons}} g_i \left(\frac{T_i}{T}\right)^4 + \frac{7}{8} \sum_{\text{fermions}} g_i \left(\frac{T_i}{T}\right)^4.
\]

Here we took into account that the temperature of different particle species can differ.

\(^1\)Integrals of the type \(\int_0^\infty dx x^2 e^{-ax^2}\) can be reduced to a Gaussian integral by differentiating with respect to the parameter \(a\).
Entropy

Rewriting the first law of thermodynamics, \(dU = TdS - PdV\), as

\[
dS = \frac{dU}{T} + \frac{P}{T} dV = \frac{d(V\rho)}{T} + \frac{P}{T} dV = V \frac{d\rho}{T} dT + \frac{\rho + P}{T} dV
\]

and comparing this expression with the total differential \(dS(T, V)\), one obtains

\[
\frac{\partial S}{\partial V} = \frac{\rho + P}{T}.
\]

Since the RHS is independent of \(V\) for constant \(T\), we can integrate and obtain

\[
S = \frac{\rho + P}{T} V + f(T).
\]

The integration constant \(f(T)\) has to vanish to ensure that \(S\) is an extensive variable, \(S \propto V\).

The total entropy density \(s \equiv S/V\) of the universe can again approximated by the relativistic species,

\[
s = \frac{2\pi^2}{45} g_* T^3,
\]

where now

\[
g_* = \sum_{\text{bosons}} g_i \left(\frac{T_i}{T}\right)^3 + \frac{7}{8} \sum_{\text{fermions}} g_i \left(\frac{T_i}{T}\right)^3.
\]

The entropy \(S\) is an important quantity because it is conserved during the evolution of the universe. Conservation of \(S\) implies that \(S \propto g_* R^3 T^3 = \text{const.}\) and thus the temperature of the Universe evolves as

\[
T \propto g_*^{-1/3} R^{-1}.
\]

When \(g_*\) is constant, the temperature \(T \propto 1/R\). Consider now the case that a particle species, e.g. electrons, becomes non-relativistic at \(T \sim m_e\). Then the particles annihilate, \(e^- + e^- \rightarrow \gamma \gamma\), and its entropy is transferred to photons. Formally, \(g_* S\) decreases and therefore the temperature decreases for a short period less slowly than \(T \propto 1/R\).

Since \(s \propto R^{-3}\) and also the net number of particles with a conserved charge, e.g. \(n_B \equiv n_B - n_B \propto R^{-3}\) if baryon number \(B\) is conserved, the ratio \(n_B/s\) remains constant.

Relativistic degrees of freedom.

To obtain the number of relativistic degrees of freedom \(g_*\) in the universe as function of \(T\), we have to know the degrees of freedom of the various particle species:

- The spin degrees of freedom of massive particles with spin \(s\) are \(2s + 1\), and of neutrinos 1, where we count particles and anti-particles separately. Massless bosons like photons and gravitons are their own anti-particle and have 2 spin states.
- Below \(T_{\text{QCD}} \sim 250\ \text{MeV}\) strongly interacting particles are bound in hadrons, while above \(T_{\text{QCD}}\) free quarks and gluons exist.
- Quarks have as additional label 3 colors, there are eight gluons.
- We assume that all species have the same temperature and approximate their contribution to \(g_*\) by a step function \(\delta(T - m)\).

Using the “Particle Data Book” to find the masses of the various particles, we can construct \(g_*\) as function of \(T\) as shown in table 11.1.
11.3 Big Bang Nucleosynthesis

Nuclear reactions in stars are supposed to produce all the observed heavier elements. However, stellar reactions can explain at most a fraction of 5% of $^4\text{He}$, while the production of the weakly bound deuterium and Lithium-7 in stars is impossible. Thus the light elements up to Li-7 are primordial: $Y(D) = \text{few} \times 10^{-5}$, $Y(^3\text{H}) = \text{few} \times 10^{-5}$ $Y(^4\text{He}) \approx 0.25$, $Y(^7\text{Li}) \approx (1-2) \times 10^{-7}$. Observational challenge is to find as “old” stars/gas clouds as possible and then to extrapolate back to primordial values.

**Estimate of $^4\text{He}$ production by stars:**
The binding energy of $^4\text{He}$ is $E_b = 28.3$ MeV. If 1/4 of all nucleons were fused into $^4\text{He}$ during $t \sim 10$ Gyr, the luminosity-mass ratio would be

$$\frac{L}{M_b} = \frac{1}{4} \frac{E_b}{4m_p c} = 5 \frac{\text{erg}}{\text{g s}} \approx 2.5 \frac{L_\odot}{M_\odot}.$$  

The observed luminosity-mass ratio is however only $\frac{L}{M_b} \leq 0.05 L_\odot / M_\odot$. Assuming a roughly constant luminosity of stars, they can produce only $0.05/2.5 \approx 2\%$ of the observed $^4\text{He}$.

Big Bang Nucleosynthesis (BBN) is controlled by two parameters: The mass difference between protons and neutrons, $\Delta \equiv m_n - m_p \approx 1.3$ MeV and the freeze-out temperature $T_f$ of reaction converting protons into neutrons and vice versa.

### 11.3.1 Equilibrium distributions

In the non-relativistic limit $T \ll m$, the number density of the nuclear species with mass number $A$ and charge $Z$ is

$$n_A = g_A \left( \frac{m_A T}{2\pi} \right)^{3/2} \exp[\beta(\mu_A - m_A)].$$  

### Table 11.1: The number of relativistic degrees of freedom $g_*$ present in the universe as function of its temperature.

<table>
<thead>
<tr>
<th>Temperature</th>
<th>new particles</th>
<th>$4\Delta g_*$</th>
<th>$4g_*$</th>
</tr>
</thead>
<tbody>
<tr>
<td>$T &lt; m_e$</td>
<td>$\gamma + \nu_i$</td>
<td>4(2 + 3 × 2 × 7/8)</td>
<td>29</td>
</tr>
<tr>
<td>$m_e &lt; T &lt; m_\mu$</td>
<td>$e^\pm$</td>
<td>14</td>
<td>43</td>
</tr>
<tr>
<td>$m_\mu &lt; T &lt; m_\pi$</td>
<td>$\mu^\pm$</td>
<td>14</td>
<td>57</td>
</tr>
<tr>
<td>$m_\pi &lt; T &lt; T_c$</td>
<td>$\pi^\pm, \pi^0$</td>
<td>12</td>
<td>69</td>
</tr>
<tr>
<td>$T_c &lt; T &lt; m_s$</td>
<td>$u, \bar{u}, d, \bar{d}, g$</td>
<td>$6 \times 14 + 4 \times 8 \times 2 - 12$</td>
<td>205</td>
</tr>
<tr>
<td>$m_s &lt; T &lt; m_c$</td>
<td>$s, \bar{s}$</td>
<td>$3 \times 14 = 42$</td>
<td>247</td>
</tr>
<tr>
<td>$m_c &lt; T &lt; m_\tau$</td>
<td>$c, \bar{c}$</td>
<td>42</td>
<td>289</td>
</tr>
<tr>
<td>$m_\tau &lt; T &lt; m_b$</td>
<td>$\tau^\pm$</td>
<td>14</td>
<td>303</td>
</tr>
<tr>
<td>$m_b &lt; T &lt; m_{W,Z}$</td>
<td>$b, \bar{b}$</td>
<td>42</td>
<td>345</td>
</tr>
<tr>
<td>$m_{W,Z} &lt; T &lt; m_h$</td>
<td>$W^\pm, Z$</td>
<td>$4 \times 3 \times 3 = 36$</td>
<td>381</td>
</tr>
<tr>
<td>$m_h &lt; T &lt; m_t$</td>
<td>$h$</td>
<td>4</td>
<td>384</td>
</tr>
<tr>
<td>$m_t &lt; T &lt;$?</td>
<td>$t, \bar{t}$</td>
<td>42</td>
<td>426</td>
</tr>
</tbody>
</table>

139
In chemical equilibrium, \( \mu_A = Z\mu_p + (A - Z)\mu_n \) and we can eliminate \( \mu_A \) by inserting the equivalent expression of (11.24) for protons and neutrons,

\[
\exp(\beta\mu_A) = \exp[\beta(Z\mu_p + (A - Z)\mu_n)] = \frac{n_p^n n_n^A}{2^n} \left( \frac{2\pi}{m_N T} \right)^{3A/2} \exp[\beta(Zm_p + (A - Z)m_n)].
\]  

(11.25)

Here and in the following we can set in the pre-factors \( m_p \approx m_n \approx m_N \) and \( m_A \approx A m_N \), keeping the exact masses only in the exponentials. Inserting this expression for \( \exp(\beta\mu_A) \) together with the definition of the binding energy of a nucleus, \( B_A = Zm_p + (A - Z)m_n - m_A \), we obtain

\[
n_A = g_A \left( \frac{2\pi}{m_N T} \right)^{3(A-1)/2} \frac{A^{3/2}}{2^A} n_p^n n_n^{A-Z} \exp(\beta B_A).
\]  

(11.26)

The mass fraction \( X_A \) contributed by a nuclear species is

\[
X_A = \frac{A n_A}{n_B} \quad \text{with} \quad n_B = n_p + n_n + \sum_i A_i n_{A_i} \quad \text{and} \quad \sum_i X_i = 1.
\]  

(11.27)

With \( n_p^n n_n^{A-Z}/n_N = X_p n_A^{A-Z} n_n^{A-1} \) and \( \eta \propto T^3 \) and thus \( n_B^{A-1} \propto \eta^{A-1} T^{3(A-1)} \), we have

\[
X_A \propto \left( \frac{T}{m_N} \right)^{3(A-1)/2} \eta A^{-1} X_p n_A^{A-Z} \exp(\beta B_A).
\]  

(11.28)

The fact that \( \eta \ll 1 \), i.e. that the number of photons per baryon is extremely large, means that nuclei with \( A > 1 \) are much less abundant and that nucleosynthesis takes place later than naively expected. Let us consider the particular case of deuterium in Eq. (11.28),

\[
\frac{X_D}{X_p X_n} = \frac{24\zeta(3)}{\sqrt{\pi}} \left( \frac{T}{m_N} \right)^{3/2} \eta \exp(\beta B_D)
\]  

(11.29)

with \( B_D = 2.23 \) MeV. The start of nucleosynthesis could be defined approximately by the condition \( X_D/(X_p X_n) = 1 \), or \( T \approx 0.1 \) MeV according to the left panel in Fig. 11.2. The right panel of the same figure shows the results, if the equations (11.28) together with \( \sum_i X_i = 1 \) are solved for the lightest and stablest nuclei. Now it becomes clear that in thermal equilibrium between \( 0.1 \lesssim T \lesssim 0.2 \) MeV essentially all free neutrons will bind to \(^4\)He. For low temperatures one cannot expect that the true abundance follows the equilibrium abundance, Eq. (11.28), shown in Fig. 11.2. First, in the expanding universe the weak reactions that convert protons and nucleons will freeze out as soon as their rate drops below the expansion rate of the universe. This effect will discussed in the following in more detail. Second, the Coulomb barrier will prevent the production of nuclei with \( Z \gg 1 \). Third, neutrons are not stable and decay.

### 11.3.2 Proton-neutron ratio

**Gamov criterion** The interaction depth \( \tau = n l \sigma \) gives the probability that a test particle interacts with cross section \( \sigma \) in a slab of length \( l \) filled with targets of density \( n \). If \( \tau \gg 1 \), interactions are efficient and the test particle is in thermal equilibrium with the surrounding. We can apply the same criteria to the Universe: We say a particle species \( A \) is in thermal equilibrium, as long as \( \tau = n l \sigma = n \sigma v t \gg 1 \). The time \( t \) corresponds to the typical time-scale...
for the expansion of the universe, \( \tau = (\dot{R}/R)^{-1} = H^{-1} \). Note that this is also the typical time-scale for changes in the temperature \( T \). Thus we can rewrite this condition as

\[
\Gamma \equiv n\sigma v \gg H.
\]  

(11.30)

A particle species "goes out of equilibrium" when its interaction rate \( \Gamma \) becomes smaller than the expansion rate \( H \) of the universe.

**Decoupling of neutrinos** The interaction rates of neutrinos in processes like \( n \leftrightarrow p + e^- + \nu_e \) or \( e^+e^- \leftrightarrow \bar{\nu} \nu \) is \( \sigma \sim G_F^2 E^2 \). If we approximate the energy of all particle species by their temperature \( T \), their velocity by \( c \) and their density by \( n \sim T^3 \), then the interaction rate of weak processes is

\[
\Gamma \approx \langle v\sigma n \nu \rangle \approx G_F^2 T^5
\]  

(11.31)

The early universe is radiation-dominated with \( \rho_{\text{rad}} \propto 1/R^4 \), \( H = 1/(2t) \) and negligible curvature \( k/R^2 \). Thus the Friedmann equation simplifies to \( H^2 = (8\pi/3)G\rho \) with \( \rho = g_*\pi^2/30T^4 \), or

\[
\frac{1}{2t} = H = 1.66\sqrt{g_*} \frac{T^2}{M_{\text{Pl}}}.
\]  

(11.32)

Here, we introduced also the Planck mass \( M_{\text{Pl}} = 1/\sqrt{G_N} \approx 1.2 \times 10^{19} \) GeV. Requiring \( \Gamma(T_{\text{fr}}) = H(T_{\text{fr}}) \) gives as freeze-out temperature \( T_{\text{fr}} \) of weak processes

\[
T_{\text{fr}} \approx \left( \frac{1.66\sqrt{g_*}}{G_F^2 M_{\text{Pl}}} \right)^{1/3} \approx 1\text{MeV}
\]  

(11.33)

with \( g_* = 10.75 \). The relation between time and temperature follows as

\[
\frac{t}{s} = \frac{2.4}{\sqrt{g_*}} \left( \frac{\text{MeV}}{T} \right)^2.
\]  

(11.34)

Thus the time-sequence is as follows

- at \( T_{\text{fr}} \approx 1\text{MeV} \): the neutron-proton ratio freezes-in and can be approximated by the ratio of their equilibrium distribution in the non-relativistic limit.
• as the universe cools down from $T_b$ to $T_{ns}$, neutrons decay with half-live $\tau_n \approx 886$ s.
• at $T_{ns}$, practically all neutrons are bound to $^4$He, with only small admixture of other elements.

**Proton-neutron ratio** Above $T_f$, reactions like $\nu_e + n \leftrightarrow p + e^-$ keep nucleons in thermal equilibrium. As we have seen, $T_f \sim 1$ MeV and thus we can treat nucleons in the non-relativistic limit. Then their relative abundance is given by the Boltzmann factor $\exp \left( -\frac{\Delta}{T_f} \right)$ for $T > \sim T_f$ with $\Delta = m_N - m_P = 1.29$ MeV for the mass difference of neutrons and protons. Hence for $T_f$,

$$\left. \frac{n_n}{n_p} \right|_{t=t_f} = \exp \left( -\frac{\Delta}{T_f} \right) \approx \frac{1}{6}. \quad (11.35)$$

As the universe cools down to $T_{ns}$, neutrons decay with half-live $\tau_n \approx 886$ s,

$$\left. \frac{n_n}{n_p} \right|_{t=t_{ns}} \approx \frac{1}{6} \exp \left( -\frac{t_{ns}}{\tau_n} \right) \approx \frac{2}{15}. \quad (11.36)$$

### Estimate of helium abundance

The synthesis if $^4$He proceeds though a chain of reactions, $pn \rightarrow d\gamma$, $dp \rightarrow ^3\text{He}\gamma$, $d^3\text{He} \rightarrow ^4\text{He}p$. Let’s assume that $^4$He formation takes place instantaneously. Moreover, we assume that all neutrons are bound in $^4$He. We need two neutrons to form one helium atom, $n(^4\text{He}) = n_n/2$, and thus

$$Y(^4\text{He}) \equiv \frac{M(^4\text{He})}{M_{\text{tot}}} = \frac{4m_N \times n_n/2}{m_N(n_p + n_n)} = \frac{2n_n/n_p}{1 + n_n/n_p} = \frac{4}{17} \approx 0.235 \quad (11.37)$$

Our naive estimate not too far away from $Y \sim 0.245$.

The dependence of $Y(^4\text{He})$ on the input physics is rather remarkable.

• The helium abundance dependence exponentially on $\Delta$ and $T_f$:
  - The mass difference $\Delta$ depends on both electromagnetic and strong interactions.
  - BBN tests therefore the time-dependence of fundamental interaction expected e.g. in string theories.
  - The freeze-out temperature $T_f$ depends on number of relativistic degrees of freedom $g_*$ and restricts thereby additional light particle.
  - a non-zero chemical potential of neutrinos.

• A weaker dependence on start of nucleosynthesis $T_{ns}$ and thus $\eta_b$ or $\Omega_b$.

### Results from detailed calculations

Detailed calculations predict not only the relative amount of light elements produced, but also their absolute amount as function of e.g. the baryon-photon ratio $\eta$. Requiring that the relative fraction of helium-4, deuterium and lithium-7 compared to hydrogen is consistent with observation allows one to determine $\eta$ or equivalently the baryon content, $\Omega_b h^2 = 0.019 \pm 0.001$. Although the binding energy per nucleon of Carbon-12 and Oxygen-16 is higher than the of $^4$He, they are not produced: at time of $^4$He production Coulomb barrier prevents already fusion. Also, stable element with $A = 5$ is missing.
11.4 Dark matter

11.4.1 Freeze-out of thermal relic particles

When the number density \( n_X \) of a particle species \( X \) is not changed by interactions, then it is diluted just by the expansion of space, \( n_X \propto R^{-3} \). It is convenient to account for this trivial expansion effect by dividing \( n_X \) through the entropy density \( s \propto R^{-3} \), i.e. to use the quantity \( Y = n_X/s \). We first consider again the equilibrium distribution \( Y_{eq} \) for \( \mu_X = 0 \),

\[
Y_{eq} = \frac{n_X}{s} = \left\{ \begin{array}{ll}
\frac{45}{2\pi^2} \frac{(\pi s)^{1/2}}{g_{s*}} x^{3/2} \exp(-x) = 0.145 \frac{g_{s*}}{g_{s}} x^{3/2} \exp(-x) & \text{for } x \gg 3, \\
0.278 \frac{g_{s*}}{g_{s}} & \text{for } x \ll 3
\end{array} \right. \quad (11.38)
\]

where \( x = T/m \) and \( g_{eff} = 3/4 \) (\( g_{eff} = 1 \)) for fermions (bosons). If the particle \( X \) is in chemical equilibrium, its abundance is determined for \( T \gg m \) by its contribution to the total number of degrees of freedom of the plasma, while \( Y_{eq} \) is exponentially suppressed for \( T \ll m \) (assuming \( \mu_X = 0 \)). In an expanding universe, one may expect that the reaction rate \( \Gamma \) for processes like \( \gamma\gamma \leftrightarrow XX \) drops below the expansion rate \( H \) mainly for two reasons: i) Cross sections may depend on energy as, e.g., weak processes \( \sigma \propto s \propto T^2 \) for \( s \lesssim m_W^2 \), ii) the density \( n_X \) decreases at least as \( n \propto T^3 \). Around the freeze-out time \( x_f \), the true abundance \( Y \) starts to deviate from the equilibrium abundance \( Y_{eq} \) and becomes constant, \( Y(x) \approx Y_{eq}(x_f) \) for \( x \gtrsim x_f \). This behavior is illustrated in Fig. 11.4.

Boltzmann equation When the number \( N = nV \) of a particle species is not changed by interactions, then the expansion of the Universe dilutes their number density as \( n \propto R^{-3} \). The corresponding change in time is connected with the expansion rate of the universe, the Hubble parameter \( H = \dot{R}/R \), as

\[
\frac{dn}{dt} = \frac{dn}{dR} \frac{dR}{dt} = -3n \frac{\dot{R}}{R} = -3Hn. \quad (11.39)
\]
Additionally, there might be production and annihilation processes. While the annihilation rate $\beta n^2 = \langle \sigma_{\text{ann}} v \rangle n^2$ has to be proportional to $n^2$, we allow for an arbitrary function as production rate $\psi$,

$$\frac{dn}{dt} = -3Hn - \beta n^2 + \psi.$$  \hspace{1cm} (11.40)

In a static Universe, $dn/dt = 0$ defines equilibrium distributions $n_{\text{eq}}$. Detailed balance requires that the number of $X$ particles produced in reactions like $e^+e^- \rightarrow \bar{X}X$ is in equilibrium equal to the number that is destroyed in $\bar{X}X \rightarrow e^+e^-$, or $\beta n_{\text{eq}}^2 = \psi_{\text{eq}}$. Since the reaction partners (like the electrons in our example) are assumed to be in equilibrium, we can replace $\psi = \psi_{\text{eq}}$ by $\beta n_{\text{eq}}^2$ and obtain

$$\frac{dn}{dt} = -3Hn - \langle \sigma_{\text{ann}} v \rangle (n^2 - n_{\text{eq}}^2).$$  \hspace{1cm} (11.41)

This equation together with the initial condition $n \approx n_{\text{eq}}$ for $T \rightarrow \infty$ determines $n(t)$ for a given annihilation cross section $\sigma_{\text{ann}}$.

Next we rewrite the evolution equation for $n(t)$ using the dimensionless variables $Y$ and $x$. Changing from $n = sY$ to $Y$ we can eliminate the $3Hn$ term,

$$\frac{dn}{dt} = -3Hn + s \frac{dY}{dt}.$$  \hspace{1cm} (11.42)

With $(2t)^{-2} = H^2 \propto \rho \propto T^4 \propto x^{-4}$ or $t = t_s x^2$, we obtain

$$\frac{dY}{dx} = -\frac{s}{H} \langle \sigma_{\text{ann}} v \rangle \left( Y^2 - Y_{\text{eq}}^2 \right).$$  \hspace{1cm} (11.43)

Finally we recast the Boltzmann equation in a form that makes our intuitive Gamov criterion explicit,

$$\frac{x}{Y_{\text{eq}}} \frac{dY}{dx} = -\frac{\Gamma_A}{H} \left[ \left( \frac{Y}{Y_{\text{eq}}} \right)^2 - 1 \right]$$  \hspace{1cm} (11.44)

with $\Gamma_A = n_{\text{eq}} \langle \sigma_{\text{ann}} v \rangle$: The relative change of $Y$ is controlled by the factor $\Gamma_A/H$ times the deviation from equilibrium. The evolution of $Y = n_X/s$ is shown schematically in Fig. 11.4: As the universe expands and cools down, $n_X$ decreases at least as $R^{-3}$. Therefore, the annihilation rate $\propto n^2$ quenches and the abundance “freezes-out.” The reaction rates are not longer sufficient to keep the particle in equilibrium and the ratio $n_X/s$ stays constant.

For the discussion of approximate solutions to this equation, it is convenient to distinguish according to the freeze-out temperature: hot dark matter (HDM) with $x_f \ll 3$, cold dark matter (CDM) with $x_f \gg 3$ and the intermediate case of warm dark matter with $x_f \sim 3$.

### 11.4.2 Hot dark matter

For $x_f \ll 3$, freeze-out occurs when the particle is still relativistic and $Y_{\text{eq}}$ is not changing with time. The asymptotic value of $Y$, $Y(x \rightarrow \infty) \equiv Y_{\infty}$, is just the equilibrium value at freeze-out,

$$Y_{\infty} = Y_{\text{eq}}(x_f) = 0.278 \frac{g_{\text{eff}}}{g_{*S}},$$  \hspace{1cm} (11.45)

where the only temperature-dependence is contained in $g_{*S}$. The number density today is then

$$n_0 = s_0 Y_{\infty} = 2970 Y_{\infty} \text{cm}^{-3} = 825 \frac{g_{\text{eff}}}{g_{*S}} \text{cm}^{-3}.$$  \hspace{1cm} (11.46)
11.4 Dark matter

Figure 11.4: Illustration of the freeze-out process. The quantity \( Y = n_X/s \) is \( n_X \) divided by the entropy density \( s \propto R^{-3} \) to scale out the trivial effect of expansion.

The numerical value of \( s_0 \) used will be discussed in the next paragraph. Although a HDM particle was relativistic at freeze-out, it is today non-relativistic if its mass \( m \) is \( m \gg 3K \approx 0.2\text{meV} \). In this case its energy density is simply \( \rho_0 = ms_0 Y_\infty \) and its abundance \( \Omega h^2 = \rho_0/\rho_{\text{cr}} \) or

\[
\Omega h^2 = 7.8 \times 10^{-2}\frac{m}{\text{eV}} \frac{g_{\text{eff}}}{g_\ast S}.
\]  

(11.47)

Hence HDM particles heavier than \( O(100\text{eV}) \) overclose the universe.

11.4.3 Cold dark matter

Abundance of CDM For CDM with \( x_f \gg 3 \), freeze-out occurs when the particles are already non-relativistic and \( Y_{\text{eq}} \) is exponentially changing with time. Thus the main problem is to find \( x_f \), for late times we use again \( Y(x \to \infty) \equiv Y_\infty \approx Y(x_f) \), i.e. the equilibrium value at freeze-out. We parametrize the temperature-dependence of cross section as \( \langle \sigma_{\text{ann}} \rangle = \sigma_0(T/m)^n = \sigma_0/x^n \). For simplicity, we consider only the most relevant case for CDM, \( n = 0 \) or s-wave annihilation. Then the Gamov criterion becomes with \( H = 1.66\sqrt{g_\ast} T^2/M_{\text{Pl}} \) and \( \Gamma_A = n_{\text{eq}}(\sigma_{\text{ann}} v) \),

\[
g \left( \frac{m T_f}{2\pi} \right)^{3/2} \exp(-m/T_f) \, \sigma_0 = 1.66\sqrt{g_\ast} \frac{T_f^2}{M_{\text{Pl}}}.
\]  

(11.48)

or

\[
x_f^{-1/2} \exp(x_f) = 0.038 \frac{g}{\sqrt{g_\ast}} M_{\text{Pl}} m \sigma_0 = C.
\]  

(11.49)

To obtain an approximate solution, we neglect first in

\[
\ln C = -\frac{1}{2} \ln x_f + x_f
\]  

(11.50)

the slowly varying term \( \ln x_f \). Inserting next \( x_f \approx \ln C \) into Eq. (11.50) to improve the approximation gives then

\[
x_f = \ln C + \frac{1}{2} \ln(\ln C).
\]  

(11.51)
The relic abundance for CDM follows from $n(x_f) = 1.66 \sqrt{g_*} T_f^2 / (\sigma_0 M_{Pl})$ and $n_0 = n(x_f)[R(x_f)/R_0]^3 = n(x_f)[g_{*,f}/g_{*,0}][T_0/T(x_f)]^3$ as

$$\rho_0 = mn_0 \approx 10 \frac{x_f T_0^3}{\sqrt{g_{*,f}} \sigma_0 M_{Pl}} \quad (11.52)$$

or

$$\Omega_X h^2 = \frac{mn_0}{\rho_{cr}} \approx \frac{4 \times 10^{-30} \text{cm}^2}{\sigma_0} x_f \quad (11.53)$$

Thus the abundance of a CDM particle is inversely proportional to its annihilation cross section, since a more strongly interacting particle stays longer in equilibrium. Note that the abundance depends only logarithmically on the mass $m$ via Eq. (11.51) and implicitly via $g_{*,f}$ on the freeze-out temperature $T_f$. Typical values of $x_f$ found numerically for weakly interacting massive particles (WIMPs) are $x_f \sim 20$. Partial-wave unitarity bounds $\sigma_{\text{ann}}$ as $\sigma_{\text{ann}} \leq c/m^2$. Requiring $\Omega < 0.3$ leads to $m < 20 - 50$ TeV. This bounds the mass of any stable particle that was once in thermal equilibrium.

**Baryon abundance from freeze-out:**

We can calculate the expected baryon abundance for a zero chemical potential using the formulas derived above. Nucleon interact via pions; their annihilation cross section can be approximated as $\langle \sigma v \rangle \approx m_{\pi}^{-2}$. With $C \approx 2 \times 10^{19}$, it follows $x_f \approx 44$, $T_f \sim 22$ MeV and $Y_\infty = 7 \times 10^{-20}$.

The observed baryon abundance is much larger and can be not explained as a usual freeze-out process.

**Cold dark matter candidates**

A particle suitable as CDM candidate should interact according Eq. (11.53) with $\sigma \sim 10^{-37}$ cm$^2$. It is surprising that the numerical values of $T_0$ and $M_{Pl}$ conspire in Eq. (11.53) to lead to numerical value of $\sigma_0$ typical for weak interactions. Cold dark matter particles with masses around the weak scale and interaction strengths around the weak scale were dubbed “WIMP”. An obvious candidate was a heavy neutrino, $m_\nu \sim 10$ GeV, excluded early by direct DM searches, neutrino mass limits, and accelerator searches. Presently, the candidate with most supporters is the lightest supersymmetric particle (LSP). Depending on the details of the theory, it could be a neutralino (most favorable for detection) or other options. The mass range open of thermal CDM particles is rather narrow: If it is too light, it becomes a warm or hot dark matter particle. If it is too heavy, it overcloses the universe. There exists however also the possibility that DM was never in thermal equilibrium. Two examples are the axion (a particle proposed to solve the CP problem of QCD) and superheavy particle (generically produced at the end of inflation). An overview of different CDM candidates is given in Fig. 11.5.
Figure 11.5: Particles proposed as DM particle with $\Omega \sim 1$, the expected size of their cross section and their mass. Red excluded; blue thermally and black non-thermally produced.
12 Inflation and structure formation

12.1 Inflation

Shortcomings of the standard big-bang model

- Causality or horizon problem: why are even causally disconnected regions of the universe homogeneous, as we discussed for CMB?

  The horizon grows like $t$, but the scale factor in radiation or matter dominated epoch only as $t^{2/3}$ or $t^{1/2}$, respectively. Thus for any scale $l$ contained today completely inside the horizon, there exists a time $t < t_0$ where it crossed the horizon. A solution to the horizon problem requires that $R$ grows faster than the horizon $t$. Since $R \propto t^{2/3(1+w)}$, we need $w < -1/3$ or ($q < 0$, accelerated expansion of the universe).

- Flatness problem: the curvature term in the Friedmann equation is $k/R^2$. Thus this term decreases slower than matter ($\propto 1/R^3$) or radiation ($1/R^4$), but faster than vacuum energy. Let us rewrite the Friedmann equation as

$$\frac{k}{R^2} = H^2 \left( \frac{8\pi G}{3H^2} + \frac{\Lambda}{3H^2} - 1 \right) = H^2 \left( \Omega_{\text{tot}} - 1 \right).$$

  The LHS scales as $(1 + z)^2$, the Hubble parameter for MD as $(1 + z)^3$ and for RD as $(1 + z)^4$. General relativity is supposed to be valid until the energy scale $M_{Pl}$. Most of time was RD, so we can estimate $1 + z_{Pl} = (t_0/t_{Pl})^{1/2} \sim 10^{30}$ ($t_{Pl} \sim 10^{-43}$ s).

  Thus if today $|\Omega_{\text{tot}} - 1| \lesssim 1\%$, then the deviation had too be extremely small at $t_{Pl}$, $|\Omega_{\text{tot}} - 1| \lesssim 10^{-2}/(1 + z_{Pl})^2 \approx 10^{-62}$!

  Taking the time-derivative of

$$|\Omega_{\text{tot}} - 1| = \frac{|k|}{H^2 R^2} = \frac{|k|}{R^2}$$

  gives

$$\frac{d}{dt} |\Omega_{\text{tot}} - 1| = \frac{d}{dt} \frac{|k|}{R^2} = -2\frac{|k|}{R^3} \dot{R} < 0$$

  for $\dot{R} > 0$. Thus $\Omega_{\text{tot}} - 1$ increases if the universe decelerates, i.e. $\dot{R}$ decreases (radiation/matter dominates), and decreases if the universe accelerates, i.e. $\dot{R}$ increases (or vacuum energy dominates). Thus again $q < 0$ (or $w < -1/3$) is needed.

- The standard big-bang model contains no source for the initial fluctuations required for structure formation.
Inflation is a modification of the standard big-bang model where a phase of accelerated expansion in the very early universe is introduced. For the expansion a field called inflaton with E.o.S $w < -1/3$ is responsible. We discuss briefly how the inflation solves the shortcomings of standard big-bang model for the special case $w = -1$:

- **Horizon problem**: In contrast to the radiation or matter-dominated phase, the scale factor grows during inflation faster than the horizon scale, 
  \[ \frac{R(t_2)}{R(t_1)} = \exp[(t_2 - t_1)H] \gg \frac{t_2}{t_1}. \]
  Thus one can blow-up a small, at time $t_1$ causally connected region, to superhorizon scales.

- **Flatness problem**: During inflation $\dot{R} = HR$, $R = R_0 \exp(Ht)$, and thus
  \[ \Omega_{\text{tot}} - 1 = k \frac{\dot{\phi}^2}{R^2} \propto \exp(-2Ht). \]
  Thus $\Omega_{\text{tot}} - 1$ drives exponentially towards zero.

- **Inflation blows-up quantum fluctuation to astronomical scales**, generating initial fluctuation without scale, $P_0(k) = k^{n_s}$ with $n_s \approx 1$, as required by observations.

### 12.1.1 Scalar fields in the expanding universe

**Equation of state** We consider a scalar field, Eq. (7.47), including a potential $V(\phi)$,

\[ \mathcal{L} = \frac{1}{2} g^{\mu\nu} \nabla_\mu \phi \nabla_\nu \phi - V(\phi), \]

that could be also a mass term, $V(\phi) = m^2 \phi^2 / 2$. We remember first the expressions for the energy-density $\rho = T^{00}$ and the pressure $P$,

\[ \rho = \frac{1}{2} \dot{\phi}^2 + V, \quad P = \frac{1}{2} \dot{\phi}^2 - V \]

and as equation of state

\[ w = \frac{P}{\rho} = \frac{\dot{\phi}^2 - 2V(\phi)}{\dot{\phi}^2 + 2V(\phi)} \in [-1 : 1]. \]

Thus a classical scalar field may act as dark energy, $w < 0$, leading to an accelerated expansion of the Universe. A necessary condition is that the field is “slowly rolling”, i.e. that its kinetic energy is smaller than its potential energy, $\dot{\phi}^2 / 2 < V(\phi)$.

**Field equation in a FRW background** We use Eq. (7.47) including a potential $V(\phi)$ (that could be also a mass term, $V(\phi) = m^2 \phi^2 / 2$),

\[ \mathcal{L} = \frac{1}{2} g^{\mu\nu} \nabla_\mu \phi \nabla_\nu \phi - V(\phi), \]

to derive the equations of motions for a scalar field in a flat FRW metric, $g_{ab} = \text{diag}(1, -a^2, -a^2, -a^2)$, $g^{ab} = \text{diag}(1, -a^{-2}, -a^{-2}, -a^{-2})$, and $\sqrt{|g|} = a^3$. Varying the action

\[ S_{\text{KG}} = \int_{\Omega} d^4x \ a^3 \left\{ \frac{1}{2} \dot{\phi}^2 - \frac{1}{2a^2} (\nabla \phi)^2 - V(\phi) \right\} \]

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gives
\[
\delta S_{\text{KG}} = \int_{\Omega} d^4x \ a^3 \left\{ \phi \delta \dot{\phi} - \frac{1}{a^2} (\nabla \phi) \cdot (\nabla \delta \phi) - V' \delta \phi \right\}
\]
\[
= \int_{\Omega} d^4x \left\{ -\frac{d}{dt} (a^3 \dot{\phi}) + a \nabla^2 \phi - a^3 V' \right\} \delta \phi
\]
\[
= \int_{\Omega} d^4x \ a^3 \left\{ -\ddot{\phi} - 3H \dot{\phi} + \frac{1}{a^2} \nabla^2 \phi - V' \right\} \delta \phi \overset{!}{=} 0. \tag{12.10}
\]
Thus the field equation for a Klein-Gordon field in a FRW background is
\[
\ddot{\phi} + 3H \dot{\phi} - \frac{1}{a^2} \nabla^2 \phi + V' = 0. \tag{12.11}
\]
The term $3H \dot{\phi}$ acts in an expanding universe as a friction term for the oscillating $\phi$ field. Moreover, the gradient of $\phi$ is also suppressed for increasing $a$; this term can be therefore often neglected in an expanding universe.

**Number of e-foldings and slow roll conditions** We can integrate $\dot{R} = RH$ for an arbitrary time-evolution of $H$,
\[
R(t) = R(t_0) \exp \left( \int dt H(t) \right). \tag{12.12}
\]
If we define the number $N$ of e-foldings as $N = \ln(R_2/R_1)$, then
\[
N = \ln \frac{R_2}{R_1} = \int dt \ H(t) = \int \frac{d\phi}{\phi} \ H(t). \tag{12.13}
\]
With $\ddot{\phi} + 3H \dot{\phi} + V' = 0$ or
\[
\dot{\phi} = -\frac{\ddot{\phi} + V'}{3H} \approx -\frac{V'}{3H}, \tag{12.14}
\]
and the Friedmann equation $H^2 = 8\pi G V/3$ it follows
\[
N = \int d\phi \frac{3H^2}{V'} = \int d\phi \frac{8\pi G V}{V'} \gg 1. \tag{12.15}
\]
Successful inflation requires $N \gtrsim 40$ and thus
\[
\varepsilon \equiv \frac{1}{2} \left( \frac{V'}{8\pi G V} \right)^2 \ll 1. \tag{12.16}
\]
Additionally to large $V$ and a flat slope $V'$, the potential energy can dominate only, if $|\ddot{\phi}| \ll |V'|$. Then the field equation reduces to $V' \approx -3H \dot{\phi}$, or after differentiating to $V'' \dot{\phi} \approx -3H \ddot{\phi}$. Thus another condition for inflation is
\[
1 \gg \frac{|\ddot{\phi}|}{|V'|} \approx \frac{|V'' \dot{\phi}|}{|3HV'|} \approx \frac{|V''|}{24\pi G V} \tag{12.17}
\]
and one defines as second slow-roll condition
\[
\eta \equiv \frac{V''}{8\pi G V} \ll 1. \tag{12.18}
\]
Hence inflation requires large $V$, a flat slope $V'$ and small curvature $V''$ of the potential.
12.1 Inflation

Solutions of the KG field equation in a FRW background Next we want to rewrite the KG equation as the one for an harmonic oscillator with a time-dependent oscillation frequency. We introduce first the conformal time \( d\eta = dt/a \),

\[
\dot{\phi} = \frac{d\phi}{dt} = \frac{d\phi}{d\eta \, dt} = \frac{1}{a} \phi',
\]

\[
\ddot{\phi} = \frac{1}{a} \frac{d}{d\eta} \left( \frac{1}{a^2} \phi'' \right) = \frac{1}{a^2} \phi'' - \frac{a'}{a^3} \phi',
\]

and express also the Hubble parameter as function of \( \eta \),

\[
H = \frac{\dot{a}}{a} = \frac{a'}{a^2} \equiv \frac{\mathcal{H}}{a}.
\]

Inserting these expressions into Eq. (12.11) and multiplying with \( a^2 \) gives

\[
\phi'' + 2\mathcal{H} \phi' - \nabla^2 \phi + V' = 0.
\]

Performing then a Fourier transformation,

\[
\phi(x, t) = \sum_k \phi_k(t) e^{ikx},
\]

and using as potential a mass term, \( V' = m^2 \phi \), we obtain

\[
\phi''_k + 2H \phi'_k + (k^2 + m^2 a^2) \phi_k = 0.
\]

Finally, we can eliminate the friction term \( 2H \phi'_k \) by introducing \( \phi_k(\eta) = u_k(\eta)/a \). Then a harmonic oscillator equation for \( u_k \),

\[
u''_k + \omega^2_k u_k = 0,
\]

with the time-dependent frequency

\[
\omega^2_k(\eta) = k^2 + m^2 a^2 - \frac{a''}{a}
\]

results. You can check that the action for the field \( u \) using conformal coordinates \( \eta, x \) is mathematically equivalent to the one of a scalar field in Minkowski space with time-dependent mass \( m_{\text{eff}}^2(\eta) = m^2 a^2 - a''/a \). This time-dependence appears, because the gravitational field can perform work on the field \( u \). Alternatively, we could show that “the” vacuum at different times \( \eta \) is not the same, because we compare the vacuum for fields with different effective masses, leading to particle production. For an excellent introduction into this subject see the book by V. F. Mukhanov and S. Winitzki, “Introduction to quantum fields in gravity;” for a free pdf file of the draft version see http://sites.google.com/site/winitzki/.

We consider now as two limiting cases the short and the long-wavelength limit. In the first case, \( k^2 + m^2 a^2 \gg \frac{a''}{a} \), the field equation is conformally equivalent to the one in normal Minkowski space, with solution

\[
u_k(\eta, x) = \frac{1}{\sqrt{2k}}(A_k e^{-ikx} + A_k e^{ikx}).
\]
In the opposite limit, \( a'' u_k = a'' \), with the solution \( \phi_k = \text{const} \). The complete solution is given by Hankel functions \( H_{3/2}(\eta) \),

\[
u_k(\eta) = A_k e^{-ikx} \left(1 - \frac{i}{k\eta}\right) + B_k e^{ikx} \left(1 + \frac{i}{k\eta}\right).
\] (12.28)

Modes outside the horizon are frozen in with amplitude

\[
|\phi_k| = \left|\frac{u_k}{a}\right| = \frac{H}{\sqrt{2}k^3}.
\] (12.29)

### 12.1.2 Generation of perturbations

We treated the scalar field driving inflation, the “inflaton”, as a classical field. As every system it is subject to quantum fluctuations. These fluctuations are of the order \( \delta \phi \sim H \), i.e. the same for all Fourier modes \( \phi_k \). Thus a generic prediction of inflation is an “scale-invariant” spectrum of primordial perturbations, \( P_0(k) \propto k^{n_s} \) with \( n_s \approx 1 \). Primordial perturbations with such a spectrum are indeed required to explain the CMB anisotropies.

We consider fluctuations of the inflaton field \( \phi \) around its classical average value,

\[
\phi(x, t) = \phi_0(t) + \delta \phi(x, t).
\] (12.30)

Inserting this into the field equation (12.11) gives six terms. We evaluate first the potential term, assuming that the potential has its minimum for \( \phi = \phi_0 = 0 \). Then

\[
V(\phi) = V(0) + \frac{1}{2} V''(0) \phi^2 + O(\phi^3)
\] (12.31)

and we see that the second derivative of the potential acts as a effective mass term, \( m_{\text{eff}}^2 = V''(0) \) for the \( \phi \) field. Thus

\[
V(\phi + \delta \phi) = V'(\phi_0) + V''(\phi_0) \delta \phi = V'(\phi_0) + m_{\phi}^2 \delta \phi.
\] (12.32)

Taking into account that the classical term \( \phi_0 \) satisfies separately the field equation (12.11) gives as equation for the fluctuations

\[
\left[ \frac{\partial^2}{\partial t^2} - \frac{1}{a^2} \nabla^2 + 3H \frac{\partial}{\partial t} + m_{\phi}^2 \right] \delta \phi = 0.
\] (12.33)

We perform next a Fourier expansion of the fluctuations,

\[
\delta \phi(x, t) = \sum_k \phi_k(t) e^{i\mathbf{k} \cdot \mathbf{x}},
\] (12.34)

with \( k \) as comoving wave-number. Since the proper distance varies as \( a \mathbf{x} \), the momentum is \( \mathbf{p} = k/a \).

\[
\ddot{\phi}_k + 3H \dot{\phi}_k + \left( \frac{k^2}{a^2} + m_{\phi}^2 \right) \phi_k = 0.
\] (12.35)

Comparing this equation with (12.11), we see that the fluctuations obey basically the same equation as the average field. The only difference is the effective mass term.
Going over to conformal time
\[ \phi''_k + 2H\phi'_k + k^2 \phi_k = 0, \quad (12.36) \]
and to \( \phi_k(\eta) = u_k(\eta)/a \) gives
\[ u''_k + 2Hu'_k + \left( k^2 - \frac{a''}{a} \right) u_k = 0. \quad (12.37) \]
Combining \( a = 1/(H\eta^2) \) and \( a'' = -2/(H\eta^3) \) or \( a''a = 2\eta \) gives
\[ u''_k + \left( k^2 - \frac{2}{\eta} \right) u_k = 0. \quad (12.39) \]
Hence fluctuations satisfy also
\[ u_k(\eta) = A_k e^{-ikx} \left( 1 - \frac{i}{k\eta} \right) + B_k e^{ikx} \left( 1 + \frac{i}{k\eta} \right). \quad (12.40) \]

**Power spectrum of perturbations** The two-point correlation function of the field \( \phi \) is
\[ \langle \phi(x', t')\phi(x, t) \rangle = \sum_k \langle \phi(x', t')|k\rangle \langle k|\phi(x, t) \rangle = \int \frac{d^3k}{(2\pi)^3} |\phi_k|^2 e^{ik(x'-x)}. \quad (12.41) \]
We introduce spherical coordinates in Fourier space and choose \( x = x' \),
\[ \langle \phi^2(x, t) \rangle = \int \frac{4\pi k^2 dk}{(2\pi)^3} |\phi_k|^2 = \int \frac{k^2}{2\pi^2} |\phi_k|^2 = \int \frac{dk}{k} \Delta^2_\phi(k). \quad (12.42) \]
The functions \( P(k) \) is the *power spectrum*, but often one calls also \( \Delta^2_\phi(k) \) with the same name.

The spectrum of fluctuations \( \Delta^2_\phi(k) \) outside of the horizon is
\[ \Delta^2_\phi(k) = \frac{k^3}{2\pi^2} |\phi_k|^2 = \frac{H^2}{4\pi^2} \quad (12.43) \]
Hence, the power-spectrum of superhorizon fluctuations is independent of the wave-number in the approximation that \( H \) is constant during inflation. The total area below the function \( \Delta^2_\phi(k) = \text{const} \), plotted versus \( \ln(k) \) gives \( \langle \phi^2(x, t) \rangle \), as shown by the last part of Eq. (12.42).

Hence a spectrum with \( \Delta^2_\phi(k) = \text{const} \) contains the same amount of fluctuation on all angular scales. Such a spectrum of fluctuations is called a *Harrisson-Zel’dovich* spectrum, and is produced by inflation in the limit of infinitely slow-rolling of the inflaton.

Fluctuations in the inflaton field, \( \phi = \phi_0 + \delta\phi \), lead to fluctuations in the energy-momentum tensor \( T^{ab} = T_0^{ab} + \delta T^{ab} \), and thus to metric perturbations \( g^{ab} = g_0^{ab} + \delta g^{ab} \). These metric perturbations \( h^{ab} \) affect in turn all matter fields present.
12 Inflation and structure formation

12.1.3 Models for inflation

Inflation has to start and to stop (“graceful exit problem”). In order to start inflation, the inflaton has to be displaced from its equilibrium position.

Original idea of Guth: Symmetry restoration at a first order (discontinuous) phase transition, bubble creation or 2.order. Latent heat of phase transition is used to reheat universe (expansion lead to cool, empty state!) and to create particles. Too inhomogenous.

Modern ideas: Chaotic inflation: quantum fluctuation in a patch of the universe. Field rolls back, inflation ends when \( \phi \) back in minimum. Oscillates around minimum, coupling to other particles leads to particle production.

If the coupling to other particles is “large”, then (instantaneous) reheating \( aT_{rh}^4 = V \). Generically, the coupling should be small. Delay leads to \( aT_{rh}^4 = V(R/R')^3 \).

12.2 Structure formation

12.2.1 Overview and data

- Structure formation operates via gravitational instability, but needs as starting point a seed of primordial fluctuations (generated in inflation)
- Growth of structure is inhibited by many factors, e.g. pressure.
  The distance travelled by a freely falling particle is \( R \sim gt^2/2 \) with \( g = GM/R^2 \); or \( t \sim \sqrt{R^3/GM} \sim \sqrt{1/G\rho} \). Thus \( \tau_{ff} \sim 1/\sqrt{G\rho} \).
  Pressure can balance gravity, if \( \tau_{ff} \gtrsim \lambda/v_s \). This defines a critical length (“Jeans length”)

\[
\lambda \sim \frac{v_s}{\sqrt{G\rho}}.
\]

below which pressure can counteract density perturbations (resulting in acoustic oscillations), above the density perturbation grows. Shows already that structure formation is sensitive to E.o.S. (compare e.g. radiation with \( v_s^2 = 1/3 \) with baryonic matter \( v_s^2 = 5T/(3m) \)).

- If growth of perturbation leads to \( \Omega \gtrsim 1 \) in a region, the region decouples from the Hubble expansion and collapses.
• Assume $\rho = \rho_m + \rho_\gamma$. If perturbations in $\rho$ are adiabatic, i.e. the entropy per baryon is conserved, $\delta(p_m/s) = 0$ or $\delta \ln (p_m/T^3) = 0$, then $\delta \ln \rho_m - 3 \delta \ln T = 0$ or

$$\frac{\delta \rho_m}{\rho_m} = 3 \frac{\delta T}{T}.$$  

[Another possibility would be $\delta \rho = 0$ or $\delta \rho_m = -\delta \rho_\gamma = -4aT^3 \delta T = -4\rho_\gamma \delta T/T$ and $4\delta T/T = -\delta \rho_m/\rho_\gamma = -(\rho_m/\rho_\gamma) (\delta \rho_m/\rho_m)$. In the radiation epoch $\rho_m/\rho_\gamma \ll 1$ and temperature fluctuations are suppressed.]

⇒ Temperature fluctuation in CMB at $z \approx 1100$ and matter fluctuation today $0 \leq z < 5$ have the same origin, if primordial fluctuations are adiabatic.

• Basics of structure formation:
  assume initial fluctuations and examine how they are transformed by gravitational instability, interactions and free-streaming of different particle species
• comparison with observations via i) power-spectrum

$$P(k) = |\delta_k|^2, \quad \delta_k \propto \int d^3 x \ e^{-ikx} \delta(x) \propto k^{n_s} \quad \text{with} \quad \delta(x) \equiv \frac{\rho(x) - \bar{\rho}}{\bar{\rho}},$$

or ii) correlation function

$$\xi(x_0) = \frac{1}{V} \int d^3 x \ n(x)n(x+x_0) \quad \text{or normalized}$$

$$\xi(x_0) = \frac{1}{V} \int d^3 x \ n(x)n(x+x_0) \frac{1}{(\frac{1}{V} \int d^3 x \ n(x)n(x+x_0))^2} - 1.$$

The correlation function is the Fourier-transform of the power spectrum. Typical $\xi \approx (r/r_0)^\gamma$ with $\gamma \sim 1.8$ for $0.1 < r < 10$Mpc.

• An example of the status in 1995 is shown in Fig. 12.2. The field is driven by a tremendous growth of data:
  CMB experiments: '65 detection, COBE '92: anisotropies, towards '00: first peak, ... 

### 12.2.2 Jeans mass of baryons

Consider mixture of radiation and non-relativistic nucleons after $e^+e^-$ annihilations, i.e. $T \approx 0.5$ MeV. With $\rho = \rho_m + \rho_\gamma$ and $P \approx P_\gamma = \rho_\gamma/3$, we have

$$v_s = \left( \frac{\partial \rho}{\partial P} \right)_s^{1/2} = \frac{1}{\sqrt{3}} \left( 1 + \frac{\partial \rho_m}{\partial \rho_\gamma} \right)^{-1/2}_s = \frac{1}{\sqrt{3}} \left( 1 + \frac{3\rho_m}{4\rho_\gamma} \right)^{-1/2}_s$$

(12.44)

where we used $\frac{\delta \rho_m}{\rho_m} = 3 \frac{\delta T}{T} = \frac{3\delta \rho_\gamma}{4\rho_\gamma}$.

For $t < t_{eq}$, the adiabatic sound speed is close to $v_s = 1/\sqrt{3}$, while $v_s = 0.76/\sqrt{3}$ for $t = t_{eq}$. The Jeans mass of baryons is close to the horizon size until recombination. Then $v_s$ drops to the value for a mono-atomic gas, $v_s^2 = \frac{5\rho}{3m}$, where $m \sim m_H \sim 1$ GeV.
Figure 12.2: Comparison of the predicted power spectrum normalized to COBE data in several models popular around ’95 with observations: HDM ($\Omega_\nu = 1$), CDM ($\Omega_m = 1$) and MDM ($\Omega_m = 0.8$, $\Omega_\nu = 0.2$).

The total mass $M_J$ contained within a sphere of radius $\lambda_J/2 = \pi/k_J$ is

$$M_J = \frac{4\pi}{3} \left( \frac{\pi}{k_J} \right)^3 \rho_0 = \frac{\pi^{5/2}}{6} \frac{v_s^3}{G^{3/2} \rho_0^{1/2}}$$

(12.45)

is called the Jeans mass. It is unchanged by the expansion of the universe, since the wave-number $k_J \propto R$ and $\rho_0 \propto 1/R^3$.

Let us compare the Jeans mass just before and after recombination,

$$M_J(z_{eq,>}) = \frac{\pi^{5/2}}{6} \frac{v_s^3}{G^{3/2} \rho_0^{1/2}} \sim 10^{15} \left( \Omega h^2 \right)^{-2} M_\odot$$

(12.46)

and

$$M_J(z_{eq,<}) \sim 10^5 \left( \Omega h^2 \right)^{-1/2} M_\odot$$

(12.47)

The Jeans mass of baryons does not coincide with the observed mass of galaxies, neither fits the corresponding length scale the break in the power spectrum around $k \approx 0.04h$/Mpc.

12.2.3 Damping scales

**Collisional or Silk damping** Consider which fluctuations are damped by dissipative processes, e.g. by Thomson scattering. (The mean free path of photons is always much larger than the one of electrons, $l_\gamma = (n_e \sigma_T)^{-1} \gg l_e = (n_e \sigma_T)^{-1}$, since $n_\gamma \sim 10^{10} n_e$. Thus photon diffusion is much more important than electron diffusion.)

A sound wave with wavelength $\lambda$ can be damped if the diffusion time $\tau_{\text{diff}}$ is smaller than the Hubble time $t_H$. Estimate $\tau_{\text{diff}}$ by a random-walk with $N = \lambda^2/l_{\text{int}}^2$ steps, each with size $l_{\text{int}} = 1/n_e \sigma_T h$, $\tau_{\text{diff}} = Nl_{\text{int}} = \lambda^2/l_{\text{int}} < t_H$. 

(12.48)
12.2 Structure formation

Thus the damping scale is $\lambda_D = (\int H)^{1/2}$. If there would be a baryon-dominated epoch, then $n_e \propto \rho$ and $\rho \propto 1/t^2$, hence $\int H \propto \rho^{-1/2}$ and $\lambda_D \propto \rho^{-3/4}$. Finally, the corresponding mass scale is $M_D \propto \lambda^3 \rho \propto \rho^{-9/4} \rho \propto \rho^{-5/4}$. Numerically,

$$M_D = 10^{12}(\Omega_h^2)^{-5/4} M_\odot \tag{12.49}$$

and the corresponding length scale is (taking into account $\Omega_b \approx 0.04 < \Omega_m \approx 0.27$ and $h \approx 0.7$)

$$\lambda_D = 3.5(\Omega_m/\Omega_b)^{1/2}(\Omega_h^2)^{-3/4} \text{ Mpc} \approx 40 \text{ Mpc}. \tag{12.50}$$

Thus the Silk scale $\lambda_D$ has the right numerical value to explain the break in the power spectrum at $k \approx 0.04 h/\text{Mpc}$. Fluctuations are damped on scales $\lambda \gtrsim \lambda_D$, the stronger the larger $\Omega_b$. Since $M_D \gg M_J$, acoustic oscillation should be visible for $k \gtrsim k_D$ in the power spectrum of galaxies. First evidence was found around 2005, cf. Fig. 12.3.

### 12.2.4 Growth of perturbations in an expanding Universe:

We restrict ourselves to the simplest case: perturbations in a pressure-less, expanding medium. Starting from a homogeneous universe, we add matter inside a sphere of radius $R$, $\rho \rightarrow \rho(1+\delta)$. Then the acceleration on the surface of this sphere is

$$\ddot{R}/R = -\frac{4\pi}{3} G \rho \delta. \tag{12.51}$$

The time evolution of the mass density is

$$\rho(t) = \rho(t)[1+\delta(t)] = \rho_0/a^3(t)[1+\delta(t)] \tag{12.52}$$

and thus mass conservation

$$M = \frac{4\pi}{3} \bar{\rho}[1+\delta] R^3 = \text{const.} \tag{12.53}$$

implies

$$R(t) \propto a(t)[1+\delta]^{-1/3}. \tag{12.54}$$
Expanding for $\delta \ll 1$ and differentiating gives

$$\frac{\ddot{R}}{R} = \frac{\ddot{a}}{a} - \frac{2}{3} \frac{\dot{a}}{a} \dot{\delta} - \frac{1}{3} \ddot{\delta}.$$ (12.55)

Combined with (12.51) we obtain

$$\ddot{\delta} + 2H \dot{\delta} - 4\pi G \rho \delta = 0.$$ (12.56)

For a matter-dominated universe, $H = 2/(3t)$ and $\rho = 1/(6\pi G t^2)$. Inserting the trial solution $\delta \propto t^\alpha$ gives

$$\alpha (\alpha - 1) t^{\alpha - 2} + \frac{4}{3} \alpha t^{\alpha - 2} - \frac{2}{3} t^{\alpha - 2} = 0$$ (12.57)

or

$$\alpha^2 + \frac{1}{3} \alpha - \frac{2}{3} = 0$$ (12.58)

and finally $\alpha = -1$ and $2/3$. Thus the general solution $\delta(t) = At^{-1} + Bt^{2/3}$ consists of a decaying mode $\delta \propto 1/t$ and a mode growing like $\delta \propto t^{2/3} \propto R$.

During the radiation-dominated epoch, with $\delta_r = 0$, one can neglect the term $4\pi G \rho \delta$. With $H = 1/(2t)$

$$\ddot{\delta} + \frac{1}{t} \dot{\delta} = 0$$ (12.59)

with solution $\delta(t) = \delta(t_i) [1 + a \ln(t/t_i)]$. Thus perturbations do not grow until $z_{eq}$.

**Non-linear regime** N-body simulations are mainly used to study structure formation on the smallest scale, e.g. the dark matter profile of a galaxy.

### 12.2.5 Recipes for structure formation

**Summary of different effects**

- On sub-horizon scales our Newtonian analysis applies. During the radiation-dominated epoch, perturbations do not grow. During the matter-dominated epoch, perturbations grow on scales larger than the Jeans scale as $\delta \propto t^{2/3} \propto R$. Perturbations on smaller scales oscillate as acoustic waves.

- Before recombination, baryons are tightly coupled to radiation. The baryon Jeans scale is of order of the horizon size. After recombination, it drops by a factor $10^{10}$.

- Silk damping reduces power on scales smaller than $40$ Mpc.

- Free-streaming of HDM suppresses exponentially suppress power on scales smaller than few Mpc (for $\Omega_\nu = 1$).

- CDM with baryons would be affected only by Silk damping.
Figure 12.4: Neutrino mass limits from the 2dF galaxy survey: For \( \Omega_\nu \gtrsim 0.05 \) there is too less power on scales smaller than (or since normalization is arbitrary) slope too steep.

**Recipe**

- The connection between the initial perturbation spectrum \( P_i(k) = |\delta_{k,i}|^2 \) and the observed power spectrum \( P(k) \) today is formally given by the transfer function \( T(k) \),

\[
P(k) = T^2(k) P_i(k).
\]

- Inflation predicts that an initial perturbation spectrum \( P_i(k) \propto k^{n_s} \) with \( n_s \approx 1 \), generally adiabatic ones.
- Normalize \( P_i(k) \) to the COBE data.
- Choose a set of cosmological parameters \( \{ h, \Omega_{CDM}, \Omega_b, \Omega_\Lambda, \Omega_\nu, n_s \} \).
- Calculate \( T(k) \).
- Fix a prescription to convert \( \rho \approx \rho_{CDM} \) with \( \rho_b \) measured in observation (“bias”).
- Derive statistical quantities to be compared to observations; perform a likelihood analysis.

**12.2.6 Results**

- The three models without cosmological constant shown in Fig. 12.2 all fail.
The exponential suppression on small scales typical for HDM is not observed, can be used to derive limit on \( \Omega_{\nu} \lesssim 0.05 \) or \( \sum m_{\nu} \lesssim 2.2 \text{ eV} \).

Acoustic baryon oscillations are only a tiny sub-dominant effect, but are now observed, cf. Fig. 12.3.
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