12.11 A toy model for the effective action approach.

Consider

$$Z = \int \mathrm{d}x \mathrm{d}y \exp\left(\left[-(x^2 + y^2 + \lambda x^4 + \lambda x^2 y^2)\right]\right]$$

as a toy model for the generating functional of two coupled scalar fields. Integrate out the field y, assume then that λ is small: Expand first the result and then rewrite it as an exponential. Show that this process results in a.) a renormalisation of the mass term x^2 , b.) a renormalisation of the coupling term x^4 , and c.) the appearance of new ("irrelevant") interactions x^n with $n \ge 6$.

We integrate out the "heavy y", and expand then for $\lambda \ll 1$,

$$\int dy \exp([-y^2(1+\lambda x^2)]) = \sqrt{\frac{\pi}{1+\lambda x^2}} \simeq \sqrt{\pi} \left(1 - \frac{1}{2}\lambda x^2 + \frac{3}{8}\lambda^2 x^4 - \frac{5}{16}\lambda^3 x^6 + \cdots\right)$$

Next we want to exponentiate the x terms in the bracket, but the coefficients -1/2, 3/8 do not match. Comparing $(\cdots) = \exp(\sum_{n=1}^{\infty} c_{2n} x^{2n})$,

$$1 + c_2 x^2 + \left(c_4 + \frac{1}{2}c_2^2\right) x^4 + \left(c_6 + c_2 c_4 + \frac{1}{6}c_2^3\right) x^6 + \dots =$$
(261)

$$1 - \frac{1}{2}x^2 + \frac{3}{8}x^4 - \frac{5}{16}x^6 + \dots$$
 (262)

we find as first terms $c_2 = -1/2$, $c_4 = 1/4$, $c_6 = -1/6$, or

$$Z = \sqrt{\pi} \int \mathrm{d}x \exp\left\{-x^2 \left(1 + \frac{1}{2}\lambda\right) + x^4 \left(\lambda - \lambda^2/4\right) - \frac{\lambda^3}{6}x^6 + \dots\right\}$$

Note that, as final step, we should rescale the field such that the kinetic term keeps its normalisation, $x \to x/\sqrt{1+\frac{1}{2}\lambda}$.