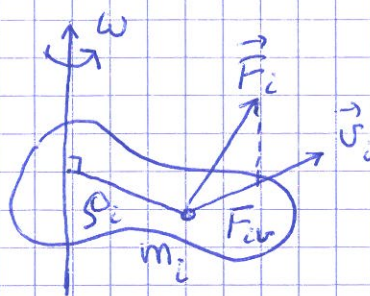


Arbeid utført ved rotasjon [YF 10.4; LL 6.4]

57



$$\text{Fra sist: } P = \sum_i \vec{F}_i \cdot \vec{v}_i = \tau \omega$$

$$\text{med } \tau = \sum_i F_i s_i$$

$$P = dW/dt \quad \text{og} \quad \omega = d\phi/dt$$

$$\Rightarrow \text{Utført effekt: } \boxed{P = \tau \omega}$$

Utført arbeid ved rotasjon $d\phi$:

$$\boxed{dW = \tau d\phi}$$

$$[\text{Sammenlign translasjon: } P = \vec{F} \cdot \vec{v}, \quad dW = \vec{F} \cdot d\vec{r}]$$

Statisk likevekt [YF 11.1-11.3; LL 7.1]

Et stivt legeme er ^(og forblir!) i ro, dus

$$\vec{P} = 0$$

$$\text{og} \quad \vec{L} = 0,$$

bare dersom

$$\sum_i \vec{F}_i = 0$$

Netto ytre kraft

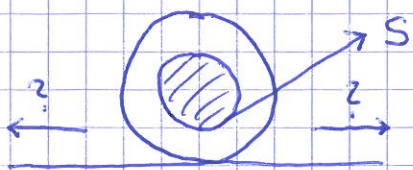
$$\text{og} \quad \sum_i \vec{\tau}_i = 0$$

Netto ytre dreiemoment

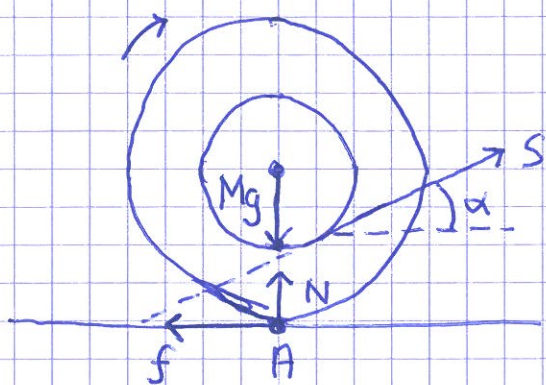
Rotasjon, eksempler

58

Eks 1: Snelle



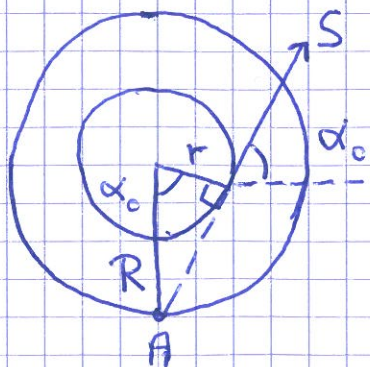
Løsn: Kun S har arm mhp kontaktpunktet A:



Liten $\alpha \Rightarrow \vec{\tau}_A$ inn i planet
 $\Rightarrow$ Rotasjon med klokka
 $\Rightarrow$ Ruller mot høyre

Stor $\alpha \Rightarrow$ Omvendt

Statisk likevekt hvis forlengelse av $\vec{S}$ gjennom A:

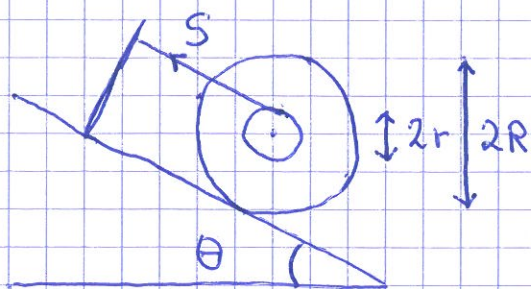


$$\cos \alpha_0 = r/R$$

Snelle i ro inntil $S \geq \frac{\mu_s Mg}{\frac{r}{R} + \mu_s \sqrt{1 - r^2/R^2}}$

(Vis dette)

Eks 2: Snelle på skråplanet



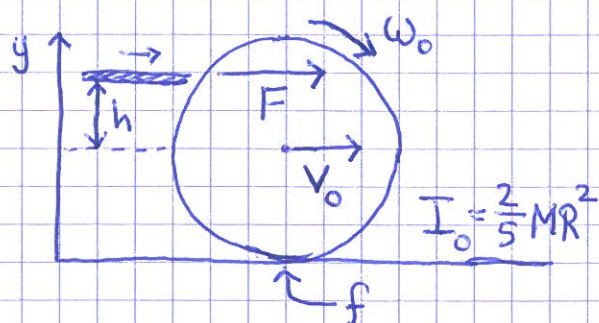
Finn vinkel θ_0 når snelle begynner å gli.

Hva er S når den glir?

Hva er a når den glir?

Strategi: $N1$ langs skråplanet og $N1$, rot. om CM , $f = f_{\max} \Rightarrow \theta_0$
 $N2$ ——— " ——— og $N2$ ——— " ———, $f = \mu_k N \Rightarrow a$

Eks 3: Snooker [LL 6.7]



Kort støt:

$$N2: F \Delta t = \Delta p = M v_0$$

$$N2, \text{ rot om } CM: \tau \Delta t = \Delta L = I_0 \omega_0$$

$$\tau = F h \quad (F \gg f)$$

Stor $h \Rightarrow \omega_0 > v_0/R \Rightarrow$ skring og $\vec{f}$ mot høyre

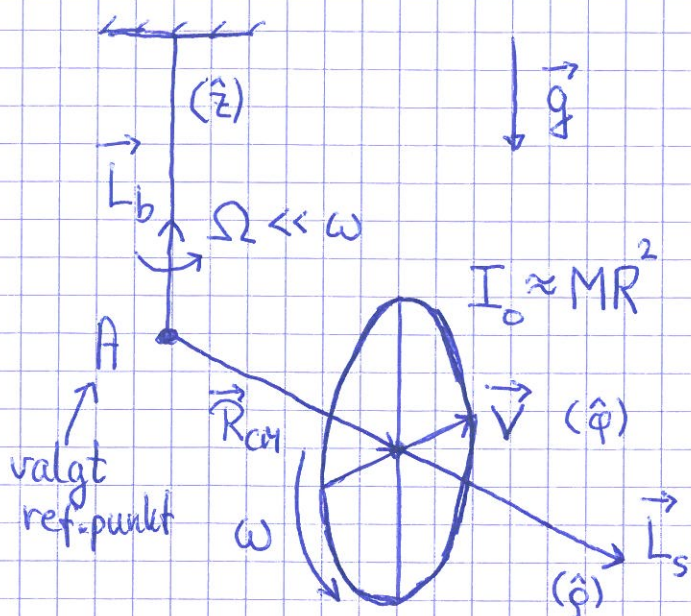
Liten $h \Rightarrow$ omvendt

$h = h_0 \Rightarrow v_0 = \omega_0 R$ og ren rulling umiddelbart

Etter hvert ren rulling uansett!

Eks 4: Presesjon [YF 10.7 ; LL 6.10]

(60)



Exp:

$$M \approx 5 \text{ kg}$$

$$R \approx 0.3 \text{ m}$$

$$R_{cm} \approx 0.2 \text{ m}$$

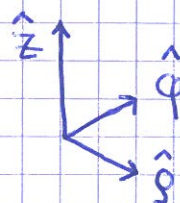
$$T_{\Omega} = \frac{2\pi}{\Omega} \approx \dots$$

$$\boxed{\omega = ?}$$

Løsn: $\vec{L}_A = \vec{L}_b + \vec{L}_s = \vec{R}_{cm} \times M\vec{V} + I_o \vec{\omega}$

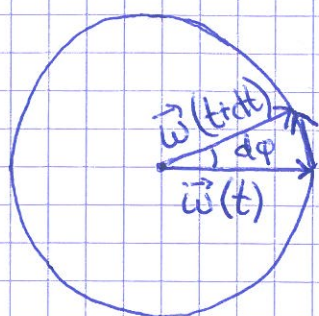
$$L_b = R_{cm} M V \ll L_s = MR^2 \omega$$

$$\begin{aligned} \vec{\tau}_A &= \vec{R}_{cm} \times M\vec{g} \\ &= R_{cm} M g \hat{\phi} \end{aligned}$$



Na, rot. mhp A:

$$\vec{\tau}_A = \frac{d\vec{L}_A}{dt} \approx \frac{d\vec{L}_s}{dt} = I_o \frac{d\vec{\omega}}{dt} \quad \left(\frac{d\vec{L}_b}{dt} \approx 0 \right)$$



$$d\vec{\omega} = \omega d\phi \hat{\phi}$$

$$\Rightarrow \frac{d\vec{\omega}}{dt} = \omega \frac{d\phi}{dt} \hat{\phi} = \omega \Omega \hat{\phi}$$

(61)

$$\Rightarrow R_{cm} Mg = I_o \omega \Omega = MR^2 \omega \Omega$$

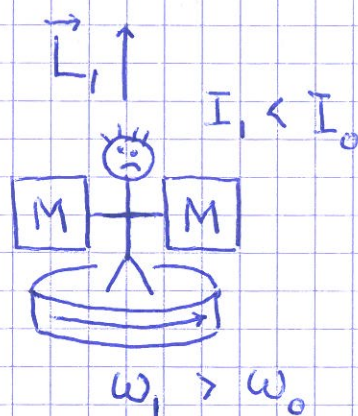
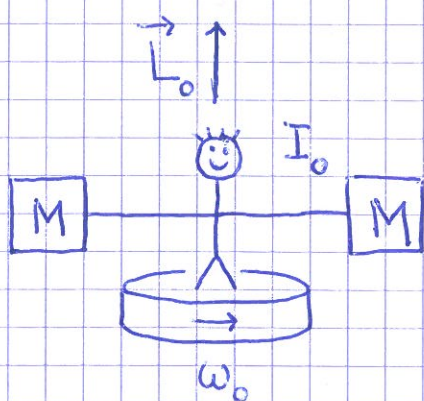
$$\Rightarrow \omega = \frac{R_{cm} g}{R^2 \Omega}$$

$$\Rightarrow T_\omega = \frac{2\pi}{\omega} = \frac{(2\pi R)^2}{R_{cm} g T_\Omega}$$

$$\text{Tallverdi: } T_\omega \approx \frac{(2\pi \cdot 0.3)^2}{0.2 \cdot 10^0} \approx \underline{\hspace{2cm}} \text{ s}$$

Eks 5: Piruett

[YF 10.6; LL 6.5]

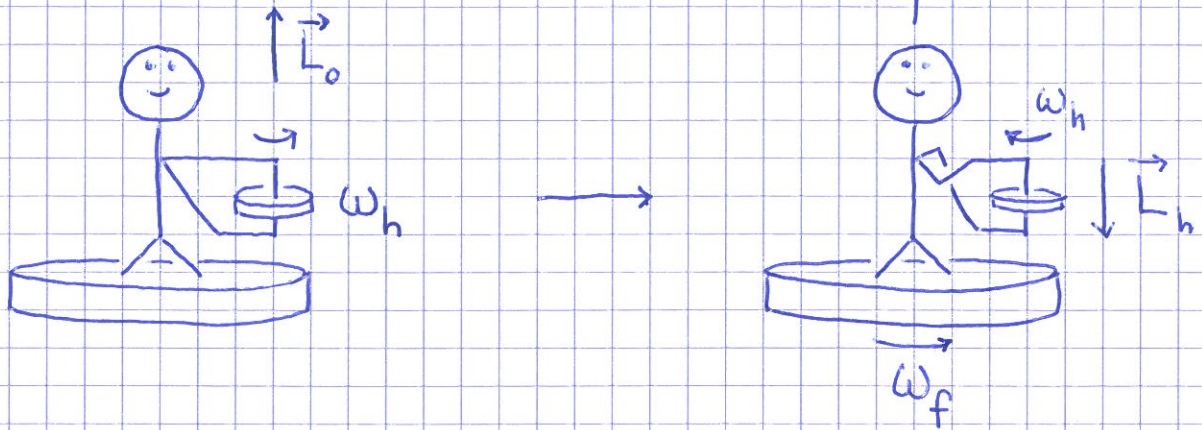


$$\vec{\tau}_{\text{ytre}} = 0 \Rightarrow \vec{L}_1 = \vec{L}_0$$

$$\Rightarrow I_1 \omega_1 = I_0 \omega_0 \Rightarrow \omega_1 = \frac{I_0}{I_1} \omega_0 > \omega_0$$

[K øker! Hvorfor/hvordan?]

Eks 6: Dreieimpulsbevarelse for roterende foreleser



$$\vec{L}_{\text{ghe}} = 0 \Rightarrow \vec{L}_f + \vec{L}_h = \vec{L}_o$$

$$\vec{L}_h = -\vec{L}_o$$

$$\Rightarrow \vec{L}_f = 2\vec{L}_o$$

SVINGNINGER

[YF 14; LL 9]

63

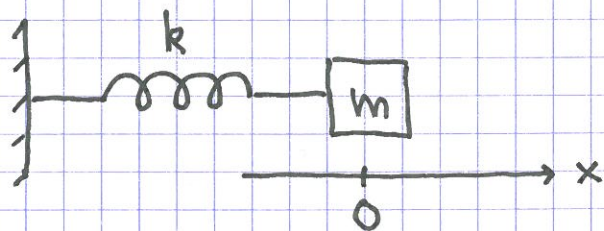
= oscillasjoner

= periodisk oppførsel omkring likevekt

Eks: masse/fjær, pendel, gitarstreng, luft i orgelpipe, atomer i molekyler og krystaller ...

Harmonisk oscilator

[YF 14.2; LL 9.1-9.3]



Likevekt ($F = 0$) med m (CM) i $x = 0$

Strukket fjær, $x > 0$:

Sammenpresset fjær, $x < 0$:

Hookes lov (ideell fjær): $|F| \sim |x|$

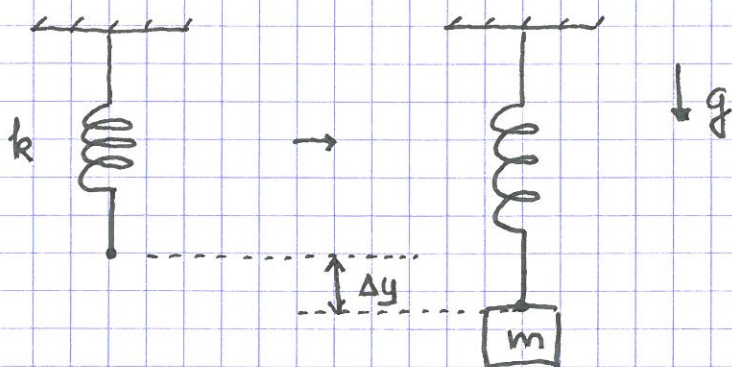
$$\Rightarrow \boxed{\vec{F} = -k x \hat{x}}$$

Fjærkonstanten: k

$$[k] = \text{N/m}$$

Vertikalt i tyngdefeltet:

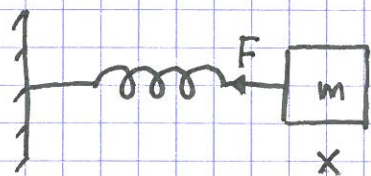
64



Likevekt:

$$k \Delta y = mg$$

$$\Rightarrow \Delta y = mg/k$$



$$N2: -kx = m\ddot{x}$$

$$\Rightarrow \ddot{x} + \frac{k}{m}x = 0$$

$$\text{Innfør } \omega_0 = \sqrt{k/m}$$

$$\Rightarrow \boxed{\ddot{x} + \omega_0^2 x = 0}$$

Enkel harm. osc.
i en dimensjon

Løsning: Frie svingninger uten damping.

Ser at både $\sin \omega_0 t$ og $\cos \omega_0 t$ løser ligningen, siden
 $\frac{d^2}{dt^2}(\sin \omega_0 t) = -\omega_0^2 \sin \omega_0 t$, og tilsvarende for $\cos \omega_0 t$.

Generell løsning:

$$x(t) = A \cos(\omega_0 t + \varphi) \quad \text{ert} \quad x(t) = B \cos \omega_0 t + C \sin \omega_0 t$$

Int.konst. A, φ ert. B, C fastlegges med 2 initialbetingelser,

$$\text{f.eks: } x(0) = x_0, \quad \dot{x}(0) = v_0.$$

[$\cos(a+b) = \cos a \cos b - \sin a \sin b$ gir relasjoner
mellom A, φ og B, C]

$$x(t) = A \cos(\omega_0 t + \varphi)$$

65

A = amplitude = max utsving fra likevekt ; $[A] = [x]$

ω_0 = vinkelfrekvens ; $[\omega_0] = s^{-1}$

$T = 2\pi/\omega_0$ = periode = tid pr svingning ; $[T] = s$

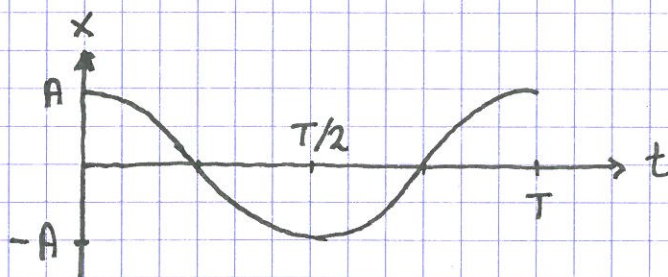
$f = 1/T$ = frekvens = svingninger pr tidsenhet ; $[f] = Hz = s^{-1}$

$\omega_0 t + \varphi$ = svingningens fase

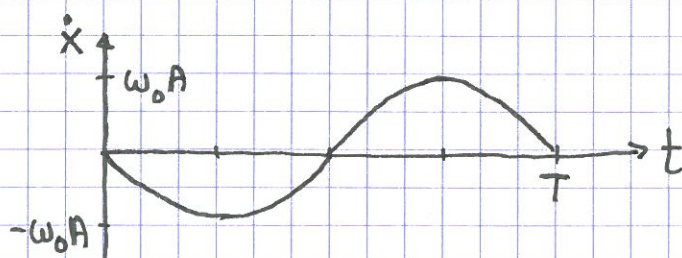
φ = fasekonstant ; $[\varphi] = 1$

Anta f.eks. $\varphi = 0$ og $A > 0$:

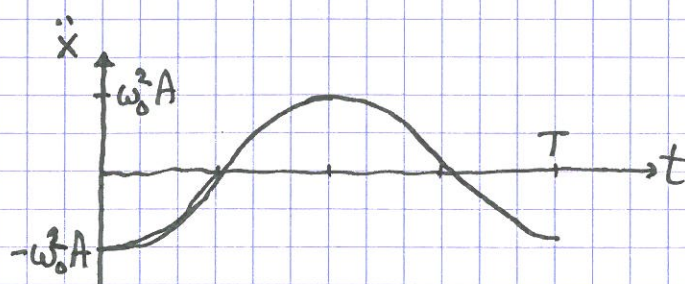
$$x(t) = A \cos \omega_0 t$$



$$\begin{aligned} \dot{x}(t) &= -\omega_0 A \sin \omega_0 t \\ &= \omega_0 A \cos(\omega_0 t + \frac{\pi}{2}) \end{aligned}$$



$$\begin{aligned} \ddot{x}(t) &= -\omega_0^2 A \cos \omega_0 t \\ &= -\omega_0^2 x \\ &= \omega_0^2 A \cos(\omega_0 t + \pi) \end{aligned}$$



Energi i harmonisk oscillator [YF 14.3; LL 9.4]

66

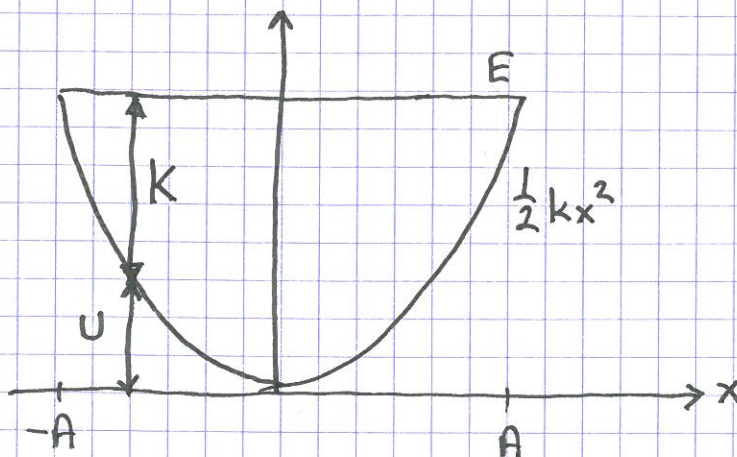
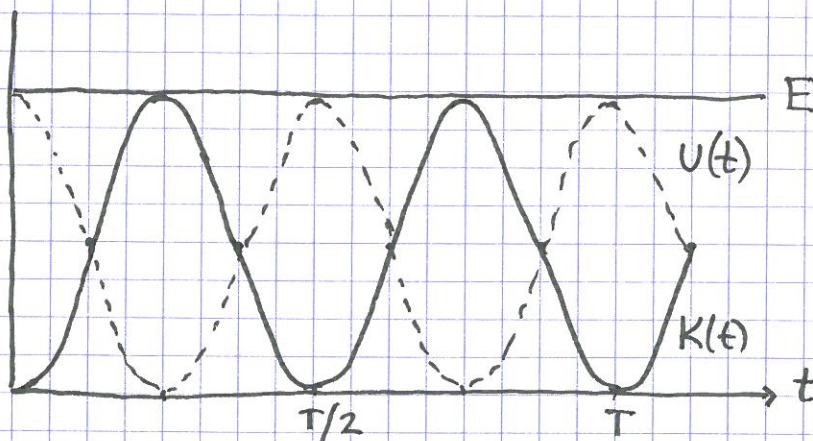
$$K(t) = \frac{1}{2} m \ddot{x}(t)^2 = \frac{1}{2} m \omega_0^2 A^2 \sin^2 \omega_0 t = \frac{1}{2} k A^2 \sin^2 \omega_0 t$$

$$U = - \int_0^x F(x) dx = - \int_0^x (-kx) dx = \frac{1}{2} kx^2$$

$$U(t) = \frac{1}{2} k x(t)^2 = \frac{1}{2} k A^2 \cos^2 \omega_0 t$$

⇒ Systemet er konservativt, dvs E er bevaret ($E =$ mek. energi) :

$$E = K + U = \frac{1}{2} k A^2 (\sin^2 \omega_0 t + \cos^2 \omega_0 t) = \frac{1}{2} k A^2 = \text{konst.}$$

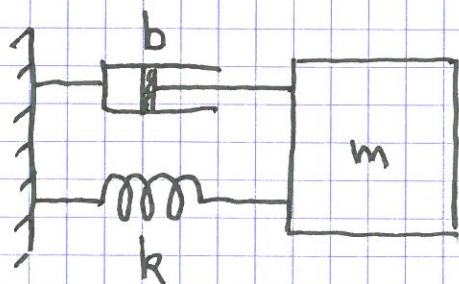


Dempet fri svingning

[YF 14.7; LL 9.7]

(67)

Antar $f = -b\dot{x}$, dvs friksjon i fluid (langsom bevegelse).



Netto kraft på m:

$$-kx - b\dot{x}$$

$$N2: -kx - b\dot{x} = m\ddot{x}$$

$$\Rightarrow \ddot{x} + 2\gamma\dot{x} + \omega_0^2 x = 0$$

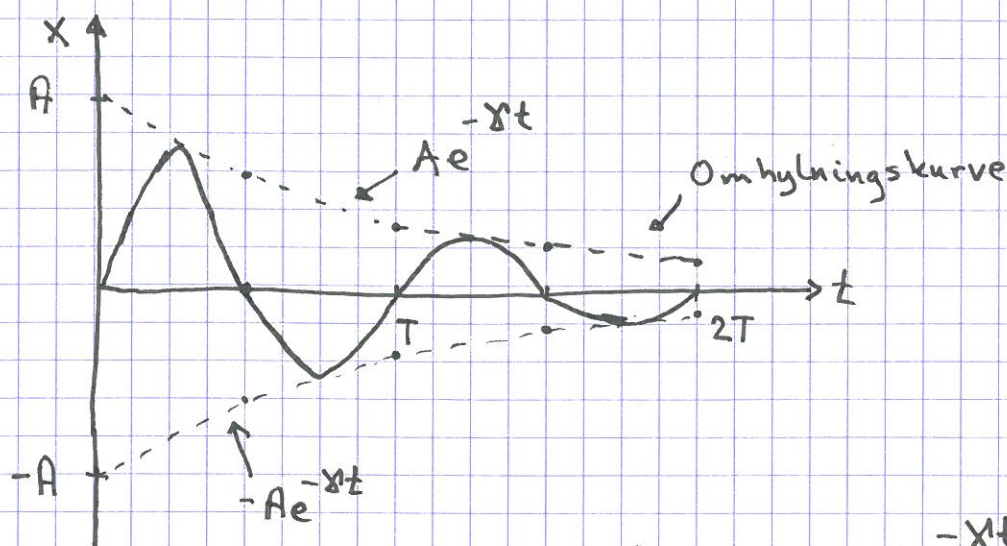
$$\gamma = b/2m, \quad \omega_0^2 = k/m$$

$$[\gamma] = [\omega_0] = s^{-1}$$

Løsning:

Underkritisk (svak) damping, $\gamma < \omega_0$ ($b < 2\sqrt{k \cdot m}$)

$$x(t) = A e^{-\gamma t} \sin(\omega t + \varphi) \quad ; \quad \omega = \sqrt{\omega_0^2 - \gamma^2} < \omega_0$$



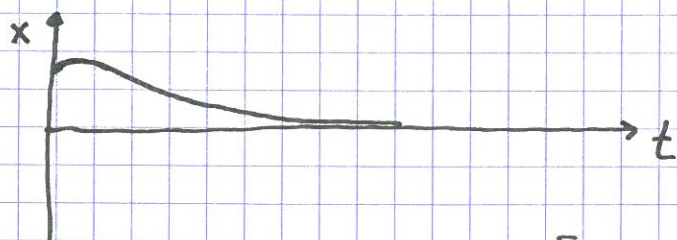
$\Rightarrow$ Amplituden $Ae^{-\gamma t}$ avtar eksponentielt med t

Overkritisk damping, $\gamma > \omega_0$:

68

$$x(t) = A e^{-\alpha_1 t} + B e^{-\alpha_2 t}$$

$$\alpha_1 = \gamma + \sqrt{\gamma^2 - \omega_0^2}, \quad \alpha_2 = \gamma - \sqrt{\gamma^2 - \omega_0^2}$$

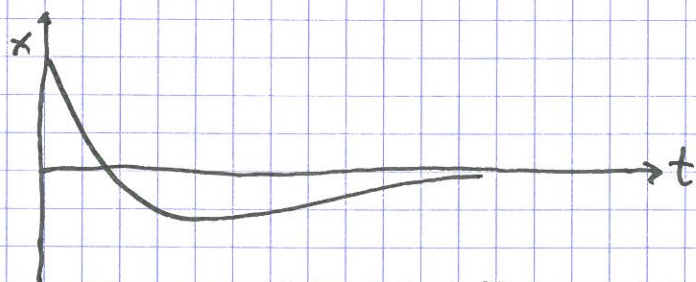


Ingen svingninger

[Her: $x(0) > 0$, $\dot{x}(0) > 0$]

Kritisk damping, $\gamma = \omega_0$:

$$x(t) = A e^{-\gamma t} + B t e^{-\gamma t}$$



[Her: $x(0) > 0$, $\dot{x}(0) < 0$]

Eks: Støtdempere i (f.eks.) bil.

Mest behagelig med $\gamma \approx \omega_0$ på humpete veier