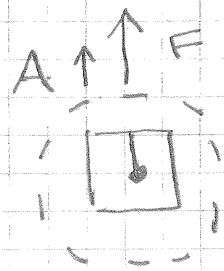


L1

a) Kasse + Masse:

$$F - (M+m)g = (M+m)A$$

$$\underline{A = \frac{F}{M+m} - g}$$

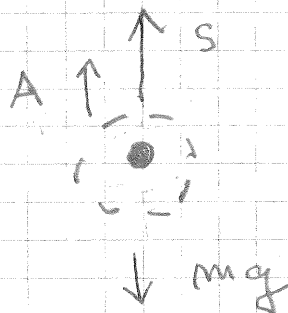


$$\downarrow (M+m)g$$

b) Masse:

$$S - mg = mA$$

$$\underline{S = m(A+g) = \frac{m}{M+m} F}$$

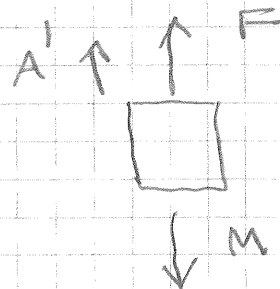


$$\downarrow mg$$

c) Kasse:

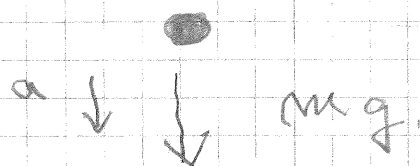
$$F - M \cdot g = M A'$$

$$\underline{A' = \frac{F}{M} - g}$$



$$\downarrow Mg$$

Masse



$$\underline{a_{rel} = g}$$

d) Relativ. abrel. Kasse-Masse

$$A_{rel} = A' + g = \frac{F}{M}$$

$$V = A_{rel} \cdot t \quad h = \frac{1}{2} A_{rel} t^2 \Rightarrow$$

$$\underline{t = \frac{\sqrt{2h}}{A_{rel}} = \sqrt{\frac{2hM}{F}}}$$

$$\underline{V = \frac{F}{M} \sqrt{\frac{2hM}{F}} = \sqrt{\frac{2hF}{M}}}$$

L2v (a) ~~_____~~

1

$$a) \quad v_x = v_0 e^{-\frac{b}{m}t}$$

For å finne kraften, trengs akselerasjonen

$$a_x = \frac{dv_x}{dt} = -\frac{b}{m} v_0 e^{-\frac{b}{m}t} = -\frac{b}{m} v_x$$

$$F_x = m a_x = -b v_0 e^{-\frac{b}{m}t} = -\underline{\underline{b v_x}}$$

b = mål for f. abs. friksjon i newton.

$$b) \quad x = \int v_x dt = v_0 \int e^{-\frac{b}{m}t} dt \\ = -\frac{mv}{b} v_0 e^{-\frac{b}{m}t} + K.$$

Beg. bet. gir K

$$0 = x(0) = -\frac{mv_0}{b} + K \quad \Rightarrow$$

$$x(t) = \frac{mv_0}{b} \left[1 - e^{-\frac{b}{m}t} \right]$$

Langtids grense

$$l = x(t = \infty) = \underline{\underline{\frac{mv_0}{b}}}$$

L3

a) Sand pile moves: $m(t) = \mu t$

Spinner air sleeve plus sand.

$$L(t) = (I_0 + I_s) \omega = \left(\frac{1}{2} M R^2 + m r^2 \right) \omega$$

$$L(t) = L(t=0) \Rightarrow$$

$$\left(\frac{1}{2} M R^2 + m r^2 \right) \omega = \frac{1}{2} M R^2 \omega_0$$

$$\omega(t) = \frac{I_0}{I_0 + \mu r^2 t} \omega_0$$

$$\begin{aligned} b) E &= \frac{1}{2} I \omega^2 = \frac{1}{2} I \left(\frac{I_0}{I} \right)^2 \omega_0^2 \\ &= \frac{1}{2} \frac{I_0^2}{I} \omega_0^2 = \frac{I_0}{I} E_0 \end{aligned}$$

$$E(t) = \frac{I_0}{I_0 + \mu r^2 t} E_0$$

$$E(t') = E_0/2 \Rightarrow \mu r^2 t' = I_0$$

$$t' = \frac{I_0}{\mu r^2}$$

L4: Öving 3: Lösning

a)

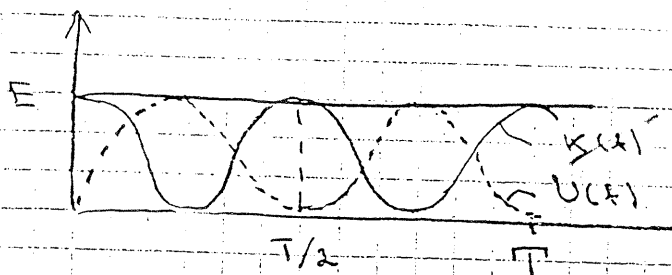
$$x = A \cos\left(\sqrt{\frac{k}{m}} t\right) \Rightarrow v_x = \frac{dx}{dt} = -A \sqrt{\frac{k}{m}} \sin\left(\sqrt{\frac{k}{m}} t\right)$$

$$K = \frac{1}{2} m v_x^2 = \frac{1}{2} k A^2 \sin^2\left(\sqrt{\frac{k}{m}} t\right)$$

$$U = \frac{1}{2} k x^2 = \frac{1}{2} k A^2 \cos^2\left(\sqrt{\frac{k}{m}} t\right)$$

Mer: Både K og U varierer med tiden.
Når den ene er stor er den andre liten.
Totale energi

$$E = K + U = \frac{1}{2} k A^2 \left[\sin^2\left(\sqrt{\frac{k}{m}} t\right) + \cos^2\left(\sqrt{\frac{k}{m}} t\right) \right] = \frac{1}{2} k A^2$$



$$\text{Periode } T = 2\pi \sqrt{\frac{m}{k}}$$

$$b) F_N = - \frac{dU}{dr} = \frac{k}{2} \left[2N e^{-N/a} - N^2 \frac{2}{a} e^{-N/a} \right]$$

$$F_N = -kN \left[1 - \frac{N}{a} \right] e^{-2N/a}$$

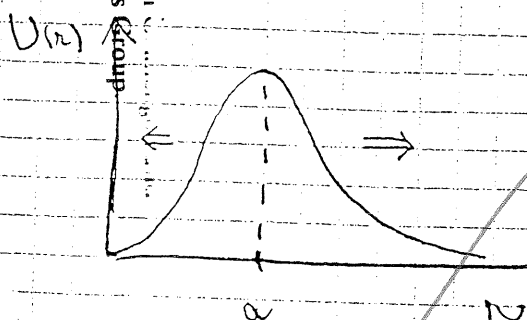
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$$N < a$$

$$F_N < 0 \Rightarrow \text{tiltrekkende}$$

$$N > a$$

$$F_N > 0 \Rightarrow \text{frastøtende}$$



Sjekkspkt. for $F_N = 0$

der $N=0$ og $N=a$.

Sitter forsøpning for $N=0$ gir

kraft inn mot $N=0$ $\therefore$ likevekt

ikke oppsett (stabilitet).

Forsøpning for $N=a$ gir kraft bort fra $N=a$ (usta-