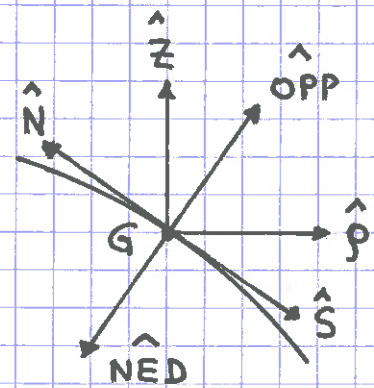
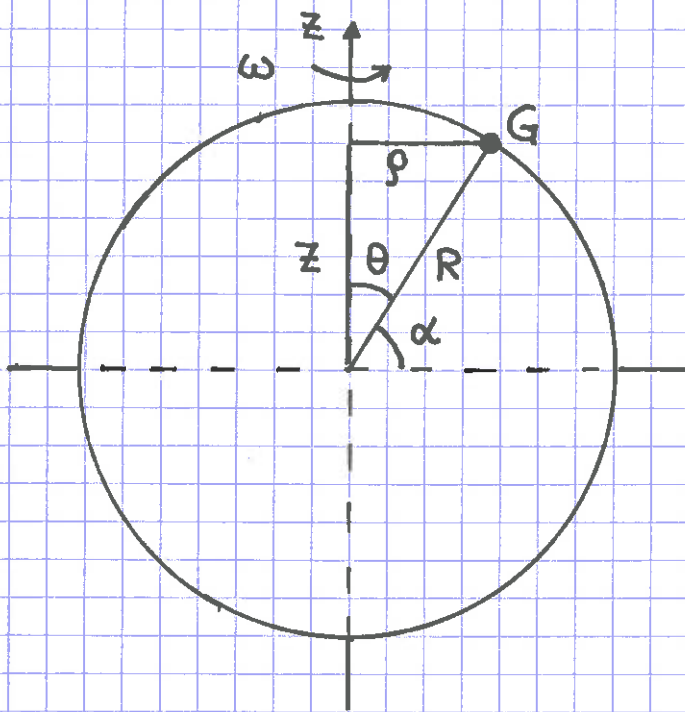
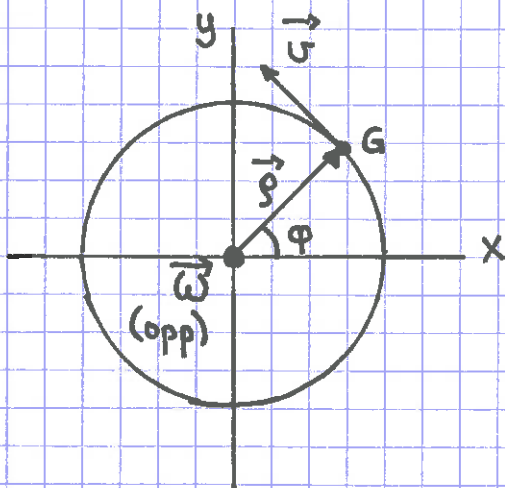




$$\begin{aligned} \bullet \hat{V} &= -\hat{\phi} \\ \otimes \hat{\phi} &= \hat{\phi} \end{aligned}$$



$$\alpha = 63.4^\circ \Rightarrow \theta = 26.6^\circ$$

$$R = 6.36 \cdot 10^6 \text{ m}$$

$$T = 24 \text{ h} = 8.64 \cdot 10^4 \text{ s}$$

$$\omega = 2\pi/T = 7.27 \cdot 10^{-5} \text{ s}^{-1}$$

$$\rho = R \sin \theta = 2.85 \cdot 10^6 \text{ m}$$

$$z = R \cos \theta = 5.69 \cdot 10^6 \text{ m}$$

$$v = \omega \rho = 207 \text{ m/s} (=746 \text{ km/h})$$

Vektorstørrelser:

$$\vec{\omega} = 7.27 \cdot 10^{-5} \text{ s}^{-1} \cdot \hat{z}$$

$$\vec{v} = 207 \text{ m/s} \cdot \hat{\phi}$$

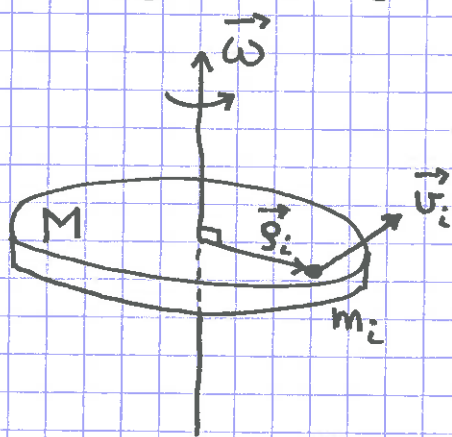
$$\vec{\rho} = 2.85 \cdot 10^6 \text{ m} \cdot \hat{\rho}$$

$$\vec{v} = \vec{\omega} \times \vec{\rho} ; \quad v = |\vec{v}| = \omega \cdot \rho \cdot \sin \frac{\pi}{2} = \omega \rho$$

$$\hat{\phi} = \hat{z} \times \hat{\rho}$$

Rotasjonsenergi [YF 9.4 ; LL 6.4]

(35)



$$\vec{v}_i = \vec{\omega} \times \vec{r}_i$$

$$v_i = \omega r_i$$

$$K = \sum_i K_i = \sum_i \frac{1}{2} m_i v_i^2 = \sum_i \frac{1}{2} m_i (\omega r_i)^2 = \frac{1}{2} \left\{ \sum_i m_i r_i^2 \right\} \omega^2$$

Tregghetsmoment [YF 9.4 ; LL 6.3]

$$I \stackrel{\text{def}}{=} \sum_i m_i r_i^2 = \text{legemets tregghetsmoment mhp gitt akse}$$

Med kont. massefordeling:

$$m_i \rightarrow \Delta m_i \xrightarrow{\Delta m_i \rightarrow 0} dm ; \quad \sum_i \rightarrow \int \text{(over legemet)}$$

$$\Rightarrow \boxed{I = \int r^2 dm}$$

r = avstand fra akse til masseelementet dm

Dermed:

$$\boxed{K_{\text{rot}} = \frac{1}{2} I \omega^2}$$

Kin. energi for stivt legeme [YF 10.3; LL 6.6]

(36)

Generell bevegelse for stivt legeme:

Translasjon av CM + Rotasjon om akse gjennom CM

⇒ Total kin. energi:

$$K = K_{\text{trans}} + K_{\text{rot}} = \frac{1}{2} M V^2 + \frac{1}{2} I_o \omega^2$$

[Bevis: Se s. 36A]

M = legemets masse

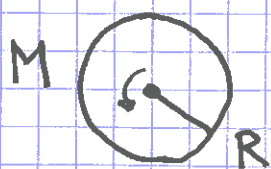
$\vec{V} = \dot{\vec{R}}_{\text{cm}}$ = hastigheten til CM

I_o = legemets treghetsmoment mhp rot.aksen gjennom CM

$\vec{\omega}$ = vinkelhastigheten for rot. omkring ——— " ———

Beregning av I [YF 9.6; LL 6.3]

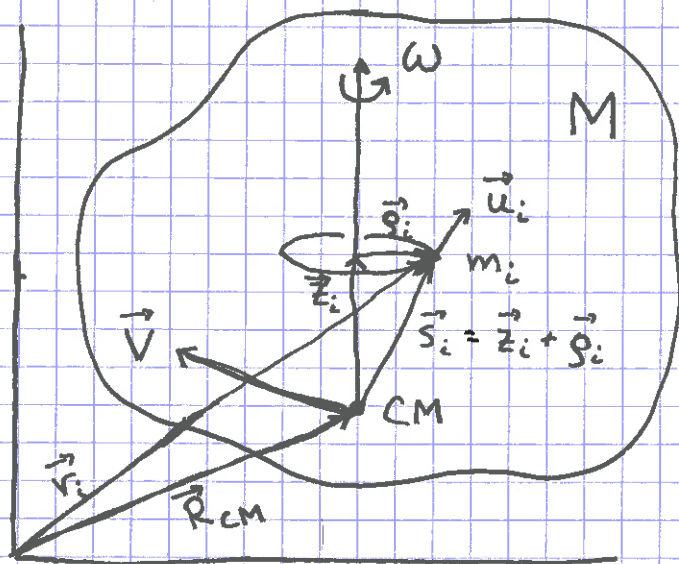
Eks 1: Ring (evt. sylinderskall)



$$I_o = \int_{\text{ring}} r^2 dm = R^2 \underbrace{\int dm}_{=M} = \underline{\underline{MR^2}}$$

Beweis für $K = \frac{1}{2} M V^2 + \frac{1}{2} I_0 \omega^2$ für starr legeme

(36 A)



$$\vec{r}_i = \vec{R}_{CM} + \vec{s}_i$$

$$\vec{u}_i = \dot{\vec{r}}_i = \dot{\vec{R}}_{CM} + \dot{\vec{s}}_i$$

$$= \vec{V} + \vec{u}_i$$

$$u_i^2 = V^2 + u_i^2 + 2\vec{V} \cdot \vec{u}_i$$

$$u_i^2 = (g_i \omega)^2$$

$$K = \frac{1}{2} \sum_i m_i u_i^2 = \frac{1}{2} \sum_i m_i V^2 + \frac{1}{2} \sum_i m_i u_i^2 + \vec{V} \cdot \sum_i m_i \vec{u}_i$$

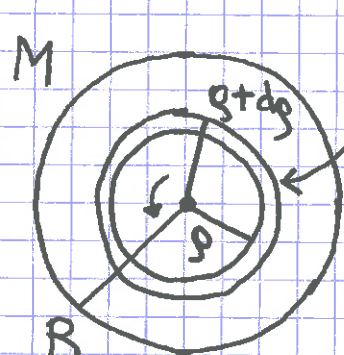
$$= \frac{1}{2} M V^2 + \frac{1}{2} \left\{ \sum_i m_i g_i^2 \right\} \omega^2 + \vec{V} \cdot \frac{d}{dt} \sum_i m_i \vec{s}_i$$

$$\sum_i m_i \vec{s}_i = \sum_i m_i (\vec{r}_i - \vec{R}_{CM}) = M \vec{R}_{CM} - M \vec{R}_{CM} = 0$$

$$\Rightarrow K = \frac{1}{2} M V^2 + \frac{1}{2} I_0 \omega^2$$

qed

Eks 2: Sirkulær skive (evt kompakt sylinder) (37)

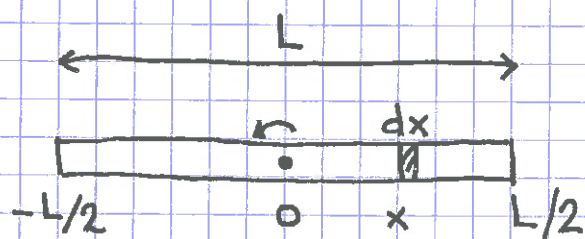


$$dm = M \cdot \frac{dA}{A} = M \cdot \frac{2\pi r \cdot dr}{\pi R^2}$$

$$\Rightarrow I_o = \int_0^R r^2 M \frac{2r dr}{R^2} = \frac{2M}{R^2} \int_0^R \frac{1}{4} r^4$$

$$= \underline{\underline{\frac{1}{2} MR^2}}$$

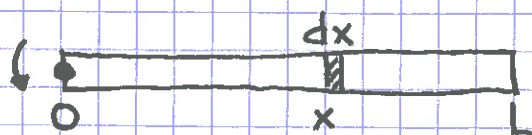
Eks 3: Tynn stang



$$r = x; \quad dm = M \cdot \frac{dx}{L}$$

$$\Rightarrow I_o = \int_{-L/2}^{L/2} x^2 \cdot M \cdot \frac{dx}{L} = \frac{M}{L} \int_{-L/2}^{L/2} \frac{1}{3} x^3 = \underline{\underline{\frac{1}{12} ML^2}}$$

Eks 4: Om akse gjennom stangas ende



$$I = \int_0^L x^2 \cdot M \cdot \frac{dx}{L} = \underline{\underline{\frac{1}{3} ML^2}}$$

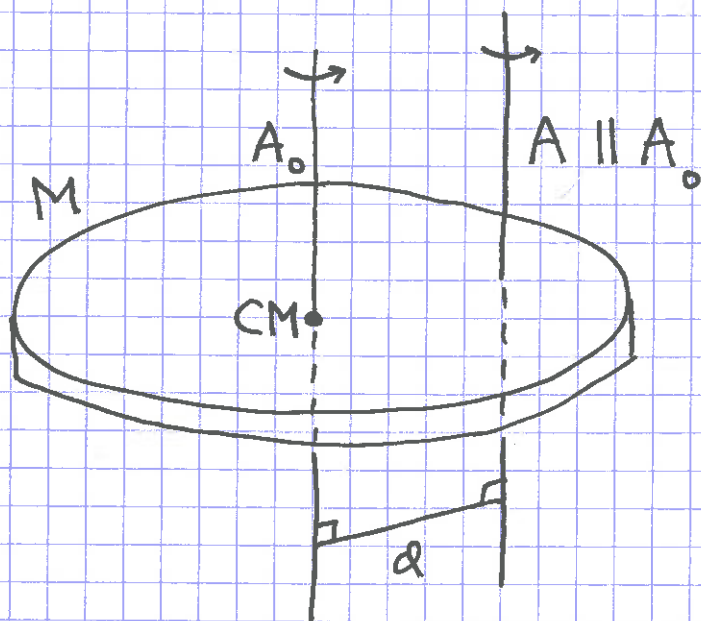
Eks 5: Kuleskall $I_o = \frac{2}{3} MR^2$

Eks 6: Kompakt kule $I_o = \frac{2}{5} MR^2$

Steiners sats (Parallellakseteoremet)

(38)

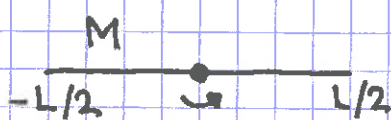
[YF 9.5 ; LL 6.3]



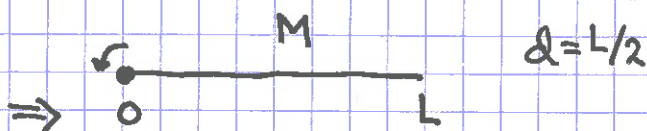
$$I = I_0 + M d^2$$

[Bevis: Se s. 38 A]

Eks 1: Tynn stang

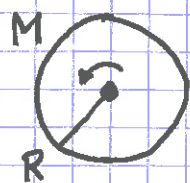


$$I_0 = \frac{1}{12} M L^2$$



$$I = I_0 + M \cdot (L/2)^2 = \frac{1}{3} M L^2$$

Eks 2: Kompakt kule

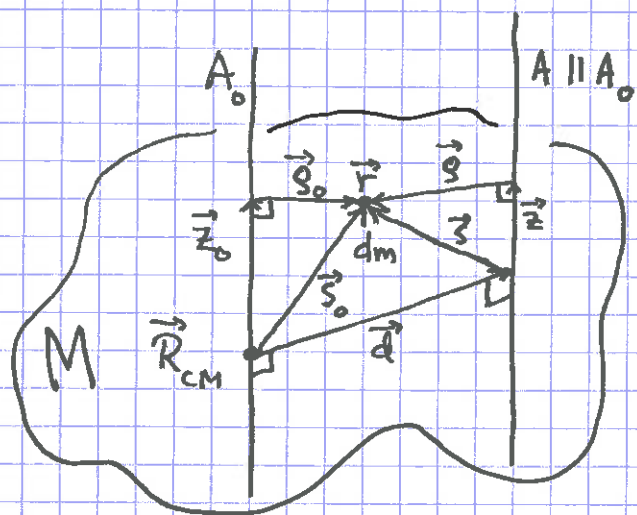


$$I_0 = \frac{2}{5} M R^2$$



$$I = I_0 + M \cdot R^2 = \frac{7}{5} M R^2$$

Bevis Steiners sats



Fra figur: (dm er i pos. $\vec{r}$)

$$\vec{r} = \vec{R}_{CM} + \vec{s}_0$$

$$\vec{s}_0 = \vec{z}_0 + \vec{g}_0$$

$$\vec{s} = \vec{z} + \vec{g}$$

$$\vec{z} = \vec{z}_0 \quad (\text{fordi } \vec{d} \perp \vec{z})$$

$$\Rightarrow \vec{g} - \vec{g}_0 = \vec{z} - \vec{s}_0 = -\vec{d} \Rightarrow \vec{g} = \vec{g}_0 - \vec{d}$$

$$\Rightarrow g^2 = (\vec{g}_0 - \vec{d}) \cdot (\vec{g}_0 - \vec{d}) = g_0^2 + d^2 - 2\vec{d} \cdot \vec{g}_0$$

$$\Rightarrow I = \int g^2 dm = \underbrace{\int g_0^2 dm}_{I_0} + d^2 \cdot \underbrace{\int dm}_M - 2 \int \vec{d} \cdot \vec{g}_0 dm$$

$$\vec{d} \cdot \vec{g}_0 = \vec{d} \cdot (\vec{s}_0 - \vec{z}_0) = \vec{d} \cdot \vec{s}_0 = \vec{d} \cdot (\vec{r} - \vec{R}_{CM})$$

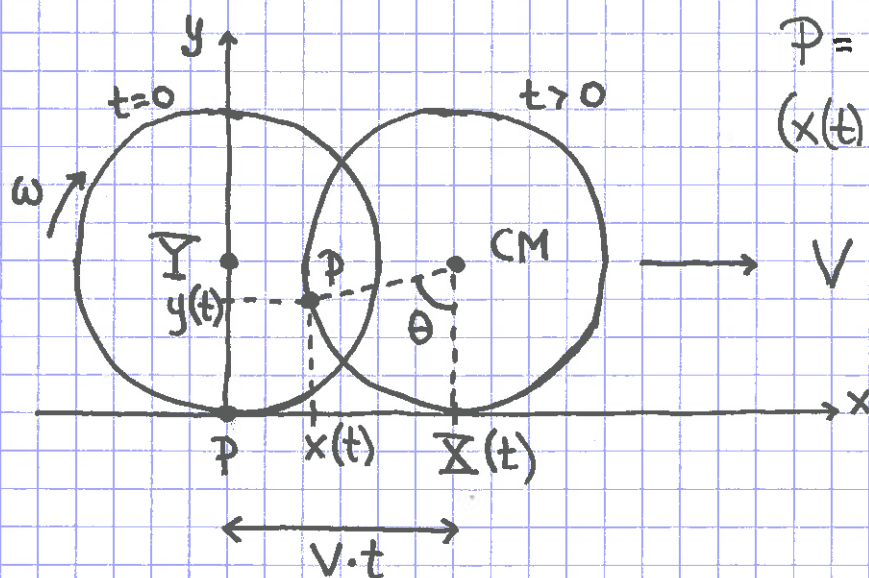
$$\Rightarrow \int \vec{d} \cdot \vec{g}_0 dm = \vec{d} \cdot \underbrace{\int \vec{r} dm}_{M\vec{R}_{CM}} - \vec{d} \cdot \vec{R}_{CM} \underbrace{\int dm}_M = 0$$

$$\Rightarrow I = I_0 + Md^2 \quad \text{qed}$$

Rulling og sluring

[YF 10.3 ; LL 6.7]

Ren rulling



P = punkt på periferien
 $(x(t), y(t))$ = banen til P

$$V = \dot{R}_{CM} = \dot{X} ; Y = R$$

$$\omega = \frac{d\theta}{dt}$$

$$X = V \cdot t = R \cdot \theta$$

$$V = \dot{X} = R \dot{\theta} = R \omega$$

$$A = \ddot{X} = \dot{V} = R \ddot{\theta} = R \dot{\omega} = R \alpha$$

Rullebetingelser:

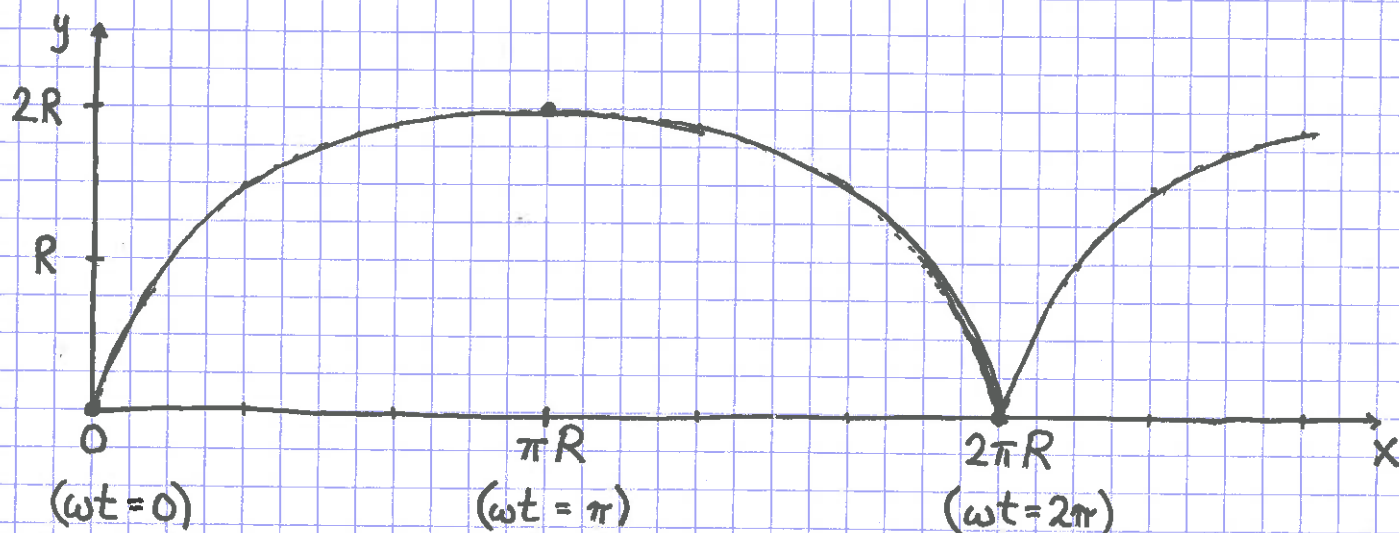
$$V = R\omega, \quad A = R\alpha$$

Banen til P (anta $\omega = \text{konst}$, dvs $\theta = \omega t$): (40)

$$x(t) = \underline{X}(t) - R \sin \theta = V \cdot t - R \sin \omega t$$

$$y(t) = \underline{Y} - R \cos \theta = R - R \cos \omega t$$

Sykloide:

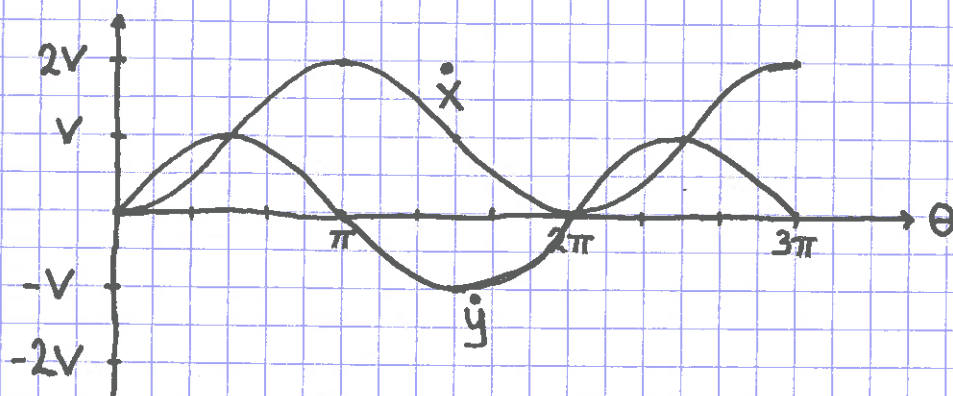


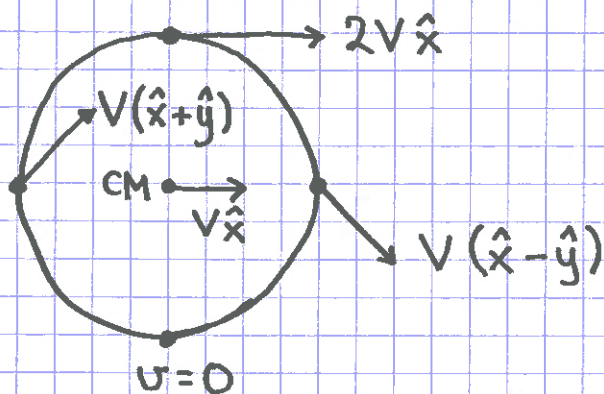
Hastigheten til P:

$$\dot{x} = V - \omega R \cos \omega t = V(1 - \cos \omega t)$$

$$\dot{y} = \omega R \sin \omega t = V \sin \omega t$$

dvs: $\vec{v}(\theta) = \hat{x} V \cdot (1 - \cos \theta) + \hat{y} V \sin \theta$





Dvs: Ingen relativ bevegelse i kontaktpunktet ved ren rulling!

Kin. energi ved ren rulling:

$$K = \frac{1}{2} M V^2 + \frac{1}{2} I_o \omega^2$$

$$I_o = c \cdot M R^2 \quad (\text{ring: } c=1, \text{ kompakt kule: } c=\frac{2}{5} \text{ osv})$$

$$\omega = V/R \quad (\text{rullebetingelse})$$

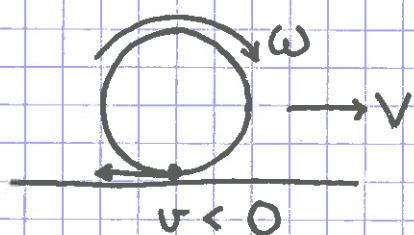
$$\Rightarrow \boxed{K = (1+c) \cdot \frac{1}{2} M V^2}$$

Sluring

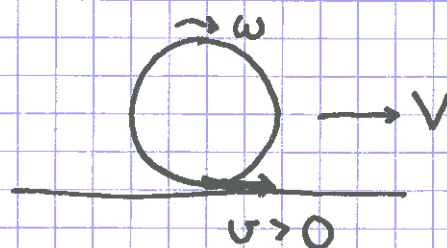
Hvis $\omega \neq \frac{V}{R}$: Relativ hastighet $v = V - \omega R \neq 0$ mellom legeme og underlag i kontaktpunktet.

Legemet roterer og glir samtidig; det slurer.

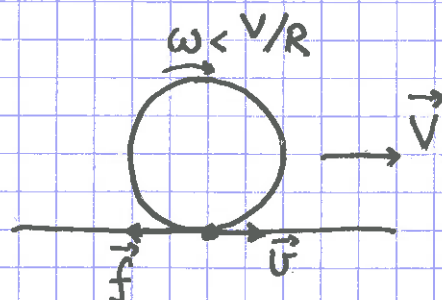
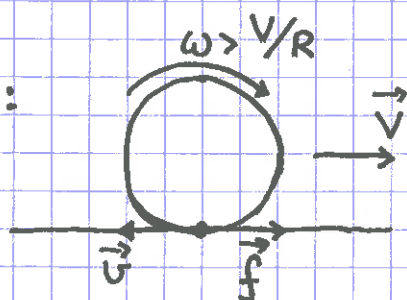
$\omega > V/R$:



$\omega < V/R$:

Friksjonens rolle

Sluring:



Friksjonskraft $\vec{f}$ rettet mot $\vec{v}$; $f = |\vec{f}| = \mu_k \cdot N$

Effekttap: $P_f = \vec{f} \cdot \vec{v} < 0 \Rightarrow$ redusert mekanisk energi

Ren rulling:

$v = 0 \Rightarrow P_f = \vec{f} \cdot \vec{v} = 0 \Rightarrow$ mek. energi bevart

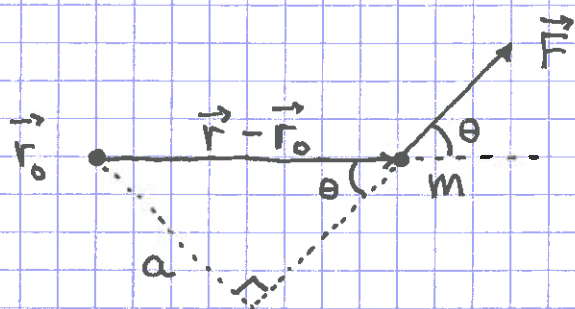
Statisk friksjon: $f \leq \mu_s \cdot N$. Retning på $\vec{f}$ mot

"tenkt relativhastighet" $\vec{v}$ hvis det ikke var friksjon.

Dreiemoment

[YF 10.1 ; LL 5.5, 6.4]

43



$$\vec{\tau} = (\vec{r} - \vec{r}_0) \times \vec{F}$$

$\vec{\tau}$ er $\vec{F}$ s dreiemoment på m, relativt et valgt referansepunkt $\vec{r}_0$.

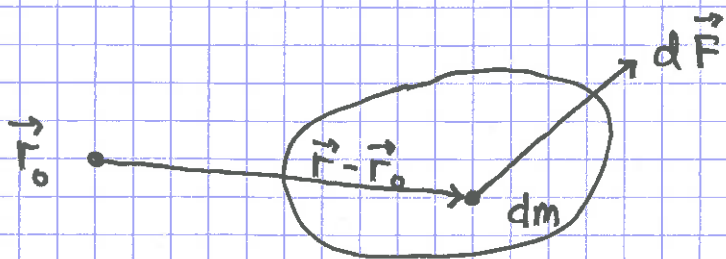
Retning: $\vec{\tau} \perp \vec{F}$ og $\vec{\tau} \perp \vec{r} - \vec{r}_0$

($\vec{\tau}$ opp av planet i figuren ; h.h. regel)

Abs.verdi: $|\vec{\tau}| = |\vec{r} - \vec{r}_0| \cdot |\vec{F}| \cdot \sin\theta$

$= a \cdot F$ ("arm · kraft")

For partikkelsystem:



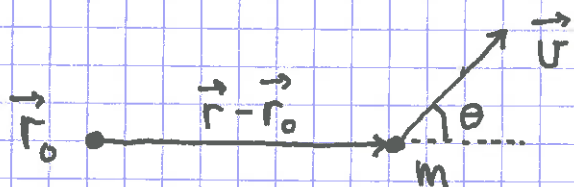
$$d\vec{\tau} = (\vec{r} - \vec{r}_0) \times d\vec{F}$$

$\vec{\tau} = \int d\vec{\tau} = \int (\vec{r} - \vec{r}_0) \times d\vec{F}$ = totalt dreiemoment på legemet, relativt $\vec{r}_0$.

Dreieimpuls

[YF 10.5 ; LL 6.6]

(44)



$$\vec{L} = (\vec{r} - \vec{r}_0) \times \vec{p} = m(\vec{r} - \vec{r}_0) \times \vec{v}$$

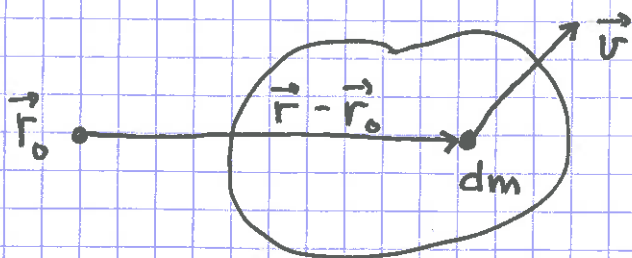
$\vec{L}$ er dreieimpulsen til m , relativt $\vec{r}_0$.

Retning: $\vec{L} \perp \vec{p}$ og $\vec{L} \perp \vec{r} - \vec{r}_0$

($\vec{L}$ opp i fig. over)

Abs.verdi: $|\vec{L}| = |\vec{r} - \vec{r}_0| \cdot |\vec{p}| \cdot \sin \theta$
 $= a \cdot p$ ("arm · impuls")

For partikkelsystem:



$$d\vec{L} = (\vec{r} - \vec{r}_0) \times d\vec{p} \\ = dm(\vec{r} - \vec{r}_0) \times \vec{v}$$

$$\vec{L} = \int d\vec{L} = \int dm \cdot (\vec{r} - \vec{r}_0) \times \vec{v} = \text{total dreieimpuls for legemet, relativt } \vec{r}_0$$

N2 for rotasjon [YF 10.5 ; LL 6.6]

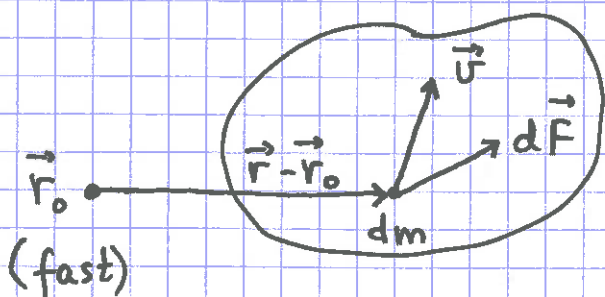
("Spinnsatsen")

$$N2: \vec{F} = m\vec{a} = m\dot{\vec{v}} = \dot{\vec{p}}$$

Anta fast $\vec{r}_0$, dvs $\dot{\vec{r}}_0 = 0$. (Evt. $\dot{\vec{r}}_0 \parallel \vec{v}$)

$$\begin{aligned}\dot{\vec{L}} &= \frac{d}{dt} \{ m(\vec{r} - \vec{r}_0) \times \vec{v} \} \\ &= m \underbrace{\vec{v} \times \vec{v}}_{=0} + m(\vec{r} - \vec{r}_0) \times \vec{a} \\ &= (\vec{r} - \vec{r}_0) \times \vec{F} = \vec{\tau}\end{aligned}$$

For partikkelsystem:



$$\begin{aligned}\dot{\vec{L}} &= \frac{d}{dt} \int d\vec{L} = \frac{d}{dt} \int dm(\vec{r} - \vec{r}_0) \times \vec{v} \\ &= \int dm (\vec{r} - \vec{r}_0) \times \vec{a} = \int (\vec{r} - \vec{r}_0) \times d\vec{F} = \int d\vec{\tau} = \vec{\tau}\end{aligned}$$

$$\Rightarrow \boxed{\vec{\tau} = \dot{\vec{L}}} \quad N2 \text{ for rotasjon}$$

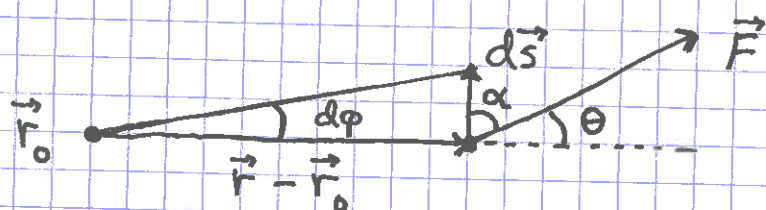
$\vec{\tau}$ = dreiemoment (netto, ytre!) på legemet

$\vec{L}$ = legemets dreieimpuls

Arbeid ved rotasjon

[YF 10.4 ; LL 6.4]

(46)



$$\alpha = \frac{\pi}{2} - \theta$$

$$\cos \alpha = \sin \theta$$

Arb. utført av $\vec{F}$ ved rotasjon $d\varphi$:

$$dW = \vec{F} \cdot d\vec{s} = F \cdot ds \cdot \cos \alpha$$

$$= |\vec{F}| \cdot |\vec{r} - \vec{r}_0| \cdot d\varphi \cdot \sin \theta = \tau \cdot d\varphi$$

Tilført effekt:

$$P = \frac{dW}{dt} = \frac{\tau \cdot d\varphi}{dt} = \tau \cdot \omega$$

Altså:

$$\boxed{dW = \tau d\varphi}$$

$$\boxed{P = \tau \cdot \omega}$$

3f. arbeid og effekt ved translasjon (s. 17):

$$dW = \vec{F} \cdot d\vec{r}$$

$$P = \vec{F} \cdot \vec{v}$$