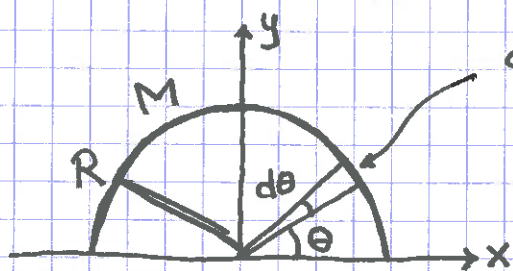


Eks 1: CM for halvsirkulær bølge



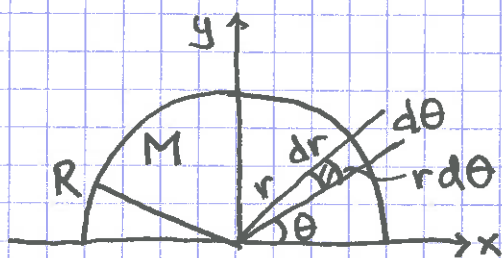
$$dm = M \cdot \frac{ds}{\pi R} = M \frac{R d\theta}{\pi R} = M \frac{d\theta}{\pi}$$

$$\vec{r} = \hat{x}x + \hat{y}y = \hat{x}R\cos\theta + \hat{y}R\sin\theta$$

$$\vec{R}_{CM} = \bar{X}_{CM} \hat{x} + \bar{Y}_{CM} \hat{y} ; \bar{X}_{CM} = 0 \text{ pga symmetri}$$

$$\bar{Y}_{CM} = \frac{1}{M} \int y dm = \frac{R}{\pi} \int_0^{\pi} \sin\theta d\theta = \underline{\underline{\frac{2}{\pi} R \approx 0.64 R}}$$

Eks 2: CM for halvsirkulær tynn skive



$$\frac{dm}{M} = \frac{r d\theta \cdot dr}{\frac{1}{2} \pi R^2}$$

$$\bar{X}_{CM} = 0 \text{ pga symmetri}$$

$$\bar{Y}_{CM} = \int y \frac{dm}{M} = \frac{2}{\pi R^2} \int_{r=0}^R \int_{\theta=0}^{\pi} r \sin\theta \cdot r d\theta \cdot dr$$

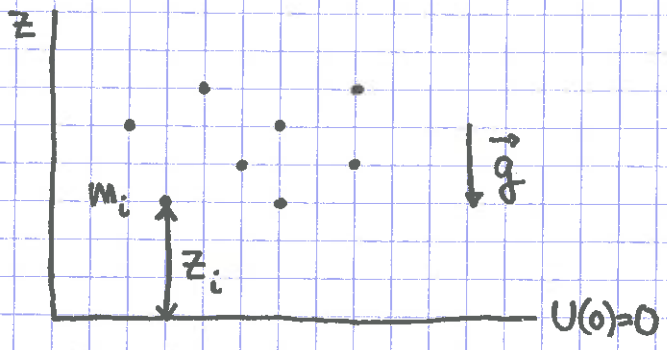
$$= \frac{2}{\pi R^2} \left\{ \int_0^R r^2 dr \right\} \cdot \left\{ \int_0^{\pi} \sin\theta d\theta \right\} = \underline{\underline{\frac{4}{3\pi} R \approx 0.42 R}}$$

$\int_0^R r^2 dr = R^3/3$ $\int_0^{\pi} \sin\theta d\theta = \int_0^{\pi} (-\cos\theta) = 2$

Eks 3: CM for kompakt halvkule

$$\bar{Y}_{CM} = \frac{3}{8} R \quad (\text{regn ut selv})$$

Potensiell energi for partikkelsystem i tyngdefeltet



$$U = \sum_i U_i = \sum_i m_i g z_i$$

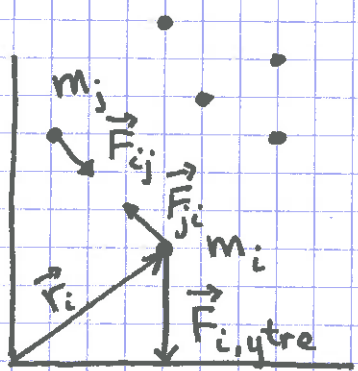
Hvis g er konstant:

$$U = g \sum_i m_i z_i = \underline{g M z_{cm}}$$

Dus: Som om hele massen M er samlet i høyden

$$z_{cm} = \frac{1}{M} \sum_i m_i z_i \quad (\text{f.eks. i } \vec{R}_{cm})$$

Tyngdepunktbevegelsen [YF 8.5 ; LL 5.8]



System med N punktmasser
 m_1, m_2, \dots, m_N .

$$N2 \text{ for } m_i : m_i \ddot{\vec{r}}_i = \vec{F}_{i,ytre} + \sum_{j \neq i} \vec{F}_{ji} \quad (i=1,2,\dots,N)$$

netto ytre kraft på m_i

netto indre kraft på m_i

Legger sammen N2 for alle massene:

$$\begin{aligned} \sum_i m_i \ddot{\vec{r}}_i &= \sum_i \vec{F}_{i,ytre} + \underbrace{\sum_i \sum_{j \neq i} \vec{F}_{ji}}_{= \vec{F}_{21} + \vec{F}_{12} + \dots + \vec{F}_{N,N-1} + \vec{F}_{N-1,N}} \\ &= \text{netto ytre kraft } \vec{F}_{ytre} \text{ på hele systemet} \\ &= 0 \text{ pga } N3 \end{aligned}$$

$$\sum_i m_i \ddot{\vec{r}}_i = \frac{d^2}{dt^2} \sum_i m_i \vec{r}_i = \frac{d^2}{dt^2} \{ M \vec{R}_{CM} \} = M \ddot{\vec{R}}_{CM}$$

$$\Rightarrow \boxed{M \ddot{\vec{R}}_{CM} = \vec{F}_{ytre}}$$

Dus: CM beveger seg som om hele massen M er samlet i \vec{R}_{CM} og blir utsatt for summen av alle ytre krefter som virker på systemet.

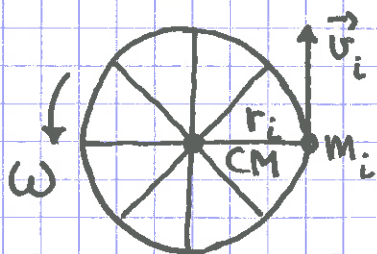
I tillegg til translasjon av CM:

- Rotasjon om CM
- Vibrasjon om CM

ROTASJON [YF 9,10 ; LL 6 (5)]

Innledning.

- Roterende hjul



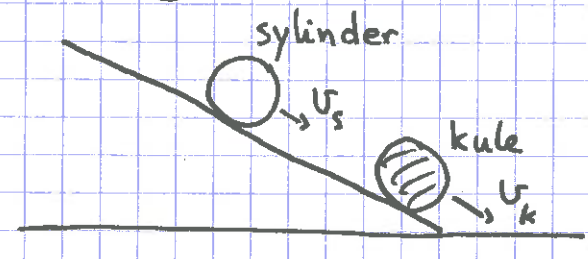
$$K_{trans} = 0 \quad \text{da CM er i ro}$$

$$K_{rot} \neq 0$$

$$\vec{P} = \sum_i m_i \vec{v}_i = 0 \quad \text{(lineær impuls)}$$

$$\vec{L} \neq 0 \quad \text{(dreieimpuls)}$$

• Rulling

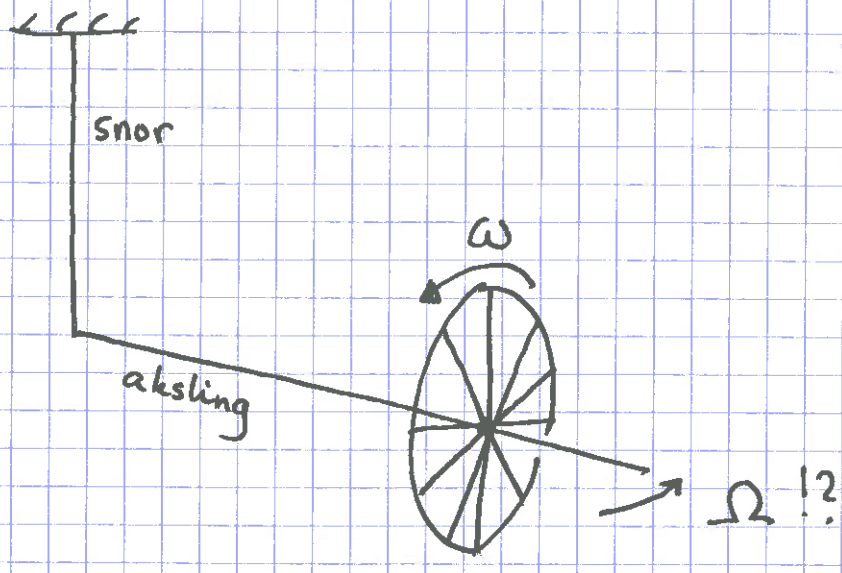


Kreftenes angrepspunkt;
dreiemoment.

Hvorfor $v_k > v_s$?

Friksjon.

• Overraskende dynamikk



Preseksjon
Gyroskop

- Stive legemer : Alle masselementer i fast innbyrdes avstand. Kun translasjon og rotasjon ; ikke vibrasjon.

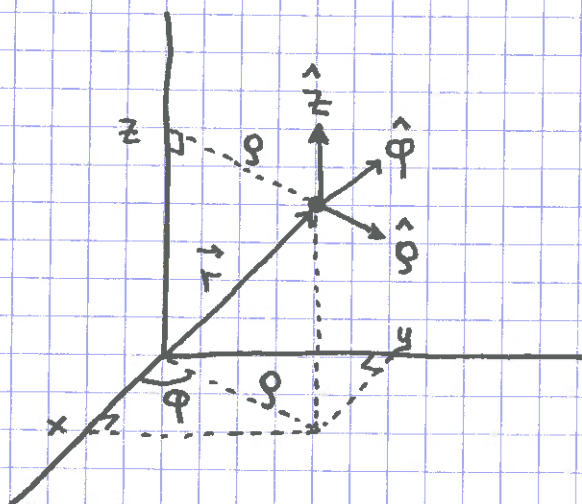
Sirkelbevegelse

[YF 9.1-9.3; LL 1.8]

(37)

Anta rotasjon om gitt akse, f.eks. z-aksen

Lurt med synderkoordinat = "polarkoord. + z"



$$\vec{r} = x\hat{x} + y\hat{y} + z\hat{z} = \rho\hat{\rho} + z\hat{z}$$

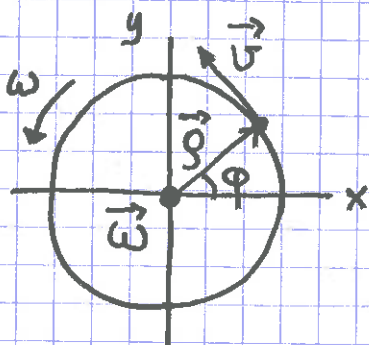
$$x = \rho \cos \varphi, \quad y = \rho \sin \varphi, \quad z = z$$

$$\rho = \sqrt{x^2 + y^2}, \quad \tan \varphi = y/x$$

$$r = \sqrt{x^2 + y^2 + z^2} = \sqrt{\rho^2 + z^2}$$

Rotasjonsaksen pekes ut ved hjelp av ω :

$$\omega \rightarrow \vec{\omega} = \omega \hat{z}$$



$$\vec{v} = \frac{d\vec{s}}{dt} = \rho \frac{d\varphi}{dt} \hat{\phi} = \rho \omega \hat{\phi}$$

$$\vec{\omega} = \omega \hat{z}, \quad \vec{\rho} = \rho \hat{\rho}$$

[Notasjon for vektorer \perp planet:

• opp x ned]

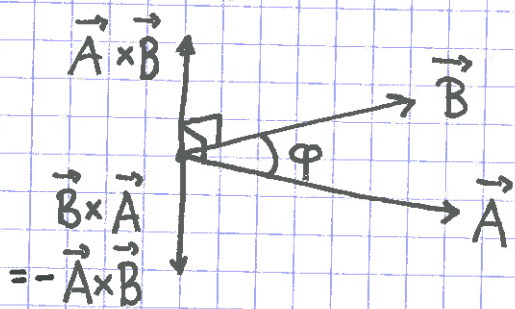
Med kryssprodukt:

$$\vec{v} = \vec{\omega} \times \vec{\rho}$$

Retning: $\hat{\phi} = \hat{z} \times \hat{\rho}$, OK! Abs.verdi: $v = \omega \rho$, OK!

Kryssprodukt (Vektorprodukt):

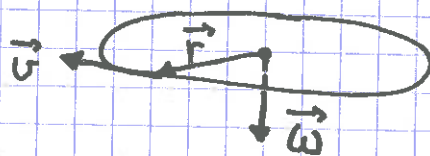
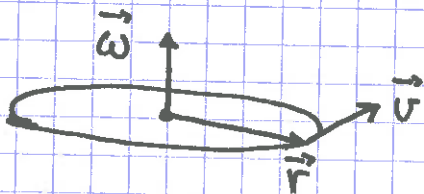
(38)



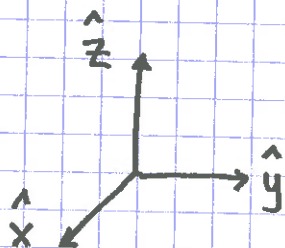
$$|\vec{A} \times \vec{B}| = A \cdot B \cdot \sin\varphi$$

Høyrehåndsregel gir retningen.

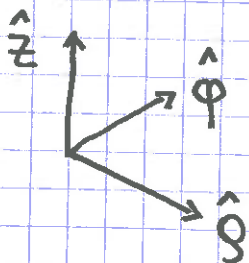
For sirkelbevegelsen:



For enhetsvektorer:



$$\hat{x} \times \hat{y} = \hat{z}, \quad \hat{y} \times \hat{z} = \hat{x}, \quad \hat{z} \times \hat{x} = \hat{y}$$
$$\hat{y} \times \hat{x} = -\hat{z} \quad \text{osv.}$$



$$\hat{g} \times \hat{\phi} = \hat{z}, \quad \hat{\phi} \times \hat{z} = \hat{g},$$
$$\hat{z} \times \hat{g} = \hat{\phi}$$

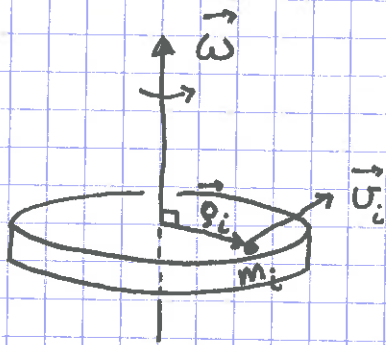
$$\hat{x} \times \hat{x} = \hat{y} \times \hat{y} = \dots = 0$$

Rotasjonsenergi

[YF 9.4; LL 6.4]

18.09.14

39



$$\vec{v}_i = \vec{\omega} \times \vec{\rho}_i$$

$$v_i = \omega \rho_i$$

$$K = \sum_i K_i = \sum_i \frac{1}{2} m_i v_i^2 = \sum_i \frac{1}{2} m_i (\rho_i \omega)^2 = \frac{1}{2} \left\{ \sum_i m_i \rho_i^2 \right\} \omega^2$$

Treghetsmoment

[YF 9.4; LL 6.3]

$$I = \sum_i m_i \rho_i^2 = \text{legemets treghetsmoment mhp gitt akse}$$

Med kontinuerlig massefordeling:

$$m_i \rightarrow \Delta m_i \xrightarrow{\Delta m_i \rightarrow 0} dm \quad ; \quad \sum_i \rightarrow \int \text{over legemet}$$

$$\Rightarrow \boxed{I = \int \rho^2 dm}$$

ρ = avstand fra aksen til dm

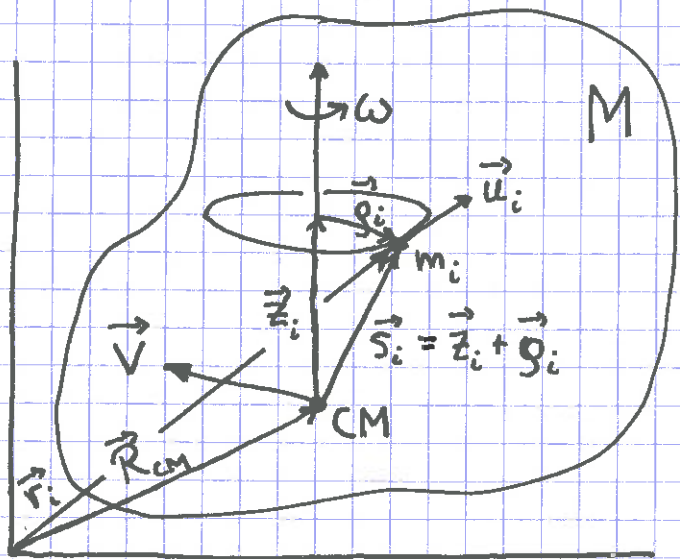
Dermed:

$$\boxed{K_{\text{rot}} = \frac{1}{2} I \omega^2}$$

Kin. energi for stivt legeme [YF 10.3; LL 6.6]

Generell bevegelse for stivt legeme:

Translasjon av CM + Rotasjon om akse gjennom CM



$$\vec{r}_i = \vec{R}_{CM} + \vec{s}_i$$

$$\vec{v}_i = \dot{\vec{r}}_i = \dot{\vec{R}}_{CM} + \dot{\vec{s}}_i = \vec{V} + \vec{u}_i$$

$$v_i^2 = V^2 + u_i^2 + 2\vec{V} \cdot \vec{u}_i$$

$$u_i^2 = (g_i \omega)^2$$

$$K = \frac{1}{2} \sum_i m_i v_i^2 = \frac{1}{2} \sum_i m_i V^2 + \frac{1}{2} \sum_i m_i u_i^2 + \vec{V} \cdot \sum_i m_i \vec{u}_i$$

$$= \frac{1}{2} M V^2 + \frac{1}{2} \underbrace{\left(\sum_i m_i g_i^2 \right)}_{= I_0} \omega^2 + \vec{V} \cdot \frac{d}{dt} \sum_i m_i \vec{s}_i$$

$$\sum_i m_i \vec{s}_i = \sum_i m_i (\vec{r}_i - \vec{R}_{CM}) = M \vec{R}_{CM} - M \vec{R}_{CM} = 0$$

$$\Rightarrow \boxed{K = K_{trans} + K_{rot} = \frac{1}{2} M V^2 + \frac{1}{2} I_0 \omega^2}$$

M = legemets masse

V = $\dot{\vec{R}}_{CM}$ = hastigheten til CM

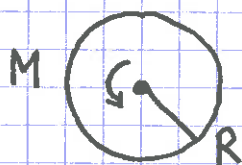
I₀ = legemets tregh.mom. mhp rot.aksen gjennom CM

$\vec{\omega}$ = vinkelhastigheten for rot. om ——— " ———

Beregning av I [YF 9.6 ; LL 6.3]

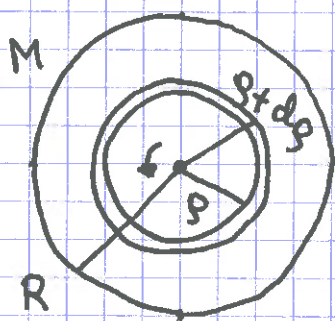
(41)

Eks 1: Ring, Sylinderskall



$$I_0 = \int r^2 dm = R^2 \int dm = \underline{MR^2}$$

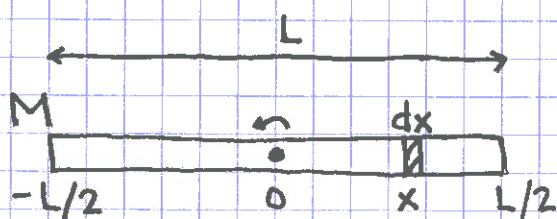
Eks 2: Rund skive, Kompakt cylinder



$$\frac{dm}{M} = \frac{dA}{A} = \frac{2\pi\rho dg}{\pi R^2}$$

$$I_0 = \int_0^R r^2 M \frac{2\pi\rho dg}{\pi R^2} = \frac{2M}{R^2} \int_0^R \frac{1}{4} \rho^4$$
$$= \underline{\frac{1}{2} MR^2}$$

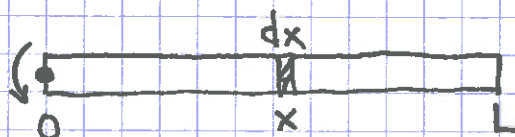
Eks 3: Tynn stang



$$\frac{dm}{M} = \frac{dx}{L}$$

$$I_0 = \int_{-L/2}^{L/2} x^2 M \frac{dx}{L} = \frac{M}{L} \int_{-L/2}^{L/2} \frac{1}{3} x^3 = \underline{\frac{1}{12} ML^2}$$

Eks 4: Akse gjennom stangas ende

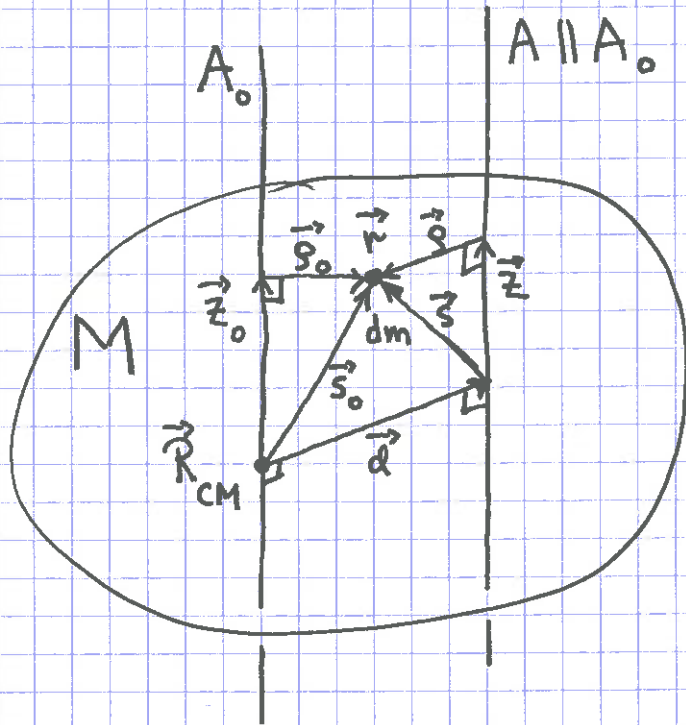


$$I_0 = \int_0^L x^2 M \frac{dx}{L} = \underline{\frac{1}{3} ML^2}$$

$$\left. \begin{array}{l} \text{Eks 5: Kuleskall } I_0 = \frac{2}{3} MR^2 \\ \text{Eks 6: Kompakt kule } I_0 = \frac{2}{5} MR^2 \end{array} \right\} \text{Øving.}$$

(42)

Steiners sats (Parallellaksesteoremet) [YF9.5; LL 6.3]



Fra figuren:

$$\begin{aligned} \vec{r} &= \vec{R}_{CM} + \vec{s} \\ \vec{s}_0 &= \vec{r}_0 + \vec{s}_0 \\ \vec{s} &= \vec{r} + \vec{s}_0 \\ \vec{r} &= \vec{r}_0 \quad (\vec{d} \perp \hat{z}) \\ \Rightarrow \vec{s} - \vec{s}_0 &= \vec{r} - \vec{r}_0 = -\vec{d} \\ \Rightarrow s^2 &= (\vec{s}_0 - \vec{d}) \cdot (\vec{s}_0 - \vec{d}) \\ &= s_0^2 + d^2 - 2\vec{d} \cdot \vec{s}_0 \end{aligned}$$

$$I = \int s^2 dm = \underbrace{\int s_0^2 dm}_{I_0} + d^2 \cdot \underbrace{\int dm}_M - 2 \int \vec{d} \cdot \vec{s}_0 dm$$

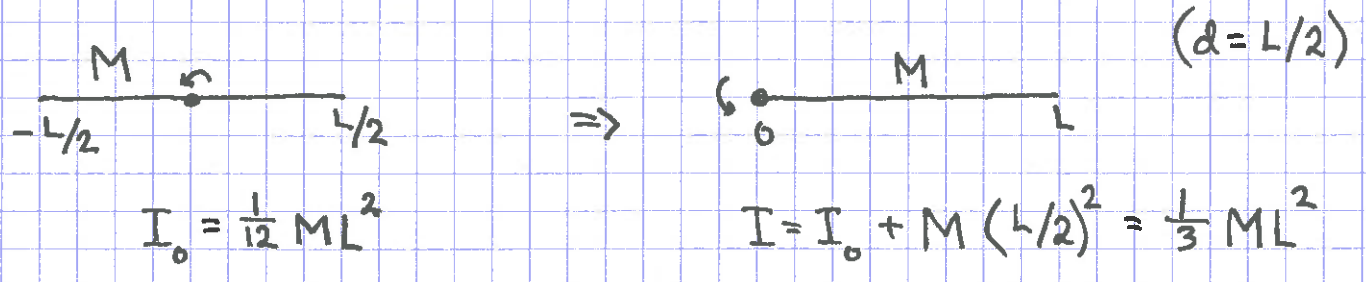
$$\vec{d} \cdot \vec{s}_0 = \vec{d} \cdot (\vec{s}_0 - \vec{z}_0) = \vec{d} \cdot \vec{s}_0 = \vec{d} \cdot (\vec{r} - \vec{R}_{CM})$$

$$\Rightarrow \int \vec{d} \cdot \vec{s}_0 dm = \vec{d} \cdot \underbrace{\int \vec{r} dm}_{M\vec{R}_{CM}} - \vec{d} \cdot \vec{R}_{CM} \underbrace{\int dm}_M = 0$$

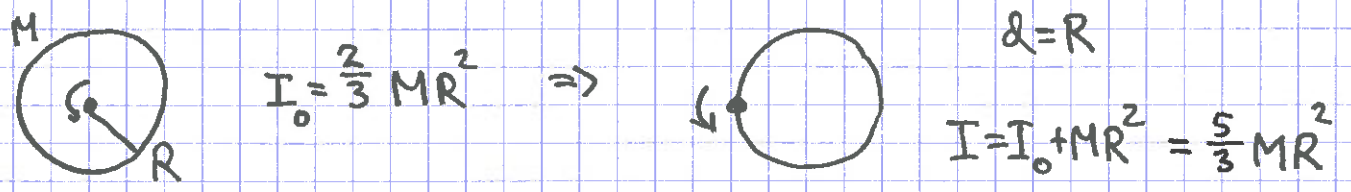
\Rightarrow

$$\boxed{I = I_0 + Md^2}$$

Eks 1: Tynn stang



Eks 2: Kuleskall

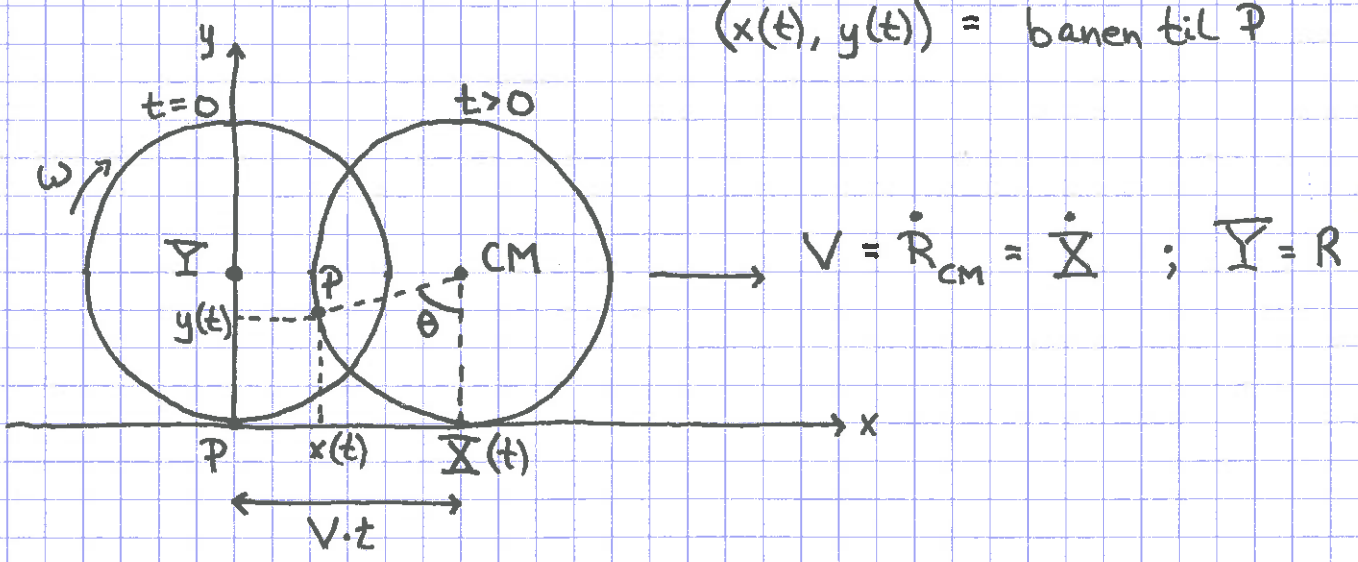


Rulling og skuring

[YF 10.3 ; LL 6.7]

Ren rulling

P = punkt på periferien
 $(x(t), y(t)) =$ banen til P



$$\omega = \frac{d\theta}{dt}, \quad \underline{X} = Vt = R\theta$$

(44)

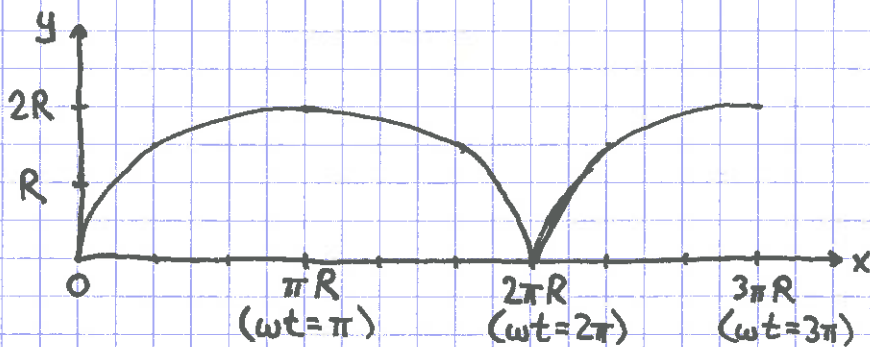
$$V = \dot{\underline{X}} = R\dot{\theta} = R\omega, \quad A = \ddot{\underline{X}} = R\ddot{\theta} = R\dot{\omega} = R\alpha$$

Rullebetingelser: $V = R\omega, \quad A = R\alpha$

Banen til \mathcal{P} (anta $\omega = \text{konst.} \Rightarrow \theta = \omega t$):

$$x(t) = \underline{X}(t) - R \sin \theta = Vt - R \sin \omega t$$

$$y(t) = \underline{Y} - R \cos \theta = R - R \cos \omega t$$



Sykloide

Hastigheten til \mathcal{P} :

$$\dot{x} = V - \omega R \cos \omega t = V(1 - \cos \omega t)$$

$$\dot{y} = \omega R \sin \omega t = V \sin \omega t$$

$$\Rightarrow \vec{v}(\theta) = \hat{x} V(1 - \cos \theta) + \hat{y} V \sin \theta$$

