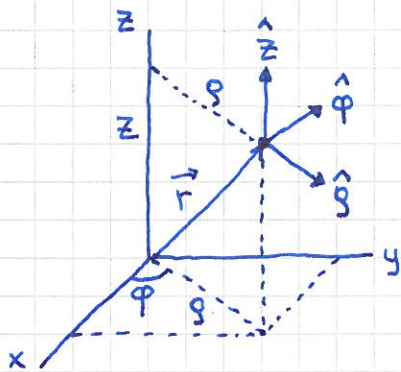


Sirkelbevegelse [YF 9.1-9.3; TM 9.1; LL 1.8; HS 2.1.2] (43)

(Delvis repetisjon, se s. 6-8.)

Anta rotasjon om z-aksen $\Rightarrow$ velger sylinder-koord. (ρ, φ, z)

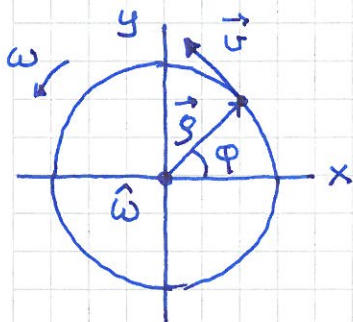


$$\vec{r} = x\hat{x} + y\hat{y} + z\hat{z} = \rho\hat{\rho} + z\hat{z}$$

$$x = \rho \cos \varphi, \quad y = \rho \sin \varphi, \quad z = z$$

$$\rho = \sqrt{x^2 + y^2}, \quad \varphi = \arctan(y/x)$$

$$r = \sqrt{x^2 + y^2 + z^2} = \sqrt{\rho^2 + z^2}$$



$$\vec{v} = \frac{d\vec{s}}{dt} = \frac{\rho d\varphi}{dt} \hat{\varphi} = \rho \omega \hat{\varphi}$$

$$\vec{\omega} = \omega \hat{z} = \omega \hat{\omega}, \quad \vec{s} = \rho \hat{s}$$

$$\vec{v} = \vec{\omega} \times \vec{s}$$

$T = 2\pi/\omega = \text{periode}, \quad f = 1/T = \text{frekvens}$

$\alpha = \dot{\omega} = \ddot{\varphi} = \text{vinkelakselerasjon}$

$v = \omega \rho = \text{banehastighet}$

$a_{||} = \dot{v} = \dot{\omega} \rho = \alpha \rho = \text{baneaks.} \quad (\vec{a}_{||} = \alpha \rho \hat{\varphi})$

$a_{\perp} = v^2/\rho = \omega v = \omega^2 \rho = \text{sentrifetalaks.} \quad (\vec{a}_{\perp} = -\omega^2 \rho \hat{s})$

$$\begin{aligned} [\text{Total aks.: } \vec{a} = \dot{\vec{v}} &= \dot{\vec{\omega}} \times \vec{s} + \vec{\omega} \times \dot{\vec{s}} \\ &= \dot{\omega} \rho \hat{\varphi} - \omega v \hat{s} = a_{||} \hat{\varphi} - a_{\perp} \hat{s}] \end{aligned}$$

Med stivt legeme:

- felles ω og α for hele legemet
- v og a øker med ρ ($\rho = \text{avstand fra rot.aksen}$)

Trehetsmoment [YF 9.4; TM 9.3; LL 6.2, 6.3; HS 4.2] (44)

For ren rotasjon om fast akse:

$$K = K_{\text{rot}} = \sum_i \frac{1}{2} m_i v_i^2 = \frac{1}{2} \left(\sum_i m_i g_i^2 \right) \omega^2 = \frac{1}{2} I \omega^2$$

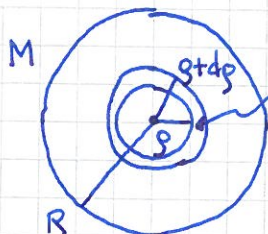
der $I = \sum_i m_i g_i^2$ (evt. $I = \int g^2 dm$) er legemets trehetsmoment mhp ^{rot.}aksen.

Notasjon: $I = I_0$ hvis akse gjennom legemets CM.

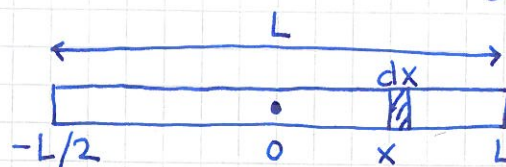
Eks 1: Ring (og "sylinderskall")


$$I_0 = \int_{\text{ring}} g^2 dm = R^2 \int dm = \underline{\underline{MR^2}}$$

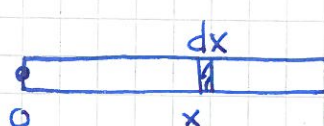
Eks 2: Sirkulær skive (og kompakt sylinder)


$$dm = M \cdot \frac{dA}{A} = M \cdot \frac{2\pi g \cdot dg}{\pi R^2} = \frac{2M}{R^2} g dg$$
$$I_0 = \int_0^R g^2 \frac{2M}{R^2} g dg = \frac{2M}{R^2} \int_0^R \frac{1}{4} g^4 = \underline{\underline{\frac{1}{2} MR^2}}$$

Eks 3: Tynn stang


$$dm = M \cdot \frac{dx}{L}, \quad g = x$$
$$\Rightarrow I_0 = \int_{-L/2}^{L/2} x^2 \cdot M \cdot \frac{dx}{L} = \frac{M}{L} \int_{-L/2}^{L/2} \frac{1}{3} x^3 = \underline{\underline{\frac{1}{12} ML^2}}$$

Eks 4: Om stangens ende

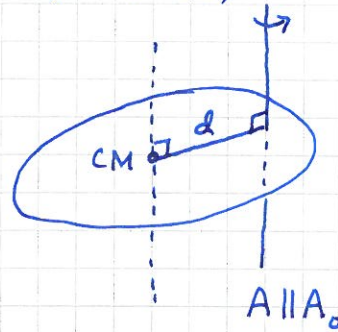
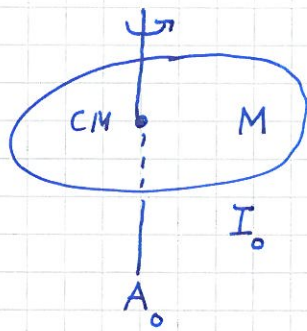

$$I = \int_0^L x^2 \cdot M \cdot \frac{dx}{L} = \underline{\underline{\frac{1}{3} ML^2}}$$

Øving 6: Kuleskall: $I_0 = \frac{2}{3} MR^2$ Kompakt kule: $I_0 = \frac{2}{5} MR^2$

Steiners sats

[YF 9.5; TM 9.3; LL 6.3; HS 4.3]

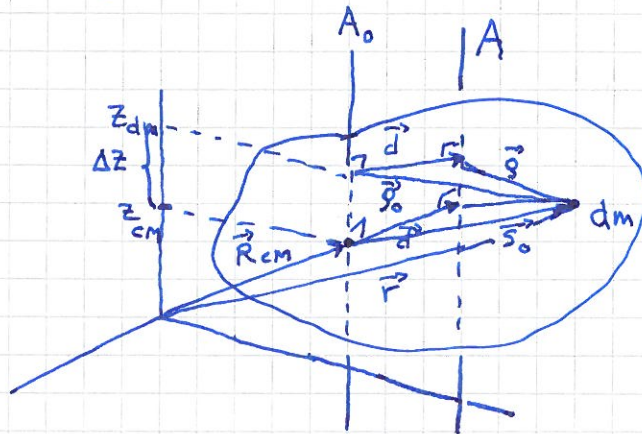
(45)



$$I = I_0 + Md^2$$

Beweis:

[Bedre figur på s. 45B]



$$\vec{s}_0 = \vec{d} + \vec{s}$$

$$I_0 = \int s_0^2 dm$$

$$s^2 = s_0^2 + d^2 - 2\vec{d} \cdot \vec{s}_0$$

$$\Rightarrow I = \int s^2 dm = \underbrace{\int s_0^2 dm}_{= I_0} + d^2 \underbrace{\int dm}_{= M} - 2\vec{d} \cdot \int \vec{s}_0 dm$$

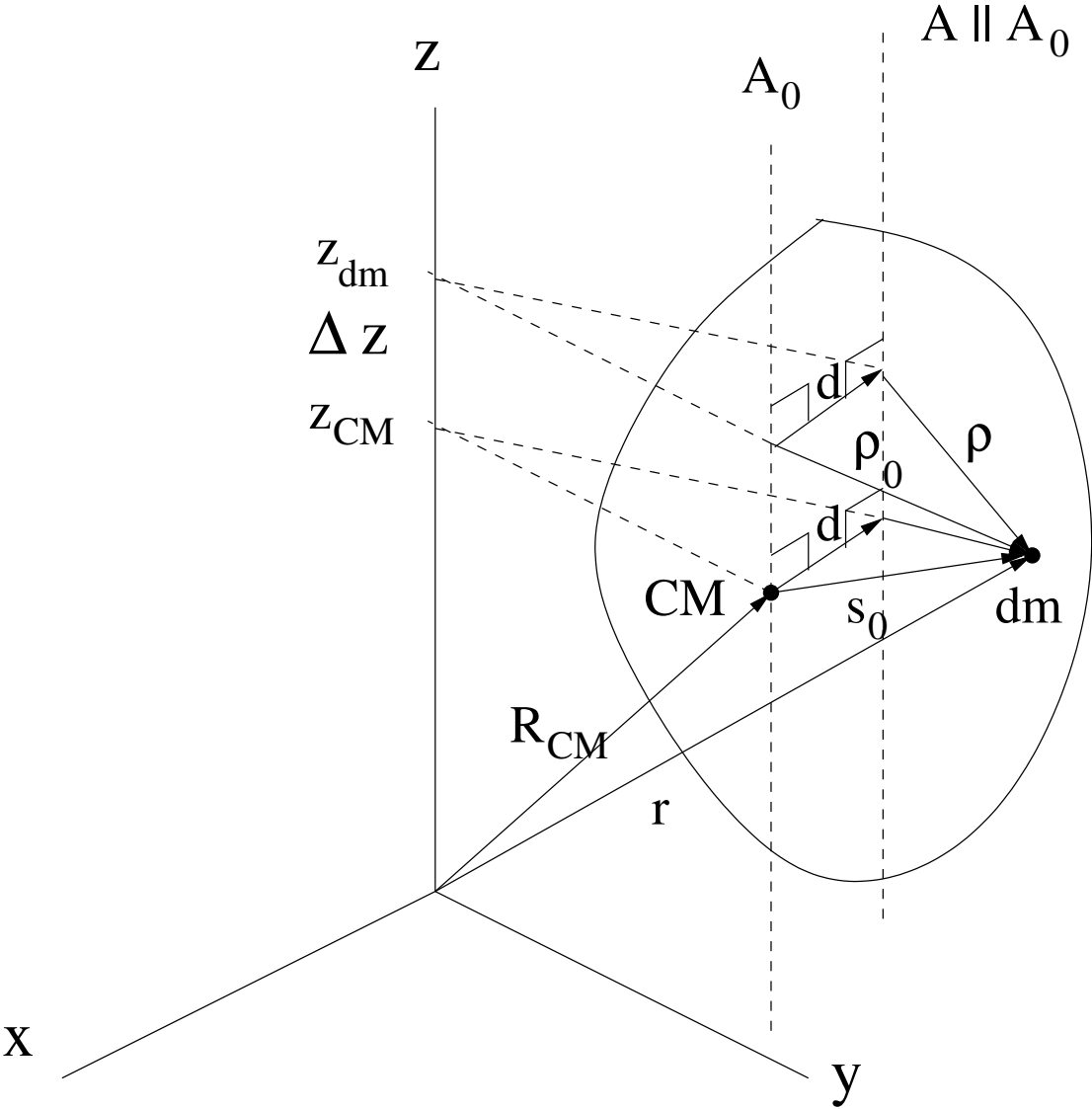
$$\vec{r} = \vec{R}_{cm} + \vec{s}_0 = \vec{R}_{cm} + \Delta z \cdot \hat{z} + \vec{s}_0$$

$$\Rightarrow \vec{d} \cdot \vec{s}_0 = \vec{d} \cdot (\vec{r} - \vec{R}_{cm}) - \Delta z \underbrace{\vec{d} \cdot \hat{z}}_{= 0}$$

$$\Rightarrow \vec{d} \cdot \int \vec{s}_0 dm = \vec{d} \cdot \underbrace{\int \vec{r} dm}_{= M\vec{R}_{cm}} - \vec{d} \cdot \underbrace{\vec{R}_{cm} \int dm}_{= M} = 0$$

$$\Rightarrow I = I_0 + Md^2 \quad \text{qed}$$

[Terminologi: Steiners sats = Parallellaksesteoremet]



$$\rho_0 = d + \rho$$

$$\mathbf{r} = \mathbf{R}_{CM} + \mathbf{s}_0$$

$$= \mathbf{R}_{CM} + \Delta z \hat{\mathbf{z}} + \rho_0$$

Kinetisk energi for stirt legeme

(46)

[YF 10.3; TM 9.3; LL 6.6; HS 4.1]

Generell beregelse for stirt legeme:

Translasjon av CM + Rotasjon om akse A_0 gjennom CM.

Skal vise at:
$$K = K_{\text{trans}} + K_{\text{rot}} = \frac{1}{2} M V^2 + \frac{1}{2} I_0 \omega^2$$

der

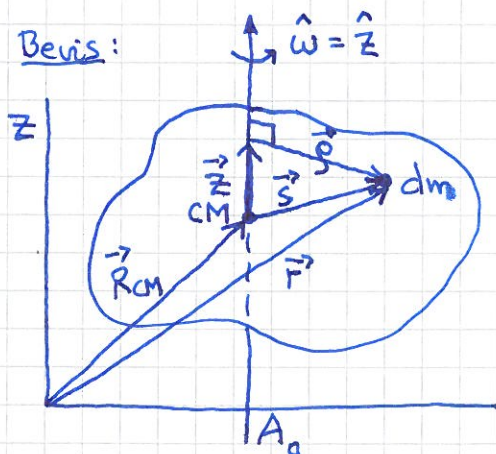
M = legemets masse

$\vec{V} = \dot{\vec{R}}_{\text{CM}}$ = hastigheten til CM

I_0 = legemets treghetsmoment om aksene A_0

$\vec{\omega}$ = vinkelhastigheten for rotasjonen om A_0

Bewis:



$$\vec{r} = \vec{R}_{\text{CM}} + \vec{s} = \vec{R}_{\text{CM}} + \vec{z} + \vec{g}$$

$$\vec{v} = \dot{\vec{r}} = \text{dm's hastighet}$$

$$\vec{V} = \dot{\vec{R}}_{\text{CM}} = \text{CM's } \text{---} \text{---}$$

$$\vec{u} = \dot{\vec{s}} = \dot{\vec{g}} = \text{dm's hastighet}$$

relativt CM $\Rightarrow \vec{v} = \vec{V} + \vec{u}$

$$dK = \frac{1}{2} dm \cdot v^2 = \text{dm's kinetiske energi}$$

$$\Rightarrow K = \int dK = \int \frac{1}{2} dm \cdot v^2 = \text{legemets kinetiske energi}$$

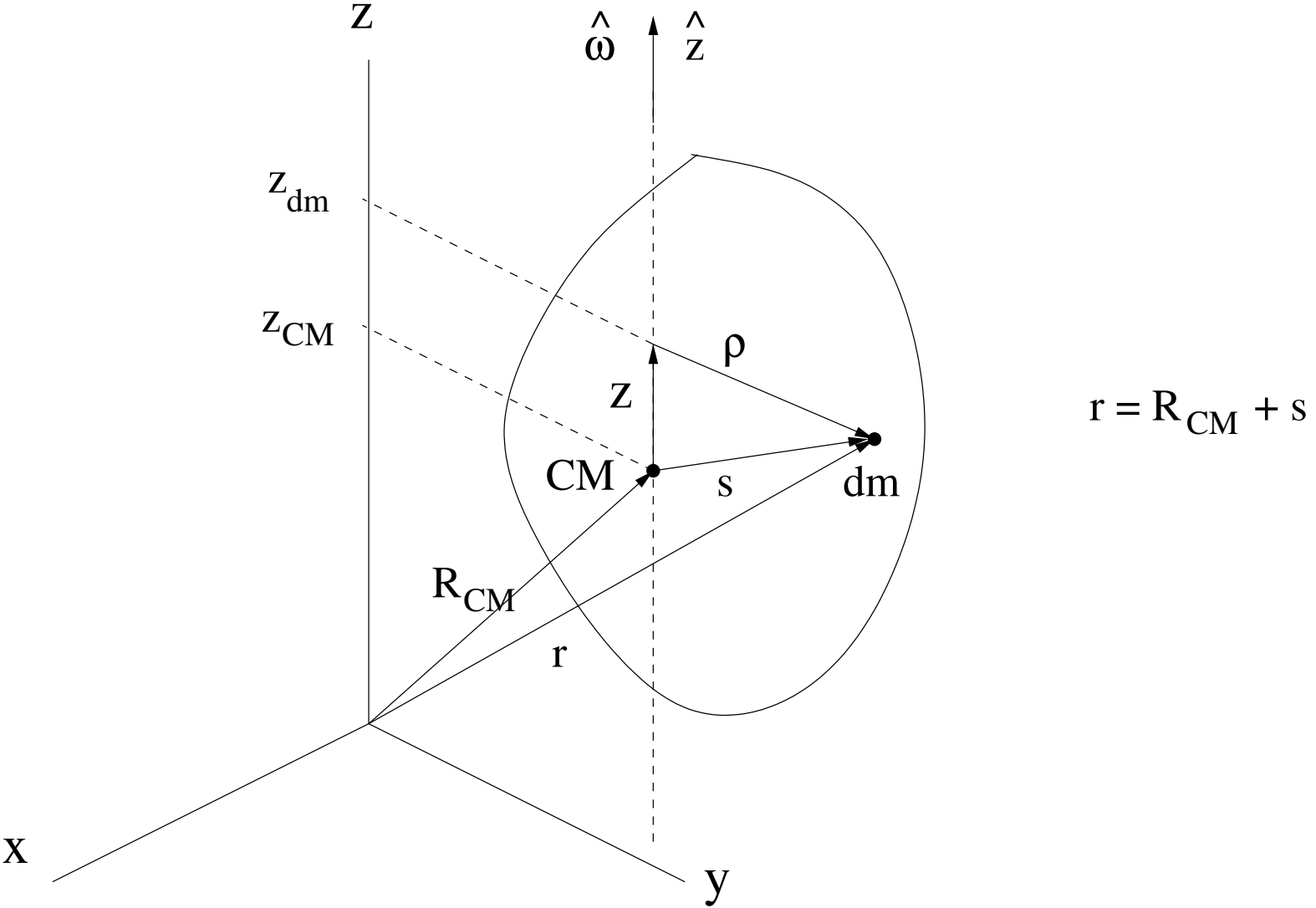
$$v^2 = \vec{v} \cdot \vec{v} = (\vec{V} + \vec{u}) \cdot (\vec{V} + \vec{u}) = V^2 + u^2 + 2\vec{V} \cdot \vec{u}$$

$$\frac{1}{2} \int dm V^2 = \underline{\underline{\frac{1}{2} M V^2}}$$

$$\frac{1}{2} \int dm u^2 = \frac{1}{2} \int dm (g\omega)^2 = \frac{1}{2} \left(\int dm g^2 \right) \omega^2 = \underline{\underline{\frac{1}{2} I_0 \omega^2}}$$

$$\int dm \vec{V} \cdot \vec{u} = \vec{V} \cdot \frac{d}{dt} \int dm \vec{s} = \vec{V} \cdot \frac{d}{dt} \int dm (\vec{r} - \vec{R}_{\text{CM}})$$

$$= \vec{V} \cdot \frac{d}{dt} \left\{ \underbrace{\int \vec{r} dm}_{= M \cdot \vec{R}_{\text{CM}}} - \vec{R}_{\text{CM}} \underbrace{\int dm}_{= M} \right\} = \underline{\underline{0}} \quad \text{ged!}$$



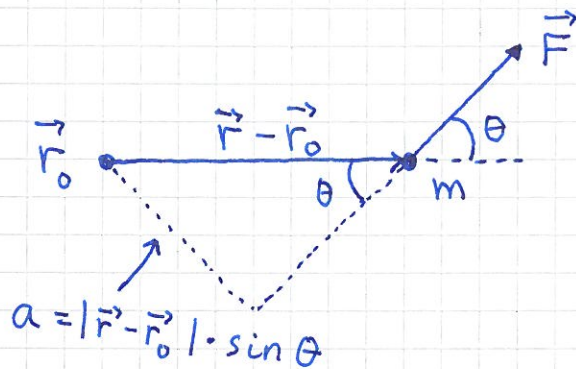
Rotasjonsdynamikk

[YF 10; TM 10; LL 6 og 5; HS 5] (47)

(nesten helt) generell beskrivelse

Dreiemoment

[YF 10.1; TM 10.2; LL 5.5, 6.4; HS 5.1]



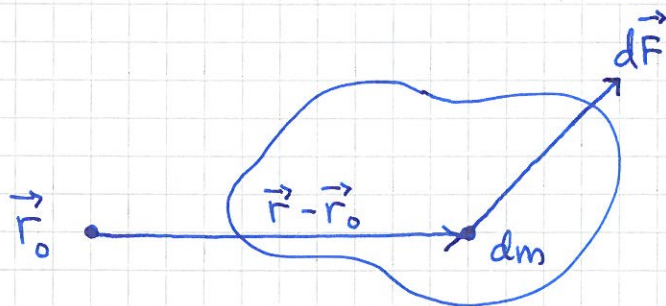
$$\vec{\tau} \stackrel{\text{def}}{=} (\vec{r} - \vec{r}_0) \times \vec{F}$$

= $\vec{F}$'s dreiemoment på m i posisjon $\vec{r}$, relativt (det fritt valgte) referansepunktet $\vec{r}_0$.

Retning: $\vec{\tau} \perp \vec{F}$ og $\vec{\tau} \perp \vec{r} - \vec{r}_0$
(h.h. regel $\Rightarrow \vec{\tau}$ ut av planet i fig. over)

Absoluttverdi: $|\vec{\tau}| = |\vec{r} - \vec{r}_0| \cdot |\vec{F}| \cdot \sin \theta = a \cdot F$
der a = "armen til $\vec{F}$ "

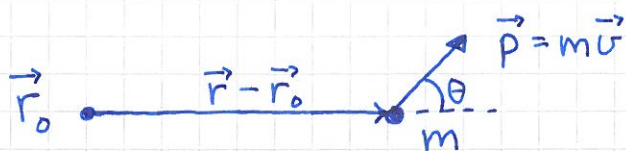
For partikkelsystem (f.eks. stivt legeme):



$$\vec{\tau} = \int d\vec{\tau} = \int_{\text{legemet}} (\vec{r} - \vec{r}_0) \times d\vec{F}$$

Dreieimpuls

[YF 10.5; TM 10.2; LL 6.6; HS 5.3] (48)



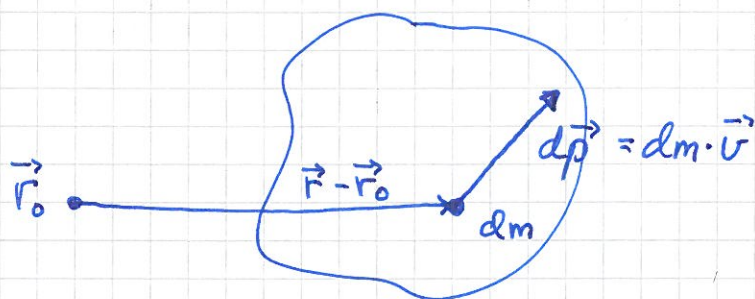
$$\vec{L} \stackrel{\text{def}}{=} (\vec{r} - \vec{r}_0) \times \vec{p} = m(\vec{r} - \vec{r}_0) \times \vec{u}$$

= m 's dreieimpuls relativt $\vec{r}_0$

Retning: $\vec{L} \perp \vec{p}$ og $\vec{L} \perp \vec{r} - \vec{r}_0$

Abs.verdi: $|\vec{L}| = |\vec{r} - \vec{r}_0| \cdot |\vec{p}| \cdot \sin \theta = a \cdot p$ (se s. 47)

For partikkelsystem:



$$\vec{L} = \int d\vec{L} = \int_{\text{legemet}} dm (\vec{r} - \vec{r}_0) \times \vec{u}$$

N2, rotasjon [YF 10.5; TM 10.3; LL 6.6; HS 5.2] (49)
(="spinnsetsen")

$$\dot{\vec{L}} = \frac{d}{dt} \{ m(\vec{r} - \vec{r}_0) \times \vec{v} \} = m(\dot{\vec{r}} - \dot{\vec{r}}_0) \times \vec{v} + m(\vec{r} - \vec{r}_0) \times \dot{\vec{v}}$$

Anta $\dot{\vec{r}}_0 = 0$ (fast $\vec{r}_0$) eller $\dot{\vec{r}}_0 \parallel \vec{v}$

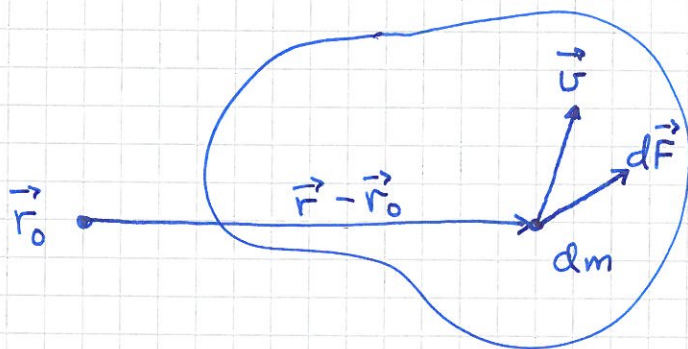
$$\text{slik at } \dot{\vec{r}}_0 \times \vec{v} = 0$$

Har (som s. 41): $\dot{\vec{r}} \times \vec{v} = \vec{v} \times \vec{v} = 0$

$$m \dot{\vec{v}} = m \vec{a} = \vec{F}$$

Dermed: $\dot{\vec{L}} = (\vec{r} - \vec{r}_0) \times \vec{F}$, ders $\boxed{\vec{\tau} = \dot{\vec{L}}}$

For partikkelsystem:



$$\dot{\vec{L}} = \int d\dot{\vec{L}} = \int \frac{d}{dt} \{ dm(\vec{r} - \vec{r}_0) \times \vec{v} \}$$

= som ovenfor, med $\dot{\vec{r}}_0 \times \vec{v} = 0$ fortsatt....

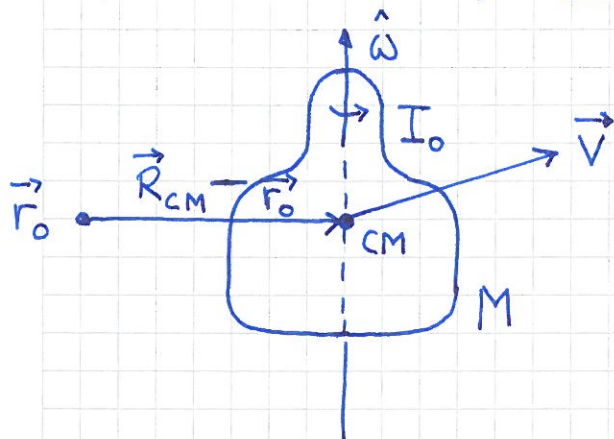
$$= \int (\vec{r} - \vec{r}_0) \times d\vec{F} = \int d\vec{\tau} = \vec{\tau}$$

med $\vec{\tau}$ = totalt dreiemoment på systemet (relativt $\vec{r}_0$)

$\vec{L}$ = total dreieimpuls for — " — (— " —)

Dreieimpuls for stvrt legeme [YF 10.5; TM 10.2; LL 6.6; HS 5.3] (50)

Anta at legemet har syndersymmetri om (den instantane) rotasjonsaksen, "utpekt" med $\hat{\omega}$.



Fra s. 46: $K = K_{\text{trans}} + K_{\text{rot}} = \frac{1}{2} M V^2 + \frac{1}{2} I_O \omega^2$

Spm: Kan $\vec{L}$ p\aa samme m\aae skrives som en sum av to ledd, ett assosiert med massesenterets translasjonsbevegelse, og ett assosiert med legemets rotasjonsbevegelse om en akse gjennom CM?

Svar: Ja! Med antagelsen om syndersymmetri om $\hat{\omega}$ kan det vises at legemets totale dreieimpuls kan skrives slik:

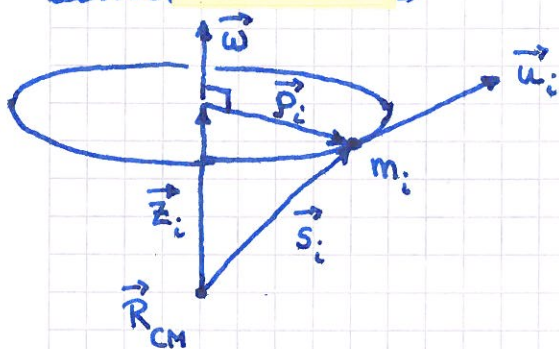
$$\vec{L} = \vec{L}_b + \vec{L}_s = M(\vec{R}_{\text{CM}} - \vec{r}_O) \times \vec{V} + I_O \vec{\omega}$$

Banedreieimpuls, relativt $\vec{r}_O$: $\vec{L}_b = M(\vec{R}_{\text{CM}} - \vec{r}_O) \times \vec{V}$

Indre dreieimpuls ("spinn"; uavh. av $\vec{r}_O$): $\vec{L}_s = I_O \vec{\omega}$

[For bevis, som starter fra definisjonen $\vec{L} = \int dm (\vec{r} - \vec{r}_O) \times \vec{v}$, se s. 50 A og 50 B. Litt "kronglete", men ikke s\aa rlig vanskeligere enn bevisene s. 45 og 46.]

Bevis

50
A

$$\begin{aligned}\vec{r}_i &= \vec{R}_{CM} + \vec{s}_i && \text{relativkoordinat.} \\ \vec{u}_i &= \vec{V} + \vec{u}_i && \text{relativhastighet} \\ (\dot{\vec{r}}_i &= \dot{\vec{R}}_{CM} + \dot{\vec{s}}_i)\end{aligned}$$

Fra figur: $\vec{s}_i = \vec{z}_i + \vec{\rho}_i$

Fra for: $\vec{u}_i = \vec{\omega} \times \vec{\rho}_i = \vec{\omega} \times \vec{s}_i$ (siden $\vec{\omega} \times \vec{z}_i = 0$)

$$\begin{aligned}\vec{L} &= \sum_i m_i (\vec{r}_i - \vec{r}_o) \times \vec{u}_i \\ &= \sum_i m_i (\vec{R}_{CM} - \vec{r}_o + \vec{s}_i) \times (\vec{V} + \vec{u}_i) \\ &= \sum_i m_i (\vec{R}_{CM} - \vec{r}_o) \times \vec{V} + \sum_i m_i \vec{s}_i \times \vec{V} \\ &\quad + \sum_i m_i (\vec{R}_{CM} - \vec{r}_o) \times \vec{u}_i + \sum_i m_i \vec{s}_i \times \vec{u}_i\end{aligned}$$

1. sum:

$$\sum_i m_i (\vec{R}_{CM} - \vec{r}_o) \times \vec{V} = M (\vec{R}_{CM} - \vec{r}_o) \times \vec{V} = \vec{L}_{CM}$$

= baneimpulsen relativt $\vec{r}_o$ pga CM's bevægelse (jfr. $\vec{L}$ for punktmasse)

2. sum:

$$\sum_i m_i \vec{s}_i \times \vec{V} = \sum_i m_i (\vec{r}_i - \vec{R}_{CM}) \times \vec{V} = (M\vec{R}_{CM} - M\vec{R}_{CM}) \times \vec{V} = 0$$

3. sum:

$$\begin{aligned}\sum_i m_i (\vec{R}_{CM} - \vec{r}_o) \times \vec{u}_i &= \sum_i m_i (\vec{R}_{CM} - \vec{r}_o) \times (\vec{\omega} \times \vec{s}_i) \\ &= (\vec{R}_{CM} - \vec{r}_o) \times (\vec{\omega} \times \underbrace{\sum_i m_i \vec{s}_i}_{=0}) = 0\end{aligned}$$

4. sum:

$$\sum_i m_i \vec{s}_i \times \vec{u}_i = \vec{L}_{rel.} = \text{dreieimpuls pga masselementenes bevægelse relativt CM}$$

Dermed:

$$\vec{L} = \vec{L}_{cm} + \vec{L}_{rel} = M(\vec{R}_{cm} - \vec{r}_0) \times \vec{V} + \sum_i m_i \vec{s}_i \times \vec{u}_i$$

som gjelder for vilkårlig partikkelsystem (ikke nødvis stivt legeme);
alternativt $\int_M dm (\vec{s} \times \vec{u})$ for $\vec{L}_{rel}$ hvis kontinuerlig massefordeling.

Hvis stivt legeme: $\vec{u}_i = \vec{\omega} \times \vec{s}_i$

$$\Rightarrow \sum_i m_i \vec{s}_i \times \vec{u}_i = \sum_i m_i \vec{s}_i \times (\vec{\omega} \times \vec{s}_i)$$

Identitet: $\vec{A} \times (\vec{B} \times \vec{C}) = \vec{B}(\vec{A} \cdot \vec{C}) - \vec{C}(\vec{A} \cdot \vec{B})$

(kjedelig, men ikke vanskelig å bevisse!)

Dermed:

$$\sum_i m_i \vec{s}_i \times (\vec{\omega} \times \vec{s}_i) = \sum_i m_i \{ \vec{\omega} s_i^2 - \vec{s}_i (\vec{s}_i \cdot \vec{\omega}) \}$$

$$= \sum_i m_i \{ \vec{\omega} (z_i^2 + \rho_i^2) - (\vec{z}_i + \vec{\rho}_i) z_i \omega \}$$

$$= \sum_i m_i \{ \vec{\omega} (z_i^2 + \rho_i^2) - z_i^2 \vec{\omega} - z_i \omega \vec{\rho}_i \}$$

$$= \sum_i m_i \rho_i^2 \vec{\omega} - \omega \sum_i m_i z_i \vec{\rho}_i$$

$$= I_0 \vec{\omega} - \omega \sum_i m_i z_i \vec{\rho}_i$$

Hvis syndrersymmetri om $\hat{\omega}$, dvs om $\hat{z}$:

$$\sum_i m_i z_i \vec{\rho}_i = \sum_i m_i z_i (x_i \hat{x} + y_i \hat{y}) = 0$$

fordi bidragene fra like store masselementer i (x_i, y_i, z_i)
og $(-x_i, -y_i, z_i)$ kansellerer.

Dette er ofte tilfelle, men ikke alltid.

Men hvis syndrersymmetri om $\hat{\omega}$: $\vec{L}_{rel} = I_0 \vec{\omega}$

$$\Rightarrow \vec{L} = \vec{L}_{cm} + \vec{L}_{rel} = M(\vec{R}_{cm} - \vec{r}_0) \times \vec{V} + I_0 \vec{\omega}$$

qed

Bevaringslover

For isolert system (dvs: system som ikke påvirkes av ytre krefter) er energi, impuls og dreieimpuls bevarte størrelser.

$$W = 0 \quad (\text{dvs } P = \frac{dW}{dt} = 0) \Rightarrow E = \text{konst.}$$

$$\vec{F} = 0 \Rightarrow \vec{p} = \text{konst.}$$

$$\vec{\tau} = 0 \Rightarrow \vec{L} = \text{konst.}$$

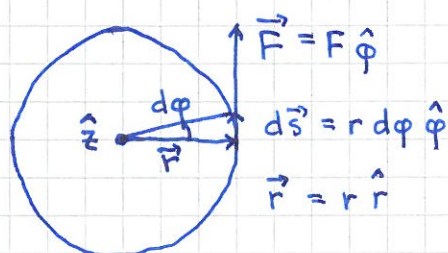
Mekanisk likevekt (Statikk) [YF 11.1-11.3; TM 12.1-12.3; LL 7.1; HS 4.6]

Et stivt legeme er i ro,

$$\vec{p} = 0 \quad \text{og} \quad \vec{L} = 0$$

$$\text{bare dersom} \quad \sum_i \vec{F}_i = 0 \quad \text{og} \quad \sum_i \vec{\tau}_i = 0$$

Arbeid utført ved rotasjon [YF 10.4; TM 9.5; LL 6.4; HS 4.4.1]

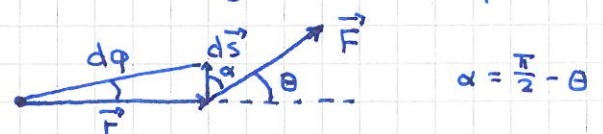


$$dW = \vec{F} \cdot d\vec{s} = F \cdot r \, d\phi$$

$$\vec{\tau} = \vec{r} \times \vec{F} = r \cdot F \, \hat{z}$$

$$\Rightarrow \boxed{dW = \tau \, d\phi} \Rightarrow P = \frac{dW}{dt} = \tau \cdot \omega$$

Enn om $\vec{F}$ og $d\vec{s}$ ikke er parallelle?



$$dW = F \cdot ds \cdot \cos \alpha = F \cdot r \, d\phi \cdot \sin \theta$$

$$\tau = |\vec{\tau}| = |\vec{r} \times \vec{F}| = r \cdot F \cdot \sin \theta$$

$$\Rightarrow \boxed{dW = \tau \, d\phi}$$